

Wellness Expo[®]

PROGRAM GUIDE

Saturday & Sunday, October 17-18, 2015, 11am - 6pm



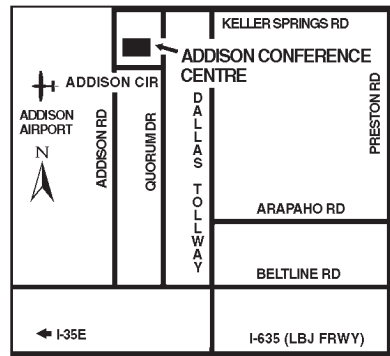
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Addison Conference Centre
15650 Addison Road • Addison, Texas

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972-925-9393

WellnessExpo.net

Saturday

11:30 am

Opening Ceremony: Healing with Sound

Nancy Byers
214-883-3545

Nancy will demonstrate the Language of Light, which is a vibrational healing technique. After experiencing the Language of Light, many report feeling more empowered, having a sense of remembering the essence of who they really are, and experiencing a sense of physical well-being. Over the last 20 years, Nancy has developed an ability to express this language. She has helped hundreds of people all over the world with her gift.

12:00 pm

Spiritual Insights

Psychic Jennifer Hall
214-663-4677

The Universe utilizes Jennifer Hall to relay the most important and essential messages for an individual's achievement of Highest Good. In this forum, Jennifer will share the information in whatever form it is received- as messages from past loved ones, insight into misuse of personal energy, teachings about Universal Truths, etc. Jennifer Hall is a psychic, clairvoyant, medium, empath, and channel. She is a spiritual counselor and healer, life coach and advisor.

12:30 pm

Functional Neurology: Tools of the Trade

Dr. Dan Sullins, DC, DACNB
214-227-7300

Dr. Sullins, DACNB will be presenting on the how and the why of functional neurology. Tools used and some treatment methods will be briefly presented in relation to specific cases, as well as some trending neurological conditions that are being seen and what to do about them. Dr. Sullins is one of less than 20 doctors in Dallas that is board-certified in functional neurology and accredited through the DACNB along with other doctors across the world who are specialized and well-versed in the effective treatment of functional neurology. Testimonies are at: www.BrainBasedTX.com

1:00 pm

Strong Bones at any Age

Dr. Aldo D'Aversa, DC, Dipl. OM
972-233-2929

Attendees will learn how: Certain foods can cause inflammation, but can also interfere with bone health; Some common lifestyle activities can pull minerals from the bone at an alarming rate; and Bone health is not just about calcium. Dr. Aldo D'Aversa is physician trained as a chiropractor and a Chinese medicine doctor. This unique education has allowed him to integrate the Western medical diagnosis with the Chinese medicine pattern diagnosis, allowing for a clearer understanding of disease and health.

1:30 pm

Babies' Feeding Issues: Misdiagnosed Lip & Tongue Ties?

Frankie Burget, OTR/LC, LMT/MI, BCIM,
CNDT, FACW
817-571-8135

Frankie will discuss the misdiagnosed lip & tongue ties that every baby who can't feed seems to be diagnosed with these days. She will also explain what she feels is really going on, as well as the success she has had working with babies with feeding issues. Frankie Burget is a licensed and National Board Certified Occupational Therapist and Mastery Level Senior Instructor and Coordinator with Myofascial Release Centers and owner of Windsong Therapy and Wellness, Inc. in Bedford, TX.

2:00 pm

We are Channels Every Day, Come Explore Who You are Being

Joy Kauf
972-221-8080

Joy will share with you some insights of the new higher frequencies of our planet. Come explore and gain some practical tools to help feel more grounded and centered. Bring Your Questions. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing and is certified as an Advanced Theta Practitioner, as well as a Reiki Master Teacher. Visit: www.galactichealing.org

2:30 pm

Spirit Speaks

Dr. Gary Berman, DC, NMD
972-404-8650

Every wonder what your higher self wants you to know or is trying to tell you? Please join Dr. Gary Berman, a renowned psychic and medical intuitive, for your opportunity to hear what your inner voice has to say. Dr. Gary Berman, PhD, NMD, DC is the founder of the InnerRx Institute in Dallas, a chiropractic, wellness and education center dedicated to the teaching and practice of achieving wellness on all levels. Dr. Berman's formal training as a physicist and research engineer has helped develop a unique and highly effective approach to wellness.

3:00 pm

Light and Ozone Therapy in the Treatment of Lyme Disease

Dr. Constantine A. Kotsanis
817-481-6342

Listen as Dr. Constantine A. Kotsanis discusses a new treatment designed to deactivate pathogens, enhance ATP synthesis, support red blood cells, and improve oxygen delivery, all through an innovative multi-wavelength light and nutritional IV infusions. Dr. Kotsanis has practiced in the DFV Metroplex since 1983. Originally trained and board certified as an otolaryngologist head and neck surgeon, he has practiced complementary and integrative medicine since the 1990's. With credentials in nutrition, he has also been trained in medical acupuncture, homeopathy and botanical medicine.

3:30 pm

Living with Transition: Using Feng Shui to Ease the Chaos

Beverly Biehl
214-679-3498

Beverly will share some tips and techniques, as well as a few "cures" on how Feng Shui principles can help lessen the burden when you find yourself in a temporary housing situation for a few months or so. Beverly Biehl has been a BTB Feng Shui consultant since 2004, and is the local leader/trainer for the Institute for Subtle Energy Education. She provides healing and balancing for home and office spaces, and assists her clients with mental and emotional breakthroughs through her Intuitive Coaching practice, blending the two into a seamless, holistic approach to achieving the most out of life!

4:00 pm

Angels, Angels, Everywhere!!

Linda West, MA, CATP,
Metaphysician
928-367-2040

Each of us has guardian angels and an entourage to help us reach our heart's desires. Join Linda as she describes the simple way to communicate and hear the guidance of your Angels. Linda West, MA, Psychic Medium, Author, Speaker, holds a Masters Degree in Metaphysics and is an Angel Communicator. She is the author of the acclaimed book, "8 Keys: A Special Delivery Message from the Angels" and is the Radio Show Host of Empowered Life with Linda West, Thursdays, 11am PST on BlogTalk Radio. She is Co-CEO of Love My Youth, Inc., which is a line of youthing products. Visit: Lindawest-medium.com

4:30 pm

Connect with Your Spirit Guides

JoAnne Christine Helmer
214-477-7292

Each of us has spirit guides assisting in our earthly mission. In this talk, you will learn effective techniques to connect with these helpful beings of light to receive their loving guidance, wisdom and healing. "Mavi" is a Spiritual Teacher and Master Healer known for her advanced energy healings and Psychic Readings. She facilitates healing, transformation, and personal empowerment. JoAnne has been featured in the Dallas Morning News and on TV.

5:00 pm

Intuitive Gallery

Cheryl Andrea & Morrighan Lynne
469-767-2727/208-995-0151

Cheryl and Morrighan will offer an intuitive gallery. Guided by spirit, they will share channelled messages for audience members. Cheryl is a Clairvoyant in private practice and owner of the Dallas Psychic Fair. Visit: www.cherylandrea.com and www.dallaspsychicfair.com for details. Morrighan Lynne is a Paranormal Investigator and Clairvoyant/Emphat. Visit: www.embracewithin.com for details.

11:30 am

Astrology & You: Good News for All Signs

Cynthia Novak
817-261-2984

Cynthia Novak did her first chart in 1975. She brings to you her decades of experience to share a quick planetary forecast for Fall of 2015. Know your Western Sign...she'll also have a bit of good news for each of you. Cynthia Novak combines over twenty years of astrological and spiritual study to bring you practical, heart-centered information. Visit her at: www.cynthianovak.com

12:00 pm

The Gathering of Angels

Carol Lee
817-879-7320

In this fun-filled, interactive presentation Carol will gently guide you to invoke and connect with Your Guardian Angel. Sharing information about your God Team assigned to you in this migration and the importance of asking for proper assistance in your daily life, business or to empower the effectiveness of your healing practice. LM Carol Lee, Quantum Touch® Level 1 & 2 Instructor and Instructor Mentor, Certified Angel Therapist® integrates all her skills as a Spiritual Consultant, Educator and Certified Practitioner of 10+ energy-based modalities in her daily life and private practice. Sessions: Local, distant, and phone. Ospirit@sbcglobal.net

12:30 pm

Interactive Demonstration of the Acutonics Healing System

Berena Wise
214-385-1784

Experience the healing effects of Acutonics in this interactive demonstration of this energy-based, non-invasive treatment that is similar to acupuncture. Precision calibrated tuning forks are applied to specific acupuncture points to access the body's Meridian and Chakra energy systems to open, clear and balance the body, mind and spirit. Berena has been a practicing Energy Healer for over ten years. She is an Acutonics Practitioner, Reiki Master/Trainer, Color Puncture Practitioner, Family B.E.S.T. C.O.R.E. Facilitator, Energy Movement Facilitator, Heart 2 Heart Healing, Crystal Therapy, Psych-K Facilitator, and Spiritual Counselor, who offers her services at Lightworkers' Sanctuary in The Colony, TX.

1:00 pm

Homeopathic Genetic Testing & Treatment

Dr. James Blum, BS, DC, ND, CCN, Dipl.Ac.
972-231-4128

Find out why Homeopathic Genetic Testing and Genetic Treatment need to be performed to allow your body's physiology and biochemistry to function properly and thoroughly. Dr. James R. Blum, B.S., D.C., N.D., C.C.N., C.C.A.C., F.I.I.C.A., Dipl.Ac. holds a Bachelor of Anatomy, and is a Doctor of Chiropractic, Naturopath Doctor, Certified Clinical Nutritionist and Diplomate of Acupuncture. He is the owner of Natural Care Chiropractic & Acupuncture, where his focus is on your health and well-being.

1:30 pm

How to Feel Spooktacular!

Dr. Jennifer Laing, MD
903-821-4001

Drawing upon her multidisciplinary training, Dr. Jennifer Laing brings together a mind, body, spirit concoction to assist you in feeling great! Dr. Jennifer Laing, MD, Board Certified Family Physician, Usui & Karuna Reiki Master, integrates complementary medicine on a daily basis into her practice. Visit www.schoolofmysticalawakening.com

2:00 pm

Ask the Medical Intuitive

Clinton Peirce
620-899-1785

Can you be treated holistically using homeopathic remedies? Clinton will answer this question. He will also take questions from the audience and demonstrate a medical intuitive energy reading. Clinton is the formulator of over 60 Homeopathic Remedies. He has 25 years of experience working with the gift of a medical intuitive, plant whisperer and belief in how the body has the ability to heal using prairie medicine.

2:30 pm

Those Aches & Pains May be Heart-Related

Dr. Lewis Cone, DC
972-880-8541

In this talk Dr. Cone will discuss the common symptoms of heart stress and how to treat them before it becomes a heart attack. Dr. Cone is a Chiropractor and Nutritionist. His practice primarily focuses on nutrition, ranging from colds to autoimmune disease.

3:00 pm

Discover Your Dosha Type

Douchka Lecot
469-655-9262

Find out your Dosha type and how it can help you manage your wellbeing. Douchka is a 200-hour Yoga Alliance experienced registered yoga teacher and an Ayurvedic Yoga Specialist with over 10 years experience in yoga science. She's committed to her true mission of sharing her experiential and universal yoga and tools with others and with this in mind, in 2011, she co-founded Yana Shala, a community-based platform providing education and resources through workshops, seminars, lectures, trainings and retreats for self-development and personal growth.

3:30 pm

Intuitive Strategies for Life

Robert Caruso
469-546-8017

Robert believes that developing the intuition that is within everyone can enhance and even save lives. In his 27+ years as a professional psychic, Robert Caruso is well-known to people all over the world and from all walks of life for his accurate psychic readings.

4:00 pm

How to Live at the Highest Levels of Health

Jane Baldwin
214-435-8372

Learn how to live at the highest levels of health using Ayurvedic wisdom translated into five easy to remember pillars of health. Each one of the pillars connects to one of the five elements of nature and connecting with them can show you what pulls you out of balance in your everyday life and what can bring you back into balance. Jane combines personal experience with the wisdom of many ancient healing traditions to guide clients to adapt in positive and transformative ways. Her first book, "Widow Womb: How Cancer of the Cervix Cured My Fear of Love and Motherhood" will be published in 2016.

4:30 pm

Spiritual Physics: Multidimensional Healing

Neil
972-221-8080

Come join Neil for a journey into the spirit world. With direction from Spirit, he will work with attendees to identify any energy issues, and to heal and release them. Neil is a gifted Psychic Medium, Reiki Master, Advanced Theta Practitioner and Galactic III Practitioner. Visit him at: www.marshallneil.com

5:00 pm - 7:00 pm

One with Spirit Gallery- \$20

Joy & Neil
972-221-8080

Join Neil and Joy and experience their connection with spirit. A gallery is where messages are given to individuals in the audience. They will offer intuitive readings from Angels, Ascended Masters, Guides, ET contact and Loved Ones from the Spirit World. Come and receive channeled messages and see what guidance Spirit has for you. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing and is certified as an Advanced Theta Practitioner, as well as a Reiki Master Teacher. Visit: www.galactichealing.org Neil is a gifted Psychic Medium, Reiki Master, Advanced Theta Practitioner and Galactic III Practitioner. Visit him at: www.marshallneil.com

All presentations take place in the Stone Cottage, across from the Conference Centre.

Exhibitors

Alex Sosa

..... 972-221-8080
Tarot Readings

Angel Readings & Art

Kathy Tulley 214-789-1613
Earth Angels Intuitive Readings,
facebook.com/artbykt

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Charlotte & Michael Lin
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Psychic Medium, Author & Radio Host. www.
lindawest-medium.com

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Tony Cecala 972-824-8044
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..... 469-867-0676
Clairvoyant Medium, Inner Child Counselor

Catherine Cates

..... 972-977-6221
Psychic Intuitive Counselor

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www.CynthiaRShaw.com

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SlimN30

Did You Know?

Something as simple and ordinary as cleaning your clothes in a washing machine can have serious repercussions. The chemicals used in these cleaning agents are hardly user-friendly. In fact, many of them contain cancer-causing chemicals, as well as other harmful toxins. In addition, the average laundry room dumps 100 pounds of chemicals in our water table per year!

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- No fabric softener needed
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