

Saturday & Sunday
April 2-3, 2022
11am - 6pm

WELLNESS EXPO[®]

PROGRAM GUIDE

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metaphysical talks

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healing

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Light Language
University
Panels
[see back cover]

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doctors,
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Discover

how to boost
your immune
system &
balance your
emotional state

Saturday, April 2

11:30 AM

Past Life Healing

Lisa Chalmers, CHT., CPLR
972-998-7491

Often times it's the awareness of the past that frees us in the future. Come explore a short past life regression to go back and look at what gifts we can discover. Lisa Chalmers is a Certified Hypnotherapist, Certified Past Life Regression Healer, a Reiki Master, an Intuitive Psychic Medium (she gets pictures in her minds eye) and she is Clairaudient (she hears messages). She owns Inner Muse Hypnosis, where she offers Hypnotherapy and Past Life Regression.

Visit: www.InnerMuseHypnosis.com

1:30 PM

Connect in Spirit™ Gathering

Darla Gray
469-290-2644

Intuitive Medium Darla Gray will facilitate a Connect in Spirit™ Gathering which will include: - Evidence of life after death and messages from loved ones in spirit - Questions & Answers on mediumship. Darla is an intuitive medium and healing facilitator who connects with loved ones in spirit. She delivers details and messages to support the healing process. Darla offers readings, training, healing circles and development circles in person and online. Visit: <https://darlagray.com>

3:30 PM

Creating Space in an Imperfect World

Terri Groom
214-564-6349

Come join Terri Groom for an informative and engaging talk on hope and connection. Learn how to replace your day to day struggles with a stronger, more meaningful connection with the spirit world. Your guides are wanting to talk to you! Terri Groom is a Medium as well as a Medical Intuitive, Animal Communicator, Trance Healer and Life Coach. She utilizes clair senses as well as pure channeling. Terri is a published author under the pen name of A. Tacked and has been featured on Netflix. Email: vitaperceptions@gmail.com

12:00 PM

Spiritual Insights

Psychic Jennifer Hall
psychicjenniferhall@gmail.com

The Universe utilizes Jennifer Hall to relay the most important and essential messages for an individual's achievement of Highest Good. In this forum, Jennifer will share the information in whatever form it is received- as messages from past loved ones, insight into misuse of personal energy, teachings about Universal Truths, etc. Jennifer Hall is the host of Lessons from the Universe™ with Jennifer Hall a channeled podcast available on iTunes and PodBean. She is a psychic, clairvoyant, medium, empath, and channel. She is a spiritual counselor and healer, life coach and advisor. Visit: psychicjenniferhall.com

2:00 PM

The Power of Connection in 2022

Joy Kauf
972-221-8080

Are you ready to connect and communicate with your angels and inner guidance? This is the year to be able to Manifest & receive clear guidance. Joy will share with you some practical tools to clear your energy and explore how to be more present to receive your messages. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing and is certified as an Advanced Theta Practitioner, as well as a Reiki Master Teacher. Visit: www.galactichealing.org

4:00 PM

Bioenergéticas and Wellness

Renee Jones
801-979-9124

Renee will explain how BioEnergéticas can benefit your health as an important tool to support the innate intelligence of the body so it can correct itself. Renee is a Family and Nutritional Herbalist, who has been working with herbs for the past 8 years. In addition, she is a NES Health Practitioner, who is also trained in Energy for Life Technology that includes all of the basics of health and emotional healing.

Visit: practitioners.neshealth.com/p/reneejones

12:30 PM

Light Language

Ana Noyce
817-944-0867

Light language is a holographic universal language that we as human beings are fluent in on a subconscious level. It is about understanding yourself as a multi-dimensional being as you awaken to the power of co-creating, in aligning your mind, body, and soul. Ana is an Usui & Karuna Reiki Master Teacher. She is certified in Akashic Record consulting and is a Blessing Giver. She also studied under various spiritual teachers as she progressed in understanding the connection of the physical and spiritual world as One. Visit: <http://www.circleinsights.com/>

2:30 PM

Reset Your Emotional Life!

Sue Siebens
214-437-2737

Learn about Emotional Resolution(TM), or EmRes(TM), a tool to resolve emotional tensions. EmRes is a natural, gentle and safe way to remove unwanted emotions from your life, leaving boundaries in place and "positive" emotions to flourish. Sue Siebens facilitates Emotional Resolution with her clients and teaches Self-EmRes to compliment personal growth and development. She is a published author: "Get Unstuck Naturally". Visit: <https://NaturalEmotionalWellness.com>

4:30 PM

Spiritual Physics: Multidimensional Healing

Neil
972-221-8080

Come join Neil for a journey into the spirit world. With direction from Spirit, he will work with attendees to identify any energy issues, and to heal and release them. Neil is a gifted Psychic Medium, Reiki Master, Advanced Theta Practitioner and Galactic III Practitioner. Visit him at: www.marshallneil.com

1:00 PM

Immune Boosting Tips

Dr. Aldo D'Aversa, DC, Dipl. O.M.
972-233-2929

Learn strategies on how to build up your immune system. Find out which one vitamin will reduce your health risk more than any other nutrition. Discover how Chinese Medicine remedies support your immune system with both acute and chronic conditions. Dr. Aldo D'Aversa is physician trained as a chiropractor and a Chinese medicine doctor. This unique education has allowed him to integrate the Western medical diagnosis with the Chinese medicine pattern diagnosis, allowing for a clearer understanding of disease and health.

3:00 PM

The Path of Spiritual Freedom

Eckankar
214-929-3872

This mini-workshop will prepare you to find your true purpose, to find greater love than you've ever known, and to find spiritual freedom. Eckankar, The path of spiritual freedom, teaches that each of us is Soul, a spark of God sent to the world to gain spiritual experience. Eckankar teaches simple spiritual exercises to experience the Light and Sound of God.

5:00 PM-7:00 PM

One with Spirit Gallery- \$25

Joy Kauf & Neil - 972-221-8080

Join Joy and Neil and experience their connection with spirit. A gallery is where messages are given to individuals in the audience. They will offer intuitive readings from Angels, Ascended Masters, Guides, ET contact and Loved Ones from the Spirit World. Come and receive channeled messages and see what guidance spirit has for you. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing and is certified as an Advanced Theta Practitioner, as well as a Reiki Master Teacher. Visit: www.galactichealing.org Neil is a gifted Psychic Medium, Reiki Master, Advanced Theta Practitioner and Galactic III Practitioner. Visit him at: www.marshallneil.com

Sunday, April 3

11:30 AM

Chakra Clearing & Cleansing

Samantha Gollakner

vibrationsoflove777@gmail.com

Chakras are the energy centers in your body. They function best by staying open and being balanced. Samantha will do a cleansing of all major and minor chakras with divine energy for the entire audience. Samantha is a healer, psychic and medium. She is also an international, best selling author who writes Self-help/ Fantasy books.

1:30 PM

How Not to Cry When Plans Go Awry

Dr. Jennifer Laing, MD

903-821-4001

Learn how to manage the stress and duress so you can survive and thrive. Discover how to put on your own oxygen mask and navigate through the turbulence surrounding us so you can come out on top in mind, body, & spirit. Dr. Laing, MD, Board Certified Family Physician, Usui & Karuna Reiki Master, integrates complementary medicine on a daily basis into her practice.

Visit: www.schoolofmysticalawakening.com

3:30 PM

Holistic Therapies for Optimal Emotional Health

Drs. Tricia Seymour, PhD, ND & Rusty

Barrier, PhD, ND

972-792-9900

Learn how to have optimal emotional health with psychotherapists & traditional naturopaths, Dr. Tricia & Dr. Rusty. You will learn about Bach flower essences, herbs, breathwork, tapping (EFT), and other techniques for balancing your emotional health. Twin Flames, Drs. Seymour and Barrier are PhD licensed psychotherapists, hypnotherapists, energy healers, Reiki masters, traditional naturopaths (ND), nutrition coaches, published authors, successful entrepreneurs, and interfaith ministers.

Visit: <https://entelechea.org>

12:00 PM

Tools for Raising our Vibration

Tamara Conner

469-236-8980

There are Seven Flames that align with the seven chakras of the body. There is an Ascended Master assigned to each flame to assist us in raising our vibrations individually and for the collective whole. Tam has studied many different healing modalities, including Reiki, NLP, and Hawaiian Healing, however, she feels that her most prolific teachings have come directly from Spirit. Most recently spirit has taught her what she calls "Angelic Light Healing," which is Angelic multi-dimensional energy that is subtle, yet powerful, and offers deep cleansing on all levels.

Visit: <https://www.ehoomana.com>

2:00 PM

Journeys Through the Akashic Records

Shelley Kaehr, PhD

940-391-0494

The Akashic Records contain all thoughts, deeds, and actions in the past, present, or future. Since her near-death experience in 2000, Shelley Kaehr has accessed this cosmic storehouse frequently, and discusses how you can access your own records for healing. As a world-renowned past-life regressionist, Dr. Shelley's method of combining energy work with hypnosis has been endorsed by leaders in the field of consciousness, including Dr. Raymond Moody and Dr. Brian Weiss.

Visit Shelley online: <https://pastlifelady.com>

4:00 PM

Tuning into Your Body for Better Health

Erin Schrick

817-781-7341

Understand the basics of healing with vibration, Herbs, plasma, and sound. Erin will summarize the most valid and truthful of all the sciences, the human energetic body, and explain how to interact with it. Erin has been in the field of education for over 22 years. She holds a B.S. with a major of physics, as well as an M.Ed in Educational Administration and an MA in Counseling. She is also a trained healer, who paid attention to her elders.

Visit: <https://thenaturegypsy.com/>

12:30 PM

The Levels of Dimensions Explained

Joel Cecala

469-841-4414

We are all being affected by lower, middle, and higher dimensions. Let's talk about 1D to 22D. What these are, what we commonly interact with, and how this affects us daily. Joel is a Reiki Master Teacher, who studies the metaphysical and works closely with spirit guides. He is an energy healer as well as someone who removes entities and underworld spirits from people and locations. He helps people ascend to higher dimensions.

Visit: informationintuitive.com

2:30 PM

Detoxification using Transdermal Magnesium Therapy

Daniel the Naturopath

828-713-2375

Magnesium is responsible for hundreds of vital functions in the body. One major role it plays is to heal the nervous system. Daniel will discuss how to enhance your health with this important nutrient. Daniel Thompson is a naturopath and an author, as well as the founder of the Heart of Tradition, a company that is in over 1,000 brick and mortar stores in France, Belgium & Switzerland. He now resides in Texas, where he is expanding his company to the US market. Visit: theheartoftradition.com

4:30 PM

The Healing Power of Holographic Sound

Dr. Paul Hubbert, PhD

512-659-0069

Through Holographic Sound Techniques, crystal bowls and vocal harmonics, activate the body's blueprint for health. Experience healing & balancing of physical, emotional, mental, and energetic bodies guided by higher consciousness. Paul holds a Ph.D. in Psychology, he's a Multidimensional Sound Master and teaches internationally. He is certified in Grief Recovery, hypnosis, Reconnective Healing and received recognition from the White House for his family counseling work. He's an intuitive channel, Reiki Master, musician and international recording artist. www.HolographicSound.com

1:00 PM

The Hidden Gold in Our Painful Relationships

Rebeca Eigen

281-799-2900

This talk by Rebeca Eigen is to learn more about Carl Jung's most valuable concept — what he called our Shadow — how to live with it and love it — Together! Rebeca Eigen, Relationship Alchemist and Astrologer for 25+ years, specializes in the 7th House (marriage, partnership and open enemies; i.e. the shadow in us all). Visit: shadowdance.com

3:00 PM

If You Don't Bend You Break!

Aubrey Warren

817-722-6150

Learn how improving your flexibility will reduce physical pain, decrease your risk of injury, and increase your overall sense of well-being. Aubrey Warren is an Experienced Registered Yoga Teacher and a Certified Yoga Education Provider who has been leading classes for over 20 years. She has been providing care as a Stretch Technician since the Grapevine Stretch Zone opened its doors in October 2021.

Visit: <https://www.stretchzone.com/locations/grapevine/>

5:00 PM / 6:00 PM

Walking With Spirit Gallery

- \$25

Terri Groom

214-564-6349

Come join Terri with Vita Perceptions for an interactive connection with spirit. This gallery will focus on mediumship connections with loved ones, as well as channeled messages from guides, angels and other beautiful energies from the other side. Terri Groom is a Medium as well as a Medical Intuitive, Animal Communicator, Trance Healer and Life Coach. She utilizes clair senses as well as pure channeling. Terri is a published author under the pen name of A. Tacked and has been featured on Netflix.

Email: vitaperceptions@gmail.com

Exhibitors

AKASHA FLIX

Ramon Malpica214-695-8806
A conscious and metaphysical streaming service.
www.akashaflix.com

Applied Therapeutic Sciences

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loss. www.appliedtherapeuticssciences.com

Artio Artisanals

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www.artioartisanals.com

Astrologer for the 7th House

Rebeca Eigen.....281-799-2900
Specializing in Relationships. shadowdance.com

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Amy Page.....469-464-9220
traditional holistic modalities.
beyondhorizonwellness.com

Book Life

Samantha Gollakner
.... vibrationsoflove777@gmail.com
Healing/ Psychic/ Medium;
Author of Self-Help Series.

Carolyn P. Little - Clairvoyant Medium

Carolyn P. Little469-867-0676
Clairvoyant Medium and Inner Child Counselor

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www.chikibuttah.com

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Mari Weldon
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Gives you a sketch of souls around you.
PsychicMari.com

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Psychic, life coaching.
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Intuitive Medium & Healing Facilitator.
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www.DonnaHealer.com

Entelechea Ministries

Rusty Barrier / Tricia Seymour
.....972-792-9900
Healing Ministry.
entelechea.org

Erthy Bruja

Shannon Price.....972-765-2924
Tools for your magic!...
Visit: ErthyBruja.com

Esoteric Echoes

Stephen Ulrich309-648-8839
Tarot Interpretations.
dracoeleven.wixsite.com/mysite

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Our Stylists cater to multi-racial Clientele.
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817-718-1694
Jewelry and Crystals. [https://
www.instagram.com/exquisite_designs_jewelry/](https://www.instagram.com/exquisite_designs_jewelry/)

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Getvibranz.com/GregGood

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Beth Carpenter 512-707-9886
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www.InnerMuseHypnosis.com

Intuitive Advisor

Stacey Bosley 757-810-7376
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www.StaceySees.com

Intuitive Psychic Medium

Tak 573-837-7766
intuitive wellness/health coach,
medium & empath.
takeshifujii@gmail.com

Intuitive Reader

Pavi Selene 254-559-2650
Oracle & Tarot Cards.
Pavonine.Selene@gmail.com

Intuitive Tarot

Helen Watson 817-684-1146
Reader, Numerologist, Medium, Healer
& Feng Shui Consultant.

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tbadams217@gmail.com

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Kayla Rose

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kaye_denise87@yahoo.com

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Facebook - Barbara Gale

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Tanya Griffin 903-268-5436
Mind, Body and Spirit Education.
lightlanguageuniversity.com

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Rhonda Lightfoot 817-751-4516
Energy Healing, Stones & Handmade Medicine
Bags. lightworksholistichealing@gmail.com

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Mavi Helmer 214-477-7292
Clairvoyant Psychic Medium (English-Spanish).
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Energy Therapy. nextlevelharmonics.com

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www.OABotanicals.com

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Open Hearts Crystal Boutique

Summer Darvischi ... 817-559-3333
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OpenHeartsSanctuary.com

Orr Holistic Healing

Ken & Diane Orr 469-358-8451
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& Chair Massage.
orrolistichealing.com

Exhibitors (continued)

ProComfort Medical

Kim Keeshin 512-771-6421
Free customized shoes for Medicare recipients.
www.procomfortmedical.com

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Tarot, Lenormand and Kipper Card Readings.

Readings & Healings

Joel Cecala 469-841-4414
Intuitive Guidance; Reiki Master Teacher.
informationintuitive.com

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Bio Energetic Wellness Scan.
practitioners.neshealth.com/p/reneejones

Restore Hyper Wellness Colleyville

Rachel Rentschler 817-713-6452
Cryotherapy, Red Light Therapy, Compression.
restore.com/locations/colleyville-tx/

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Sole Sister Reflexology

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Theresa Callisto

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Tarot, Spiritual Intuitive, Reiki Healer.
callistosong@yahoo.com

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[vitaperceptions@gmail.com](mailto:vita perceptions@gmail.com)

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zilis.com/Tinkis

Literature Table

A Wellness Alternative.com

Edna Craven 214-769-2209
Holistic Wellness.
14detox.com

Inner Muse Hypnosis

Lisa Chalmers 972-998-7491
Hypnotherapy & Past Life Regression Healing.
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The Highest Path

Alex Haynes-Quintero
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thehighestpath.org

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Dr. Aldo D'Aversa, DC, Dip. O.M.,
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Physician trained Chiropractor & Chinese
Medicine Doctor.

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Darla Gray, LLC

Darla Gray 469-290-2644
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Treasures. mapmystars.com and
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Jennifer Rae & Ananda Kripa
..... 469-401-4777/469-888 9192
Register Family Expo & Holistic Festival 2022
Events! www.HumanEmbrace.org

Readings and Healings

Joel Cecala 469-841-4414
Intuitive Guidance; Reiki Master Teacher.
informationintuitive.com

WELLNESS EXPO

2022 EVENTS · WellnessExpo.net/attend/

Wichita Falls, TX: May 14-15, 2022
Ray Clymer Exhibit Hall

Grapevine, TX: July 23-24, 2022
Grapevine Convention Center

Conroe (Houston): Sept. 3-4, 2022
Lone Star Convention & Expo Center

Waxahachie, TX: October 8-9, 2022
Waxahachie Civic Center

WellnessExpo.net • 972-925-9393

Light Language University

Spirit, Mind, and Body Speaker Panels

Saturday, April 2nd 11:30am-1pm / Free Event

Topic: Different Kinds of Mediumship

Did you know that mediums are not all the same? Come meet these talented individuals and discover some of their secrets in how they connect and the kind of mediumship that pulls them in the direction of the Spirits they work with and contact.

Speakers:

Tracey Escobar - Red Couch Medium, Evidence Mediumship

Jessica Gillispie - Psychic Medical Medium

Kendall Ahrens - Psychic Medium

Lillith - Medium

Ana Noyce - Light Language, Circle Insights

Saturday, April 2nd 1:30pm-3pm / Free Event

Topic: Vibrational Medicine

As we are moving into the New Age, we are finding that energy medicine is the third part that completes the healing journey of a human being in Spirit, Mind, and Body. This panel is set up for the speakers to share their modalities and how they work with clients to help speed up or aid in their client's recoveries, or to work side by side with other modalities that complement what the Doctors provide.

Speakers:

Vivian Hughes - Holistic Performance Coach

Registered Clinical Aromatherapist

Ann DeRulle - Sacred Geometry Art

Mary Ellen Dorey - Registered Clinical Aromatherapist (RA)

Corey Perez - Kambo

Dr. Tricia Seymour - Psychologist

Martha Fiddes - QiGong Master Teacher

Saturday, April 2nd 3:30pm-4pm / Free Event

Topic: New to All This?

(Micro Workshop)

For everyone who is awakening, has questions, and wants to know more about metaphysics and the Universe around them but do not know where to go to find the answers!!



Light Language University
www.LightLanguageUniversity.com

Sunday, April 3rd 11:30 am – 1pm / Free Event

Topic: What Do We Know About the Death Experience?

The questions we want to talk about are “What happens when we die? And why is it such a great mystery?” What if I tell you that it’s not really a great mystery and we have just forgotten what it’s like to be fully spirit? Join Light Language University as we host a Speaker Panel on an exploration to understand the transition and what happens to each one of us when we make that journey back into fully spirit.

Speakers:

Julie Stephenson - End-of-Life Doula

Dr. Rusty Barrier - Psychologist

Tricia Barker - Near Death Experiencer

Michelle Henderson - Medium

Ana Noyce - Light Language, Circle Insights

Sunday, April 3rd 1:30pm-3pm / Free Event

Topic: Long-Distance Healing

In 2020 the world shifted, and people found themselves working remotely, as did the Healers. Come join these multi-talented Healers and learn how Long-Distance Healing works and how they work with their clients, no matter where they are located.

Speakers:

Kevin Foresman - Reiki Master, Regression, Chakra Balancing

Ann DeRulle - Quantum Solutions, Sacred Geometry Art

Ana Noyce - Light Language, Circle Insights

Joy Kauf - Tarot Reader, Channel, Reiki, Galactic Healing Master/Teacher

Rahel Berhane - Reiki Master & Light Language Practitioner

Sunday, April 3rd 3:30pm-5pm / Free Event

Topic: Devices that Aid in Wellness

We are in an age of devices that have been created to help us. Why not learn what is out in the world and the different devices that are made to help us in our wellness?

Speakers:

Cassie Clayton - Bemer Mat

Ashley Todd - Restore Hyper Wellness

CJ Bredesen - Ionic Foot Bath

Katrina Rodionova - Cold Laser Therapy, Advanced Regeneration

Stephanie Morrison - Harmonic Egg

Diana Nicoletti - Vollara Air and Surface - Pro Air Purifier