



Saturday & Sunday, June 10-11, 2023, 11am - 6pm
2000 Civic Center Ln, Waxahachie, TX 75165

WELLNESS EXPO

PROGRAM GUIDE

VISIT

70+ exhibit booths with
products & services
for body, mind & spirit

HEAR

24 talks on
holistic medicine,
personal growth &
metaphysics

EXPERIENCE

intuitive
consultations,
energy healing
&
aura photos

DISCOVER

how to boost
your immune
system &
balance your
emotional state

SHOP

jewelry,
crystals, CBD,
essential oils,
remodeling
services,
metaphysical
gifts

MEET

holistic healing
professionals

Saturday, June 10

11:30 AM

Past Life Healing

Lisa Chalmers, CHT., CPLR
972-998-7491

Often times it's the awareness of the past that frees us in the future. Come explore a short past life regression to go back and look at what gifts we can discover. Lisa Chalmers is a Certified Hypnotherapist, Certified Past Life Regression Healer, a Reiki Master, an Intuitive Psychic Medium (she gets pictures in her minds eye) and she is Clairaudient (she hears messages). She owns Inner Muse Hypnosis, where she offers Hypnotherapy and Past Life Regression.

Visit: www.InnerMuseHypnosis.com

1:30 PM

Connect in Spirit™ Gathering

Darla Gray
469-290-2644

Intuitive Medium Darla Gray will facilitate a Connect in Spirit™ Gathering which will include: - Evidence of life after death and messages from loved ones in spirit - Questions & Answers on mediumship Darla is an intuitive medium and healing facilitator who connects with loved ones in spirit. She delivers details and messages to support the healing process. Darla offers readings, training, healing circles and development circles in person and online. Visit: <https://darlagray.com>

3:30 PM

How Your Guides Evolve with You

Stacey Bosley
757-810-7376

We all change, evolve, and grow. In this talk we will examine how your team expands with you from the moment of birth through the adventure of life and beyond. Learn how to develop and strengthen your bond with your team to enhance your metaphysical practice. Stacey Bosley, is a Shadow Walker, psychic and channel. Her passion is to assist others with their healing journey through shadow work, removing negativity, and moving forward on a more peaceful, positive life path. Visit: www.staceysees.com

12:00 PM

Sickness Care System vs. Supporting Vitality

Alison Sahl
949-613-0932

Alison will discuss how to engage in radical self-care and be your own advocate so that you may better and more effectively navigate the healthcare system. After working as an ICU RN for over 25 years, Alison has pivoted to coaching and is a board certified nurse coach with a keen interest in coaching around the autoimmune lifestyle.

Visit: www.alisahl.com

2:00 PM

Staying Connected in a Chaotic World

Joy Kauf
972-221-8080

Do you sometimes forget you have a spirit team ready to support you daily? It is easy to forget our connection when chaos shows up in our lives. Joy will share some proven tips for connecting with your spirit team, manifesting your dreams, and maintaining your peace. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing and is certified as an Advanced Theta Practitioner, as well as a Reiki Master Teacher. Visit: www.joykauf.com

4:00 PM

Meditate Like a Pro

Arthur Graye
214-708-0944

Arthur will teach you the history of prayer beads, how to use them to the greatest benefit during meditation, how to choose a mantra and more! Learn everything you need to know about how to get started with this very hands-on form of meditation. Arthur is the owner of GreenMan Studios, a metaphysical business that he created in 2009. GreenMan Studios offers Photography, Artwork, Jewelry, Prayer Beads, Mantra and Meditation. Visit: thegreenmanstudios.com

12:30 PM

Astrology & You

Tracy Darling
210-725-2060

What have the celestial alignments got in store for us in 2023? We are living in unprecedented times, so this presentation is filled with cosmic news you can use to harness the power of the stars in navigating your way. Tracy Darling is a consulting astrologer, teacher and consciousness mentor, whose astrological journey began four decades ago in Germany. Her current focus is the 5th Dimensional Planets and how they assist evolving humanity in light activation illumination as we enter the Golden Age.

Visit: mapmystars.com

2:30 PM

Restore Health Naturally

Katie M. Palmer
katiepalmer.net

Learn how to get to the bottom of your health issues, and get your life back. Understand how to use functional lab tests and natural medicines to find healing opportunities for your body, and restore your health naturally. Katie is a Certified Herbalist, Blood Analyst, and Functional Diagnostic Nutrition Practitioner. She works to identify underlying causes of diseases instead of treating symptoms. She finds healing opportunities and engages her clients in health building.

4:30 PM

What COLOR Are YOU Today?

Ka Home
214-649-5967

Join Ka in an interactive experience as she creates a painting representing the essence and energy of the audience. As she paints, Ka will share insights and information from her Guides with individuals and the group. KA considers herself to be an Ascension Artist. Her artwork is intended to be used as a tool and catalyst for remembering your "True Self" which is a "powerful Soul having a Human experience".

Visit: Kahome.com

1:00 PM

Gut Restoration and Cellular Detoxification

David Morcom, PharmD
214-293-5103

Discover the most efficient and methodical way to heal yourself from any complex chronic condition by fixing the root systems of the body first so all the other systems fall back into place with ease creating natural vitality and resilience forever forth. Dr. David Morcom, PharmD, is a certified functional medicine practitioner fusing his background in modern pharmacology with the newest research in herbs, nutrition, bioenergetics and lifestyle medicine. With an integrative and holistic approach, he aims to understand each client as a whole and their condition at its root.

Visit: integrativewellnessfx.com

3:00 PM

Advanced Laws of Healing

Steve Caldwell
580-819-0565

Steve Caldwell will lead a team of spiritual healers in a discussion and demonstration of the advanced laws of healing. He has adopted this approach as healing teams have been found to be much stronger than individuals and are considered the future of medicine. Steve has been a vessel for spirit-led healing for over 35 years. He works with Clinton Peirce, Medical Intuitive, under the banner, "Clinton's Herbs".

5:00 PM - 7:00 PM

Angelic Connections- \$25

Joy Kauf & Ka Home
972-221-8080

Join Joy and Ka for a gallery of channeled messages from the Angelic Realm. We will cover what channeling is? How can you receive your messages from your angels? We will be channeling messages for the group. Joy Kauf and Ka Home have been channeling for over 30 years. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing and is certified as an Advanced Theta Practitioner, as well as a Reiki Master Teacher. Visit: www.joykauf.com KA considers herself to be an Ascension Artist. Her artwork is intended to be used as a tool and catalyst for remembering your "True Self" which is a "powerful Soul having a Human experience".

Visit: Kahome.com

Sunday, June 11

11:30 AM

How to Manifest your Life Path

Connie J. Foster
501-743-2559

Connie will provide you with tools you can use to help you sync with your energy so you can live your life with the feeling of being where you are meant to be. Connie's opening into a more Spiritual world started in 1970 with an astrology class and developed from there by studying and giving into the gifts she has been given to read cards and eventually into reading the Akashic Records.

Visit: myphoenixrings.com

1:30 PM

1- Minute to Serenity: Overcoming Stress & Anxiety

Dr. Divya Sadaram
540-742-7799

Do you struggle with stress and find it hard to take time for yourself? Join us for a seminar to explore the benefits of mindfulness meditation and the Body Intuitive method to relieve stress and enhance your overall wellbeing. Passion Healings offers holistic healing by Dr. Divya Sadaram MD, an experienced energy healer, psychic & medical intuitive. Her transformative sessions address subconscious emotions, limiting beliefs & root causes affecting physical, mental & emotional issues.

Visit: passionhealings.com

3:30 PM

The Transformative Power of Memories

Sherry Coffman
817-468-1691

We all have memories that are happy and others that are disturbing. In this talk, Sherry will show you how to free yourself from troubling memories and use happy ones to create more personal power and stay in alignment with your true essence. Sherry Coffman is an Author, Certified Energy Healer & Teacher, Aroma Freedom Practitioner and Empowerment Mentor. She has spent the past decade working with others to help them live more empowered, joyful lives.

Visit: empoweredjoy.com

12:00 PM

Connect with Your Loved Ones in Spirit

RosaLee McIntosh
832-603-1456

RosaLee will be doing open spontaneous readings for some members of the audience. She will be channeling information from Spirit and your loved ones that are on the other side. RosaLee has been doing her passion for 20+ years. She is always learning and growing through the Psychic readings, Medium, Intuitive Tarot cards, Reiki, Egyptian Healing, Clinical Hypnosis, and Past Life regressions that she does. She feels that each experience has been a blessing through doing what she loves.

2:00 PM

Mental, Physical, and Spiritual Health

Jacqueline Campbell
214-235-9087

The mind-body connection has a natural healing process. When this process is assisted correctly and in order it brings on a spiritual enlightenment which allows people to reach their highest potential. Jacqueline Campbell is the owner of Restoring Minds Wellness clinic in Midlothian TX. She is a Licensed Professional Counselor and Naturopathic Doctoral candidate who has a passion for those suffering from trauma, attachment difficulties, anger, and anxiety.

Visit: restoringmindswellness.com

4:00 PM

Muscle Testing in Action

Greg Good
512-669-9670

Greg will demonstrate how to do muscle testing, aka Kinesiology, which has been found to be one of the most efficient ways to determine truth from falsehood and strength from weakness. He will also test various healing frequency energy tools to discover their effectiveness. For the past 30 years, Greg Good has been a student of the metaphysical realm, quantum physics universe and all things holistic for the body. He is also a past life healing hypnosis therapist trained by Dolores Cannon since 2010.

Visit: GetVibranz.com/GregGood

12:30 PM

Numerology: Seeing Life Through the Numbers

Eloy Machuca
thegreenmanstudios.com

Join Eloy as he talks about the basics of Numerology and how you can change your perspective by paying attention to the spiritual properties of numbers. Each of us have individual numbers for each year depending on our birthdate. Come find out yours! Eloy has been practicing Numerology as well as various other methods of divination for the past decade. He is a Lenormand, Tarot & Charm reader, as well as a BARS Practitioner & Holy Fire Reiki Master. Find him and all he does at thegreenmanstudios.com

2:30 PM

Profound Path To Forgiveness

Mary Delano Otis
951-259-7413

Learn 3 Steps in this experiential talk that will allow you to let go of unresolved negative emotions and feelings for your own peace of mind. This tool, strategy and technique is a powerful new way to way forgive yourself and others! Mary Delano Otis is an International Trainer, Speaker and Author with over 30 years of experience in Personal Growth, Transformation and Multi-Dimensional Vibrational Healing. Mary's unique immersive style is informative, supportive and inspiring.

Visit: GoldenLightAndLove.com

4:30 PM

Medical Intuition & Shamanic Practices

Kristina Jones
210-385-6620

Kristina will guide you through a medical intuition exercise to reveal your energy blocks and how to remove them with shamanic techniques. Kristina is a medical intuitive, shamanic practitioner, and energy healer who delivers channeled messages, energetic healing, and vibrational sound healing. Kristina provides remote and in-person private sessions and corporate sound bath experiences.

Visit: www.kristinajones.co

1:00 PM

Healing Through Dreams and Visions

Barbie Breathitt
972-253-6653

Learn how dream truths impact your waking world by offering healing, wisdom, direction, purpose, and destiny. Gain valuable keys to success by unlocking the mysteries of your dreams. Barbie Breathitt is a world renowned published best-selling author, prophetic life coach, master dream analyst and healing & miracle practitioner. She has interpreted dreams throughout the U.S., government offices, corporate America, Europe and third-world nations.

Learn more at DreamsDecoder.com

3:00 PM

The Meaning & Importance of Shadow Work

Tina Todaro
405-208-3183

Tina will explain shadow work and how it can be used as a tool to self-awareness and personal growth. Tina will offer practices you can use to help you in your process of growth. Tina Todaro is an intuitive, as well as a Reiki and Hawaiian Healing practitioner, who has dedicated her time to empower people on their path to healing, inner knowledge and spiritual growth. She is also co-owner of Sacred Journey, which is a Spiritual Teachings and Wellness Center.

Visit: www.sacredjourney111.com

5:00 PM - 7:00 PM

Hearing Spirit: A Shadow Gallery - \$25

Stacey Bosley
757-810-7376

Join Stacey for an intimate evening of communication with spirit. The intent of this gallery is to deliver channeled messages from the ethereal realm to you. You can discover what a shadow gallery is and what to do with the messages given. Stacey Bosley, is a Shadow Walker, psychic and channel. Her passion is to assist others with their healing journey through shadow work, removing negativity, and moving forward on a more peaceful, positive life path.

Visit: www.StaceySees.com

Exhibitors

A Wellness Alternative / People's Chiropractic

Edna Craven, DC214-769-2209
Iridology.
awellnessalternative.com

Aerus

Michael LaPerle903-452-6768
Air and water purification.
Aerusofdallas.com

AHolistic Solution

Jackie Denton928-300-8954
Department store with jewelry & misc items.
aholisticsolution.com

Artio Artisanals

Bear & Wendy Griffin
.....817-703-6141
Intentionally crafted spiritual tools
from nature.
www.artioartisanals.com

AV Towers Insurance Group LLC

Vicki Torres972-898-5521
Licensed Medicare advisors.
www.avtowersinsurancegroup.com

Bio-Energetic Jewelry LLC

Claudia Denham620-481-0209
Programmed jewelry, superior EMF
protection.
www.bio-energeticjewelry.com

Center For Well Being

Mary Delano Otis951-259-7413
DNA Activation, Aura Chakra Imaging,
Healing.
www.GoldenLightAndLove.com

Chiki Buttah Products

Kimberly Keeshin512-771-6421
Organic products for health and wellness.
chikibuttah.com

Clairvoyant Psychic Medium/ Professional Artist

Mari Weldon
.....Weldonmari@gmail.com
Gives you a sketch of souls around you.
PsychicMari.com

Clinton's Herbs

Clinton Peirce620-899-1785
Wild crafted herbs for healing.

Connect and Heal Now

Ashley Tadlock940-206-9061
Healer, animal communicator,
psychic medium.
www.connectandhealnow.com

Crystal Joy Corp

Mary Hurley405-413-9791
Hand picked high energy crystals.
www.facebook.com/crystaljoyok

Darla Gray, LLC

Darla Gray469-290-2644
Intuitive Medium & Healing Facilitator.
dariagray.com

Dignity Memorial

Alejandro Garcia956-251-9392
Funeral and cemetery pre-planning
benefits.

DreamsDecoder

Barbie Breathitt972-253-6653
Spiritual transformation through dreams &
healing.
dreamsdecoder.com

EarthWombyn LLC

Patricia Walls
.....www.patriciawalls.net
offering shamanic sound tools and self help
books.
patriciawalls.net

Empowered Joy LLC

Sherry Coffman817-468-1691
Intuitive Energy Healing & Empowerment
Mentoring.
empoweredjoy.com

Exquisite Designs by Antoinette, LLC

Antoinette B. Williams
.....817-718-1694
Handmade Jewelry with Crystals.
linktr.ee/exquisite designsbyantoinette

Good Wellness USA

Greg Good512-669-9670
Crystal Energy (-ion) Products.
Getvibranz.com/GregGood

Inner Muse Hypnosis

Lisa Chalmers972-998-7491
Hypnotherapist/ Intuitive Medium.
www.innernesshypnosis.com

Integrative Wellness Fx

David Morcom214-624-0170
Functional Medicine Clinic.
integrativewellnessfx.com

Intuitive Advisor

Stacey Bosley 757-810-7376
Psychic Readings, Amaurotic Soul
Drawings & Channel.
www.StaceySees.com

Intuitive Readings and Healing

Kristina Jones 210-385-6620
Psychic Healing, Medical Intuitive, Sound
Healer.
kristinajones.co

Intuitive Tarot

Helen Watson 817-684-1146
Reader, Numerologist, Medium, Healer &
Feng Shui Consultant.

Katie M Palmer

Katie
..... katiempalmer.net
Nutritional Blood Analyst, FDN-P.

La Rosa Encantadora

Laura Rodriguez 405-626-0865
I provide intuitive tarot readings.

Labradorite Love

Sonia McCraney 972-345-8271
Reiki and Charka Handmade jewelry.
www.LabradoriteLove.com

Lavanda Aromatherapy and Botanical Products

Becky Heaton 972-965-0636
All Natural topical aromatherapy products.
www.ilavanda.com

Lifetime Windows & Siding

Keedan Smith 303-656-1765
We do home remodel services.
lifetimewindows.com

Lighthouse Reiki Crystal Shop

Misty Verlinden 281-848-9566
Offering energy healing &
metaphysical gifts.
www.lighthousereikihouston.com

Lolita Accessories

William & Luisa Cleves
..... 704-200-0378
Handmade jewelry with natural stones.
www.lolitaaccessories.com

Map My Stars

Tracy Darling 210-725-2060
Astrology sessions, reports, celestial
treasures.
mapmystars.com

Mavi Healer of Hearts

joanarc45@yahoo.com
..... 214-477-7292
Healer Clairvoyant Psychic Medium.
Readings in English & Spanish.

Michelle Henderson Medium

Michelle Odum Henderson
..... 214-560-2565
intuitive or mediumship spiritual readings.
michellehendersonmedium.com

Miracles of Joy Metaphysical Store and Center

Joy Kauf 972-221-8080
Aura Photos & more!
www.miraclesofjoy.org

moonlightREMEDIES

Lital Meloul 214-534-6848
Crystal infused essential oil rollers,
energy cleansing,
linktr.ee/moonlightREMEDIES

Mountain Magic Health

Sandra Bruni 936-577-4539
4 Topical products for pain relief,
and much more.
mountainmagichealth.com

Nationally Renowned Psychic

Kathy Minier 972-406-0080
Entertainment, groups, parties, &
personal readings.

Natures Ascension

Chris Vanstone 714-443-9557
Specializes in selling rare Crystals.
instagram.com/natures_ascension

Nik Nak Snaks LLC

Jesse Ulrich 972-400-3873
Unique Gourmet Snacks.
niknaksnaks.com

No Limit LOCS with Kina, LLC

Sakina George 469-767-6427
Natural Hair, skin, and beard products.
www.nolimitlocs.com

Now and Zen Bodyworks

Brenda Austin 469-416-3912
Chair Massage, Candles, Crystals & More!
www.nowandzenbodyworks.com

Exhibitors (continued)

NRG Energy

Jessica White 704-201-9552
We sell variable energy plans.
www.reliant.com

Phoenix Risings

James Foster 501-628-8691
Spiritual Advisor specializing in Past life
readings.
myphoenixrisings.com

Sacred Journey Experience LLC

Bettina Todaro 405-208-3183
Metaphysical Store and Services.
Sacredjourney111.com

Oil Essentials with Mimi

Maria (Mimi) Salinas Gallemore
..... 817-915-1813
doTERRA Essential Oils.
www.mydoterra.com/mimisalinas

QuiAri

Donald Pittman 936-206-1795
Health & Wellness Products.
healthyandfree.quiari.com

Sacred Places of Enchantment

Theresa L. Robinson
..... 972-639-2224
Energy Infused Crystal Quartz Healing
Products.

OKAS Designs

Kristin Quintanilla 512-787-6969
Hand-crafted wire wrap jewelry, crowns
and crystal.
www.OKASDesigns.com

Readings & Healings

Eloy Machuca
..... thegreenmanstudios.com
Tarot, Lenormand and Kipper Card
Readings.

Safe in Sound

Koko T. Bear 865-414-3743
Meditation Teacher and Sonic
Space Holder.
KokoTBear.com

Orr Holistic Healing/ Massaging Dallas

Ken & Diane Orr 469-358-8451
Reflexology, Shamanic Energy Healing,
Chair Massage.
ken@orholistichealing.com

Rebel Dreads Corp

Michael Weinstein 214-914-5759
CBD Manufacturer.
www.rebeldreadscorp.com

Savvi

Megan Kelsey 972-921-7324
Athleisure, apparel and wellness.
www.savvi.com/megankelsey

Palm Science

Barbara Gale 512-961-2594
Life Purpose Destiny map in your
fingerprints.

Renewal By Andersen

Carissa Goff 620-259-3639
Window and door replacement.
dallaswindowsdoors.com

SJ Kitchen Table Food Truck

Sara Mallord & Carlos Dominguez
..... 469-879-3457
Serving delicious Latin American cuisine.
www.sjkitchentable.com/

Passion Healings

Dr. Divya Sadaram ... 540-742-7799
Holistic Doctor.
passionhealings.com

Restoring Minds Wellness

Jacqueline Campbell
..... 214-235-9087
Mental health counseling and wellness.
restoringmindswellness.com

Skin Renewal and Beyond

Angela Sahl 972-948-0101
Increase your own collagen production.
SkinRenewalAndBeyond.com

Pella Windows and Doors

Whitney Davidson ... 701-200-8824
Replacement Windows and Doors.
www.pellabrand.com/dallas

Rude Girl Treats

Ande McNamara 214-695-9971
CBD+ D8 chocolates

Spiritual Artist & Mentor

Ka Horne 214-649-5967
Channelled sessions w/ art & spiritual life
coaching.
www.kahorne.com

Straightahead hair style

Maayan Zeevi..... 707-843-0515
Hair straighteners, hair products.
straightaheadbeauty.com

Traveling Light

RosaLee McIntosh ... 832-603-1456
Psychic, tarot cards, Palmistry,
Past life readings.

Stretch Zone

Amber McReynolds.. 469-550-2000
Assisted Practitioner Stretching.
www.stretchzone.com

Wild Mary

Lisa McCormick..... 214-828-9937
Rosemary Beauty Elixir.
wildmary.com

Tens by May

Maayan Zeevi..... 707-843-0515
Tens unit for pain management.
itouchrelief.com

ZenTalas

Stacey Smith 214-502-5673
Orgonite, Resin Art, Gemstone Jewelry.
zentalas.com

The GreenMan Studios

Arthur Gray..... 214-708-0944
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thegreenmanstudios.com

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Belinda Galipp, Independent Stylist
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Color Street dry nail polish, nail care & lip color.
www.colorstreet.com/belindagalipp

Trauma Healing

Johnny 5 (J5) 501-500-4684
Author, Psychic, & Sexual Abuse Healing.
j5psychic.com

WELLNESS EXPO®

MARK YOUR CALENDAR

Grapevine, TX: July 22-23
Grapevine Convention Center

Conroe (Houston): Sept. 2-3
Lone Star Convention & Expo Center

Grapevine, TX: October 7-8
Grapevine Convention Center

WellnessExpo.net • 972-925-9393

Literature Table

Farley Counseling and Supervision

Staci Farley 972-589-7608
counseling.
www.farleycounseling.com

Mountain Magic Health

Sandra Bruni 936-577-4539
4 Topical products for pain relief, and much more.
mountainmagichealth.com

Skin Renewal and Beyond

Angela Sahl 972-948-0101
Increase your own collagen production.
SkinRenewalAndBeyond.com

Inner Muse Hypnosis

Lisa Chalmers 972-998-7491
Hypnotherapist/ Intuitive Medium.
www.innernesshypnosis.com

New Spiritual Horizons

Ruth McKee 580-235-6236
Helping people unfold their life purpose.
alwaysinjoy@outlook.com

The Information Intuitive

Joel Cecala 469-841-4414
Intuitive Guidance; Reiki Master Teacher.
informationintuitive.com

Integrative Wellness Rx

David Morcom 214-624-0170
Functional Medicine Clinic.
integrativewellnessrx.com

Passion Healings

Dr. Divya Sadaram ... 540-742-7799
Holistic Doctor.
passionhealings.com

Miracles of Joy Metaphysical Store and Center

Joy Kauf 972-221-8080
Aura Photos & more!
www.miraclesofjoy.org

Peggy Sue Skipper

..... 832-628-5396
Intuitive Sessions and/or Hand Analysis.
www.LoveandKindnessWorld.com