WELLNESS EXPO

PROGRAM GUIDE

Saturday & Sunday, April 16-17, 2016, 11am - 6pm



hear 24 wellness talks

experience hands-on demos & sessions

shop, dine, mingle, learn, play

enjoy massage, reflexology, & energy healing



Addison Conference Centre 15650 Addison Road • Addison, Texas

> 972-925-9393 WellnessExpo.net

Saturday

11:30 am

Opening Ceremony: Healing with Sound

Nancy Byers 214-883-3545

Nancy will demonstrate the Language of Light, which is a vibrational healing technique. After experiencing the Language of Light, many report feeling more empowered, having a sense of remembering the essence of who they really are, and experiencing a sense of physical well-being. Over the last 20 years, Nancy has developed an ability to express this language. She has helped hundreds of people all over the world with her gift.

12:00 pm Spiritual Insights

Psychic Jennifer Hall 214-663-4677

The Universe utilizes Jennifer Hall to relay the most important and essential messages for an individual's achievement of Highest Good. In this forum, Jennifer will share the information in whatever form it is received- as messages from past loved ones, insight into misuse of personal energy, teachings about Universal Truths, etc. Jennifer Hall is a psychic, clairvoyant, medium, empath, and channel. She is a spiritual counselor and healer, life coach and advisor.

12:30 pm Discovering Wellness from Within

Deanna Naylor 469-484-7500

Deanna will discuss how we can get & stay healthy from the Inside Out. She will encourage us to dive inward to identify driving behaviors & beliefs that keep us stuck in unhealthy choices and then she will equip us with tools that start to shift those patterns. Deanna Naylor is President and Co-founder of Young Health Products, the founder of BodyBright University, and the host of "Your Extraordinary Life" on TVN. Deannas' purpose is to empower and equip those with a desire to live out extraordinary lives.

1:00 pm Hormones and Stress

Dr. Aldo D'Aversa, DC, Dip. O.M., C.C.E.P. 972-233-2929

Attendees will learn how: body fat, sugar and chemicals can disrupt hormone balance, Minerals can keep the mind and nerves at ease, and Herbals can maintain and energize the body. Dr. Aldo D'Aversa is a physician trained as a chiropractor and a Chinese medicine doctor. This unique education has allowed him to integrate the Western medical diagnosis with the Chinese medicine pattern diagnosis allowing for a clearer understanding of disease and health.

1:30 pm

A Holistic Approach to Pain Relief

Frankie Burget, OTR/LC, LMT/MI, BCIM, CNDT, FACW 817-571-8135

Most pain goes unresolved because the source of the pain is rarely where the pain is being felt. Fascial Integrative Therapy looks at the whole body to address the source of the pain to achieve permanent resolution. Frankie Burget is a licensed and National Board Certified Occupational Therapist and Mastery Level Senior Instructor and Coordinator with Myofascial Release Centers and owner of Windsong Therapy and Wellness, Inc. in Bedford, TX

2:00 pm

We are Channels Every Day, Come Explore Who You are Being

Joy Kauf 972-221-8080

Joy will share with you some insights of the new higher frequencies of our planet. Come explore and gain some practical tools to help feel more grounded and centered. Bring Your Questions. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing and is certified as an Advanced Theta Practitioner, as well as a Reliki Master Teacher. Visit: www.galactichealing.org

2:30 pm Spirit Speaks

Dr. Gary Berman, DC, NMD 972-404-8650

Every wonder what your higher self wants you to know or is trying to tell you? Please join Dr. Gary Berman, a renowned psychic and medical intuitive, for your opportunity to hear what your inner voice has to say. Dr. Gary Berman, PhD, NMD, DC is the founder of the InnerRx Institute in Dallas, a chiropractic, wellness and education center dedicated to the teaching and practice of achieving wellness on all levels. Dr. Berman's formal training as a physicist and research engineer has helped develop a unique and highly effective approach to wellness.

3:00 pm Healing the Impossible Richard Fix, MDS, CNHP 817-487-3696

Learn how electrophysiology can help with health challenges, such as back pain, scar tissue, tendonitis, carpal tunnel, migraines and bruises/hematomas. A Medical Device Specialist with an electronics background and Certified Natural Health Practitioner, Richard is known for helping where the allopathic world has told the patient, "There is nothing anyone can do."

3:30 pm Past Lives, Dreams, & Soul Travel

Eckankar 972-820-0530

This mini-workshop will prepare you to find your true purpose, to find greater love than you've ever known, and to find spiritual freedom. Eckankar, Religion of the Light and Sound of God, teaches that each of us is Soul, a spark of God sent to the world to gain spiritual experience. Eckankar teaches simple spiritual experience to experience the Light and Sound of God.

4:00 pm Angels, Angels, Everywhere!!

Linda West, MA, CATP, Metaphysician 928-367-2040

Each of us has guardian angels and an entourage to help us reach our heart's desires. Join Linda as she describes the simple way to communicate and hear the guidance of your Angels. Linda West, MA, Psychic Medium, Author, Speaker, holds a Masters Degree in Metaphysics and is an Angel Communicator. She is the author of the acclaimed book, "8 Keys: A Special Delivery Message from the Angels" and is the Radio Show Host of Empowered Life with Linda West, Thursdays, 11am PST on BlogTalk Radio. She is Co-CEO of Love My Youth, Inc., which is a line of youthing products. Visit: Lindawest-medium.com

4:30 pm I NeverThought I'd End Up Like This!

LaRue Eppler 214-202-7995

Not in your rightful place? Learn the top 3 things you must know to live your heart's desire! LaRue Eppler is the developed of Evolutionary Kinesiology, an international course leader and speaker, popular radio guest, transformational facilitator and co-author of, "Your Essential Whisper: Six Distinct Ways to Recognize, Trust, and Follow Inner Guidance with Absolute Certainty". LaRue helps people from around the globe make over their lives from the inside out.

5:00 pm Intuitive Gallery Morighan Lynne 208-995-0151

Morrighan will offer an intuitive gallery. Guided by spirit, she will share channelled messages for audience members. Morrighan Lynne is a Paranormal Investigator and Clairvoyant/Empath. Visit: www.embracewithin.com for details.

11:30 am

Astrology & You: Good News for All Signs

Cynthia Novak 817-261-2984

Cynthia Novak did her first chart in 1975. She brings to you her decades of experience to share a quick planetary forecast for Spring of 2016. Know your Western Sign...she'll also have a bit of good news for each of you. Cynthia Novak combines over twenty years of astrological and spiritual study to bring you practical, heart-centered information. Visit her at: www.cynthianovak.com

12:00 pm The Gathering of Angels Carol Lee 817-879-7320

In this fun-filled, interactive presentation Carol will gently guide you to invoke and connect with Your Guardian Angel. Sharing information about your God Team assigned to you in this migration and the importance of asking for proper assistance in your daily life, business or to empower the effectiveness of your healing practice. LM Carol Lee, Quantum Touch® Level 1 & 2 lnstructor and Instructor Mentor, Certified Angel Therapist® integrates all her skills as a Spiritual Consultant, Educator and Certified Practitioner of 10+ energy-based modalities in her daily life and private practice. Sessions: Local, distant, and phone Ospirit@sbcglobal.net

12:30 pm Create the Reality You Prefer Tony Cecala

972-824-8044

In this talk you will learn how attention creates reality. You will be introduced to three techniques for managing your own attention. You will also experience a simple exercise to quiet your mind, which is the first step to inner peace. The Avatar® course provides the tools to manage your beliefs, your attention, and thus, your reality. Tony has been a licensed Avatar Master since June 1991.

Visit: tony.io

1:00 pm Acutonics: Healing with the Music of the Spheres

Mary Burke-Kelly 817-918-3939

Learn and feel how tuning forks with planetary tones can balance mind, body and emotions back to health through use on acupuncture points and chakras. Mary Burke-Kelly is currently the only Certified Acutonics Practitioner and Facial Soundscapes Practitioner in Texas. She is a Certified Acutonics Instructor, Senior Faculty and offers CEU/PDA classes for massage therapists, acupuncturists, and laymen. Her practice is called Dallas/Fort Worth Acutonics. Visit: www.dfwacutonics.com

1:30 pm

What is Health & How Do We Get There?

Dr. Jennifer Laing, MD 903-821-4001

Drawing upon her multidisciplinary training, Dr. Jennifer Laing brings together a mind, body, spirit concoction to assist you in feeling great! Dr. Jennifer Laing, MD, Board Certified Family Physician, Usui & Karuna Reiki Master, integrates complementary medicine on a daily basis into her practice. Visit www.schoolofmysticalawakening.com

2:00 pm

Whole Body Thermography for Whole Body Health

Sharon Krahn, ND 214-352-7546

Do you know your health risks? Find out about this amazing technology that provides true "early detection" for many types of health issues, including heart disease, diabetes, cancer, autoimmune, and more. Sharon Krahn, ND, graduated from Clayton College of Natural Health in 2005. She founded K6 Wellness Center in 2006 and has since helped thousands of people improve their health naturally. Sharon is an internationally recognized speaker and teacher in the field of Naturopathy. Visit: k6wellness.com

2:30 pm Ask the Medical Intuitive Clinton Peirce

620-899-1785

Can you be treated holistically using homeopathic remedies? Clinton will answer this question. He will also take questions from the audience and demonstrate a medical intuitive energy reading. Clinton is the formulator of over 60 Homeopathic Remedies. He has 25 years of experience working with the gift of a medical intuitive, plant whisperer and belief in how the body has the ability to heal using prairie medicine.

View from the Other Side John Cappello 888-440-7130

Join John Cappello, Psychic Medium, as he presents a view from the other side. This is a special time when amazing information comes to us from the Spirit World. John is a Certified Psychic Medium, who offers public demonstrations of mediumship, Meet Ups, classes, and private readings. He is the author of the award-winning book, Open the Mind Exercise the Soul" and has recently been voted the 6th best Psychic Medium in the United States and 11th best in the world. Visit: www.JohnCapello.com for more information.

Sunday

3:30 pm

The Healing Power of Holographic Sound

Dr. Paul Hubbert, PhD 512-897-7887

Through Holographic Sound Techniques, crystal bowls and vocal harmonics, activate the body's blueprint for health. Experience healing & balancing of physical, emotional, mental, and energetic bodies guided by higher consciousness. Paul holds a Ph.D. in Psychology, he's a Multidimensional Sound Master and teaches internationally. He is certified in Grief Recovery, hypnosis, Reconnective Healing and received recognition from the White House for his family counseling work. He's an intuitive channel, Reiki Master, musician and international recording artist. www.HolographicSound.com

4:00 pm

What You Don't Know About Manifesting Can Change Your Life

Catherine Cates 972-977-6221

In this session Catherine Cates will discuss the common obstacles that prevent manifesting and how to overcome them. After this session you will have more clarity on what to do to make manifesting work for you. Catherine Cates is an intuitive life coach, psychic reader, medium, empath, speaker and author. She has been a professional in the business world for over 20 years, who regularly appears on Fox 4 "Good Day" TV show. Catherine has a life coaching practice and regularly teaches manifestation workshops. Visit: www.psychicdallastx.com

4:30 pm Spiritual Physics: Multidimensional Healing

Neil - 972-221-8080

Come join Neil for a journey into the spirit world. With direction from Spirit, he will work with attendees to identify any energy issues, and to heal and release them. Neil is a gifted Psychic Medium, Reiki Master, Advanced Theta Practitioner and Galactic III Practitioner. Visit him at: www.marshallneil.com

5:00 pm -7:00pm One with Spirit Gallery-\$20

Joy & Neil - 972-221-8080

Join Neil and Joy and experience their connection with spirit. A gallery is where messages are given to individuals in the audience. They will offer intuitive readings from Angels, Ascended Masters, Guides, ET contact and Loved Ones from the Spirit World. Come and receive channeled messages and see what guidance Spirit has for you. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing and is certified as an Advanced Theta Practitioner, as well as a Reiki Master Teacher. Visit: www. galactichealing.org Neil is a gifted Psychic Medium, Reiki Master, Advanced Theta Practitioner and Galactic III Practitioner. Visit him at: www.marshallneil.com

All presentations take place in the Stone Cottage, across from the Conference Centre.

Exhibitors

EXIIIDITO 3	
AAA Texas, LLC Eddie C. Munoz817-876-2082 Stay safe on the road w/ affordable roadside assistance.	Brain Corp. Clinics (Neurofeedback) Karen Griffin214-699-465 Neurofeedback for Brain Performan www.braincorpclinics.co
Activated Family Chiropractic &	·
Wellness	Carolyn P. Little
Dr. Joseph Surace, DC	469-867-067
972-925-0384	Clairvoyant Medium, Inner Child Counse
Chiropractic, Massage, Wellness & Nutrition.	Central Dentist
Alex Sosa	Dr. Jill Ombrello, DDS
972-221-8080	214-368-090
Tarot Readings	Visit: www.centraldentist.co
Aloe Kelly	ChiroMovement Health and
Kelly Cantwell214-680-2133	Wellness Center
Aloe based skincare, supplements and cleaning	Dr. Graham Robson, DC
products.	
Angel Readings & Art	Chilopractic, Massage, Nutritional Supplement
Kathy Tulley214-789-1613	Click It Hot
Earth Angels Intuitive Readings.	www.clickitinstantheat.co
facebook.com/artbykt	Reusable instant heating p
Angels Whisper	Clinton's Herbs
Charlotte & Michael Lin	Clinton620-899-178
214-288-9888/214-789-9888	FREE Medical Intuitive read
Quantum-touch®, Feng Shui, Crystal, Access Bars. www.AngelsWhisper.net	by creator of 60 homeopathic remed
• ,	Color Vision
Author of 8 Keys: A Special	Donna Reis817-788-945
Message for the Angels Linda West928-367-2040	Aura Photography & Color Therapy Produ
Psychic Medium, Author & Radio Host.	Crucial Four, Inc.
www.lindawest-medium.com	Charles Barber 888-614-704
Avatar® Course	Nutrition Company. Visit: www.crucialfour.co
Tony Cecala972-824-8044	Dallas Meditation
Learn to Create the Reality You Prefer!	Maureen Hinds469-522-122
tony.io	Subtraction, Method, Meditati
Balance DeAna	www.DallasMeditation.d
DeAna Merrill402-427-3201	Dallas Reiki
Intuitive- Angel Oracle Cards	Astrid Radtke 214-663-438
& Past Life Readings/Healings	Energy Healing by Touch. Reiki Mas
Bemer- Increased blood flow,	www.DallasReiki.co
energy & mental clarity Paula Reed, M.A., CCC-SLP	Dallas/Fort Worth Acutonics
Paula Reed, M.A., CCC-SLP	Mary Burke-Kelly 817-918-393
	Certified Acutonics Practitioner & Instruction www.dfwacutonics.com
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, ,	972-303-068
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Exhibitors (continued)

The Holistic Warrior Thomas Nolan, III, Ph.D405-360-1700 Readings, Energy Balancing, Dream Interpretation

TheraFit Shannon Stafford ... 940-365-6100

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Patt Hagens.....214-557-2479 Intuitive Life Coaching, Energy Healing

Vibration Machine, www.TheraFitPro.com

Tollovita LLC Kirk Hamilton801-414-7000

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BCIM, CNDT, FACW .. 817-571-8135 Fascial Integrative Therapy

Young Health Products

Deanna Naylor214-728-4843 Physician developed nutritional products company. www.younghealth.com

Young Living Essential Oils Nancy Knittle, Independent

Distributor972-442-7388 Essential Oils, Nutritional Supplements, Personal Care

Your Organic Green Life

Isabel Hernandez ... 214-475-0032 Organic nonGMO, Superfood Cleanse & Products. www.mypurium.com/YourOrganicGreenLife

Your Talking Toes

Jan Daniel972-422-5964 Toe Reader

Literature Table

Avatar® Course

Tony Cecala972-824-8044 Learn to Create the Reality You Prefer! tonv.io

Blue Moon Expo

Joye King, Spiritual & Intuitive Counselor214-734-5844 Monthly Psychic Fairs.

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Counseling & Sound Healing Nancy Byers214-883-3545

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FITTEAM GLOBAL

Cyndi Miller...... 817-456-1197 FITTEAM FIT is an energy & fat loss beverage. www.FITTEAM.COM/CvndiM

Functional Acupuncture Institute Dr. Dashima Dovchin, PhD, LAc

.....972-404-4442 Clinical Professor, Licensed in Acupuncture & Herbal Medicine

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Isha Foundation

Abhishek Yerramalla

.....817-526-4199 Isha Fndn, dedicated to raise human consciousness. www.ishafoundation.org/us/ Kathy D. Carter

www.kathydcarter.com214-245-2293

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Reflexology & Holistic Services

Free One Hour Reading with Joye King

Joye King, Spiritual & Intuitive Counselor214-734-5844

Blue Moon Expo

1 Reiki Session

Peaceful Presents

Free 60 minute Life & Health Coaching Session

Lisa Ware214-532-0776

Juice Plus/ Yoga 4 Love

One Hour Phone Healing or Intuitive Reading

JoAnne Christine Helmer 214-477-7292

Psychic-Healer-Teacher

1. One 30 minute session

2. One copy of Kathy's self-help book, "Red

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www.kathydcarter.com214-245-2293

Kathy D. Carter

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WellnessExpo.net

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