

Sat & Sun, October 17-18, 2020, 11am - 6pm

WELLNESS EXPO

PROGRAM GUIDE

Irving Convention Center

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Saturday, October 17

11:30 am

Walking the Way

Laura "Picasso" Roberts

954-871-3047

Laura "Picasso" Roberts will discuss her story of strength and courage, as well as her introduction to spirit. She will also demonstrate mediumship work by connecting some members of the audience with their loved ones in spirit. Picasso is an empathic, inspirational psychic medium, who creates connectivity and balance for survivors of life traumas. She is also an author, originally from California, who has traveled many parts of the world, seeking adventure and higher learning. Visit: mediumshipbypicasso.com

12:00 pm

Magical Messages for You

Michelle Welch

214-530-2326

In this gallery Michelle Welch, Owner of SoulTopia, LLC, and Llewelyn author of "The Magic of Connection" will receive clear messages for some audience members, while teaching the entire audience about various tools such as crystals and herbs to experience "The Magic of Connection." An attorney on an enlightened path, Michelle's calling as a psychic medium energy worker is to assist others in gaining clarity and self-empowerment. You can find her at: www.soultopia.guru, on Michelle SoulTopia YouTube, and SoulWhat Podcast.

12:30 pm

Benefits of Heart Brain Coherence

Laura Hernandez

832-419-6281

The heart sends 80% of its information to the brain. If we know how to bring our hearts into a coherent heart beat, we will be able to synchronize our brain centers and systems in the body, achieving rejuvenation and vitality. Laura supports, trains and coaches others so they can create, experience and enjoy a life they love, opening space for success, health, peace, freedom and love. She is a spiritual life coach, and stress management, self-regulation and meditation instructor. Visit: <https://www.ihalolove.com>

1:00 pm

Spiritual Guidance to Navigate these Challenging Times

Erin Schrick

817-781-7341

Guided by spirit, Erin will share tips you can use to overcome obstacles and thrive in the midst of chaos. She will help remind us that we have the power within to achieve our goals and to manifest our dreams. Erin has been in the field of education for over 22 years. She holds a B.S. with a major of physics, as well as an M.Ed in Educational Administration and an MA in Counseling. She is also a trained healer, who paid attention to her elders. Visit: <https://thenaturegypsy.com/>

1:30 pm

Moving Patterns

Robyn Slagle

214-893-5639

Patterns are the habits, behaviors, or consistent actions that define how we interact with...well, everything. When you identify an underlying order in the way you interact with the world, you can alter or reshape its impact in your life and in your physical body to create new opportunities. Robyn is a Licensed Massage Therapist, Certified Bowen Practitioner, Reiki Master Teacher, and Divine Intervention Facilitator (Mayan Lineage). Her advanced training and intuition will help you discover your fullest potential and leave you feeling inspired and uplifted. Visit: www.jarlight.com

2:00 pm

The Power of Connection in 2020

Joy Kauf

972-221-8080

Are you ready to connect and communicate with your angels and inner guidance? This is the year to have "2020" vision to be able to Manifest & receive clear guidance. Joy will share with you some practical tools to clear your energy and explore how to be more present to receive your messages. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing and is certified as an Advanced Theta Practitioner, as well as a Reiki Master Teacher. Visit: www.galactichealing.org

2:30 pm

Holistic Nutrition to Boost your Immune System

Corey Warnsley & Leslie Alford

682-888-6751

Learn to boost your immunity with nature's gifts. Corey and Leslie will provide a full breakdown of herbs to boost your immunity for the flu season. An Executive Holistic Chef and Culinarian for more than a decade, Corey Warnsley brings this experience to help others live a life of health and wellness in mind, body, and spirit, in a fun and comprehensive way. Leslie Alford is an Intuitive Coach who for decades has studied and used herbs for healing, immune-boosting, and health for herself and her family and loves providing information to others so they can love themselves naturally. Visit: www.perpetualcoachingandconsulting.com

3:00 pm

Live Younger & Stronger for Longer with Stem Cells

Dr. Darcy Brunk, DC

972-303-0683

Join Dr. Brunk, D.C. as he teaches the key to healthier living is healthier regeneration. The rest of your life can be the best of your life with Stem cell therapy. Dr. Darcy Brunk, known as "Doc Darcy", has committed his life and career to helping others achieve vitality through regenerative therapy. He is an entrepreneur, an advocate and philanthropist who shares the stories of his own and other peoples' lives being transformed through regeneration. Visit: www.achievetvitality.net

3:30 pm

Creating Space in an Imperfect World

Terri Groom

214-564-6349

Come join Terri Groom for an informative and engaging talk on hope and connection. Learn how to replace your day to day struggles with a stronger, more meaningful connection with the spirit world. Your guides are wanting to talk to you! Terri Groom is a Medium as well as a Medical Intuitive, Animal Communicator, Trance Healer and Life Coach. She utilizes clair senses as well as pure channeling. Terri is a published author under the pen name of A. Tacked and has been featured on Netflix. Email: vitaperceptions@gmail.com

4:00 pm

Chakra Clearing & Healing

Beth Carpenter, ND

512-707-9886

Many people are addicted to stress. Through cutting cords and clearing PTSD within the chakras, we can break free from the blueprint of Chaos. Beth will be actively healing the group that attends this lecture. With over 25 years in energy healing and 17 years in essential oils, Beth will also be educating participants on the best oils to use. Visit: www.healthhelp4u.com

4:30 pm

Healing from the Inside Out

Angela Harding, RN, RMT, LC

817-527-1409

Facing physical disease and challenges forced me to evaluate not only my personal traumas & struggles, but also how we as a society approach medical treatments and healing. Being able to integrate holistic and modern day science is crucial to healing. I can show you how to do this with your spirit guide at your side. Angela is a Psychic Medium, Spiritual Intuitive-Healer, and Spiritual Life Coach, as well as an RN, and RMT in her Grapevine based office. She is also the founder & farm manager at Dream Lady Homestead, which is a local farm in Aubrey that will soon be offering Holistic Health & Nature Classes, Meditation Retreats, & more!. Visit: integrated-soul.com

5:00 pm - 7:00 pm

One with Spirit Gallery- \$20

Joy Kauf & Angela Harding

972-221-8080

Join Joy and Angela and experience their connection with spirit. A gallery is where messages are given to individuals in the audience. They will offer intuitive readings from Angels, Ascended Masters, Guides, ET contact and Loved Ones from the Spirit World. Come and receive channeled messages and see what guidance Spirit has for you. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing, certified as an Advanced Theta Practitioner, & a Reiki Master Teacher. Visit: www.galactichealing.org Angela is a Psychic Medium, Spiritual Intuitive-Healer, and Spiritual Life Coach, as well as an RN, RMT in her Grapevine based office. angela@integrated-soul.com

Sunday, October 18

11:30 am

Overcoming Fears

Samantha Gollakner
940-366-3454

In this talk Samantha will discuss how harvesting the power within allows you to be the best version of yourself- mind, body and soul. She will also explain how to build the proper foundation to overcome any fear. Samantha is an international best-selling author. Is it self-help or fantasy? It is all up to where you are currently in your life journey. She also offers healing sessions for mental, emotional and physical discomfort- removing fear and replacing it with unconditional love for self and others.

12:00 pm

Numerology: Seeing Life Through the Numbers

Eloy Machuca
972-322-1027

Join Eloy as he talks about the basics of Numerology and how you can change your perspective by paying attention to the spiritual properties of numbers. Each of us have individual numbers for each year depending on our birthdate. Come find out yours! Eloy has been practicing Numerology as well as various other methods of divination for the past decade. He is a Lenormand, Tarot & Charm reader, as well as a BARS Practitioner & Holy Fire Reiki Master. Find him and all he does at www.thegreenmanstudios.com

12:30 pm

Connect with Your Loved Ones in Spirit

RosaLee McIntosh
832-603-1456

RosaLee will be doing open spontaneous readings for some members of the audience. She will be channeling information from Spirit and your loved ones that are on the other side. RosaLee has been doing her passion for 20+ years. She is always learning and growing through the Psychic readings, Medium, Intuitive Tarot cards, Reiki, Egyptian Healing, Clinical Hypnosis, and Past Life regressions that she does. She feels that each experience has been a blessing through doing what she loves.

1:00 pm

Advanced Laws of Healing

Steve Caldwell
580-819-0565

Steve Caldwell will lead a team of spiritual healers in a discussion and demonstration of the advanced laws of healing. He has adopted this approach as healing teams have been found to be much stronger than individuals and are considered the future of medicine. Steve has been a vessel for spirit-led healing for over 35 years. He works with Clinton Peirce, Medical Intuitive, under the banner, "Touch of Heaven".

1:30 pm

Staying Well in an Unwell World

Dr. Jennifer Laing, MD
903-821-4001

COVID-19, SARS, MERS, oh my! In this talk Dr. Laing will discuss ways to boost your immune system naturally so that you can stay well. Dr. Laing, MD, Board Certified Family Physician, Usui & Karuna Reiki Master, integrates complementary medicine on a daily basis into her practice. Visit: www.schoolofmysticalawakening.com

2:00 pm

Activating Your Starseed Connections

Gaer Ferrinson
254-659-8832

You've always known you're a little bit different, even in metaphysical circles. Because Starseeds ARE different. Begin the journey of getting reacquainted with your Starseed Soul Family through this 30-minute talk with guided meditation. Gaer Ferrinson, The Transitional Doula, is an oracle, healer, and certified End-of-Life Doula. Her work focuses on Starseeds and Soul Journeys. Visit: www.TheTransitionalDoula.com

2:30 pm

Archangel Gabriel Channeled by Peter Hansen

Peter Hansen
310-871-7090

Gallery style channeled question and answers event offers divine messages from Archangel Gabriel and the Angelic Realms. Hands on guidance about practically living in higher vibrations, spiritual ascension and how to fully embody your higher self. Peter Hansen is well known for his abilities as an accomplished Psychic Angelic Channeler & Mentor. Utilizing his unique connection with Archangel Gabriel, Peter receives messages from the angelic realm. Visit: <http://www.ChannelingArchangel.com>

3:00 pm

Philosophy for Health vs. Disease Management

Dr. Lona Smith, ND
972-233-8339

Dr. Lona will explain the difference between having a philosophy for health and having a default setting for disease management. She will also discuss the value of consistent nutritional supplementation and its role in your health and longevity. Lona Smith is a Board Certified Naturopathic Doctor. As proprietor of Texas Biological Medicine, Inc., she empowers clients to achieve wellness and balance, naturally. Visit: www.texasbiologicalmedicine.com

3:30 pm

The Astrological Venus Archetype & Our Shadow Dance Partners

Rebeca Eigen
281-799-2900

Our Venus is what we value and what we love. Wherever it falls in our chart will tell us a lot about our relationship requirements. The shadow, a concept of Carl G. Jung, is going to be instrumental in learning to stay in balance with our significant other. Learn to do this "shadow dance" together. Rebeca Eigen, Relationship Alchemist and Astrologer for 25+ years, specializes in the 7th House (marriage, partnership and open enemies; i.e. the shadow in us all). Visit: shadowdance.com

4:00 pm

Embracing Gifts & Sensitivities with Hawaiian Healing

Keola Conner
469-236-8980

Keola will explain and demonstrate how sensitivities are a gift and it's how we control them that makes all of the difference. He will utilize Hawaiian Healing to help release one audience member's phobia from his or her past. Keola has been a Hawaiian Healer for 15 years, presenting and training all over the United States and Canada. He has also done trainings for the Dept. of Education and assisted Wounded Warriors with releasing PTSD. Visit: <http://www.ohoohana.com>

4:30 pm

The Healing Power of Holographic Sound

Dr. Paul Hubbert, PhD
512-659-0069

Through Holographic Sound Techniques, crystal bowls and vocal harmonics, activate the body's blueprint for health. Experience healing & balancing of physical, emotional, mental, and energetic bodies guided by higher consciousness. Paul holds a Ph.D. in Psychology, he's a Multidimensional Sound Master and teaches internationally. He is certified in Grief Recovery, hypnosis, Reconnective Healing and received recognition from the White House for his family counseling work. He's an intuitive channel, Reiki Master, musician and international recording artist. Visit: www.HolographicSound.com

5:00 pm - 7:00 pm

Walking With Spirit Gallery-\$20

Terri Groom
214-564-6349

Come join Terri with Vita Perceptions for an interactive connection with spirit. This gallery will focus on mediumship connections with loved ones, as well as channeled messages from guides, angels and other beautiful energies from the other side. Terri Groom is a Medium as well as a Medical Intuitive, Animal Communicator, Trance Healer and Life Coach. She utilizes clair senses as well as pure channeling. Terri is a published author under the pen name of A. Tacked and has been featured on Netflix. Email: vitaperceptions@gmail.com

Exhibitors

Achieve Vitality and Regenerative Wellness

Rene' Robinson 972-303-0683
Stem Cell Therapy & Chiropractic.
www.achievevitality.net

Ancient Phoenix

Phoenix Jansen 406-490-7211
Psychic Medium and Spiritual Advisor.
ancientphoenix.net

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www.BillFoss.net ... 918-770-3810
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Book Life

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..... 940-366-3454
Int'l best-selling author of Self-Help /
Fantasy Series.

Carolyn P. Little - Clairvoyant Medium

Carolyn Little 469-867-0676
Clairvoyant Medium and Inner Child Counselor

CBD American Shaman of Las Colinas

Chris and Rina James
..... 972-632-8224
Come Experience What Quality CBD
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Clairvoyant Psychic Medium/ Professional Artist

Mari Weldon
..... Weldonmari@gmail.com
Gives you a sketch of souls around you.
psychicmari.com

Cosmic Artillery

Tara Nichols
..... Cosmicartilleryco@gmail.com
Handmade Crystal Grids, Gemstone
Jewelry, Malas.
<http://www.cosmicartillery.com>

Crystal Clear Metaphysics

Chris Brock 972-567-0449
Art shop and psychic reader.
Etsy.com/shop/ccMetaphysics

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<https://deeliciousscrubs.com>

Dignity Memorial

Angelia Walker 972-801-8973
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pre-planning benefits.
DignityMemorial.com

Divah Beauty Products

Preston Brown 903-270-0026
Health and Beauty Products.
divahbeautyproducts.com

E Ho'omana

Tamara Conner 469-236-8980
Hawaiian Healing & Ho'oponopono.
www.ehoomana.com

Energy and Reiki Healer

Donna Howell 432-295-0170
Angel cards and Runes.
www.DonnaHealer.com

Energy Dynamics

Cynthia Shaw 972-639-8483
MultiDimensional Healing.
www.CynthiaRShaw.com

Erthy Bruja

Shannon Price 972-765-2924
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erthybruja.com

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Handcrafted, unique, beautiful jewelry; crystals.
www.instagram.com/exquisite_designs_jewelry/

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Dr. Dashima Dovchin, PhD, LAc
..... 972-404-4442
Clinical Professor, Licensed in
Acupuncture & Herbal Medicine.

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GreenMantisHemp.com

HealthyHelp4u.com

Beth Carpenter 512-707-9886
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Heart Vibe Healing

Amy Schneider 214-846-6858
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Holographic Sound & Inner Balance

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Laura Hernandez ... 832-419-6281
Stress Regulation.
www.ihalolove.com

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..... 817-527-1409
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Sheela Goodrich..... 512-577-4055
Personalized Reading with Chakra Balancing.
sheelagoodrich@gmail.com

Intuitive Advisor

Stacey Bosley..... 469.440.9799
Psychic, Channel, Healer.
www.StaceySees.com

Intuitive Reader

Pavi Selene 254-559-2650
Oracle & Tarot Cards.
Pavonine.selene@gmail.com

Intuitive Tarot

Helen Watson 817-684-1146
Reader, Numerologist, Medium, Healer &
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www.lactdev.com

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Barbara Gale 512-961-2594
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www.AwakenYourFire.com

Liquid Gold Rx

Alan Tittle 972-241-2046
Mediterranean food spray nourishes/
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www.liquidgoldrx.com/alantittle

Mediumship by Picasso

Laura "Picasso" Roberts
..... 954-871-3047
Psychic Medium.
mediumshipbypicasso.com

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..... medusascope@gmail.com
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Millennium Products

Warren Hazan 904-444-2345
5G EMF Protection / Tesla Energy.
www.millennium-products.com

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Shekeira Gillis..... 469-277-4082
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Kristin Quintanilla..... 512-787-6969
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www.OurKindredAnimalSpirits.com

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Marvin Blakely / Rick Stokes
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Health and Wellness University.
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Millicent Garibay..... 682-365-9965
Dental Office.
www.pioneersmilespllc.com

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Tammy Cornett 936-662-2022
Exogenous Ketones.
https://tammycornett.challenge.com

Psychic Angelic Healer & Channeler of Archangel Gabriel

Peter Hansen 310-871-7090
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www.ChannelingArchangel.com

Readings & Healings

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Reed Migraine Centers

Dr. Kenneth Reed
..... 214-523-9629
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Headaches.
www.reedmigraine.com

Exhibitors (continued)

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thebestwindow.com

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www.RevolutionChiropractor.com

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https://elevareskin.com

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Dr. Amy Gunderson, DC
..... 972-854-3256
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Center.
www.selfunbound.com

Shadow Dance Unlimited

Rebeca Eigen 281-799-2900
Shadow Work & Your 7th House Astrologer.
shadowdance.com

Smart Ash Holders

Doug or Marina Swenson
..... 972-351-1952
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ZenTalas.com

Literature Table

Body & Brain Yoga & Taichi

Kilhwa Lee 972-687-0011
Yoga & Taichi, Body & Brain Coaching session.
www.bodynbrain.com/beltline

Brahmakumaris Meditation Center

Sister Ranjan
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..... Valerie@valeriehope.com
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www.valeriehope.com

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..... 972-404-4442
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www.InnerMuseHypnosis.com

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Marissa Yahil, MSOT, OTR/L, CBS™
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Offering breastfeeding support &
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www.lactdev.com

Meditation and Spiritual Living Study Group

Ilene Dill 817-283-0021
Affiliated with Center for Spiritual Awareness.
idill@att.net

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Joy Kauf 972-221-8080
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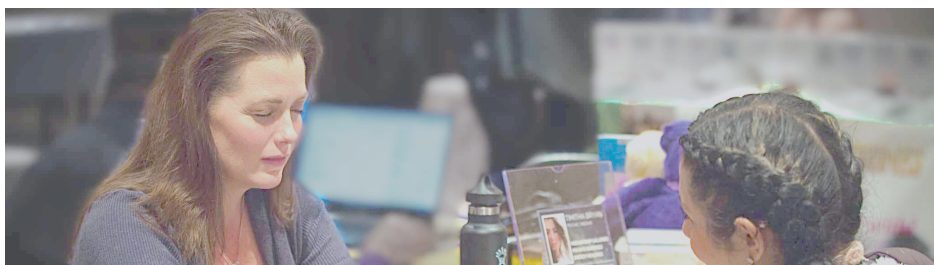
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WELLNESS EXPO[®]

MARK YOUR CALENDAR

Dallas (Grapevine): May 1-2, 2021
Grapevine Convention Center

Dallas (Irving): July 17-18, 2021
Irving Convention Center

Houston (Conroe): Sept. 4-5, 2021
Lone Star Convention & Expo Center

