

# WELLNESS EXPO<sup>®</sup>

## PROGRAM GUIDE

THE LONE STAR CONVENTION & EXPO CENTER · 9055 AIRPORT RD · CONROE, TX

SATURDAY & SUNDAY, SEPT. 3-4, 2022, 11AM - 6PM

### **VISIT**

60+ exhibit booths with  
products & services  
for body, mind & spirit

### **HEAR**

24 talks on  
holistic medicine,  
personal growth &  
metaphysics

### **DISCOVER**

how to boost  
your immune  
system &  
balance your  
emotional state

### **EXPERIENCE**

intuitive  
consultations  
& energy  
healing

### **SHOP**

jewelry,  
crystals,  
essential oils,  
CBD,  
metaphysical  
gifts

### **MEET**

holistic healing  
professionals

11:30 AM

## Past Life Healing

Lisa Chalmers  
972-998-7491

Often times it's the awareness of the past that frees us in the future. Come explore a short past life regression to go back and look at what gifts we can discover. Lisa Chalmers is a Certified Hypnotherapist, Certified Past Life Regression Healer, a Reiki Master, an Intuitive Psychic Medium (she gets pictures in her minds eye) and she is Clairaudient (she hears messages). She owns Inner Muse Hypnosis, where she offers Hypnotherapy and Past Life Regression.

Visit: [www.InnerMuseHypnosis.com](http://www.InnerMuseHypnosis.com)

1:30 PM

## Connect in Spirit™ Gathering

Darla Gray  
469-290-2644

Intuitive Medium Darla Gray will facilitate a Connect in Spirit™ Gathering which will include:- Evidence of life after death and messages from loved ones in spirit- Questions & Answers on mediumship Darla is an intuitive medium and healing facilitator who connects with loved ones in spirit. She delivers details and messages to support the healing process. Darla offers readings, training, healing circles and development circles in person and online. Visit: <https://darlagray.com>

3:30 PM

## If Only the World was Made of Quartz

Terri Groom  
214-564-6349

Come join Terri as she guides you from a fear-thinking path to one that is filled with the power that comes from direct communication with your guides, your spiritual team and your higher self. With simple techniques we are able to tap into the vastness and wonder of our creation and use it to expand our awareness of manifesting, connecting, creating, loving and BEING. Terri Groom is a Medium as well as a Medical Intuitive, Animal Communicator, Trance Healer and Life Coach. She utilizes clear senses as well as pure channeling. Terri is a published author under the pen name of A. Tacked and has been featured on Netflix. Email: [vitaperceptions@gmail.com](mailto:vitaperceptions@gmail.com)

12:00 PM

## EFT- Creating Positive Change One Tap at a Time!

Helen Racz  
281-384-0207

Emotional Freedom Technique (EFT), is a form of acupuncture similar to acupuncture without the use of needles. Come for a joyous journey with tangible effects as you ask questions and experience how to support yourself with this technique. EFT Practitioner, teacher, speaker, retreat leader, life coach and author, Helen's unique tapping style combines energy, humor and compassion to lead people into alignment with their desires, empowering them to live life on purpose with purpose. Visit: <http://www.HelenRacz.com>

2:00 PM

## Staying Connected in a Chaotic World

Joy Kauf  
972-221-8080

Do you sometimes forget you have a spirit team ready to support you daily? It is easy to forget our connection when chaos shows up in our lives. Joy will share some proven tips for connecting with your spirit team, manifesting your dreams, and maintaining your peace. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing and is certified as an Advanced Theta Practitioner, as well as a Reiki Master Teacher. Visit: [www.joykauf.com](http://www.joykauf.com)

4:00 PM

## Embrace Your Power

Jenn Colmenares  
281-466-7418

There is a reason why you do not have the things you desire in your life... And I am so excited to have the opportunity today to share with you what I believe is the single most important shift that you, all of us here, can make to step forth into our destiny. Initially, entrepreneurship for me was a survival thing... There's enormous power & enjoyment in learning & discovering what makes you tick. Because of my own depression, self-worth issues & fears, I delved into the world of feminine power in entrepreneurship. Visit: [helloeden.xyz](http://helloeden.xyz)

12:30 PM

## Spiritual Yoga

Pavi Selene  
214-517-9248

During this talk we will practice the gentle steps of chair yoga, which can be applied in everyday life. Pavi will focus on the power of breathing techniques, the importance of feeling into our bodies, and setting intentions. The only item needed is yourself. Pavi has been a practicing Intuitive Psychic for 3 years, with a specialty in Energetic Healing, Mental Health, and Physical Health. Her experience includes becoming a certified Yoga Teacher, Reiki Master Teacher, and Cognitive Psychologist. email: [pavisoulcoaching@gmail.com](mailto:pavisoulcoaching@gmail.com)

2:30 PM

## Chakra Health & Lymph Drainage

Dr. Ravi Ratan Shama, DSc  
646-546-6982

Chakras are energy centers of the body. Our lymphatic system is part of the circulatory system that regulates our health, immune system and eliminates toxins. Dr. Ratan explains the benefits of Lymphatic Drainage for health and Chakra Balance. Dr. Ravi Ratan Shama, from India, is a clinical aromatherapist and Healer, author of "Handbook of Aromatherapy" & "Journey Through Chakras". He integrates Aromatherapy and Lymph Drainage with Chakras & Crystal Healing. Visit: <http://aromatantra.com>

4:30 PM

## Being the Phoenix - Overcoming Difficult Life Experiences

KA Horne - 214-649-5967

Through her personal journey of self discovery, KA has experienced great loss, grief, recovery and the Creation of "All I Am today". Ten years ago these experiences led her to offering personalized Abstract representations of Soul energies through paintings and drawings that include a written channelled message about One's destiny, life purpose and other pertinent information. KA considers herself to be an Ascension Artist. Her artwork is intended to be used as a tool and catalyst for remembering your "True Self" which is a "powerful Soul having a Human experience". Visit: [Kahorne.com](http://Kahorne.com)

1:00 PM

## The Liberating Power in Shadow Work

Rebecca Eigen  
281-799-2900

Carl Jung, the famous Swiss psychiatrist, coined the term "Shadow" to describe the doorway into our unconscious self. This hidden part of us, once revealed, takes us to a place where we can discover the most freedom to be real. Rebecca Eigen, Relationship Alchemist and Astrologer for 25+ years specializes in the 7th House (marriage, partnership and open enemies; i.e. the shadow in us all).

Visit: <http://shadowdance.com>

3:00 PM

## Understanding Aura Cleansing

Christin Eger-Romo  
281-262-2210

The Aura is the energetic field, or subtle body, that can absorb and attach other energies. Using ancient techniques, Aura Cleansing is a method of removing dense and low vibrations from the energy body for peace and wellness. Christin is an Energy Healer, Spiritual Counselor, & Intuitive. Her core in the Healing Arts is from the fusion of her Latin, Native American, Hungarian, and Italian heritage coupled with certifications as a Reiki Master Teacher, 200hr Experienced Registered Yoga Teacher (E-RYT), and work as an Ordained Minister.

[www.opengatewellnesstx.com](http://www.opengatewellnesstx.com)

5:00 PM - 7:00 PM

## Angelic Connections- \$25

Joy Kauf & KA Horne  
972-221-8080

Join Joy & Ka for a gallery of channeled messages from the Angelic Realm. We will cover what channeling is. How can you receive your messages from your angels? We will be channeling messages for the group. Joy Kauf and Ka Horne have been channeling for over 30 years. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing and is certified as an Advanced Theta Practitioner, as well as a Reiki Master Teacher. Visit: [www.joykauf.com](http://www.joykauf.com) KA considers herself to be an Ascension Artist. Her artwork is intended to be used as a tool and catalyst for remembering your "True Self" which is a "powerful Soul having a Human experience". Visit: [Kahorne.com](http://Kahorne.com)

# Sunday, Sept. 4

11:30 AM

## Connect with Your Loved Ones in Spirit

Deanna Baza  
817-495-6179

Deanna will discuss how she discovered she was a medium and she will offer readings to some of the audience members. All will be able to learn from what comes through. Deanna Baza has found her main purpose in life to be that of serving humanity by using Hawaiian healing, Reiki and her intuitive abilities. In addition, she is the co-owner of Sacred Journey, which is a Spiritual Teachings and Wellness Center.  
Visit: [www.sacredjourney111.com](http://www.sacredjourney111.com)

12:00 PM

## Chakra Clearing & Cleansing

Beth Carpenter, ND  
512-707-9886

Many people are addicted to stress. Through cutting cords and clearing PTSD within the chakras, we can break free from the blueprint of Chaos. Beth will be actively healing the group that attends this lecture. With over 25 years in energy healing and 17 years in essential oils, Beth will also be educating participants on the best oils to use.  
Visit: [HealthyHelp4u.com](http://HealthyHelp4u.com)

12:30 PM

## Numerology: Seeing Life Through the Numbers

Eloy Machuca  
347-687-5028

Join Eloy as he talks about the basics of Numerology and how you can change your perspective by paying attention to the spiritual properties of numbers. Each of us have individual numbers for each year depending on our birthdate. Come find out yours! Eloy has been practicing Numerology as well as various other methods of divination for the past decade. He is a Lenormand, Tarot & Charm reader, as well as a BARS Practitioner & Holy Fire Reiki Master. Find him and all he does at [www.thegreenmanstudios.com](http://www.thegreenmanstudios.com)

1:00 PM

## What can you Transform?

Brian Stovall  
713-480-2947

Did you know there are 32 points on your head which, when gently touched, effortlessly and easily release anything that doesn't allow you to receive? Join Brian as he discusses and demonstrates Access Consciousness® and how the tools can assist you in releasing the limitations, conclusions, or judgments that keep you stuck. Brian Stovall, Activate One, is an Access Consciousness® Certified Facilitator, Bars Facilitator, and life coach, who empowers individuals, groups, and businesses around the world to transform, and know that they know. Visit: [activateone.com](http://activateone.com)

1:30 PM

## Promoting Self Healing with Reiki

Misty Verlinden  
281-848-9566

Reiki is a Japanese form of stress reduction and relaxation that also promotes healing. Misty will discuss how it involves the process of balancing one's positive life energy to improve the body's natural ability to heal itself. After experiencing traumatic life events in adulthood, Misty decided to give alternative healing a try and she learned about and became certified in Reiki. Misty overcome her own life challenges with this modality, she discovered that working with trauma survivors or those merely struggling in the moment with the stressors of life, is her life's work.  
Visit: [www.LighthouseReikiHouston.com](http://www.LighthouseReikiHouston.com)

2:00 PM

## A Different Approach to Love

Gina Higdon  
713-397-5888

Learn how you can use the Akashic Records to move forward in your life with relationships, business or vocation, life purpose or lifestyle. Also, you can use them to discover what are the blocks or patterns that keep you from living your best life. Gina is an Akashic Record Teacher & Consultant, Theta Healing Practitioner, Claim Your Life Instructor, and Aura Soma Practitioner, who has studied Astrological life cycles. Her passion is to build an Akashic Community by teaching and assisting others in finding their joy and life purpose.  
Visit: <http://www.claimyourempoweredlife.com>

2:30 PM

## Overcome Stress and Anxiety Permanently

Speranta Cristache  
929-500-1899

In this talk Speranta will discuss the top 3 ways in which people experience stress and anxiety, why this is taking over their lives and how to not have this affect their next decade. Speranta helps people overcome stress and anxiety permanently. She has been a coach for over 10 years and is passionate about being of service to others. She is a public speaker and on course to become a published author. She is most active on IG@[IG@speranta.me](https://www.instagram.com/speranta.me)  
Visit: [www.speranta.me](http://www.speranta.me)

3:00 PM

## Medical Intuition & You

Kristina Jones  
210-385-6620

Kristina will give a brief talk about medical intuition, and what that means for the physical and energy body. She will explain her process and then give a medical intuition reading to an audience member. Kristina is a psychic, medical intuitive and energy healer who delivers channeled messages, energetic healing, attachment/curse removal, and vibrational sound healing. Kristina provides remote and in-person private sessions and corporate sound bath experiences.  
Visit: [www.kristinajones.co](http://www.kristinajones.co)

3:30 PM

## Vibrational Frequency Healing

Greg Good  
512-669-9670

It has been discovered that the cells of the body vibrate at various frequencies depending on their state of health. Greg Good, with Green Mantis Wellness, will be demonstrating healing frequency energy tools and nano crystal energy products, which help to balance your energy fields and chakras and promote better health. Greg Good, who has a love for everything natural and organic, has studied quantum physics and metaphysics. He is also trained by Dolores Cannon in Quantum Healing Hypnosis. His company, Green Mantis Wellness, specializes in natural healing modalities for a healthier world.  
Visit: [GetVibranz.com/GregGood](http://GetVibranz.com/GregGood)

4:00 PM

## Simple Ways to Grow Your Intuition

Tina Todaro  
405-208-3183

Tina will discuss what intuition really is, how to connect to it, and how to enhance your abilities. Tina Todaro is an intuitive, as well as a Reiki and Hawaiian Healing practitioner, who has dedicated her time to empower people on their path to healing, inner knowledge and spiritual growth. She is also co-owner of Sacred Journey, which is a Spiritual Teachings and Wellness Center.  
Visit: [www.sacredjourney111.com](http://www.sacredjourney111.com)

4:30 PM

## Spiritual Connections

Colette Summerland  
425-515-3801

You're invited to join Colette Summerland for live audience readings of messages from Spirit, and experience peace in knowing those you love are still around. During this event, a number of audience members will receive messages Colette Summerland is a Psychic-Medium, Aura Reader & Angel Communicator, who has also been providing Tarot Readings for a number of years. She is Clairaudient, Clairvoyant, and Clairsentient.  
Visit: [ColetteSummerland.com](http://ColetteSummerland.com)

5:00 PM - 7:00 PM

## Walking With Spirit Gallery- \$25

Terri Groom  
214-564-6349

Come join Terri with Vita Perceptions for an interactive connection with Spirit. This gallery will focus on mediumship connections with loved ones, as well as channeled messages from guides, angels and other beautiful energies from the other side. Terri Groom is a Medium as well as a Medical Intuitive, Animal Communicator, Trance Healer and Life Coach. She utilizes clear senses as well as pure channeling. Terri is a published author under the pen name of A. Tacked and has been featured on Netflix.  
Email: [vita perceptions@gmail.com](mailto:vita perceptions@gmail.com)

# Exhibitors

## A best love psychic

Keri ..... 713-870-2600  
Psychic readings tarot readings.

## Beautycounter

Jill Good.....281-793-9206  
safer, cleaner, skin care, body care and make up.  
<http://www.beautycounter.com/jillgood>

## Deelicious Scrubs and More®, LLC

Dee Jackson ..... 817-863-6509  
Holistic, Vegan, & Organic home, bath, body.  
<https://Deeliciousscrubs.com>

## A Heavenly Home

Alex Haynes-Quintero  
.....469-992-8352  
ζōw Energy Healing - Spirit, Heart, Mind & Body.

## Bio-Energetic Jewelry LLC

Claudia Diltz ..... 620-481-0209  
Beautiful jewelry. Superior EMF protection.  
[www.bio-energeticjewelry.com](http://www.bio-energeticjewelry.com)

## doTERRA Essential Oils

Susan Wooley ..... 817-913-2984  
Health / Wellness with Essential Oils

## A Wellness Alternative

Edna Craven, DC ..... 214-769-2209  
Natural Wellness Alternatives.  
[awellnessalternative.com](http://awellnessalternative.com)

## Carolyn P. Little

Carolyn P. Little ..... 469-867-0676  
Clairvoyant Medium, Inner Child Counselor

## DreamsDecoder

Barbie Breathitt..... 972-253-6653  
Spiritual transformation through  
dreams & healing.  
[dreamsdecoder.com](http://dreamsdecoder.com)

## Activate One L.L.C.

Brian Stovall ..... 713-480-2947  
Access Consciousness, Systemic  
Coaching, Clearings.  
[activateone.com](http://activateone.com)

## CBD American Shaman Conroe

Pamela Carlisle ..... 936-494-1599  
CBD - Health & Wellness.  
<https://conroecbd.com>

## ECKANKAR-The Path of Spiritual Freedom

Uwakwe Onwuchekwa  
..... 281-759-1130  
Non-profit religious organization

## Advanced Body Scan

Mike MacLennan..... 346-955-7226  
Preventative medical screening.  
[advancedbodyscan.com](http://advancedbodyscan.com)

## Chiki Buttah Products

Kim Keeshin ..... 773-251-3731  
Organic handmade skin care, pet care and CBD.  
<https://chikibuttah.com/>

## Forgotten Aye Mine

Robert Kuhn ..... 501-359-0670  
Quartz Crystal Mining and Distribution

## Ancestral Spirit

Erica Toye..... 727-601-3788  
Healing center spiritual tools and jewelry.  
[ancestralspirittribe.com](http://ancestralspirittribe.com)

## Crystal Joy Corp

Mary Hurley ..... 405-413-9791  
Hand picked high energy crystals.  
[www.facebook.com/crystaljoyok](http://www.facebook.com/crystaljoyok)

## Good Wellness USA

Greg Good..... 512-669-9670  
Crystal Energy (-ion) Products.  
[Getvibranz.com/GregGood](http://Getvibranz.com/GregGood)

## Aromatantra

Ravi Ratan Sharma.. 646-546-6982  
Aromatherapy products for Skin, Hair, Wellness.  
<http://aromatantra.com>

## Crystal Moon

Brandi Parks Moss ... 936-933-3181  
Crystals and meditation items.  
[Crystalmooncrystals@gmail.com](mailto:Crystalmooncrystals@gmail.com)

## HealthyHelp4u.com

Beth Carpenter ..... 512-707-9886  
Readings, Healings & energetic skincare.

## Astrologer for the 7th House

Rebeca Eigen.....281-799-2900  
Specializing in Relationships.  
[shadowdance.com](http://shadowdance.com)

## Dallas Psychic Wellness Center

Alana Wilson ..... 972-510-8932  
Chakra healings, candles, crystals,  
& psychic readings.  
[www.psychicdallas.com](http://www.psychicdallas.com)

## HomeCraft Gutter Protection

Stephanie ..... 706-870-0625  
Gutter Protection.  
[homecraftgutterprotection.com](http://homecraftgutterprotection.com)

**Inner Muse Hypnosis**

Lisa Chalmers ..... 972-998-7491  
 Hypnotherapy & Past Life Regression Healing.  
[www.InnerMuseHypnosis.com](http://www.InnerMuseHypnosis.com)

**Leaf Home Water Solutions, LLC.**

Rachel Baker ..... 800-726-7703  
 Affordable water treatment systems.  
[www.leafhomewatersolutions.com](http://www.leafhomewatersolutions.com)

**Nationally Renowned Psychic**

Kathy Minier ..... 469-879-8828  
 Entertainment, groups, parties,  
 & personal readings.

**Intuitive Advanced Energy Healer**

Sheela Goodrich ..... 512-577-4055  
 Personalized Reading with Chakra Balancing.  
[sheelagoodrich@gmail.com](mailto:sheelagoodrich@gmail.com)

**Life Exploration with Gina**

Gina Higdon ..... 713-397-5888  
 Akashic Record & Claim Your Life Consultations.  
[www.ClaimYourEmpoweredLife.com](http://www.ClaimYourEmpoweredLife.com)

**No Limit LOCS with Kina**

Sakina George ..... 469-767-6427  
 Hair & Body Products.  
[www.nolimitlocs.com](http://www.nolimitlocs.com)

**Intuitive Reader**

Pavi Selene ..... 214-517-9248  
 Oracle & Tarot Cards.  
[Pavonine.Selene@gmail.com](mailto:Pavonine.Selene@gmail.com)

**Life Purpose @ Your Fingerprints**

Barbara Gale ..... 512-961-2594  
 Demystify Relationships & Destiny in fingerprints.  
 Facebook - Barbara Gale

**OKAS Designs**

Kristin Quintanilla ..... 512-787-6969  
 Copper Jewelry, Crystals, Crowns, & Pendulums.  
[www.OKASDesigns.com](http://www.OKASDesigns.com)

**Intuitive Readings and Healing**

Kristina Jones ..... 210-385-6620  
 Psychic, Medical Intuitive, Sound Healer.  
[www.kristinajones.co](http://www.kristinajones.co)

**Lifewave**

Scott Wooley ..... 214-869-6164  
 Stem Cell Patches / Healthcare

**Open Gate Wellness**

Christin Eger-Romo  
 ..... 281-262-2210  
 Energy Healer, Spiritual Counselor, & Intuitive.  
[www.opengatewellnessbx.com](http://www.opengatewellnessbx.com)

**Intuitive Tarot Readings/ Visual-Voice Art**

Ren Adams ..... 214-475-6207  
 Custom art available upon request.  
[tbadams217@gmail.com](mailto:tbadams217@gmail.com)

**Lighthouse Reiki Intuitive Healing**

Misty Verlinden ..... 281-848-9566  
 Spiritual healing services & metaphysical gifts.  
[www.LighthouseReiki-Houston.com](http://www.LighthouseReiki-Houston.com)

**ORNATE SKIN**

Ofir Bilu ..... 702-374-2050  
 Decor soaps & anti-aging products.  
<http://ornateboutique.com>

**It's About Health**

Venita Papillion ..... 720-237-3608  
 Health and Wellness Products.  
[Itsabouthealth.biz](http://Itsabouthealth.biz)

**Millennium Products**

Warren Hazan ..... 904-444-2345  
 Shungite EMF Protection.  
[www.millennium-products.com](http://www.millennium-products.com)

**Polar Seltzer**

..... polarseltzer.com  
 All natural seltzer brand (nonalcoholic)

**Jogen**

..... 214-202-9712  
 Intuitive Channel/Reiki Master/Past Life

**Miracles of Joy Metaphysical Store and Center**

Joy Kauf ..... 972-221-8080  
 Aura Photos & more!  
[www.miraclesofjoy.org](http://www.miraclesofjoy.org)

**Power Home Remodeling Group**

Hans Losada ..... 346-714-4844  
 Exterior Home Remodeling.  
[powerhrg.com](http://powerhrg.com)

**Leaf Home Enhancements DBA Storm Tight Windows**

..... 281-426-0084  
[www.stormtightwindowstexas.com](http://www.stormtightwindowstexas.com)

**Mystical Charms, LLC**

Lesley Taylor ..... 936-588-3122  
 Spiritual Healing Center.

**Psychic Medium**

Stephanie Morris ..... 940-703-0767  
[stelmorservices@gmail.com](mailto:stelmorservices@gmail.com)

# Exhibitors (continued)

## Psychic-Medium & Angel Communicator

Colette Summerland  
..... 425-515-3801  
Tarot consultation, Angel Reading,  
Mediumship & More!  
ColetteSummerland.com

## Readings & Healings

Eloy Machuca..... 347-687-5028  
Tarot, Lenormand and Kipper Card Readings.

## Renewal By Andersen of Houston

Cinto Barrientes ..... 832-797-9036  
Custom Replacement Windows & Patio Doors.  
<https://www.rbahouston.com/>

## Rodgers Stein Chiropractic Center

Stacey Rodgers, DC 936-441-9990  
Healthy Living for a Happy Life.  
[www.rodgerssteinchiropractic.com](http://www.rodgerssteinchiropractic.com)

## Rude Girl Treats

Ande McNamara ..... 214-695-9971  
CBD+ Delta 8 chocolates,  
Bath Salts/Bombs= CBD.  
[rudegirltreats.com](http://rudegirltreats.com)

## Sacred Journey Experience

Deanna Baza ..... 817-495-6179  
Metaphysical products, Guidance  
& healing service.  
[www.sacredjourney111.com](http://www.sacredjourney111.com)

## Second Gaze

Melissa Hoover ..... 417-708-1803  
We sell items handcrafted in India/teach  
Enneagram.  
<https://2ndGaze.com>

## Spiritual Artist & Mentor

Ka Horne ..... 214-649-5967  
Channelled sessions w/ art  
& spiritual life coaching.  
[www.kahorne.com](http://www.kahorne.com)

## Stress and Anxiety Coach

Speranta ..... 929-500-1899  
Helping people overcome stress and anxiety.  
<http://speranta.me>

## The Conscious Co-Creators Circle

Peggy Sue Skipper  
..... 832-628-5396  
Support Group/Network Founder, Author.  
[www.LoveAndKindnessWorld.com](http://www.LoveAndKindnessWorld.com)

## The Good Shaman

Nakeisha Benett..... 832-303-3754  
Naturopathic/Alternative Health Company.  
<https://thegoodshaman.org/>

## The GreenMan Studios

Arthur Gray..... 214-631-9917  
Magic Shop specializing in handmade products.  
[www.thegreenmanstudios.com](http://www.thegreenmanstudios.com)

## The Healing Charm

Shari Davis ..... 214-793-3531  
Handmade essential oil diffuser jewelry.  
[www.thehealingcharm.com](http://www.thehealingcharm.com)

## The Heart of Tradition

Daniel Thompson..... 828-713-2375  
Unique natural-state topical magnesium (Glass).  
[theheartoftradition.com](http://theheartoftradition.com)

## The Holistic Warrior

Thomas Nolan, III, Ph.D.  
..... 405-360-2250  
Readings, Energy Balancing, Dream  
Interpretation

## The Information Intuitive

Joel Cecala..... 469-841-4414  
Intuitive Guidance; Reiki Master Teacher.  
[informationintuitive.com](http://informationintuitive.com)

## The IV Society

Claire Richardson..... 281-378-6500  
Provides high quality concierge vitamin infusions.  
[www.theivsociety.com](http://www.theivsociety.com)

## Vita Perception

Terri Groom ..... 214-564-6349  
Life Coaching from the Other Side.  
[vitaperceptions@gmail.com](mailto:vita perceptions@gmail.com)

## VOLTIN Jewelry

Mitchell Smith ..... 972-310-1302  
Crystal Pendants, Beaded Jewelry,  
& Water Bottles.  
[www.voltin.com](http://www.voltin.com)

## Young Living Essential Oils & More

Isabel Jalon ..... 832-466-3222  
Zyto Scan for pairing frequency with body.  
[www.youngliving.com/us/en/referral/12233461](http://www.youngliving.com/us/en/referral/12233461)

# Literature Table

## Eden

Jenn Colmenares.....281-466-7418  
Strategic Entrepreneurship Coaching for women.  
[www.helloeden.xyz](http://www.helloeden.xyz)

## Mystical Charms, LLC

Lesley Taylor .....936-588-3122  
Spiritual Healing Center.

## The Information Intuitive

Joel Cecala.....469-841-4414  
Intuitive Guidance; Reiki Master Teacher.  
[informationintuitive.com](http://informationintuitive.com)

## Helen Racz

[www.HelenRacz.com](http://www.HelenRacz.com)  
.....281-384-0207  
Coaching, EFT Practitioner, Author, Speaker.

## Peggy Sue Skipper

[www.LoveAndKindnessWorld.com](http://www.LoveAndKindnessWorld.com)  
.....832-628-5396  
Intuitive Sessions and/or Hand Analysis.

## The IV Society

Claire Richardson.....281-378-6500  
Provides high quality concierge vitamin infusions.  
[www.theivsociety.com](http://www.theivsociety.com)

## Holistic Practitioner & Possibilities Coach

Sheryl Sitts .....281-252-6600  
Find your way to healthier,  
happier living naturally!  
[www.SherylSitts.com](http://www.SherylSitts.com)

## Spirit Quest Rock Gem & Unique Boutique

Ginger Pennell .....281-288-7815  
Located in Old Town Spring.  
[www.TheSpiritQuestCenter.com](http://www.TheSpiritQuestCenter.com)

## Wellness Connection Online

Shana Gordy .....713-208-6560  
WCO connects providers to clients online.  
[www.wellnessconnectiononline.com](http://www.wellnessconnectiononline.com)

## Inner Muse Hypnosis

Lisa Chalmers .....972-998-7491  
Hypnotherapy & Past Life Regression Healing.  
[www.InnerMuseHypnosis.com](http://www.InnerMuseHypnosis.com)

## Tech-Life Balance

Mario Rosales .....713-705-3357  
AstroFractals, Tech-Life Balance,  
I.T., Website Services.  
[www.marirosales.com](http://www.marirosales.com)

## Miracles of Joy

Metaphysical Store and Center  
Joy Kauf .....972-221-8080  
Aura Photos & more!  
[www.miraclesofjoy.org](http://www.miraclesofjoy.org)

## The Conscious Co-Creators Circle

Peggy Sue Skipper  
.....832-628-5396  
Support Group/Network Founder, Author.  
[www.LoveAndKindnessWorld.com](http://www.LoveAndKindnessWorld.com)

# WELLNESS EXPO®

MARK YOUR CALENDAR

**Waxahachie, TX: October 8-9, 2022**  
Waxahachie Civic Center

**Grapevine, TX: April 1-2, 2023**  
Grapevine Convention Center

**Waxahachie, TX: June 10-11, 2023**  
Waxahachie Civic Center

**Grapevine, TX: July 22-23, 2023**  
Grapevine Convention Center

**Conroe, TX: September 2-3, 2023**  
The Lone Star Convention & Expo Center

**Grapevine, TX: October 7-8, 2023**  
Grapevine Convention Center

---