

WELLNESS EXPO.

PROGRAM GUIDE

Saturday & Sunday, October 15-16, 2016, 11am - 6pm

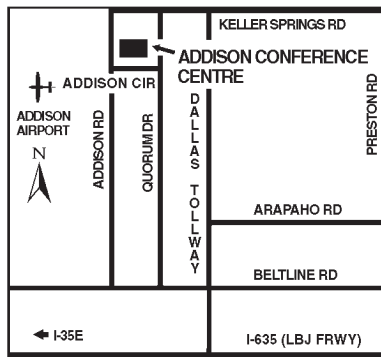
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Addison Conference Centre
15650 Addison Road • Addison, Texas

972-925-9393
WellnessExpo.net



Saturday

11:30 am

7 Secrets to Lifelong Wellness

Bobby Whisnand

"The Exercise Doctor"

214-926-2639

In this talk Bobby rewrites the book on wellness by delivering fresh, thought-provoking, and motivating ways to achieve ultimate health. With Subjects like, "Live Your Life in Dog Years", "Wit Management", and Discover the Real GOLD", Bobby makes this a very interactive presentation and helps attendees "see" wellness in a whole new light. Bobby has 24+ years of experience as a personal trainer, exercise therapy specialist, and sports nutritionist. In his practice he has performed over 6,000 fitness evaluations in all areas of medicine.

12:00 pm

Spiritual Insights

Psychic Jennifer Hall

214-663-4677

The Universe utilizes Jennifer Hall to relay the most important and essential messages for an individual's achievement of Highest Good. In this forum, Jennifer will share the information in whatever form it is received- as messages from past loved ones, insight into misuse of personal energy, teachings about Universal Truths, etc. Jennifer Hall is a psychic, clairvoyant, medium, empath, and channel. She is a spiritual counselor and healer, life coach and advisor.

12:30 pm

Get the Help You Need with Feng Shui

Beverly Biehl

214-679-3498

Beverly will focus specifically on how simple environmental changes can increase the number of helpful people in your life, further your fame and reputation, and possibly add some fun travel along the way. Beverly Biehl has been a BTB Feng Shui Consultant since 2004. She provides healing and balancing for home and office spaces, and assists her clients with mental and emotional breakthroughs through her Intuitive Coaching practice, blending the two into a seamless, holistic approach to achieving the most out of life!

1:00 pm

Mood and Stress

Dr. Aldo D'Aversa, DC, Dip. O.M., C.C.E.P.

972-233-2929

Attendees will learn how: Emotions can impact health, Which foods reduce stress, Minerals can keep the mind and nerves at ease, and Herbs can maintain and energize the body. Dr. Aldo D'Aversa is a physician trained as a chiropractor and a Chinese medicine doctor. This unique education has allowed him to integrate the Western medical diagnosis with the Chinese medicine pattern diagnosis, allowing for a clearer understanding of disease and health.

1:30 pm

A Holistic Approach to Wellness

Frankie Burget, OTR/LC, LMT/MI, BCIM, CNDT, FACW

817-571-8135

Frankie will discuss Fascial Integrative Therapy, which is a multi-faceted approach that considers body, mind, and spirit to balance the person and allow them to achieve optimal health. Frankie Burget is a licensed Occupational/Massage Therapist, Board Certified in Integrative Medicine and owner of Windsong Therapy and Wellness, Inc. in Bedford, TX. She is the developer of Fascial Integrative Therapy™ and was chosen as the national 2016 Occupational Therapist of the Year by ADVANCE for Occupational Therapy Professionals.

2:00 pm

We are Channels Everyday, Come & Experience the Channel You Are Being

Joy Kauf

972-221-8080

Joy will share with you some insights of the new higher frequencies of our planet. Come explore and gain some practical tools to help feel more grounded and centered. Bring Your Questions. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing and is certified as an Advanced Theta Practitioner, as well as a Reiki Master Teacher. Visit: www.galactichealing.org

2:30 pm

Spirit Speaks

Dr. Gary Berman, DC, NMD

972-404-8650

Every wonder what your higher self wants you to know or is trying to tell you? Please join Dr. Gary Berman, a renowned psychic and medical intuitive, for your opportunity to hear what your inner voice has to say. Dr. Gary Berman, PhD, NMD, DC is the founder of the InnerRx Institute in Dallas, a chiropractic, wellness and education center dedicated to the teaching and practice of achieving wellness on all levels. Dr. Berman's formal training as a physicist and research engineer has helped develop a unique and highly effective approach to wellness.

3:00 pm

Meditation- A Way of Life

Beverly Pryor, LUT

972-233-7106

Extensive research has proven that regular meditation has many mental and physical benefits. There are many effective ways to meditate. Learn helpful tips for developing a regular meditation practice. Enjoy a meditation practice during the session. Beverly is a Licensed Unity Teacher with Unity Worldwide, who currently facilitates a weekly Monday night meditation experience at Unity of Dallas. Participants are exposed to different types of meditation practices with the core emphasis on "going into the Silence". Beverly has been exploring various types of meditation for over 35 years.

3:30 pm

Angels, Angels, Everywhere!!

Linda West, MA, CATP,

Metaphysician

928-367-2040

Each of us has guardian angels and an entourage to help us reach our heart's desires. Join Linda as she describes the simple way to communicate and hear the guidance of your Angels. Linda West, MA, Psychic Medium, Author, Speaker, holds a Masters Degree in Metaphysics and is an Angel Communicator. She is the author of the acclaimed book, "8 Keys: A Special Delivery Message from the Angels" and is the Radio Show Host of Empowered Life with Linda West, Thursdays, 11am PST on BlogTalk Radio. She is Co-CEO of Love My Youth, Inc., which is a line of youthful products. Visit: Lindavest-medium.com

4:00 pm

Eliminate Pain & Accelerate Natural Healing

Bill Rowland, Energy Medical CEO

352-552-1889

Bill will discuss how we are energetic beings and that all of our body systems are connected and work together. He will also explain the F.E.E.D. system, which helps people regain, maintain, and optimize their overall health and wellness. Bill Rowland is the Founder and CEO of Energy Medical at The Village, the first energy healing center of its kind in Florida. The center focuses on helping people Optimize their Appearance, Performance and Health, and specializes in eliminating pain even if nothing else works. Visit: www.energymedical.net

4:30 pm

Spiritual Physics: Multidimensional Healing

Neil - 972-221-8080

Come join Neil for a journey into the spirit world. With direction from Spirit, he will work with attendees to identify any energy issues, and to heal and release them. Neil is a gifted Psychic Medium, Reiki Master, Advanced Theta Practitioner and Galactic III Practitioner. Visit him at: www.marshallneil.com

5:00 pm - 7:00 pm

One with Spirit Gallery- \$20

Joy & Neil - 972-221-8080

Join Neil and Joy and experience their connection with spirit. A gallery is where messages are given to individuals in the audience. They will offer intuitive readings from Angels, Ascended Masters, Guides, ET contact and Loved Ones from the Spirit World. Come and receive channeled messages and see what guidance Spirit has for you. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing and is certified as an Advanced Theta Practitioner, as well as a Reiki Master Teacher. Visit: www.galactichealing.org Neil is a gifted Psychic Medium, Reiki Master, Advanced Theta Practitioner and Galactic III Practitioner. Visit him at: www.marshallneil.com

11:15 am

Intuitive Gallery

Morrighan Lynne
208-995-0151

Morrighan will offer an intuitive gallery. Guided by spirit, she will share channelled messages for audience members. Morrighan Lynne is a Paranormal Investigator and Clairvoyant/Empath. Visit: www.embracewithin.com for details.

12:00 pm

The Gathering of Angels

Carol Lee
817-879-7320

In this fun-filled, interactive presentation Carol will gently guide you to invoke and connect with Your Guardian Angel. Sharing information about your God Team assigned to you in this migration and the importance of asking for proper assistance in your daily life, business or to empower the effectiveness of your healing practice. LM Carol Lee, Quantum Touch® Level 1 & 2 Instructor and Instructor Mentor, Certified Angel Therapist® integrates all her skills as a Spiritual Consultant, Educator and Certified Practitioner of 10+ energy-based modalities in her daily life and private practice. Sessions: Local, distant, and phone Ospirit@sbcglobal.net

12:30 pm

How to Clear Your Mind of Clutter

Tony Cecala
972-824-8044

In this talk you will learn how attention creates reality and you will be introduced to three techniques for managing your own attention. In addition, you will experience some simple exercises to clear your mind, how to create free attention, and how to think creatively. Tony is a licensed Avatar® Master, who guides people to an awareness that they are the source of their life. He delivers the Avatar course, which provides the tools to create and discretize your reality.

1:00 pm

The Medium's Path

Dwanna Paul
972-735-8188

An extraordinary world of spirit awaits on the Medium's Path with Dwanna Paul. In this personal journey of discovery you will learn how to recognize signs of spirit communications from an acclaimed expert. Trance Medium Dwanna Paul communicates messages from spiritual dimensions that offer healing and comfort to a global community of clients and fans. Phenomenal spirit lights captured on video illuminate her gatherings inviting questions concerning the nature of physical reality and human destiny beyond this lifetime.

1:30 pm

Learn to Recharge Your Battery

Dr. Jennifer Laing, MD
903-821-4001

Join Dr. Laing to discover how you can balance your body's energy and thus, enhance your health. Dr. Jennifer Laing, MD, Board Certified Family Physician, Usui & Karuna Reiki Master, integrates complementary medicine on a daily basis into her practice. Visit www.schoolofmysticalawakening.com

2:00 pm

Crystal Gallery

Michelle Welch of SoulTopia
214-995-6140

In this gallery Michelle will receive clear messages for some of the audience members, which she will deliver in a direct, yet compassionate manner. Her calling is to assist others in gaining clarity and self-empowerment. Michelle is the Founder and Owner of SoulTopia Academy and Owner of SoulTopia Holistic Boutique in Dallas, Texas. As an empath and "clairblend" she utilizes "modality-matching" to determine the best tools suited to meet her client's desires or needs in her Intuitive and Healing Sessions.

2:30 pm

Do Affirmations Work or Not?

Catherine Cates
972-977-6221

Seeing is Believing or Believing is Seeing? In this talk Catherine will discuss whether or not affirmations work. She will also explain the link between affirmations, self-talk and manifesting. To help you achieve your desired results, tips will be provided on how to use affirmations most effectively. Catherine Cates is an intuitive life coach, psychic reader, medium, empath, speaker and author. She has been a professional in the business world for over 20 years, who regularly appears on Fox 4 "Good Day" TV show. Catherine has a life coaching practice and regularly teaches manifestation workshops. Visit: www.psychicdallastx.com

3:00 pm

Your DNA and You

Jaime Shine
512-925-8755

Your DNA carries more than just your physical makeup. Learn what else is stored energetically and how it shapes your life. Jaime Shine is a DNA Healer and Spiritual Life Coach from Malaysia, who is highly passionate about empowering people to live extraordinary lives.

3:30 pm

Ask the Medical Intuitive

Clinton Peirce
620-899-1785

Can you be treated holistically using homeopathic remedies? Clinton will answer this question. He will also take questions from the audience and demonstrate a medical intuitive energy reading. Clinton is the formulator of over 60 Homeopathic Remedies. He has 25 years of experience working with the gift of a medical intuitive, plant whisperer and belief in how the body has the ability to heal using prairie medicine.

4:00 pm

View from the Other Side

John Cappello
888-440-7130

Join John Cappello, Psychic Medium, as he presents a view from the other side. This is a special time when amazing information comes to us from the Spirit World. John is an internationally known psychic medium, award-winning author of metaphysical self-help books, and the host of Beyond Metaphysics Radio on the Inception Radio Network. Visit: www.JohnCappello.com for more information.

5:00 pm - 7:00 pm

Open Your Psychic Ability with the Angels! - \$20

Linda West, MA, CATP,
Metaphysician - 928-367-2040

Every one of us has an intuitive ability, our own personal psychic power. This is our connection to Source. However, we do not always realize this gift. Join Linda West for a journey that will help you rediscover that special power that is within you. With personal teaching from Linda West, Certified Angel Therapist and Psychic Medium, you will experience how to open your mind, heart and spirit to the Divine presence within you, while learning to identify information from Source and your Angels. Come join us for this amazing evening and release the potential that is within you! Linda West, MA, Psychic Medium, Author, Speaker, holds a Masters Degree in Metaphysics and is an Angel Communicator. She is the author of the acclaimed book, "8 Keys: A Special Delivery Message from the Angels" and is the Radio Show Host of Empowered Life with Linda West, Thursdays, 11am PST on BlogTalk Radio. She is Co-CEO of Love My Youth, Inc., which is a line of youthing products. Visit: Lindawest-medium.com

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Author of 8 Keys: A Special Message for the Angels

Linda West.....928-367-2040

Psychic Medium, Author & Radio Host.
www.lindawest-medium.com

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www.healingquantumlee.com

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www.siouxstorm.com

Herbalife Coach Deanna

Deanna Alaniz951-966-1471

Nutrition products for a better life.
https://www.goherbalife.com/deannaalaniz/en-US

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Candis Tucker.....214-597-6406

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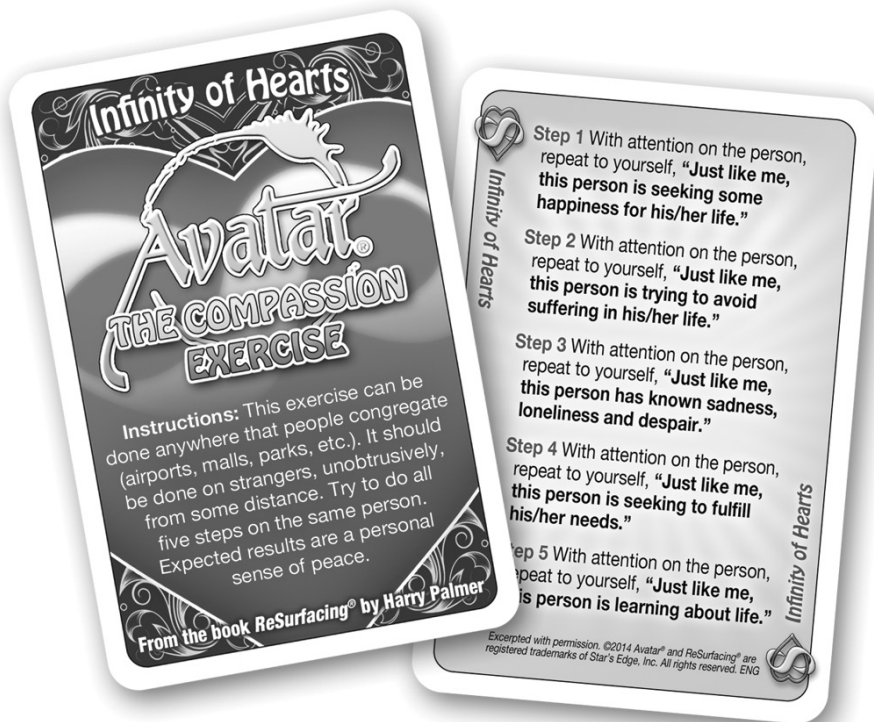
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