



Saturday & Sunday · July 17-18, 2021 · 11AM-6PM

WELLNESS EXPO[®]

PROGRAM GUIDE

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Irving Convention Center
500 W Las Colinas Blvd, 4th floor, Irving, TX 76038

WellnessExpo.net • 972-925-9393

Saturday, July 17

11:30 AM

Past Life Healing

Lisa Chalmers, CHt., CPLR
972-998-7491

Often times it's the awareness of the past that frees us in the future. Come explore a short past life regression to go back and look at what gifts we can discover. Lisa Chalmers is a Certified Hypnotherapist, Certified Past Life Regression Healer, a Reiki Master, an Intuitive Psychic Medium (she gets pictures in her minds eye) and she is Clairaudient (she hears messages). She owns Inner Muse Hypnosis, where she offers Hypnotherapy and Past Life Regression. Visit: www.InnerMuseHypnosis.com

12:00 PM

Magical Messages for You

Michelle Welch
214-530-2326

In this gallery Michelle Welch, Owner of SoulTopia, LLC, and Llewelyn author of "The Magic of Connection" will receive clear messages for some audience members, while teaching the entire audience about various tools such as crystals and herbs to experience "The Magic of Connection." An attorney on an enlightened path, Michelle's calling as a psychic medium energy worker is to assist others in gaining clarity and self-empowerment. You can find her at: www.soultopia.guru, on Michelle SoulTopia YouTube, and SoulWhat Podcast.

12:30 PM

Communicate with Your Pets

Lydia Hiby
850-775-8331

Lydia will discuss how animals communicate with us and what is important to them. She will also explain how all aspects of their life affect their behavior and she will troubleshoot problems based on the group attending the lecture. Lydia is a world-renowned animal communicator, who has had more than 60,000 clients over the past 20 years. She has recently co-authored a book called, "Conversations with Animals" detailing her experiences. Visit: www.lydiahiby.com

1:00 PM

Are you Healthy? Get Tested!

Dr. Aldo D'Aversa, DC, Dipl. O.M.
972-233-2929

Did you know you can test for food intolerances? In this hands-on seminar Dr. Aldo will test various audience members for food intolerances and you will learn how you can interpret these tests and how to restore health and longevity. You will also discover how shaking hands, standing and sitting will show how long you will live. Dr. Aldo D'Aversa is a physician trained as a chiropractor and a Chinese medicine doctor. This unique education has allowed him to integrate the Western medical diagnosis with the Chinese medicine pattern diagnosis, allowing for a clearer understanding of disease and health.

1:30 PM

Connecting in Spirit™ Gathering

Darla Gray

Intuitive Medium Darla Gray will facilitate a Connecting in Spirit™ Gathering which may include: - Evidence of life after death and messages from loved ones in spirit. - Questions & Answers on mediumship. Darla is an intuitive medium and healing facilitator who connects with loved ones in spirit. She delivers details and messages to support the healing process. Darla offers readings, training, healing circles and development circles. Visit: darlagray.com

2:00 PM

The Power of Connection in 2021

Joy Kauf
972-221-8080

Are you ready to connect and communicate with your angels and inner guidance? This is the year to have '2021' vision to be able to Manifest & receive clear guidance. Joy will share with you some practical tools to clear your energy and explore how to be more present to receive your messages. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing and is certified as an Advanced Theta Practitioner, as well as a Reiki Master Teacher. Visit: www.galactichealing.org

2:30 PM

Dare to Hope

Dr. Lisa Cooney
469-684-6330

With all that is going on in the world, with all that has changed and continues to change, there is no better time than NOW to be part of the solution instead of the problem. Today I am inviting you to Dare to Hope. Join me! Dr. Lisa Cooney is a world-renowned authority on thriving after trauma, be it physical, emotional, sexual, or financial. Over the past 25 years, she's supported thousands of clients to live radically alive after trauma. www.drlicsacooney.com

3:00 PM

It's Not You! It's Your Hormones!

Noel Koenke
214-308-9974

Experience how naturally balancing your hormones can help you feel like yourself again! Unlock the secret to lasting weight loss, better sleep, balanced moods, stable energy and more. Change your hormones. Change your life. Noel is a Natural Hormone Balancing Specialist and Wellness Center Manager for BeBalanced Hormone Weight Loss Centers in Frisco. BeBalanced offers a non-medical, holistic approach to balancing hormones, weight-loss and relieving PMS and menopausal symptoms. Visit: <https://frisco.bebalancedcenters.com/>

3:30 PM

Creating Space in an Imperfect World

Terri Groom
214-564-6349

Come join Terri Groom for an informative and engaging talk on hope and connection. Learn how to replace your day to day struggles with a stronger, more meaningful connection with the spirit world. Your guides are wanting to talk to you! Terri Groom is a Medium as well as a Medical Intuitive, Animal Communicator, Trance Healer and Life Coach. She utilizes clair senses as well as pure channeling. Terri is a published author under the pen name of A. Tacked and has been featured on Netflix. Email: vitaperceptions@gmail.com

4:00 PM

Awaken to Your Integrated Soul

Angela Harding, RN, RMT, LC, ORDM
817-527-1409

So many of us struggle day to day on allowing soul to guide us through the everyday situations of life. This lecture will discuss how to awaken your soul, introduce it to the human it inhabits, and initiate the soul plus human relationship of thriving in today's society. Angela is a Psychic Medium, Spiritual Intuitive-Healer, and Spiritual Life Coach, as well as an RN, and RMT in her Aubrey based office. She is also the founder & farm manager at Dream Lady Homestead, which is a local farm in Aubrey that will soon be offering Holistic Health & Nature Classes, Meditation Retreats, & more! Visit: integrated-soul.com

4:30 PM

Spiritual Physics: Multidimensional Healing

Neil
972-221-8080

Come join Neil for a journey into the spirit world. With direction from Spirit, he will work with attendees to identify any energy issues, and to heal and release them. Neil is a gifted Psychic Medium, Reiki Master, Advanced Theta Practitioner and Galactic III Practitioner. Visit him at: www.marshallneil.com

5:00 PM-7:00 PM

One with Spirit Gallery- \$25

Joy Kauf & Neil
972-221-8080

Join Joy and Neil and experience their connection with spirit. A gallery is where messages are given to individuals in the audience. They will offer intuitive readings from Angels, Ascended Masters, Guides, ET contact and Loved Ones from the Spirit World. Come and receive channeled messages. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing and is certified as an Advanced Theta Practitioner, as well as a Reiki Master Teacher. Visit: www.galactichealing.org Neil is a gifted Psychic Medium, Reiki Master, Advanced Theta Practitioner and Galactic III Practitioner. Visit him at: www.marshallneil.com

Sunday, July 18

11:30 AM

Numerology: Seeing Life Through the Numbers

Eloy Machuca
347-687-5028

Join Eloy as he talks about the basics of Numerology and how you can change your perspective by paying attention to the spiritual properties of numbers. Each of us have individual numbers for each year depending on our birthdate. Come find out yours! Eloy has been practicing Numerology as well as various other methods of divination for the past decade. He is a Lenormand, Tarot & Charm reader, as well as a BARS Practitioner & Holy Fire Reiki Master. Find him and all he does at www.thegreenmanstudios.com

12:00 PM

Simplifying Your Life with Feng Shui

Helen Watson
682-234-8942

Feng Shui, the Chinese art of placement, has been around for over 4 thousand years. Join Helen as she discusses how you can utilize these principles to enhance your energy flow and to manifest the positive changes you desire. Helen is a psychic medium, who is clairvoyant, clairaudient and clairsentient. She is also a feng shui consultant and astrologer, who helps her clients to live their best life.

12:30 PM

Understanding the Human Quantum Field

Erin Schrick
817-781-7341

This is the most critical knowledge any human can have. Erin will summarize the most valid and truthful of all the sciences, the human energetic body, and explain how to interact with it. Erin has been in the field of education for over 22 years. She holds a B.S. with a major of physics, as well as an M.Ed in Educational Administration and an MA in Counseling. She is also a trained healer, who paid attention to her elders. Visit: <https://thenaturegypsy.com/>

1:00 PM

Your Relationships Can Be Predicted by Your Astrology

Rebeca Eigen
281-799-2900

Our birth chart can actually show us the type of person we will be fascinated by and fall-in-love with when we understand our 7th House (marriage, partners and open enemies) and our Venus. Rebeca Eigen, Relationship Alchemist and Astrologer for 25+ years, specializes in the 7th House (marriage, partnership and open enemies; i.e. the shadow in us all). Visit: shadowdance.com

1:30 PM

Navigating Health & Nutrition in a Mad, Mad World

Dr. Jennifer Laing, MD
903-821-4001

Nature has always been the greatest healer. Learn how vitamin deficiencies can adversely affect your health and what you can do about it. Dr. Laing, MD, Board Certified Family Physician, Usui & Karuna Reiki Master, integrates complementary medicine on a daily basis into her practice. Visit: www.schoolofmysticalawakening.com

2:00 PM

Enhance Your Inner Guidance

Catherine Cates
469-850-2204

Catherine will discuss what to do when you can't access your intuition. She will explain ways to reconnect and offer helpful tips to aid you in creating your best life. Catherine Cates is an intuitive life coach, psychic reader, medium, empath, speaker and author. She has been in the business world for over 20 years and regularly appears on Fox 4 "Good Day" TV show. Catherine also teaches manifestation workshops. Visit: www.psychicdallas.tx.com

2:30 PM

Heal Your Ancestors to Heal Your Life

Shelley Kaehr, Ph.D.
214-699-8611

Renowned past life regressionist Dr. Shelley Kaehr guides you through a powerful exercise based on her book, *Heal Your Ancestors to Heal Your Life: The Transformative Power of Genealogical Regression*. Learn to send light to your ancestors & change your life! Critically acclaimed author & healer Shelley A. Kaehr, Ph.D. has worked as a past life regressionist for over two decades. "An important contribution to the field of regression therapy," Brian Weiss, M.D. Visit Shelley online: <https://pastlifefelady.com>

3:00 PM

Reset Your Emotional Life!

Sue Siebens
214-437-2737

Learn about Emotional Resolution, a tool to resolve unintegrated emotions. EmRes is a natural, gentle and safe way to reset your emotional life by removing buried triggers, stress and anxiety permanently. Sue Siebens facilitates Emotional Resolution in private sessions with clients and teaches Self-EmRes to compliment personal growth and development. She is a published author: "Get Unstuck Naturally". Visit: <https://NaturalEmotionalWellness.com>

3:30 PM

Angel Talk - Your Direct Line of Communication

Dorinda Fox
703-898-6459

Are you aware that you have your own unique team of angels? They are dedicated to helping you live your best life. Spiritual techniques will be shared to help you know the difference between angel communication and messages from your intellect or other souls. Dorinda Fox, D.D., M.A., is a certified spiritual educator/consultant, life coach and ordained minister. Her work spans more than 3 decades of sharing presentations, workshops, classes and personal coaching across the U.S. and internationally. Visit: <https://dorindafox.com>

4:00 PM

Advanced Laws of Healing

Steve Caldwell
580-819-0565

Steve Caldwell will lead a team of spiritual healers in a discussion and demonstration of the advanced laws of healing. He has adopted this approach as healing teams have been found to be much stronger than individuals and are considered the future of medicine. Steve has been a vessel for spirit-led healing for over 35 years. He works with Clinton Peirce, Medical Intuitive, under the banner, "Clinton's Herbs".

4:30 PM

Acupuncture - Naturally Healing Your Body

Dr. Bianca Yturralde, DAOM, LAc, Dipl. O.M.
817-372-7745

Modern acupuncture is an affordable alternative to help your body naturally heal itself. We will discuss what health concerns acupuncture has successfully treated, common issues, post COVID-19 success, and demonstrate acupuncture on an audience member. Bianca holds a Master's degree in Oriental Medicine from Southwest Acupuncture College in Santa Fe, NM. In 2016 she attended Emperor's College of Traditional Oriental Medicine in Santa Monica, CA where she earned the highest degree bestowed in the field of Oriental Medicine. Visit: <http://www.modacu.com>

5:00 PM-7:00 PM

Walking With Spirit Gallery - \$25

Terri Groom
214-564-6349

Come join Terri with Vita Perceptions for an interactive connection with spirit. This gallery will focus on mediumship connections with loved ones, as well as channeled messages from guides, angels and other beautiful energies from the other side. Terri Groom is a Medium as well as a Medical Intuitive, Animal Communicator, Trance Healer and Life Coach. She utilizes clair senses as well as pure channeling. Terri is a published author under the pen name of A. Tacked and has been featured on Netflix. Email: vita perceptions@gmail.com

Exhibitors

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shadowdance.com

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..... 972-514-7956
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Samantha Gollakne
..... vibrationsoflove777@gmail.com
Healing / Psychic / Medium; Author of Self-Help
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botanix.store

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CaptureSolar.tx.com

Carolyn P. Little - Clairvoyant Medium

Carolyn Little 469-867-0676
Clairvoyant Medium and Inner Child Counselor

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www.ehoomana.com

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Energy Dynamics

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www.CynthiaRShaw.com

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www.DonnaHealer.com

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www.futureselfhealth.com

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www.lesliecantrell.com

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Human Embrace- Community Events

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Intuitive Reader

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Oracle & Tarot Cards.
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Intuitive Tarot

Helen Watson 817-684-1146
Reader, Numerologist, Medium, Healer &
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Joy Kauf 972-221-8080
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Exhibitors

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Shelley A. Kaehr, Ph.D. Past Life Lady

Shelley Kaehr 214-699-8611
Author of numerous books on healing
and regression.
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thehealingcharm.tx

The Highest Path

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thehighestpath.org

The Highest Path

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& Nicol Southall 469-423-5055
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Exhibitors

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Color Street- Dry Nail Polish.
<https://linktr.ee/BelindaGalipp>

Verity Benefits Group

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Medicare & health insurance education.
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