



Saturday & Sunday  
May 14-15, 2022  
11am - 6pm

# WELLNESS EXPO

## PROGRAM GUIDE

### **Visit**

50+ exhibit booths  
with products &  
services  
for body, mind & spirit

### **Hear**

24 holistic medicine,  
personal growth &  
metaphysical talks

### **Experience**

intuitive  
consultations  
& energy  
healing

### **Discover**

how to boost  
your immune  
system &  
balance your  
emotional state

### **Shop**

jewelry,  
essential oils,  
CBD, natural  
products,  
metaphysical  
gifts

**Confer with**  
holistic doctors &  
practitioners

# Saturday, May 14

11:30 AM

## Past Life Healing

Lisa Chalmers, CHT., CPLR

972-998-7491

Often times it's the awareness of the past that frees us in the future. Come explore a short past life regression to go back and look at what gifts we can discover. Lisa Chalmers is a Certified Hypnotherapist, Certified Past Life Regression Healer, a Reiki Master, an Intuitive Psychic Medium (she gets pictures in her minds eye) and she is Clairaudient (she hears messages). She owns Inner Muse Hypnosis, where she offers Hypnotherapy and Past Life Regression.

Visit: [www.InnerMuseHypnosis.com](http://www.InnerMuseHypnosis.com)

12:00 PM

## Ask an Empath Open Forum

Angela Harding, RN, RMT, LC, ORDM

817-527-1409

Open forum interactive discussion where we focus on what YOU need as an empath integrating yourself into society. Spirit always attends along your side so expect mini-readings mixed along with your questions answered by an expert in integrating your empathic soul into everyday life! Angela is a Registered Nurse, Reiki Master Teacher, gifted Psychic Medium, Spiritual Intuitive-Healer, Ordained Minister & founder of Integrated Soul Nature & Wellness Retreat in Aubrey, TX, which offers Holistic Health & Nature Classes, Soul Sipping Soirées, & Meditation. Visit: [integrated-soul.com](http://integrated-soul.com)

12:30 PM

## Numerology: Seeing Life Through the Numbers

Eloy Machuca

347-687-5028

Join Eloy as he talks about the basics of Numerology and how you can change your perspective by paying attention to the spiritual properties of numbers. Each of us have individual numbers for each year depending on your birthdate. Come find out yours! Eloy has been practicing Numerology as well as various other methods of divination for the past decade. He is a Lenormand, Tarot & Charm reader, as well as a BARS Practitioner & Holy Fire Reiki Master. Find him and all he does at [www.thegreenmanstudios.com](http://www.thegreenmanstudios.com)

1:00 PM

## Synchronicity, Becoming One with the Universe

Anthony "Tony" M. Losito

702-759-2801

Tony will take you through his spiritual awakening and his new book. He will also discuss how coincidences are really spiritual synchronistic messages from our guides, angels, and the universe. Tony Losito is the author of the recently released book, "Woke, The Spiritual Awakening of a 9/11 Rescue & Recovery Worker". Tony's new book chronicles his awakening following an NDE, and the events of 9/11 where he served as a Rescue & Recovery Worker.

Visit: <https://www.woke911.org/>

1:30 PM

## Connect in Spirit™ Gathering

Darla Gray

469-290-2644

Intuitive Medium Darla Gray will facilitate a Connect in Spirit™ Gathering which will include: - Evidence of life after death and messages from loved ones in spirit - Questions & Answers on mediumship Darla is an intuitive medium and healing facilitator who connects with loved ones in spirit. She delivers details and messages to support the healing process. Darla offers readings, training, healing circles and development circles in person and online. Visit: <https://darlagray.com>

2:00 PM

## The Power of Connection in 2022

Joy Kauf

972-221-8080

Are you ready to connect and communicate with your angels and inner guidance? This is the year to be able to Manifest & receive clear guidance. Joy will share with you some practical tools to clear your energy and explore how to be more present to receive your messages. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing and is certified as an Advanced Theta Practitioner, as well as a Reiki Master Teacher. Visit: [www.galactichealing.org](http://www.galactichealing.org)

2:30 PM

## Numbers, Planets & Chakras

Dr. Ravi Ratan, DSc

646-546-6982

According to Numerology each number is associated with a particular planet, which in turn impacts our life and our Chakras. Each planet influences a certain Chakra and affects our life through that. Dr. Ratan explains how it works. Dr. Ravi Ratan, from India, is a clinical aromatherapist and Healer, author of "Handbook of Aromatherapy" & "Journey Through Chakras". He integrates Aromatherapy and Lymph Drainage with Chakras & Crystal Healing. Visit: [www.aromatanttra.com](http://www.aromatanttra.com)

3:00 PM

## Make Love to Your Life

Kaayla Daniel

940-386-1350

Let the Naughty Nutritionist® what your appetite for a life of vigor, gusto & gustatory delights. Laugh long and hard as you learn the value of passion, purpose, creativity, sensuality and, yes, fun for optimum health, high energy, and maximum longevity.

Dr Kaayla is the Naughty Nutritionist®, because she "tells the truth that's too hot to handle." She is the bestselling coauthor of NOURISHING BROTH and been featured at [mercola.com](http://mercola.com), on The Dr Oz Show and as a speaker at Paleo (fx) and other conferences. Website: [drkaayladaniel.mykajabi.com](http://drkaayladaniel.mykajabi.com)

3:30 PM

## Creating Space in an Imperfect World

Terri Groom

214-564-6349

Come join Terri Groom for an informative and engaging talk on hope and connection. Learn how to replace your day to day struggles with a stronger, more meaningful connection with the spirit world. Your guides are wanting to talk to you! Terri Groom is a Medium as well as a Medical Intuitive, Animal Communicator, Trance Healer and Life Coach. She utilizes clair senses as well as pure channeling. Terri is a published author under the pen name of A. Tacked and has been featured on Netflix. Email: [vitaperceptions@gmail.com](mailto:vitaperceptions@gmail.com)

4:00 PM

## Increase & Balance Your Energy

Thomas Nolan, III, Ph.D.

405-360-2250

Are you feeling tired and drained? Join Thomas in this uplifting talk to learn tools to regain your energy and become your best self. Dr. Nolan has a unique educational background including Theoretical Chemistry, Psychology, and forty-five years of studying a wide range of spiritual and metaphysical topics. Through these experiences, he developed a system, "The Path of the Holistic Warrior". Visit: <http://www.theholisticwarrior.com>

4:30 PM

## Frequency Healing

Diana Nicoletti

817-296-6086

Diana will discuss how frequency healing can be used to help the body heal itself. She will offer an example of a product that is doing just that. Diana's father was a famous bodybuilder, as well as a corrective therapist and teacher. She was therefore educated to be involved with health with a focus on organics and vitamins, as well as a desire to help others with their health issues.

5:00 PM-7:00 PM

## Embracing Your Empathic Self: Why do I feel Everything? - \$25

Joy Kauf - 972-221-8080

Join Joy for this workshop that will explore how to walk in this world and use your empath skills to connect with your angels and guides and read the energy around you. You will gain some tools you can use in your everyday life, and she will share with you her intuitive insights. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing and is certified as an Advanced Theta Practitioner, as well as a Reiki Master Teacher. Visit: [www.galactichealing.org](http://www.galactichealing.org)

# Sunday, May 15

11:30 AM

## Chakra Clearing & Cleansing

Samantha Gollakner  
samgollaknerive@gmail.com

Chakras are the energy centers in your body. They function best by staying open and being balanced. Samantha will do a cleansing of all major and minor chakras with divine energy for the entire audience. Samantha is a healer, psychic and medium. She is also an international, best selling author who writes Self-help/ Fantasy books.

1:30 PM

## Using Yoga in Your Everyday Life

Carson Ford  
940-202-9657

Many of us have joined a yoga class here or there, but have you ever considered yoga as a tool for navigating and adapting through your daily life? Carson will discuss the benefits of yoga, and guide you through a short chair yoga demo you can do anywhere. Carson Ford is the owner of Balance Yoga + Barre in Wichita Falls, TX. With over 13 years of experience teaching movement to all ages and backgrounds, Carson has a passion for teaching a safe and mindful practice aimed to quiet the mind and reduce suffering. Visit: [www.balancewv.com](http://www.balancewv.com)

3:30 PM

## Connect with Your Loved Ones in Spirit

RosaLee McIntosh  
832-603-1456

RosaLee will be doing open spontaneous readings for some members of the audience. She will be channeling information from Spirit and your loved ones that are on the other side. RosaLee has been doing her passion for 20+ years. She is always learning and growing through the Psychic readings, Medium, Intuitive Tarot cards, Reiki, Egyptian Healing, Clinical Hypnosis, and Past Life regressions that she does. She feels that each experience has been a blessing through doing what she loves.

12:00 PM

## Reiki and Hawaiian Healing

Deanna Baza  
817-495-6179

Join Deanna as she shares the benefits of energy sessions and demonstrates on some audience members their effectiveness in shifting perspective and aiding in the healing process. Coming from the small island of Guam, Deanna has found her main purpose in life to be that of serving humanity by using Hawaiian healing, Reiki and her intuitive abilities. She also utilizes her craft of creating scented candles that are made with the blessings and energy that her lineage brings with it. In addition, she is the co-owner of Sacred Journey, which is a Spiritual Teachings and Wellness Center. Visit: [www.sacredjourney111.com](http://www.sacredjourney111.com)

2:00 PM

## Biofeedback

Rilla Brock  
817-228-6914

Biofeedback is used to help manage physical and mental health. Rilla will discuss how it goes through 7000 parts of the body, cleans the Aura, opens the Chakras, removes Stress, Anxiety, Depression, Pain and so much more. Rilla was in the medical field, working with people and animals, for over 20 years, but she did not like the treatment being given. She loves that Biofeedback is non-invasive and finds that it better aligns with her calling to heal and being very spiritual. [rillabrock@gmail.com](mailto:rillabrock@gmail.com)

4:00 PM

## Understanding the Human Quantum Field

Erin Schrick  
817-781-7341

This is the most critical knowledge any human can have. Erin will summarize the most valid and truthful of all the sciences, the human energetic body, and explain how to interact with it. Erin has been in the field of education for over 22 years. She holds a B.S. with a major of physics, as well as an M.Ed in Educational Administration and an MA in Counseling. She is also a trained healer, who paid attention to her elders. Visit: <https://thenaturegypsy.com/>

12:30 PM

## Aromatherapy for the Body, Mind & Emotions

Becky Heaton  
972-965-0636

In this talk Becky will discuss how to avoid the domino effect that daily stress, pressure and anxiety causes in weakening the body, mind and emotions. She will offer tools that provide one way to help the body heal itself. Becky is a graduate of Trinity College of Natural Health with degrees as a Nutritional Consultant, Natural Health Professional, Traditional Naturopath, and Master Iridologist. Becky is also a Certified Aromatherapist, specializing in Clinical Aromatherapy, as well as the owner of Lavanda@Aromatherapy & Botanical Products. Visit: [www.ilavanda.com](http://www.ilavanda.com)

2:30 PM

## Vibrational Frequency Healing

Greg Good  
512-669-9670

It has been discovered that the cells of the body vibrate at various frequencies depending on their state of health. Greg Good, with Green Mantis Wellness, will be demonstrating healing frequency energy tools and nano crystal energy products, which help to balance your energy fields and chakras and promote better health. For the past 30 years, Greg Good has been involved in the metaphysical realm, quantum physics universe and all things holistic for the body. He is also a past life healing hypnosis therapist trained by Dolores Cannon since 2010. Visit: [GetVibranz.com/GregGood](http://GetVibranz.com/GregGood)

4:30 PM

## Removing Negativity with Shadow Healing

Stacey Bosley  
757-810-7376

During this enlightening open forum, Stacey will discuss what shadow work is, how to identify our own shadows, and demonstrate integrating them into your life so you can move forward. Join Stacey and take a deeper look into who you really are. Stacey Bosley, is a Shadow Walker, psychic and channel. Her passion is to assist others with their healing journey through shadow work, removing negativity, and moving forward on a more peaceful, positive life path. Visit: [www.staceysees.com](http://www.staceysees.com)

1:00 PM

## Energy Healing & Medicine

Dr. Jennifer Laing, MD  
903-891-0949

Who and what amplifies your current, fills your current and zaps you? In this talk Dr. Laing will discuss how we are affected by the energy of the people and things around us and how this manifests in our body. She will offer tips on how to optimize our health. Dr. Jennifer Laing, MD, Board Certified Family Physician, Usui & Karuna Reiki Master, integrates complementary medicine on a daily basis into her practice. Visit: [www.schoolofmysticalawakening.com](http://www.schoolofmysticalawakening.com)

3:00 PM

## The Difference Between Thoughts & Intuition

Marlenn Tamez  
682-557-7214

Marlenn will discuss how we need to stop being comfortable with our inner voice as our thoughts and intuition are not the same thing. She will provide tools that we can use to have a loving, abundant life. Marlenn is a spiritual life coach and Energy Facilitator. She helps women achieve true freedom, by helping them face their emotions and shadow self in order to create their best life.

5:00 PM-7:00 PM

## The Nitty Gritty Guide Work - \$25

Terri Groom - 214-564-6349

Come join Terri in this fun-filled session as we roll up our sleeves and meet our guides. This class is designed, through a series of exercises, to help you obtain a better awareness of who your guides are. We all can have a working relationship with our guides. This class prepares you with simple ways to have a deeper relationship with your helpers on the other side. Terri Groom is a Medium, Medical Intuitive, Trance Healer & Life Coach. She utilizes clair senses as well as pure channeling. Terri is a published author under the pen name of A. Tacked and has been featured on Netflix. Email: [vitaperceptions@gmail.com](mailto:vitaperceptions@gmail.com)

# Exhibitors

## Aromatantra

Dr. Ravi Ratan, DSc

..... 646-546-6982  
Aromatherapy for Skin, Hair, Chakra  
Wands, Jewelry.  
[www.aromatantra.com](http://www.aromatantra.com)

## Author, "Woke, The Spiritual Awakening of a 9/11 Rescue & Recovery Worker"

..... Anthony "Tony" M. Losito  
..... 702-759-2801  
Book Signing & Spiritual Jewelry.  
[www.Woke911.org](http://www.Woke911.org)

## Balance Yoga & Barre

Carson Ford

..... 940-202-9657  
Yoga, Barre, and Pilates classes for all.  
[www.balancewf.com](http://www.balancewf.com)

## Bio-Energetic Jewelry LLC

Claudia Diltz, Robert  
Denham

..... 620-481-0209  
Beautiful jewelry. Superior EMF protection.  
[www.bio-energeticjewelry.com](http://www.bio-energeticjewelry.com)

## Book Life

Samantha Gollakner

[samgollaknerlive@gmail.com](mailto:samgollaknerlive@gmail.com)  
Healing/ Psychic/ Medium; Author of Self-  
Help Series.

## Clairvoyant Medium & Inner Child Counselor

Carolyn P. Little

..... 469-867-0676  
Clairvoyant Medium and Inner Child  
Counselor.

## Clinton's Herbs

Clinton Peirce

..... 620-899-1785  
Medical Intuitive, Spirit Healing, Team  
Healing

## Darla Gray, LLC

Darla Gray

..... 469-290-2644  
Intuitive Medium & Healing Facilitator.  
<https://darlagray.com>

## Deelicious Scrubs and More®, LLC

Dee Jackson

..... 817-863-6509  
Holistic & vegan home, bath, body  
products.  
<https://deeliciousscrubs.com>

## Drops of Hope

Mary Cantrell

..... 940-781-0736  
CBD products.  
[maryaliece.surpriseparties.com](http://maryaliece.surpriseparties.com)

## Energy Healer & Medical Intuitive

Donna Howell

..... 432-295-0170  
Angel cards and Runes.  
[www.DonnaHealer.com](http://www.DonnaHealer.com)

## Forgotten Aye Mine

Robert Kuhn

..... 501-359-0670  
Quartz Crystal Mining and Distribution

## FunctionalQi

Kate Kampa

..... 763-309-7439  
Sommelier-crafted functional wellness teas.  
[www.functionalqi.com](http://www.functionalqi.com)

## Good Wellness USA

Greg Good

..... 512-669-9670  
Crystal Energy (-ion) Products.  
[Getvibranz.com/GregGood](http://Getvibranz.com/GregGood)

## Healing Harmonics

Kerrin Kuntzman

..... 214-566-2604  
Resonant sound and light healing chamber.  
<https://harmoniceggdallas.com>

## Humana

Agent: Jason Williams

..... 972-839-4449  
Insurance - Medicare, PDP,  
Dental & Vision.  
[humana.com](http://humana.com)

## Inner Muse Hypnosis

Lisa Chalmers

..... 972-998-7491  
Hypnotherapy & Past Life Regression  
Healing.  
[www.InnerMuseHypnosis.com](http://www.InnerMuseHypnosis.com)

## Intuitive Advisor

Stacey Bosley

..... 757-810-7376  
Psychic Readings, Amaurotic Soul  
Drawings & Channel.  
[www.StaceySees.com](http://www.StaceySees.com)

## Intuitive Reader

Pavi Selene

..... 254-559-2650  
Oracle & Tarot Cards.  
[Pavonine.Selene@gmail.com](mailto:Pavonine.Selene@gmail.com)

## Intuitive Tarot Readings/ Visual- Voice Art

Ren Adams

..... 214-475-6207  
[tbadams217@gmail.com](mailto:tbadams217@gmail.com)

## It's About Health

Venita Curry

..... 832-537-2698  
Specialists in Health and Wellness.  
[itsabouthealth.biz](http://itsabouthealth.biz)

**Jar Light**  
Robyn Slagle

..... 214-893-5639  
Ancient Energy Arts, Curanderos  
Healing & Courses.  
[www.jarlight.com](http://www.jarlight.com)

**Miracles of Joy  
Metaphysical  
Store and Center**

Joy Kauf  
..... 972-221-8080  
Aura Photos & more!  
[www.miraclesofjoy.org](http://www.miraclesofjoy.org)

**Readings & Healings**

Joel Cecala  
..... 469-841-4414  
Intuitive Guidance; Reiki Master Teacher.  
[informationintuitive.com](http://informationintuitive.com)

**Kerrin Kuntzman**

..... 214-566-2604  
I am a Certified Emotion Code Practitioner.  
<https://harmoniceggdallas.com>.

**Nationally  
Renowned Psychic**

Kathy Minier  
..... 972-406-0080  
Entertainment, groups, parties, & personal  
readings.

**Ree-Leaf Scan**

Renee Angela Jones  
..... 801-979-9124  
Bio Energetic Wellness Scan. [https://  
practitioners.neshealth.com/pr/reneejones](https://practitioners.neshealth.com/pr/reneejones)

**Kindred Luna**

Marlenn Tamez  
..... 682-557-7214  
Energy Facilitator and online courses.  
[KindredLuna.com](http://KindredLuna.com)

**New Spiritual Horizons**

Ruth McKee  
..... 580-235-6236  
Helping to clarify your life purpose.  
[newspiritualhorizons.com](http://newspiritualhorizons.com)

**Reliant Energy**

Shekeira Gillis  
..... 214-552-6380  
electricity provider.  
<https://www.reliant.com>

**Lavanda  
Aromatherapy and  
Botanical Products**

Becky Heaton  
..... 972-965-0636  
All natural aromatherapy products.  
[www.iLavanda.com](http://www.iLavanda.com)

**No Limit LOCS**

Sakina George  
..... 469-767-6427  
Hair & Body Products.  
[www.nolimitlocs.com](http://www.nolimitlocs.com)

**Rude Girl Treats**

Ande McNamara  
..... 214-695-9971  
CBD + D8 Chocolates.  
[rudegirltreats.com](http://rudegirltreats.com)

**Le-Vel Thrive  
Premium Nutrition**

Tammi Blanscet  
..... 239-560-7448  
Premium Grade Nutrition. [https://  
fitfun.thrive60.com/](https://fitfun.thrive60.com/)

**OKAS Designs**

Kristin Quintanilla  
..... 512-787-6969  
Copper Jewelry, Crowns, Pendulums,  
Crystals.  
[www.OKASDesigns.com](http://www.OKASDesigns.com)

**Sacred Journey  
Experience LLC**

Deanna Baza  
..... 817-495-6179  
Metaphysical products and services.  
[sacredjourney111.com](http://sacredjourney111.com)

**Light Language  
Activations &  
Trance Healings**

with Deborah Renée  
..... 214-850-0500  
Light Language Channel, Intuitive Energy  
Alchemist & Psychic Medium.  
[HighestBlessings.com](http://HighestBlessings.com)

**Radiant Arts &  
Handicrafts**

Ashok Shrestha  
..... 817-500-8593  
Arts and Handicrafts.

**Spiritual Artist &  
Mentor**

KA Horne  
..... 214-649-5967  
Channelled sessions w/ art & spiritual  
life coaching.  
[www.kahome.com](http://www.kahome.com)

**Millennium Products**

Warren Hazan  
..... 904-444-2345  
5G Protection and Wellness.  
[www.millennium-products.com](http://www.millennium-products.com)

**Readings & Healings**

Eloy Machuca  
..... 347-687-5028  
Tarot, Lenormand and Kipper  
Card Readings.

**The GreenMan  
Studios**

Arthur Graye  
..... 214-708-0944 cell  
One stop spiritual shop.  
[www.thegreenmanstudios.com](http://www.thegreenmanstudios.com)

# Exhibitors (continued)

## **The Healing Charm**

Shari Davis

.....214-793-3531

Essential oil Diffuser jewelry.  
[www.thehealingcharm.com](http://www.thehealingcharm.com)

## **Total Performance**

Rilla Brock

.....817 228 6914

Biofeedback Practitioner- Human/Equine.  
[rillabrock@gmail.com](mailto:rillabrock@gmail.com)

## **Withershins Menagerie**

Amy and Madison

.....940-432-1252

Your One Stop Witchy Shop.  
[www.withershinsmenagerie.com](http://www.withershinsmenagerie.com)

## **The Highest Path**

Alex Haynes-Quintero

.....469-992-8352

ζώ Energy Healing - Spirit, Heart,  
Mind & Body.  
[thehighestpath.org](http://thehighestpath.org)

## **Traveling Light**

RosaLee McIntosh

.....832-603-1456

Psychic, tarot cards, Palmistry,  
Past life readings.

## **Zintex Remodeling**

Calina Tice

.....888-760-5975

Bathroom Remodeling.  
[www.zintex.com](http://www.zintex.com)

## **The Highest Path**

Elise Adam

.....972-876-6236

Divine Channel, Psychic Readings &  
Spiritual Coaching.  
[thehighestpath.org](http://thehighestpath.org)

## **UnitedHealthcare**

Lance Jones

.....713-249-1641

Medicare program.  
[www.uhc.com](http://www.uhc.com)

## **The Holistic Warrior**

Thomas Nolan, III, Ph.D.

.....405 360-2250

Readings, Energy Balancing, Dream  
Interpretation

## **Vita Perceptions**

Terri Groom

.....214-564-6349

Life Coaching from the Other Side.  
[vitaperceptions@gmail.com](mailto:vita perceptions@gmail.com)

## **The Nature Gypsy**

Erin Schrick

.....817-781-7341

Celtic Shamanic Wellness and  
Healings/Readings.  
[www.thenaturegypsy.com](http://www.thenaturegypsy.com)

# Literature Table

## Author, "Woke, The Spiritual Awakening of a 9/11 Rescue & Recovery Worker"

Anthony "Tony" M. Losito  
.....702-759-2801  
Book Signing & Spiritual Jewelry.  
[www.Woke911.org](http://www.Woke911.org)

## Balance Yoga & Barre

Carson Ford  
.....940-202-9657  
Yoga, Barre, and Pilates classes for all.  
[www.balancewf.com](http://www.balancewf.com)

## FunctionalQi

Kate Kampa  
.....763-309-7439  
Sommelier-crafted functional wellness teas.  
[www.functionalqi.com](http://www.functionalqi.com)

## Inner Muse Hypnosis

Lisa Chalmers  
.....972-998-7491  
Hypnotherapy & Past Life Regression  
Healing.  
[www.InnerMuseHypnosis.com](http://www.InnerMuseHypnosis.com)

## Jennifer Farmer

Jennifer Farmer  
..... info@jenniferfarmer.com  
Author, psychic medium, spiritual teacher.  
[www.jenniferfarmer.com](http://www.jenniferfarmer.com)

## Miracles of Joy Metaphysical Store and Center

Joy Kauf  
.....972-221-8080  
Aura Photos & more!  
[www.miraclesofjoy.org](http://www.miraclesofjoy.org)

## Readings & Healings

Joel Cecala  
.....469-841-4414  
Intuitive Guidance; Reiki Master Teacher.  
[informationintuitive.com](http://informationintuitive.com)

## Soul Journey Classes

Robyn Slagle  
.....214-893-5639  
Become unstuck from things that  
de-vitalize you.  
[www.jarlight.com](http://www.jarlight.com)

## The Consciously Curious

Peggy Sue Skipper  
.....832-628-5396  
Hand Analyst & Author.  
[www.LoveAndKindnessWorld.com](http://www.LoveAndKindnessWorld.com)

## UnitedHealthcare

Lance Jones  
.....713-249-1641  
Medicare program.  
[www.uhc.com](http://www.uhc.com)

# WELLNESS EXPO®

MARK YOUR CALENDAR

**Grapevine, TX: July 23-24, 2022**  
Grapevine Convention Center

**Conroe (Houston): Sept. 3-4, 2022**  
Lone Star Convention & Expo Center

**Waxahachie, TX: October 8-9, 2022**  
Waxahachie Civic Center