

WELLNESS EXPO PROGRAM GUIDE

THE LONE STAR CONVENTION & EXPO CENTER · 9055 AIRPORT RD · CONROE, TX

SATURDAY & SUNDAY, SEPT. 2-3, 2023, 11AM - 6PM

VISIT

60+ exhibit booths with
products & services
for body, mind & spirit

HEAR

24 talks on
holistic medicine,
personal growth &
metaphysics

DISCOVER

how to boost
your immune
system &
balance your
emotional state

EXPERIENCE

intuitive
consultations
& energy
healing

MEET

holistic healing
professionals

SHOP

jewelry,
essential oils,
CBD,
remodeling
services,
metaphysical
gifts

11:30 AM

Past Life Healing

Lisa Chalmers
972-998-7491

Often times it's the awareness of the past that frees us in the future. Come explore a short past life regression to go back and look at what gifts we can discover. Lisa Chalmers is a Certified Hypnotherapist, Certified Past Life Regression Healer, a Reiki Master, an Intuitive Psychic Medium (she gets pictures in her minds eye) and she is Clairaudient (she hears messages). She owns Inner Muse Hypnosis, where she offers Hypnotherapy and Past Life Regression.

Visit: www.InnerMuseHypnosis.com

1:30 PM

Bioresonance - a Mind/Body Wellness Solution

Stacy Ellie - 314-562-5506

Stacy will discuss Bioresonance, which is a frequency generating, educational tool that identifies energetic imbalances within the emotional and the physical and then sends optimizing frequencies back to the body to achieve homeostasis. Learn how you can quantum leap your health and wellness. Stacy Ellie is an RN and Energy Medicine Practitioner with 13 years combined experience in the allopathic and holistic healthcare industry with a passion for empowering individuals to heal themselves. She is currently certified in: Emotion Code/Body Code, Certified Group Energy Practitioner, and Accredited Belief Coding® Facilitator. She is also a Quantum Living Advocate for Solex/AO Scan. Visit: sea-healing.com

3:30 PM

If Only the World was Made of Quartz

Terri Groom
214-564-6349

Come join Terri as she guides you from a fear-thinking path to one that is filled with the power that comes from direct communication with your guides, your spiritual team and your higher self. With simple techniques we are able to tap into the vastness and wonder of our creation and use it to expand our awareness of manifesting, connecting, creating, loving and BEING. Terri Groom is a Medium as well as a Medical Intuitive, Animal Communicator, Trance Healer and Life Coach. She utilizes clair senses as well as pure channeling. Terri is a published author under the pen name of A. Tacked and has been featured on Netflix. Email: vitaperceptions@gmail.com

12:00 PM

EFT- Creating Positive Change One Tap at a Time!

Helen Racz
281-384-0207

Emotional Freedom Technique (EFT), is a form of acupressure similar to acupuncture without the use of needles. Come for a joyous journey with tangible effects as you ask questions and experience how to support yourself with this technique. EFT Practitioner, teacher, speaker, retreat leader, life coach and author, Helen's unique tapping style combines energy, humor and compassion to lead people into alignment with their desires, empowering them to live life on purpose with purpose. Visit: www.HelenRacz.com

2:00 PM

Staying Connected in a Chaotic World

Joy Kauf
972-221-8080

Do you sometimes forget you have a spirit team ready to support you daily? It is easy to forget our connection when chaos shows up in our lives. Joy will share some proven tips for connecting with your spirit team, manifesting your dreams, and maintaining your peace. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing and is certified as an Advanced Theta Practitioner, as well as a Reiki Master Teacher. Visit: www.joykauf.com

4:00 PM

Shamanic Drumming & Medical Intuition

Kristina Jones
210-385-6620

Kristina will guide you through a visualization to "see" inside your body with your own medical intuition and clairvoyance. This will be followed by a shamanic journey with a drum and rattle. Kristina is a medical intuitive, shamanic practitioner, and energy healer who delivers channeled messages, energetic healing, and vibrational sound healing. Kristina provides remote and in-person private sessions and corporate sound bath experiences. Visit: www.kristinajones.co

12:30 PM

Shadow Work & the Astrological 7th House

Rebecca Eigen
281-799-2900

Empowerment is the result of knowing and retrieving your missing selves that unconsciously were projected onto others. Relationships that have puzzled you for years will become clear, once you learn to own your own Shadow. Rebecca E. Eigen, Relationship & Marriage FIXER, Astrologer for the 7th House for 25+ years, uses Jungian concepts and the Astrological birth chart to evoke the symbolic and help you become more aware of your total Self. Her in-depth study of the Shadow has given her an invaluable awareness of the role the unconscious plays in the relationships we repeatedly attract into our lives. Visit: shadowdance.com

2:30 PM

Tune Into Divine Guidance for Health & Healing

Caran Wysong
281-759-1130

Are you looking for answers, guidance, or protection? Where does healing come from? Help can come in many ways. It can be a nudge, a dream, or a quiet voice within you. Learn new ways to tap into the ever-present wisdom of Divine Spirit for health and healing. Caran Wysong is a teacher, coach, and mother who is passionate about health and wellness. She shares powerful techniques she learned through Eckankar, to help you resolve problems, be who you came here to be, and do what you came here to do.

4:30 PM

What COLOR Are YOU Today?

KA Home
214-649-5967

Join Ka in an interactive experience as she creates a painting representing the essence and energy of the audience. As she paints, Ka will share insights and information from her Guides with individuals and the group. Ka considers herself to be an Ascension Artist. Her artwork is intended to be used as a tool and catalyst for remembering your "True Self" which is a "powerful Soul having a Human experience". Visit: Kahome.com

1:00 PM

Root Causes of Common Health Problems & How to Treat Them

Dr. Pam O'Connor - 281-289-6742

Dr. Pam O'Connor will be discussing the common causes for most health problems. She will discuss the role of Functional Medicine and help you learn more about what you can do to optimize your health. Dr. Pam O'Connor is Board Certified in Family Medicine and practices at the Woodlands Institute for Health & Wellness. After completing her fellowship, she practiced non-surgical orthopedics for several years in Kentucky and Texas. In 2011, she began focusing on Primary Care at College Park Medicine before deciding to transition to functional medicine in 2022. Visit: www.TWIHW.com

3:00 PM

Nurturing Intuition: Empowering Sensitive Kids

Michelle Henderson
214-560-2565

Empower intuitive children in this transformative workshop. Nurture strengths, manage emotions & foster a positive self-image. Deepen your understanding to create a supportive environment. Gain confidence in supporting your child's potential. Michelle Henderson, M. Ed. - Educator, Psychic Advisor, Author. With 30 years in education, she now empowers intuitive children, guiding families and fellow lightworkers. Author of "Spiritual Nurturing for Intuitive Children" (Jan 5, 2022). Visit: michellehendersonmedium.com

5:00 PM - 7:00 PM

Angelic Connections- \$25

Joy Kauf & KA Home
972-221-8080

Join Joy and Ka for a gallery of channeled messages from the Angelic Realm. We will cover what channeling is? How can you receive your messages from your angels? We will be channeling messages for the group. Joy Kauf and Ka Home have been channeling for over 30 years. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing and is certified as an Advanced Theta Practitioner, as well as a Reiki Master Teacher. Visit: www.joykauf.com KA considers herself to be an Ascension Artist. Her artwork is intended to be used as a tool and catalyst for remembering your "True Self" which is a "powerful Soul having a Human experience". Visit: Kahome.com

11:30 AM

The Power of Awake Awakened One Thich Dieu Thien 972-841-1102

Awakened Zen Master Thich Dieu Thien Wakes Up all people to realize what we truly are, and are not; she unlocks the human system, opening our Awake mind for us to live with True Happiness and True Freedom, liberating us from all stress, conflicts, and suffering. For the past 22 years, Awakened One Thich Dieu Thien has been Waking people up all over the world. She is also the founder of Universal Door Meditation Center and author of international best seller, "The Power of Awake". She opens Wisdom mind for people to realize who they truly are. Visit: www.universaldoor.org

1:30 PM

Possibility of You Brian Stovall 713-480-2947

Do you ever stand in your own way? What if you could choose the possibilities of you that you know are possible? Join Brian as he discusses and demonstrates Access Consciousness® and how the tools can assist you in releasing the limitations, conclusions, or judgments that keep you stuck in what you are choosing. Brian Stovall, Activate One, is an Access Consciousness® Certified Facilitator, Bars Facilitator, Family Constellation Facilitator, and Life Coach, who empowers individuals, groups, and businesses around the world to transform, and know that they know. Visit: activateone.com

3:30 PM

What It Means To Be Anointed In Modern Times Ce Ce Carter 818-749-8346

Ce Ce will discuss how to know you are anointed and she will provide tools/techniques to help you accept being anointed. Ce Ce grew up as a Jehovah's Witness. Later in life a tarot card reading triggered her interest in spirituality which introduced her to meditation, mediumship and her psychic abilities. She began having sessions with Jesus where he told her that she was anointed and it was time to accept her assignment as a healer. He showed her the towers of light emanating from her hands and asked her to share this gift with the world.

12:00 PM

Hearing Spirit: A Shadow Gallery Stacey Bosley 757-810-7376

Join Stacey for an intimate gathering of communication with spirit. The intent of this gallery is to deliver channeled messages from the ethereal realm to you. Stacey Bosley, is a Shadow Walker, psychic and channel. Her passion is to assist others with their healing journey through shadow work, removing negativity, and moving forward on a more peaceful, positive life path. Visit: www.staceysees.com

2:00 PM

The Camouflaged Epidemic: Trauma & Abuse Johnny J (J5) - 501-932-4118

Trauma and abuse are the greatest plague affecting people. Once this is understood collectively, we can correct and end all crimes against humanity, suffering, abuse, and trafficking, thus restoring functionality back to the physical inhabitants of our beloved Earth, one person at a time. J5 will demonstrate his technique. In 2019 after studying Edgar Cayce and his methods of meditation, J5 had an out of body experience which unlocked something dormant within him. From that day forward he began being trained in his dreams on how to perform metaphysical sessions to treat the epidemic of trauma, specifically sexual abuse, which he has done professionally for the last 4 years all over the country. Visit: j5psychic.com

4:00 PM

Numerology: Seeing Life Through the Numbers Eloy Machuca www.thegreenmanstudios.com

Join Eloy as he talks about the basics of Numerology and how you can change your perspective by paying attention to the spiritual properties of numbers. Each of us have individual numbers for each year depending on our birthdate. Come find out yours! Eloy has been practicing Numerology as well as various other methods of divination for the past decade. He is a Lenormand, Tarot & Charm reader, as well as a BARS Practitioner & Holy Fire Reiki Master. Find him and all he does at www.thegreenmanstudios.com

12:30 PM

Spiritual Connections Colette Summerland 346-777-4151

Experience the process of personal connections with spirit communication as you hear messages from the Angels and your loved ones in Spirit about your life, which takes place in a comfortable setting. Please note that while all our welcome, not everyone in attendance is guaranteed to receive a message. Colette is a Psychic-Medium, Angel Communicator, and Life Designer with over 26 years of professional service. With her gifts of Clairvoyance (seeing), Clairaudience (hearing), and Clairsentience (feeling). Visit: ColetteSummerland.com

2:30 PM

Heal Instantly with Quantum Hypnosis Greg Good 512-669-9670

This technique QHHT, developed by Dolores Cannon, enables direct contact and communication with the Subconscious of any individual for answers to any questions and can also provide the basis for instant healing. Greg will explain this technique. Greg Good, who has a love for everything natural and organic, has studied quantum physics and metaphysics. He is also trained by Dolores Cannon in Quantum Healing Hypnosis. His company, Green Mantis Wellness, specializes in natural healing modalities for a healthier world. Visit: GetVibranz.com/GregGood

4:30 PM

The Secret of the 7 Chakras Christin Romo 281-262-2210

Learn how to apply the meaning and power of each chakra in our relationships and programming. Understand how healing and maintaining balance in the 7 chakras can help with life's challenges while playing a big part in overall wellness. Christin is an Energy Healer, Spiritual Counselor, & Intuitive. Her core in the Healing Arts is from the fusion of her Latin, Native American, Hungarian, and Italian heritage coupled with certifications as a Reiki Master Teacher, 200hr Experienced Registered Yoga Teacher (E-RYT), and work as an Ordained Minister. www.opengatewellnesstx.com

1:00 PM

Inner Child Healing Misty Verlinden 281-848-9566

An inner child lives within all of us & expresses their wounds through our emotions and reactions. Join us as we discuss how to heal our wounded inner child through play and to embrace the gifts our healed inner child offers. A short inner child meditation will introduce you to this beautiful soul living within the adult. Misty Verlinden is a Certified Reiki Master, Angelic Reiki, Certified Shamanic Reiki Practitioner, and utilizes her Clairsentient gifts to feel her client's emotional energy. Misty is the owner of Lighthouse Reiki & Crystals in Houston, a metaphysical store & energy practice. www.LighthouseReikiHouston.com

3:00 PM

Look Good and Feel Good Inside and Out Jacquelyn Bhoness 832-296-7709

It's never too late to take charge of your health and well-being; let's start your journey towards transformation today. Jacquelyn Bhoness is the Chief Executive Officer and Registered Nurse Administrator of Greater Elevations, LLC, a health and wellness company that provides personal wellness and health improvement services, health coaching and education classes. Visit: www.mynursejackie.com

5:00 PM - 8:00 PM

Walking With Spirit Gallery - \$25 Terri Groom 214-564-6349

Come join Terri with Vita Perceptions for an interactive connection with spirit. This gallery will focus on mediumship connections with loved ones, as well as channeled messages from guides, angels and other beautiful energies from the other side. Terri Groom is a Medium as well as a Medical Intuitive, Animal Communicator, Trance Healer and Life Coach. She utilizes clair senses as well as pure channeling. Terri is a published author under the pen name of A. Tacked and has been featured on Netflix. Email: vita perceptions@gmail.com

Exhibitors

1992 Honey Co

Savanah and Adam Sockwell
..... 346-588-3846
Supplier of Sustainable Local and Varietal Honey.
www.1992honeyco.com

A Holistic Solution

Nikki Green.....417-559-1402
Jewelry infused with healing frequencies.
www.aholisticsolution.com

A Wellness Alternative. People's Chiropractic

Edna Craven, DC.....214-769-2209
Iridology.
AWellnessAlternative.com

Activate One L.L.C.

Brian Stovall.....713-480-2947
Coach, Access Consciousness, Family
Constellation.
www.activateone.com

Alchemy of the Soul

Lindsay Cline.....361-946-1463
Alchemy of the Soul.
alchemyfortheheart.wordpress.com

AO Scan Technology

Hannah Craig.....727-207-8552
Bioresonance- a whole body wellness solution.
www.aoscaninfo.com

Aromatantra

Dr. Ravi Ratan, DSc... 646-546-6982
Aromatherapy oils & Healing Crystals Wellness.
www.aromatantra.com

Astrological Marriage & Relationship FIXER

Rebeca Eigen.....281-799-2900
Specializing in Relationships.
shadowdance.com

Bio-Energetic Jewelry LLC

Claudia Denham620-481-0209
Programmed functional EMF protection jewelry.
www.bio-energeticjewelry.com

CapTel Outreach

Selena Alvarez713-416-5002
Captioned Telephones.
www.oelius.org

Carolyn P. Little

Carolyn P. Little469-867-0676
Clairvoyant Medium, Inner Child Counselor

CBD American Shaman Conroe

Pamela Carlisle903-644-0689
CBD.
conroecbd.com

Ce Ce Ferrari's Anointed Healing Hands

Ce Ce818-749-8346
Healing Hands for well-being, and peace.
CeCeFerrari@gmail.com

Center For Well Being

Mary Delano Otis951-259-7413
DNA Activations AuraChakra Imaging Quantum
Healing.
GoldenLightAndLove.com

Chiki Buttah Products

Kim Keeshin512-771-6421
Handmade organic skin care, pain relief, pets,
CBD.
www.chikibuttah.com

Crystal Joy Corp

Mary Hurley.....405-413-9791
Hand picked high energy crystals.
www.facebook.com/crystaljoyok

Deelicious Scrubs and More®, LLC

Dee Jackson817-863-6509
Holistic and vegan home, bath, and body
products.
Deeliciousscrubs.com

Dignity Memorial

Corbin Becker918-630-1343
Provide information on funeral planning.
www.dignitymemorial.com

ECKANKAR-The Path of Spiritual Freedom

Uwakwe Onwuchekwa
.....281-690-3968
Non-profit religious organization

Evolving and Emerging U / Conscious Health Choices

Fatmata Kaikai346-541-8588
Integrative medical clinic.
www.evolvingandemergingu.com

Forgotten Aye Mine

Robert Kuhn501-359-0670
Quartz Crystal Distribution.

Golden Hill Crystal Moon

Brandi Parks.....936-933-3181
Crystals, Egyptian oils, drums and rattles.
Goldenhilltreat.com

Good Wellness USA

Greg Good.....512-669-9670
Crystal Energy (-ion) Products.
Getvibranz.com/GregGood

Greater Elevations LLC

Jacquelyn Bbones...832-296-7709
Look Good and Feel Good Inside & Out!
www.mynursejackie.com

High Vibin with Toni Rae
Felicia 832-529-7579
Using the Earth's resources for Healing.
Tonirae.online

**Lifewave, Stem Cell
Regeneration**
Joseph T. Torres 503-789-1618
Stem cell regeneration your own body's stem
cells.
Lifewave.com/refresh

Nirvana Elite Sleep & Wellness
LaTanya Brown 832-817-3371
Holistic Wellness and Sleep Behavioral Health.
nirvanaelitesleep.com

**Holographic Sound &
Inner Balance**
Paul Hubbert 512-659-0069
Crystal Bowls, Workshops, Egyptian Jewelry,
Crystals.
www.HolographicSound.com

**Lighthouse Reiki Intuitive
Healing**
Misty Veriinden 281-848-9566
Spiritual healing services & metaphysical gifts.
www.LighthouseReikiHouston.com

Now and Zen Bodyworks
Brenda Austin 469-416-3912
Massage therapy, candles, sage crystals.
www.nowandzenbodyworks.com

Inner Muse Hypnosis
Lisa Chalmers 972-998-7491
Hypnotherapy & Past Life Regression Healing.
www.InnerMuseHypnosis.com

Love Psychic
Cynthia 281-254-5153
Tarot Reading, Chakra Balancing, Sound
Healing.
www.lovepsychicuk.com

OKAS Designs
Kristin Quintanilla 512-787-6969
Handmade Copper Jewelry, Crowns, & Crystals.
www.OKASDesigns.com

**Intuitive Advanced
Energy Healer**
Sheela Goodrich 512-577-4055
Personalized Reading with Chakra Balancing.
sheelagoodrich@gmail.com

MariGold Foods
Mari Ann Lisenbe 936-443-1069
Tasty protein snacks made with clean
ingredients.
www.marigoldfoods.com

Open Gate Wellness
Christin Romo 832-785-5872
Healing by Alternative Therapies.
www.opengatewellnesstx.com

Intuitive Advisor
Stacy Bosley 757-810-7376
Psychic Readings, Amaurotic Soul Drawings &
Channel.
www.StaceySees.com

Michelle Henderson Medium
Michelle Henderson . 214-560-2565
Intuitive or Mediumship Spiritual Readings.
www.michellehendersonmedium.com

Palm Science
Barbara Gale 512-961-2594
Life Purpose Destiny map in your fingerprint.

Intuitive Readings and Healing
Kristina Jones 210-385-6620
Psychic, Medical Intuitive, and Sound Healer.
www.kristinajones.co

**Miracles of Joy
Metaphysical Store and
Center**
Joy Kauf 972-221-8080
Aura Photos & more!
www.miraclesofjoy.org

**Power Home
Remodeling Group**
Hans Losada 346-714-4844
Exterior Home Remodeling: Windows & Roofing.
powerhrg.com

Juice Plus and Tower Garden
Janis Gebhart 832-257-5479
Whole Food Nutrition & Vertical Aeroptic
Garden.
www.janisgebhart.juiceplus.com

Mountain Magic Health
Sandra Bruni 936-577-4539
4 Topical Herb & Essential Oil Blends for Pain &
more.
mountainmagichealth.com

Premiere Senior Advisors
Amber Commins 936-697-6052
Licensed & Independent Health Insurance Agent.
agentambercares@gmail.com

LeafFilter Gutter Protection
Wayne Strebler 800-726-7703
Gutter Guards.
www.leaffilter.com

Nationally Renowned Psychic
Kathy Minier 972-406-0080
Entertainment, groups, parties, & personal
readings.

Readings & Healings
Eloy Machuca
..... www.thegreenmanstudios.com
Tarot, Lenormand and Kipper Card Readings.

Exhibitors (continued)

Renewal By Andersen of Houston

Cinto Barrientes 346-319-5596
Replacement Windows & Patio Doors.
www.rbahouston.com

Straightahead

Maayan Zeevi..... 707-843-0515
Hair product to style your hair.
straightaheadbeauty.com

The Rock Fancier

Rebecca Kern 281-913-9330
We sell crystals, rocks, fossils, minerals.
www.etsy.com/shop/TheRockFancier

Rising Earth Medicine

Birdie Armstrong..... 951-323-5500
Naturopathic Doctor and Lymphatic Drainage.
www.risingearthmedicine.com

Tarot Chuliz

Emily A. Roman..... 346-372-4544
Tarot readings.

The Woodlands Institute for Health and Wellness

Kim Beale 281-289-6742
Functional Medicine Specialists.
www.TWIHW.com

Rodgers Stein Chiropractic Clinic

Stacey Rodgers, DC .. 936-441-9990
Chiropractic Care.
rogerssteinchiropractic.com

Tech innovation

Kobi Yagen 786-338-8500
Anti-Aging.
elevareskin.com

Trauma Healing

Johnny 5 (J5)..... 501-500-4684
Author, Psychic, & Sexual Abuse Healing.
j5psychic.com

Rude Girl Treats

Ande McNamara 214-695-9971
Infused chocolate.
rudegirltreats.com

Tens by May

Maayan Zeevi..... 707-843-0515
Tens unit for pain relief.
Hidow.com

Universal Door Meditation Center

Pho Nguyen 972-841-1102
WAKE UP meditation ... classes, retreats, and more!
www.universaldoor.org

Spiritual Artist & Mentor

Ka Horne 214-649-5967
Channelled sessions w/ art & spiritual life coaching.
www.kahorne.com

The Good Shaman

Nakeisha Benett..... 832-303-3754
Naturopathic Wellness.
www.thegoodshaman.org

Vita Perception

Terri Groom 214-564-6349
Life Coaching from the Other Side.
vitaperceptions@gmail.com

Spiritual Connections

Colette Summerland 346-777-4151
Psychic-Medium/ Angel Communicator/ Life Designer.
ColetteSummerland.com

The GreenMan Studios

Arthur Graye..... 214-631-9917
One stop Shoppe for all your metaphysical needs.
www.thegreenmanstudios.com

Ways2Well

Kirsten or Adam 281-205-4721
Wellness and Health Optimization.
ways2well.com

SpiritualKick

Elizabeth Ann Smith . 936-344-3308
Healer.
www.spiritualkick.net

The Healing Charm

Shari Davis 214-793-3531
Wire wrapped sterling silver and copper jewelry.
www.thehealingcharm.com

Wynnwood Farms

Debbie Wynn..... 832-403-7490
Retail packaged loose leaf teas.
www.wynnwoodfarms.com

Star Glow USA

Abdul Bouchaala 407-233-6389
Jewelry cleaner.

The Holistic Warrior

Thomas Nolan, III, Ph.D.
..... 405-360-2250
Readings, Energy Balancing, Dream Interpretation

Yakult U.S.A. Inc.

Larry Craig..... 713-705-5951
Delicious Nonfat Probiotic Drink.
yakultusa.com

Literature Table

1992 Honey Co

Savanah and Adam Sockwell
..... 346-588-3846
Supplier of Sustainable Local and Varietal Honey.
www.1992honeyco.com

Helen Racz

www.HelenRacz.com
..... 281-384-0207
Coaching, EFT Practitioner, Author, Speaker.

Peggy Sue Skipper

www.LoveAndKindnessWorld.com.
..... 832-628-5396
Intuitive Sessions and/or Hand Analysis.

7 Stones Yoga Studio

Jamie Smith 936-714-4678
Yoga & Holistic Wellness Studio.
www.7stonesyogastudio.com

Inner Muse Hypnosis

Lisa Chalmers 972-998-7491
Hypnotherapy & Past Life Regression Healing.
www.InnerMuseHypnosis.com

Premiere Senior Advisors

Amber Commins 936-697-6052
Licensed & Independent Health Insurance Agent.
agentambercares@gmail.com

Alpine Yoga & Wellness

Eryn Pernarelli 936-978-0711
Yoga Studio and wellness center.
www.alpineyogalec.com

It's Your Life, LLC

Kay Graham 936-499-1089
International Clinical Hypnotherapist

Spirit Quest Rock Gem & Unique Boutique

Ginger Pennell 281-288-7815
Located in Old Town Spring.
www.TheSpiritQuestCenter.com

Antar Glow

Anita Vyas 713-366-6485
Sound healing, breathwork and guided
meditation.
www.antarglow.com

Jar Light

Robyn Slagle 214-893-5639
Ancient Energy Arts Healing and Teaching.
jarlight.com

The Information Intuitive

Joel Cecala 469-841-4414
Intuitive Guidance; Reiki Master Teacher.
informationintuitive.com

Ce Ce Ferrari's Anointed Healing Hands

Ce Ce 818-749-8346
Anointed Healing Hands for well-being, and
peace.
CeCeferrari@gmail.com

Miracles of Joy Metaphysical Store and Center

Joy Kauf 972-221-8080
Aura Photos & more!
www.miraclesofjoy.org

Ways2Well

Kirsten or Adam 281-205-4721
Wellness and Health Optimization.
ways2well.com

Functional Balance LLC

Diana Welsh 936-249-6296
Functional Nutrition Counselor.
www.fxnbalance.com

Nationally Renowned Psychic

Kathy Minier 972-406-0080
Entertainment, groups, parties, & personal
readings.

Greater Elevations LLC

Jacquelyn Bholes 832-296-7709
Look Good and Feel Good Inside & Out!
www.mynursejackie.com

WELLNESS EXPO®

MARK YOUR CALENDAR

Grapevine, TX: Oct. 7-8, 2023
Grapevine Convention Center

2024

Grapevine, TX: Jan. 13-14, 2024
Grapevine Convention Center

Conroe, TX: March 16-17, 2024
The Lone Star Convention & Expo Center

Grapevine, TX: April 13-14, 2024
Grapevine Convention Center

Grapevine, TX: July 20-21, 2024
Grapevine Convention Center

Conroe, TX: August 31-Sept. 1, 2024
The Lone Star Convention & Expo Center

Grapevine, TX: Oct. 12-13, 2024
Grapevine Convention Center
