



Saturday & Sunday, September 4-5, 2021, 11am - 6pm

WELLNESS EXPO[®]

PROGRAM GUIDE

VISIT

60+ exhibit booths with products & services for body, mind & spirit

HEAR

24 holistic medicine, personal growth & metaphysical talks

DISCOVER

how to boost your immune system & balance your emotional state

EXPERIENCE

intuitive consultations & energy healing

SHOP

jewelry, essential oils, CBD, natural products, metaphysical gifts

MEET

holistic healing professionals

Talks & Workshops

11:30 AM

The Conscious Co-Creators' World Vision

Peggy Sue Skipper
832-628-5396

Since July 2020 The Conscious Co-Creators Circle Zoom group has created and sustained the World we want to live in and we are ready to share it with the Greater World. We welcome all to our world where we are experiencing what LOVE can do. Peggy Sue Skipper is the founder of The Conscious Co-Creators Circle, which first met in December 2011 as a support network for healers, intuitives and anyone curious about The Big Picture of life on Planet Earth.

Visit: www.LoveAndKindnessWorld.com

1:30 PM

Heart-Centered Ayurveda

Asal Shokati
Mystic@AsalShokati.com

Asal will offer a little deeper dive into the Ayurvedic concept of the Koshas or layers of existence, health and balance, and the portal of the Heart to harness natural healing. Asal is an Ayurvedic practitioner, intuitive healing artist and consultant to the holistic professionals. She is experienced in small business consulting alongside teaching and practicing Ayurveda, restorative yoga, energy medicine and healing arts. Visit: <https://www.asalshokati.com/>

3:30 PM

Creating Space in an Imperfect World

Terri Groom
214-564-6349

Come join Terri Groom for an informative and engaging talk on hope and connection. Learn how to replace your day to day struggles with a stronger, more meaningful connection with the spirit world. Your guides are wanting to talk to you! Terri Groom is a Medium as well as a Medical Intuitive, Animal Communicator, Trance Healer and Life Coach. She utilizes clair senses as well as pure channeling. Terri is a published author under the pen name of A. Tacked and has been featured on Netflix. Email: vita perceptions@gmail.com

12:00 PM

EFT- Creating Positive Change One Tap at a Time!

Helen Racz
281-384-0207

Emotional Freedom Technique (EFT), is a form of acupressure similar to acupuncture without the use of needles. Come for a joyous journey with tangible effects as you ask questions and experience how to support yourself with this technique. EFT Practitioner, teacher, speaker, retreat leader, life coach and author, Helen's unique tapping style combines energy, humor and compassion to lead people into alignment with their desires, empowering them to live life on purpose with purpose.

Visit: <http://www.HelenRacz.com>

2:00 PM

The Power of Connection in 2021

Joy Kauf
972-221-8080

Are you ready to connect and communicate with your angels and inner guidance? This is the year to have '2020' vision to be able to Manifest & receive clear guidance. Joy will share with you some practical tools to clear your energy and explore how to be more present to receive your messages. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing and is certified as an Advanced Theta Practitioner, as well as a Reiki Master Teacher. Visit: www.galactichealing.org

4:00 PM

Healing with Light, Crystal Devices & CBD

Greg Good
512-669-9670

Greg Good will be discussing and demonstrating the healing power of nature's human blueprint frequencies, -ion energy from nano infused crystals, and phytocannabinoids with demonstrations and sampling of various devices. Greg Good, who has a love for everything natural and organic, has studied quantum physics and metaphysics. He is also trained by Dolores Cannon in Quantum Healing Hypnosis. His company, Green Mantis Wellness, specializes in natural healing modalities for a healthier world.

12:30 PM

Connecting in Spirit™ Gathering

Darla Gray
469-290-2644

Intuitive Medium Darla Gray will facilitate a Connecting in Spirit™ Gathering which will include: - Evidence of life after death and messages from loved ones in spirit - Questions & Answers on mediumship Darla is an intuitive medium and healing facilitator who connects with loved ones in spirit. She delivers details and messages to support the healing process. Darla offers readings, training, healing circles and development circles in person and online. Visit: <https://darlagray.com>

2:30 PM

Energy Healing for Pets and Animals

Jennifer Amidon
248-939-2902

Jen will discuss the benefits that Reiki has for your pet. You will learn that just like us, animals have souls, emotions and feelings that affect their physical health and well-being. She will offer personal anecdotes about her own pets and answer questions. Jen became a Reiki Master in January 2021 and has been working with animals for the past 12 years. She recently discovered her spiritual connection with animals and wants to provide them with energy healing.

4:30 PM

Helping Loved Ones Transitioning from This Life

Gaer Ferrinson
254.659.8832

Death isn't something to be afraid of. Start the conversation early and use your metaphysical gifts to offer support and grace to loved ones at the end of life. This 30-minute talk will begin to get you comfortable with this important conversation. Gaer Ferrinson, The Transitional Doula, is an oracle, healer, and certified End-of-Life Doula. Her work focuses on Starseeds and Soul Journeys. Visit: www.TheTransitionalDoula.com

1:00 PM

Improve Your Cognitive Abilities as you Age

Paula Salgado
832-797-1620

Paula will discuss ways to improve your diet in order to lower your risk of getting dementia. She will also offer activities to slow down the progression of dementia, such as mental exercises and keeping everything visual. Paula Salgado is a gerontologist who specializes in working with patients that have cognitive decline. She has developed a brand new cognition program that keeps people home longer. She offers education classes, caregiver trainings, and cognitive training. Visit: <http://www.saving-memories.net>

3:00 PM

Light Language

Ana Noyce
817-944-0867

Light language is a holographic universal language that we as human beings are fluent in on a subconscious level. It is about understanding yourself as a multi-dimensional being as you awaken to the power of co-creating, in aligning your mind, body, and soul. Ana is an Usui & Karuna Reiki Master Teacher. She is certified in Akashic Record consulting and is a Blessing Giver. She also studied under various spiritual teachers as she progressed in understanding the connection of the physical and spiritual world as One. Visit: <http://www.circleinsights.com/>

5:00 PM - 7:00 PM

Embracing Your Empathic Self Why do I feel Everything? - \$25

Joy Kauf
972-221-8080

Join Joy for this workshop that will explore how to walk in this world and use your empath skills to connect with your angels and guides and read the energy around you. You will gain some tools you can use in your everyday life, and she will share with you her intuitive insights. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing and is certified as an Advanced Theta Practitioner, as well as a Reiki Master Teacher. Visit: www.galactichealing.org

Talks & Workshops

11:30 AM

Chakra Clearing & Cleansing

Samantha Gollakner

vibrationsoflove777@gmail.com

Chakras are the energy centers in your body. They function best by staying open and being balanced. Samantha will do a cleansing of all major and minor chakras with divine energy for the entire audience. Samantha is a healer, psychic and medium. She is also an international, best selling author who writes Self-help/ Fantasy books.

12:00 PM

Connect with Your Loved Ones in Spirit

RosaLee McIntosh

832-603-1456

RosaLee will be doing open spontaneous readings for some members of the audience. She will be channeling information from Spirit and your loved ones that are on the other side. RosaLee has been doing her passion for 20+ years. She is always learning and growing through the Psychic readings, Medium, Intuitive Tarot cards, Reiki, Egyptian Healing, Clinical Hypnosis, and Past Life regressions that she does. She feels that each experience has been a blessing through doing what she loves.

12:30 PM

The Healing Power of Holographic Sound

Dr. Paul Hubbert, PhD

512-659-0069

Through Holographic Sound Techniques, crystal bowls and vocal harmonics, activate the body's blueprint for health. Experience healing & balancing of physical, emotional, mental, and energetic bodies guided by higher consciousness. Paul holds a Ph.D. in Psychology, he's a Multidimensional Sound Master and teaches internationally. He is certified in Grief Recovery, hypnosis, Reconnective Healing and received recognition from the White House for his family counseling work. He's an intuitive channel, Reiki Master, musician and international recording artist. Visit: www.HolographicSound.com

1:00 PM

The Hidden Gold in Our Painful Relationships

Rebecca Eigen

281-799-2900

We suffer in our relationships when we don't know ourselves completely. Using Jungian psychology and the 7th House in our Astrological birth chart, Rebecca will show you how there is light at the end of the tunnel of love once we are willing to go into the dark side (hidden, unconscious parts of all of us) with courage and an open heart to discover the Gold. Rebecca Eigen, Relationship Alchemist and Astrologer for 25+ years specializes in the 7th House (marriage, partnership and open enemies; i.e. the shadow in us all). Visit: <http://shadowdance.us>

1:30 PM

Hidden Ancient Healing

Jedka Zeshera

310-951-6565

The Ancient healing wisdom from indigenous African Civilizations has been hidden from the broader public for centuries. Due to the current state of humanity, indigenous healers and priests are now providing access to this wisdom to people in modern communities. Jedka is a teacher, apprentice healer, and cultural activist who has dedicated the last 10 plus years of her life to learning from the Dogon tribe of West Africa. She currently works for Ankhkasta Natural Healing, a Non Profit organization dedicated to sharing and preserving African healing wisdom. Visit: www.anhlife.org

2:00 PM

Angels: How to Communicate with Yours

Shannon Schilling

830-285-1432

In this talk Shannon will discuss how to learn to trust your intuition, connect with your inner guidance/Angels, fulfill your life purpose and what it means to be a soul living in a physical body. Shannon is an international touring speaker, educator and consultant with 20 years of experience teaching people how to use practical metaphysics for inner peace, life purpose fulfillment and angel communication. She is also a Wayshowers College Certified Spiritual Consultant, Instructor and Educator. Visit: <https://shannonschilling.com>

2:30 PM

Dreams: Your Nighttime Workshop for Growth

Thomas Nolan, PhD

405-360-2250

Our Inner Consciousness is always seeking to help us. It utilizes dreams to help us solve problems, improve health, and create what we want; however, it uses symbols, cryptic messages, and visual images to do so. Join Thomas to learn more about this fascinating topic that affects us all. Dr. Nolan has a unique educational background including Theoretical Chemistry, Psychology, and forty-five years of studying a wide range of spiritual and metaphysical topics. Through these experiences, he developed a system, "The Path of the Holistic Warrior". Visit: <http://www.theholisticwarrior.com>

3:00 PM

Transforming & Embracing Your Journey On Earth

Jesse An Nichols George

480-225-0440

An will be talking about her experience as a walk-in; and her work as a Coding Interpreter. A large part of The Code Journey, is really about transformation and embracing your own personal journey here on Earth. She will also be taking questions. An is a Magi walk-in from the multi-verse. Her work blends over 50 different beliefs, practices, tools and modalities; none of which are used in the traditional ways. She is the author of "The Code Journey", which encourages compassionate living and awareness. Visit: <https://www.compassioncodes.com>

Sunday, Sept 5

3:30 PM

Support Your Immune System w/ Essential Oils

Alicia Ceballos

214-549-4420

Essential oils are compounds that are extracted through distillation from plants. Alicia will discuss the many uses and applications of these natural products. Alicia is a brand partner with Young Living Essential Oils. She is also the owner of Third Day Goodness Essential Oils. Visit: <https://www.myyl.com/3rddaygoodness>

4:00 PM

Leveraging the Universe to Live Your Dream Life

Rasheed Hooda

281-827-6840

This talk is focused on understanding and overcoming the resistance to creating wealth by reinforcing the fundamentals of how the Universe operates and creating a paradigm shift. You'll learn simple tools you can use to make it happen. Rasheed Hooda is an accomplished Public Speaker with many years of experience. He is living the life of his dreams and creating wealth after struggling with it for years. He uses personal anecdotes and illustrations to get his points across.

4:30 PM

Expand Your Awareness about Remote Healing

Robyn Slagle

214-893-5639

Remote (or Distance) Healing is any form of healing energy "sent" across time and space that has a healing effect on the recipient. Robyn will share experiences and examples, so bring your questions and expand your BEING-ness! Robyn is a healer and Spiritual Teacher. She's a 26th generation lineage holder of an unbroken Mayan lineage and has studied with numerous teachers, shamans, and curanderos. She guides you through self exploration and empowerment for healing on all levels. Visit: www.jarlight.com

5:00 PM - 7:00 PM

Walking With Spirit Gallery- \$25

Terri Groom

214-564-6349

Come join Terri with Vita Perceptions for an interactive connection with spirit. This gallery will focus on mediumship connections with loved ones, as well as channeled messages from guides, angels and other beautiful energies from the other side. Terri Groom is a Medium as well as a Medical Intuitive, Animal Communicator, Trance Healer and Life Coach. She utilizes clair senses as well as pure channeling. Terri is a published author under the pen name of A. Tacked and has been featured on Netflix. Email: vita perceptions@gmail.com

Exhibitors

A Holistic Solution

Nikki Green.....417-559-1402
Frequency Jewelry.
<http://www.aholisticsolution.com>

Ayurvedic and Intuitive Consultations

Asal Shokati
.....Mystic@AsalShokati.com
Healing Artist & Practitioner.
www.asalshokati.com

Eckankar

Bonny281-759-1130
The Path of Spiritual Freedom.
<https://eckankar-texas.org>

Activate One L.L.C.

Brian Stovall713-480-2947
Access Consciousness / ZaaZ Whole Body
Vibration.
<http://activateone.com/>

Book Life

Samantha Gollakner
.....vibrationsoflove777@gmail.com
Healing/ Psychic/ Medium; Author of
Self Help Series.

Energy Healer & Medical Intuitive

Donna Howell432-295-0170
Angel cards and Runes.
www.DonnaHealer.com

All Species Healing

Jennifer Amidon.....248-939-2902
Healing for you and your pet!
allspecieshealing@protonmail.com

Capricorn Shamaness

Tonya Davis.....972-415-7767
Angelic Oracle, Master Healer,
Spiritual Mentor.
www.capricornshamaness.me/

Erthy Bruja

Shannon Price.....214-702-1115
Spiritual Cleansing tools.
Erthybruja.com

Ancestral Spirit Tribe

Ryan Cleveland.....650-495-6604
Natural Medicine.
www.ancestralspirittribe.com

Chiki Buttah Products

Klm Keeshin512-771-6421
Organic body & skin care, pet and
CBD products.
<https://chikibuttah.com/>

Exquisite Designs

Antoinette B. Williams.....817-718-1694
Jewelry and Crystals

Ankhkasta Natural Healing

Jedka310-951-6565
Authentic African Healing and Charity.
www.anhlife.org

Darla Gray, LLC

Darla Gray469-290-2644
Intuitive Medium & Healing Facilitator.
<https://darlagray.com>

Forgotten Aye Mine

Robert Kuhn.....501-359-0670
Quartz Crystal Mining and Distribution

AROMATANTRA

Dr. Ravi Ratan, DSc646-546-6982
Aromatherapy oils & Products, Crystals,
books, CDs.
<http://AROMATANTRA.com>

Deelicious Scrubs and More®, LLC

Dee Jackson817-863-6509
Holistic Home, Bath, & Body products.
<https://deeliciousscrubs.com>

Green Mantis Wellness

Greg Good512-669-9670
Organic CBD Oil & Crystal Energy (-ion)
Products.
GreenMantisHemp.com

Astrologer for the 7th House

Rebeca Eigen281-799-2900
Specializing in Relationships.
shadowdance.com

Delta Life Fitness

Coach K936-697-3212
All Women Fitness Studio.
<https://deltalifefitness.com/locations/conroe/>

Head @ Toe Healing

Debra Lambert281-740-2445
Bioacoustics mat - stone and crystal.
<http://www.head2toehealing2525.com>

Holographic Sound & Inner Balance

Paul Hubbert 512-659-0069
Crystal Bowls, Workshops, Egyptian Jewelry, Crystals.
www.HolographicSound.com

Intuitive Advanced Energy Healer

Sheela Goodrich 512-577-4055
Personalized Reading with Chakra Balancing.
sheelagoodrich@gmail.com

Intuitive Reader

Pavi Selene 254-559-2650
Oracle & Tarot Cards.
Pavonine.Selene@gmail.com

Isagenix

Amy Loggins 512-237-0199
Marine Based Collagen and wellness products.
<https://amysmiracle.isagenix.com>

It's About Health

Verita Papillion 720-237-3608
Health & Wellness Business for All Ages.
itsabouthealth.biz

Jar Light

Robyn Slagle 214-893-5639
Healing for your body and spirit needs.
www.jarlight.com

Kelsey Care Advantage

Birdie Bain 713-598-4181
Health Plan Specialist for Kelsey Care Advantage

Kindred Luna

Marlenn Tamez 682-321-6853
Offering crystals & hand made candles with crystal.

La Rosa Encantadora

Laura Rodriguez 405-626-0865
Tarot reading and crystal tiaras.

Lab Wiz

Brooke Johnson 936-213-6300
Concierge Medical Services.
<http://www.LabWiz.biz>

Light Language University

Tanya Griffin 903-268-5436
Spirit, Mind, and Body Education.
lightlanguageuniversity.com

Miracles of Joy Metaphysical Store and Center

Joy Kauf 972-221-8080
Aura Photos & more!
www.miraclesofjoy.org

Nationally Renowned Psychic

Kathy Minier 469-879-8828
Entertainment, groups, parties, & personal readings.

New Spiritual Horizons

Ruth McKee 580-235-6236
Helping to clearly define your purpose on earth.
www.newspiritualhorizons.com

Oracle + Healer

Sarah Beth
..... Instagram: @sarahbethbram
Intuitive Messages and Energy Healing

Our Kindred Animal Spirits

Kristin Quintanilla 512-787-6969
Copper Wire-Wrap Jewelry & Crowns, Pendulums, Orgonite.
<http://www.OurKindredAnimalSpirits.com>

Pro Comfort Supplies

Patricia Macauley 281-248-3449
Providing seniors with equip and shoes- no cost.

Quality of Life Chiropractic

Yvonne Stephenson... 281-645-0760
Chiropractor- Preventative and Restorative.
<http://www.qofchiropractic.com>

Readings & Healings

Joel Cecala 469-841-4414
Intuitive Guidance; Reiki Master Teacher; YouTube - The Information Intuitive

Renewal By Andersen of Houston

Cinto Barrientes 346-212-2233
Custom replacement windows and patio doors.
<https://www.rbahouston.com/>

RLT

Daniel Shoshan 800-780-8826
Red light therapy and skin care.
<https://elevareskin.com>

Exhibitors (continued)

Rude Girl Treats

Ande McNamara 214-695-9971
CBD chocolates.
<http://www.Rudegirltreats.com>

Saving Memories, LLC

Paula Salgado 832-797-1620
Visual Cognition Program for Dementia.
<http://www.saving-memories.net>

Smart Ash Holders

Doug or Marina Swenson
..... 972-351-1952
We build incense holders, crystal
grid plates, etc.
www.smartashholder.com

Spirit Quest Rock Gem & Unique Boutique

Chris & Ginger Pennell
..... 281-288-7815
Located in Old Town Spring.
www.TheSpiritQuestCenter.com

Spiritual Artist & Mentor

Ka Home 214-649-5967
Channelled sessions w/ art & spiritual life
coaching.
www.kahome.com

Tarot Chuliz

Ana Roman 832-791-9528
Tarot readings.

The Code Journey

An 480-225-0440
The Code Journey- A Daily Guide
For Life On Earth.
<https://www.compassioncodes.com>

The Conscious Co-Creators Circle

Peggy Sue Skipper 832-628-5396
Support Group/Network Founder, Author.
www.LoveAndKindnessWorld.com

The GreenMan Studios

Arthur Graye 214-631-9917
Spiritual retail focusing on crystals
and jewelry.
<https://www.thegreenmanstudios.com>

The Healing Charm

Shari Davis 214-793-3531
Handmade essential oil diffuser jewelry.
www.thehealingcharm.com

The Holistic Warrior

Thomas Nolan, III, Ph.D.
..... 405-360-2250
Readings, Energy Balancing, Dream
Interpretation

The Insurance Girls with IHC Specialty Benefits

Allison Byrd Haley & Nicol Southall
..... 469-423-5055
ACA, Short Term, Medicare and Life
Insurance.
theinsurancegirlsagency@gmail.com

The Transitional Doula

Gaer Ferrinson 254-659-8832
Starseed Energy Healer and
Psychic Medium.
www.TheTransitionalDoula.com

Third Day Goodness Essential Oils

Alicia Ceballos, Brand Partner
..... 214-549-4420
Health & Wellness Products.
<https://www.myyi.com/3rddaygoodness>

Traveling Light

RosaLee McIntosh 832-603-1456
Psychic, tarot cards, Palmistry,
Past life readings.

United HealthCare Medicare & Retirement

Alexander H. Diaz 832-888-6896
Serving one in five Medicare beneficiaries.
www.aarpmedicare supplement.com/aarp

Vasayo

Mystee Tibbs 281-687-6282
Advanced Delivery Supplements.
<https://buy.vasayo.com/en/ShopProducts/458436>

Vita Perception

Terri Groom 214-564-6349
Life Coaching from the Other Side.
vita perceptions@gmail.com

Wildflower Living

Danielle Harrell 832-785-8083
Bioresonance Recognition &
Sympathetic Systems.
<http://www.DanielleHarrell.com>

Youflex, LLC

Matus Rivera 512-590-1540
Percussion guns and tens units.

Literature Table

Astrologer for the 7th House

Rebeca Eigen 281-799-2900
Specializing in Relationships.
shadowdance.com

Darla Gray, LLC

Darla Gray 469-290-2644
Intuitive Medium & Healing Facilitator.
<https://darlagray.com>

Delta Life Fitness

Coach K 936-697-3212
All Women Fitness Studio.
<https://deltalifefitness.com/locations/conroe/>

Head @ Toe Healing

Debra Lambert 281-740-2445
Bioacoustics mat - stone and crystal.
<http://www.head2toehealing2525.com>

Helen Racz

www.HelenRacz.com
..... 281-384-0207
Coaching, EFT Practitioner, Author,
Speaker.

Journey of Possibilities

Sheryl Sitts 281-252-6600
Facilitating and broadcasting ageless
timeless wisdom.
<http://www.journeyofpossibilities.com>

Lonestar Dowzers

Mary Wilson 713-201-8313
Use dowsing to improve your life.
LonestarDowzers.com

Miracles of Joy Metaphysical Store and Center

Joy Kauf 972-221-8080
Aura Photos & more!
www.miraclesofjoy.org

New Spiritual Horizons

Ruth McKee 580-235-6236
Helping to clearly define your purpose on
earth. www.newspiritualhorizons.com

Readings & Healings

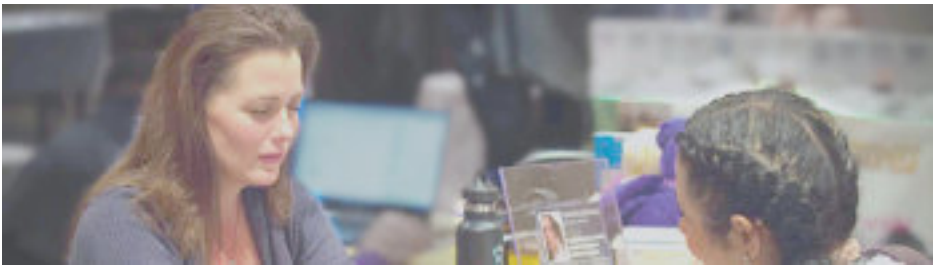
Joel Cecala 469-841-4414
Intuitive Guidance; Reiki Master Teacher;
YouTube - The Information Intuitive

The Book Connection & Prometheus Media Group

Rita Mills
..... 713-937-9184/ cell: 281-744-0626
Resource for Book Publishing & Media
Awareness.

Wildflower Living

Danielle Harrell 832-785-8083
Bioresonance Recognition & Sympathetic
Systems.
<http://www.DanielleHarrell.com>



WELLNESS EXPO®

MARK YOUR CALENDAR

Dallas (Waxahachie): Oct 9-10, 2021
Waxahachie Civic Center

Grapevine, TX: April 2-3, 2022
Grapevine Convention Center

Conroe (Houston): Sept. 3-4, 2022
Lone Star Convention & Expo Center