

Saturday & Sunday
May 14-15, 2022
11am - 6pm

RAY GLYMER
EXHIBIT HALL

WELLNESS EXPO

PROGRAM GUIDE

Visit

50+ exhibit booths
with products &
services
for body, mind & spirit

Hear

24 holistic medicine,
personal growth &
metaphysical talks

Experience

intuitive
consultations
& energy
healing

Discover

how to boost
your immune
system &
balance your
emotional state

Shop

jewelry,
essential oils,
CBD, natural
products,
metaphysical
gifts

Confer with

holistic doctors &
practitioners

Saturday, May 14

11:30 AM

Past Life Healing

Lisa Chalmers, CHt., CPLR
972-998-7491

Often times it's the awareness of the past that frees us in the future. Come explore a short past life regression to go back and look at what gifts we can discover. Lisa Chalmers is a Certified Hypnotherapist, Certified Past Life Regression Healer, a Reiki Master, an Intuitive Psychic Medium (she gets pictures in her minds eye) and she is Clairaudient (she hears messages). She owns Inner Muse Hypnosis, where she offers Hypnotherapy and Past Life Regression.

Visit: www.InnerMuseHypnosis.com

12:00 PM

Ask an Empath Open Forum

Angela Harding, RN, RMT, LC, ORDM
817-527-1409

Open forum interactive discussion where we focus on what YOU need as an empath integrating yourself into society. Spirit always attends along your side so expect mini-readings mixed along with your questions answered by an expert in integrating your empathic soul into everyday life! Angela is a Registered Nurse, Reiki Master Teacher, gifted Psychic Medium, Spiritual Intuitive-Healer, Ordained Minister & founder of Integrated Soul Nature & Wellness Retreat in Aubrey, TX, which offers Holistic Health & Nature Classes, Soul Sipping Soirées, & Meditation. Visit: integrated-soul.com

12:30 PM

Numerology: Seeing Life Through the Numbers

Eloy Machuca
347-687-5028

Join Eloy as he talks about the basics of Numerology and how you can change your perspective by paying attention to the spiritual properties of numbers. Each of us have individual numbers for each year depending on our birthdate. Come find out yours! Eloy has been practicing Numerology as well as various other methods of divination for the past decade. He is a Lenormand, Tarot & Charm reader, as well as a BARS Practitioner & Holy Fire Reiki Master. Find him and all he does at www.thegreenmanstudios.com

1:00 PM

Synchronicity, Becoming One with the Universe

Anthony "Tony" M. Losito
702-759-2801

Tony will take you through his spiritual awakening and his new book. He will also discuss how coincidences are really spiritual synchronistic messages from our guides, angels, and the universe. Tony Losito is the author of the recently released book, "Woke, The Spiritual Awakening of a 9/11 Rescue & Recovery Worker". Tony's new book chronicles his awakening following an NDE, and the events of 9/11 where he served as a Rescue & Recovery Worker.

Visit: <https://www.woke911.org/>

1:30 PM

Connect in Spirit™ Gathering

Darla Gray
469-290-2644

Intuitive Medium Darla Gray will facilitate a Connect in Spirit™ Gathering which will include: - Evidence of life after death and messages from loved ones in spirit - Questions & Answers on mediumship Darla is an intuitive medium and healing facilitator who connects with loved ones in spirit. She delivers details and messages to support the healing process. Darla offers readings, training, healing circles and development circles in person and online. Visit: <https://darlagray.com>

2:00 PM

The Power of Connection in 2022

Joy Kauf
972-221-8080

Are you ready to connect and communicate with your angels and inner guidance? This is the year to be able to Manifest & receive clear guidance. Joy will share with you some practical tools to clear your energy and explore how to be more present to receive your messages. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing and is certified as an Advanced Theta Practitioner, as well as a Reiki Master Teacher. Visit: www.galactichealing.org

2:30 PM

Numbers, Planets & Chakras

Dr. Ravi Ratan, DSc
646-546-6982

According to Numerology each number is associated with a particular planet, which in turn impacts our life and our Chakras. Each planet influences a certain Chakra and affects our life through that. Dr. Ratan explains how it works. Dr. Ravi Ratan, from India, is a clinical aromatherapist and Healer, author of "Handbook of Aromatherapy" & "Journey Through Chakras". He integrates Aromatherapy and Lymph Drainage with Chakras & Crystal Healing. Visit: www.aromatantra.com

3:00 PM

Bioenergéticas and Wellness

Renee Jones
801-979-9124

Renee will explain how BioEnergetics can benefit your health as an important tool to support the innate intelligence of the body so it can correct itself. Renee is a Family and Nutritional Herbalist, who has been working with herbs for the past 8 years. In addition, she is a NES Health Practitioner, who is also trained in Energy for Life Technology that includes all of the basics of health and emotional healing. Visit: <https://practitioners.neshealth.com/p/reneejones>

3:30 PM

Creating Space in an Imperfect World

Terri Groom
214-564-6349

Come join Terri Groom for an informative and engaging talk on hope and connection. Learn how to replace your day to day struggles with a stronger, more meaningful connection with the spirit world. Your guides are wanting to talk to you! Terri Groom is a Medium as well as a Medical Intuitive, Animal Communicator, Trance Healer and Life Coach. She utilizes clair senses as well as pure channeling. Terri is a published author under the pen name of A. Tacked and has been featured on Netflix. Email: vita perceptions@gmail.com

4:00 PM

Increase & Balance Your Energy

Thomas Nolan, III, Ph.D.
405-360-2250

Are you feeling tired and drained? Join Thomas in this uplifting talk to learn tools to regain your energy and become your best self. Dr. Nolan has a unique educational background including Theoretical Chemistry, Psychology, and forty-five years of studying a wide range of spiritual and metaphysical topics. Through these experiences, he developed a system, "The Path of the Holistic Warrior". Visit: <http://www.theholisticwarrior.com>

4:30 PM

Frequency Healing

Diana Nicoletti
817-296-6086

Diana will discuss how frequency healing can be used to help the body heal itself. She will offer an example of a product that is doing just that. Diana's father was a famous bodybuilder, as well as a corrective therapist and teacher. She was therefore educated to be involved with health with a focus on organics and vitamins, as well as a desire to help others with their health issues.

5:00 PM-7:00 PM

Embracing Your Empathic Self: Why do I feel Everything? - \$25

Joy Kauf - 972-221-8080

Join Joy for this workshop that will explore how to walk in this world and use your empath skills to connect with your angels and guides and read the energy around you. You will gain some tools you can use in your everyday life, and she will share with you her intuitive insights. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing and is certified as an Advanced Theta Practitioner, as well as a Reiki Master Teacher. Visit: www.galactichealing.org

Sunday, May 15

11:30 AM

Chakra Clearing & Cleansing

Samantha Gollakner

samgollaknerlive@gmail.com

Chakras are the energy centers in your body. They function best by staying open and being balanced. Samantha will do a cleansing of all major and minor chakras with divine energy for the entire audience. Samantha is a healer, psychic and medium. She is also an international, best selling author who writes Self-help/ Fantasy books.

12:00 PM

Reiki and Hawaiian Healing

Deanna Baza

817-495-6179

Join Deanna as she shares the benefits of energy sessions and demonstrates on some audience members their effectiveness in shifting perspective and aiding in the healing process. Coming from the small island of Guam, Deanna has found her main purpose in life to be that of serving humanity by using Hawaiian healing, Reiki and her intuitive abilities. She also utilizes her craft of creating scented candles that are made with the blessings and energy that her lineage brings with it. In addition, she is the co-owner of Sacred Journey, which is a Spiritual Teachings and Wellness Center. Visit: www.sacredjourney111.com

12:30 PM

Aromatherapy for the Body, Mind & Emotions

Becky Heaton

972-965-0636

In this talk Becky will discuss how to avoid the domino effect that daily stress, pressure and anxiety causes in weakening the body, mind and emotions. She will offer tools that provide one way to help the body heal itself. Becky is a graduate of Trinity College of Natural Health with degrees as a Nutritional Consultant, Natural Health Professional, Traditional Naturopath, and Master Iridologist. Becky is also a Certified Aromatherapist, specializing in Clinical Aromatherapy, as well as the owner of Lavanda@Aromatherapy & Botanical Products. Visit: www.iLavanda.com

1:00 PM

Energy Healing & Medicine

Dr. Jennifer Laing, MD

903-891-0949

Who and what amplifies your current, fills your current and zaps you? In this talk Dr. Laing will discuss how we are affected by the energy of the people and things around us and how this manifests in our body. She will offer tips on how to optimize our health. Dr. Jennifer Laing, MD, Board Certified Family Physician, Usui & Karuna Reiki Master, integrates complementary medicine on a daily basis into her practice. Visit: www.schoolofmysticalawakening.com

1:30 PM

Using Yoga in Your Everyday Life

Carson Ford

940-202-9657

Many of us have joined a yoga class here or there, but have you ever considered yoga as a tool for navigating and adapting through your daily life? Carson will discuss the benefits of yoga, and guide you through a short chair yoga demo you can do anywhere. Carson Ford is the owner of Balance Yoga + Barre in Wichita Falls, TX. With over 13 years of experience teaching movement to all ages and backgrounds, Carson has a passion for teaching a safe and mindful practice aimed to quiet the mind and reduce suffering. Visit: www.balancewv.com

2:00 PM

Biofeedback

Rilla Brock

817-228-6914

Biofeedback is used to help manage physical and mental health. Rilla will discuss how it goes through 7000 parts of the body, cleans the Aura, opens the Chakras, removes Stress, Anxiety, Depression, Pain and so much more. Rilla was in the medical field, working with people and animals, for over 20 years, but she did not like the treatment being given. She loves that Biofeedback is non-invasive and finds that it better aligns with her calling to heal and being very spiritual. rillabrock@gmail.com

2:30 PM

Vibrational Frequency Healing

Greg Good

512-669-9670

It has been discovered that the cells of the body vibrate at various frequencies depending on their state of health. Greg Good, with Green Mantis Wellness, will be demonstrating healing frequency energy tools and nano crystal energy products, which help to balance your energy fields and chakras and promote better health. For the past 30 years, Greg Good has been involved in the metaphysical realm, quantum physics universe and all things holistic for the body. He is also a past life healing hypnosis therapist trained by Dolores Cannon since 2010. Visit: GetVibranz.com/GregGood

3:00 PM

The Difference Between Thoughts & Intuition

Marlenn Tamez

682-557-7214

Marlenn will discuss how we need to stop being comfortable with our inner voice as our thoughts and intuition are not the same thing. She will provide tools that we can use to have a loving, abundant life. Marlenn is a spiritual life coach and Energy Facilitator. She helps women achieve true freedom, by helping them face their emotions and shadow self in order to create their best life.

3:30 PM

Connect with Your Loved Ones in Spirit

RosaLee McIntosh

832-603-1456

RosaLee will be doing open spontaneous readings for some members of the audience. She will be channeling information from Spirit and your loved ones that are on the other side. RosaLee has been doing her passion for 20+ years. She is always learning and growing through the Psychic readings, Medium, Intuitive Tarot cards, Reiki, Egyptian Healing, Clinical Hypnosis, and Past Life regressions that she does. She feels that each experience has been a blessing through doing what she loves.

4:00 PM

Understanding the Human Quantum Field

Erin Schrick

817-781-7341

This is the most critical knowledge any human can have. Erin will summarize the most valid and truthful of all the sciences, the human energetic body, and explain how to interact with it. Erin has been in the field of education for over 22 years. She holds a B.S. with a major of physics, as well as an M.Ed in Educational Administration and an MA in Counseling. She is also a trained healer, who paid attention to her elders.

Visit: <https://thenaturegypsy.com/>

4:30 PM

Removing Negativity with Shadow Healing

Stacey Bosley

757-810-7376

During this enlightening open forum, Stacey will discuss what shadow work is, how to identify our own shadows, and demonstrate integrating them into your life so you can move forward. Join Stacey and take a deeper look into who you really are. Stacey Bosley, is a Shadow Walker, psychic and channel. Her passion is to assist others with their healing journey through shadow work, removing negativity, and moving forward on a more peaceful, positive life path. Visit: www.staceysees.com

5:00 PM-7:00 PM

The Nitty Gritty Guide Work - \$25

Terri Groom - 214-564-6349

Come join Terri in this fun-filled session as we roll up our sleeves and meet our guides. This class is designed, through a series of exercises, to help you obtain a better awareness of who your guides are. We all can have a working relationship with our guides. This class prepares you with simple ways to have a deeper relationship with your helpers on the other side. Terri Groom is a Medium, Medical Intuitive, Trance Healer & Life Coach. She utilizes clair senses as well as pure channeling. Terri is a published author under the pen name of A. Tacked and has been featured on Netflix. Email: vitaperceptions@gmail.com

Exhibitors

Aromatantra

Dr. Ravi Ratan, DSc

..... 646-546-6982

Aromatherapy for Skin, Hair, Chakra
Wands, Jewelry.
www.aromatantra.com

Darla Gray, LLC

Darla Gray

..... 469-290-2644

Intuitive Medium & Healing Facilitator.
<https://darlagray.com>

Healing Harmonics

Kerrin Kuntzman

..... 214-566-2604

Resonant sound and light healing chamber.
<https://harmoniceggdallas.com>

Author, "Woke, The Spiritual Awakening of a 9/11 Rescue & Recovery Worker"

Anthony "Tony" M. Losito

..... 702-759-2801

Book Signing & Spiritual Jewelry.
www.Woke911.org

Deelicious Scrubs and More[®], LLC

Dee Jackson

..... 817-863-6509

Holistic & vegan home, bath, body
products.
<https://deeliciousscrubs.com>

Humana

Agent: Jason Williams

..... 972-839-4449

Insurance - Medicare, PDP,
Dental & Vision.
humana.com

Balance Yoga & Barre

Carson Ford

..... 940-202-9657

Yoga, Barre, and Pilates classes for all.
www.balancewfb.com

Drops of Hope

Mary Cantrell

..... 940-781-0736

CBD products.
maryaliece.surpriseparties.com

Inner Muse Hypnosis

Lisa Chalmers

..... 972-998-7491

Hypnotherapy & Past Life Regression
Healing.
www.InnerMuseHypnosis.com

Bio-Energetic Jewelry LLC

Claudia Diltz, Robert
Denham

..... 620-481-0209

Beautiful jewelry. Superior EMF protection.
www.bio-energeticjewelry.com

Energy Healer & Medical Intuitive

Donna Howell

..... 432-295-0170

Angel cards and Runes.
www.DonnaHealer.com

Intuitive Advisor

Stacey Bosley

..... 757-810-7376

Psychic Readings, Amaurotic Soul
Drawings & Channel.
www.StaceySees.com

Book Life

Samantha Gollakner

samgollaknerlive@gmail.com

Healing/ Psychic/ Medium; Author of Self-
Help Series.

Forgotten Aye Mine

Robert Kuhn

..... 501-359-0670

Quartz Crystal Mining and Distribution

Intuitive Reader

Pavi Selene

..... 254-559-2650

Oracle & Tarot Cards.
Pavonine.Selene@gmail.com

Clairvoyant Medium & Inner Child Counselor

Carolyn P. Little

..... 469-867-0676

Clairvoyant Medium and Inner Child
Counselor.

FunctionaliQi

Kate Kampa

..... 763-309-7439

Sommelier-crafted functional wellness teas.
www.functionaliqi.com

Intuitive Tarot Readings/ Visual- Voice Art

Ren Adams

..... 214-475-6207

tbadams217@gmail.com

Clinton's Herbs

Clinton Peirce

..... 620-899-1785

Medical Intuitive, Spirit Healing, Team
Healing

Good Wellness USA

Greg Good

..... 512-669-9670

Crystal Energy (-ion) Products.
Getvibranz.com/GregGood

It's About Health

Venita Curry

..... 832-537-2698

Specialists in Health and Wellness.
itsabouthealth.biz

Jar Light
Robyn Slagle
..... 214-893-5639
Ancient Energy Arts, Curanderos
Healing & Courses.
www.jarlight.com

**Miracles of Joy
Metaphysical
Store and Center**
Joy Kauf
..... 972-221-8080
Aura Photos & more!
www.miraclesofjoy.org

Readings & Healings
Joel Cecala
..... 469-841-4414
Intuitive Guidance; Reiki Master Teacher.
informationintuitive.com

Kerrin Kuntzman
..... 214-566-2604
I am a Certified Emotion Code Practitioner.
<https://harmoniceggdallas.com>.

**Nationally
Renowned Psychic**
Kathy Minier
..... 972-406-0080
Entertainment, groups, parties, & personal
readings.

Ree-Leaf Scan
Renee Angela Jones
..... 801-979-9124
Bio Energetic Wellness Scan. [https://
practitioners.neshealth.com/p/reneejones](https://practitioners.neshealth.com/p/reneejones)

Kindred Luna
Marlenn Tamez
..... 682-557-7214
Energy Facilitator and online courses.
KindredLuna.com

New Spiritual Horizons
Ruth McKee
..... 580-235-6236
Helping to clarify your life purpose.
newspiritualhorizons.com

Reliant Energy
Shekeira Gillis
..... 214-552-6380
electricity provider.
<https://www.reliant.com>

**Lavanda
Aromatherapy and
Botanical Products**
Becky Heaton
..... 972-965-0636
All natural aromatherapy products.
www.iLavanda.com

No Limit LOCS
Sakina George
..... 469-767-6427
Hair & Body Products.
www.nolimitlocs.com

Rude Girl Treats
Ande McNamara
..... 214-695-9971
CBD + D8 Chocolates.
rudegirltreats.com

**Le-Vel Thrive
Premium Nutrition**
Tammi Blanscet
..... 239-560-7448
Premium Grade Nutrition. [https://
fitnfun.thrive60.com/](https://fitnfun.thrive60.com/)

OKAS Designs
Kristin Quintanilla
..... 512-787-6969
Copper Jewelry, Crowns, Pendulums,
Crystals.
www.OKASDesigns.com

**Sacred Journey
Experience LLC**
Deanna Baza
..... 817-495-6179
Metaphysical products and services.
sacredjourney111.com

**Light Language
Activations &
Trance Healings**
with Deborah Renée
..... 214-850-0500
Light Language Channel, Intuitive Energy
Alchemist & Psychic Medium.
HighestBlessings.com

**Radiant Arts &
Handicrafts**
Ashok Shrestha
..... 817-500-8593
Arts and Handicrafts.

**Spiritual Artist &
Mentor**
KA Horne
..... 214-649-5967
Channelled sessions w/ art & spiritual
life coaching.
www.kahome.com

Millennium Products
Warren Hazan
..... 904-444-2345
5G Protection and Wellness.
www.millennium-products.com

Readings & Healings
Eloy Machuca
..... 347-687-5028
Tarot, Lenormand and Kipper
Card Readings.

**The GreenMan
Studios**
Arthur Graye
..... 214-708-0944 cell
One stop spiritual shop.
www.thegreenmanstudios.com

Exhibitors (continued)

The Healing Charm

Shari Davis

.....214-793-3531

Essential oil Diffuser jewelry.
www.thehealingcharm.com

Total Performance

Rilla Brock

.....817 228 6914

Biofeedback Practitioner- Human/Equine.
rillabrock@gmail.com

Withershins Menagerie

Amy and Madison

.....940-432-1252

Your One Stop Witchy Shop.
www.withershinsmenagerie.com

The Highest Path

Alex Haynes-Quintero

.....469-992-8352

ζάω Energy Healing - Spirit, Heart,
Mind & Body.
thehighestpath.org

Traveling Light

RosaLee McIntosh

.....832-603-1456

Psychic, tarot cards, Palmistry,
Past life readings.

Zintex Remodeling

Calina Tice

.....888-760-5975

Bathroom Remodeling.
www.zintex.com

The Highest Path

Elise Adam

.....972-876-6236

Divine Channel, Psychic Readings &
Spiritual Coaching.
thehighestpath.org

UnitedHealthcare

Lance Jones

.....713-249-1641

Medicare program.
www.uhc.com

The Holistic Warrior

Thomas Nolan, III, Ph.D.

.....405 360-2250

Readings, Energy Balancing, Dream
Interpretation

Vita Perceptions

Terri Groom

.....214-564-6349

Life Coaching from the Other Side.
[vitaperceptions@gmail.com](mailto:vita perceptions@gmail.com)

The Nature Gypsy

Erin Schrick

.....817-781-7341

Celtic Shamanic Wellness and
Healings/Readings.
www.thenaturegypsy.com

Literature Table

**Author, "Woke, The
Spiritual Awakening of
a 9/11 Rescue &
Recovery Worker"**

Anthony "Tony" M. Losito
.....702-759-2801
Book Signing & Spiritual Jewelry.
www.Woke911.org

Balance Yoga & Barre
Carson Ford

.....940-202-9657
Yoga, Barre, and Pilates classes for all.
www.balancewfb.com

FunctionaliQi
Kate Kampa

.....763-309-7439
Sommelier-crafted functional wellness teas.
www.functionaliqi.com

Inner Muse Hypnosis
Lisa Chalmers

.....972-998-7491
Hypnotherapy & Past Life Regression
Healing.
www.InnerMuseHypnosis.com

Jennifer Farmer

Jennifer Farmer
..... info@jenniferfarmer.com
Author, psychic medium, spiritual teacher.
www.jenniferfarmer.com

**Miracles of Joy
Metaphysical
Store and Center**

Joy Kauf
.....972-221-8080
Aura Photos & more!
www.miraclesofjoy.org

Readings & Healings

Joel Cecala
.....469-841-4414
Intuitive Guidance; Reiki Master Teacher.
informationintuitive.com

Soul Journey Classes

Robyn Slagle
.....214-893-5639
Become unstuck from things that
devitalize you.
www.jarlight.com

**The Consciously
Curious**

Peggy Sue Skipper
.....832-628-5396
Hand Analyst & Author.
www.LoveAndKindnessWorld.com

UnitedHealthcare

Lance Jones
.....713-249-1641
Medicare program.
www.uhc.com

WELLNESS EXPO®

MARK YOUR CALENDAR

Grapevine, TX: July 23-24, 2022
Grapevine Convention Center

Conroe (Houston): Sept. 3-4, 2022
Lone Star Convention & Expo Center

Waxahachie, TX: October 8-9, 2022
Waxahachie Civic Center