

# WELLNESS EXPO PROGRAM GUIDE

THE LONE STAR CONVENTION & EXPO CENTER · 9055 AIRPORT RD · CONROE, TX

SATURDAY & SUNDAY, MARCH 16-17, 2024, 11AM - 6 PM

## VISIT

70+ exhibit booths with  
products & services  
for body, mind & spirit

## HEAR

24 talks on  
holistic medicine,  
personal growth &  
metaphysics

## DISCOVER

how to boost  
your immune  
system &  
balance your  
emotional state

## EXPERIENCE

intuitive  
consultations  
& energy  
healing

## MEET

holistic healing  
professionals

## SHOP

jewelry,  
essential oils,  
CBD,  
remodeling  
services,  
metaphysical  
gifts

# Saturday, March 16

11:30 AM

## Past Life Healing

Lisa Chalmers

Often times it's the awareness of the past that frees us in the future. Come explore a short past life regression to go back and look at what gifts we can discover. Lisa Chalmers is a Certified Hypnotherapist, Certified Past Life Regression Healer, a Reiki Master, an Intuitive Psychic Medium (she gets pictures in her mind's eye) and she is Clairaudient (she hears messages). She owns Inner Muse Hypnosis, where she offers Hypnotherapy and Past Life Regression. Call 972-998-7491 or Visit: [www.InnerMuseHypnosis.com](http://www.InnerMuseHypnosis.com)

1:30 PM

## Iridology: What Can Our Eyes Tell Us?

Dr. Edna Craven, DC

Join Dr. Edna Craven to learn about Iridology, which is the study of the iris, or colored part of the eye. Its overall appearance, plus specific fiber arrangement and pigment details reveal an incredible amount of information about you in a non-invasive manner. Dr. Edna Craven is a doctor of chiropractor, nutritional consultant, and a practicing Iridologist, who has been successfully reading irises for over 42 years. Dr. Craven uses a holistic approach to health and with the doctor's guidance, all patients are encouraged to take an active part in the maintenance of their health and in the treatment of their illnesses. Call 214-769-2209 or visit: [www.wellnessalternative.com](http://www.wellnessalternative.com)

3:30 PM

## Dipping Your Toes in Shadow Work

Stacey Bosley

Join Stacey for a 30 minute exploration into Shadow Work. During this mini gallery we will explore your questions surrounding Shadow Work and gather information as Stacey channels your Spirit Team. Stacey Bosley, is a Shadow Walker, psychic and channel. Her passion is to assist others with their healing journey through shadow work, removing negativity, and moving forward on a more peaceful, positive life path. Call 757-810-7376 or visit: [www.staceysees.com](http://www.staceysees.com)

12:00 PM

## EFT- Creating Positive Change One Tap at a Time!

Helen Racz

Emotional Freedom Technique (EFT), is a form of acupressure similar to acupuncture without the use of needles. Come for a joyous journey with tangible effects as you ask questions and experience how to support yourself with this technique. EFT Practitioner, teacher, speaker, retreat leader, life coach and author, Helen's unique tapping style combines energy, humor and compassion to lead people into alignment with their desires, empowering them to live life on purpose with purpose. Call 281-384-0207 or visit: [www.HelenRacz.com](http://www.HelenRacz.com)

2:00 PM

## Consciousness of Sound

Kristina Jones

Kristina will be sharing simple concepts about sound, vibration, and energy that influence our daily lives. She has traveled internationally to study with sound healers and gong masters, and is excited to share a small sound healing exercise with attendees. Kristina is an international psychic, medical intuitive, shamanic practitioner, and vibrational sound healer. She provides remote and in-person private sessions and corporate sound bath experiences. Call 210-385-6620 or visit: [www.kristinajoneshealer.com](http://www.kristinajoneshealer.com)

4:00 PM

## Co-Creating With Your Body

Sara Blumenfeld

Your body is a separate entity (with its own consciousness) from your Spirit and can be your best friend on this journey through time and space. Instead of judging it and bossing it around, co-create with it. Sara Blumenfeld is a healing arts practitioner who helps people identify and release what is holding them back from the life they would like to have. She believes everyone has amazing gifts to share, and removing blocks can help them shine. Call 512-659-6694 or visit: [www.sarablumenfeld.com](http://www.sarablumenfeld.com)

12:30 PM

## Shadow Work & the Astrological 7th House

Rebecca Eigen

Empowerment is the result of knowing and retrieving your missing selves that unconsciously were projected onto others. Relationships that have puzzled you for years will become clear, once you learn to own your own Shadow. Rebecca E. Eigen, Relationship & Marriage FIXER, Astrologer for the 7th House for 25+ years, uses Jungian concepts and the Astrological birth chart to evoke the symbolic and help you become more aware of your total Self. Her in-depth study of the Shadow has given her an invaluable awareness of the role the unconscious plays in the relationships we repeatedly attract into our lives. Call 281-799-2900 or visit: [www.shadowdance.com](http://www.shadowdance.com)

2:30 PM

## Learning Nervous System Self Regulation

Dr. Nelson Valena

In this talk, Dr. Nelson will help you discover the gateway to health and wellness. He will also teach you practices to open you up to be more receptive to creating a life of balance, health, and joy. Dr. Nelson Valena is a board certified medical doctor with a practice in neurological rehabilitation for over 20 years. In 2011 after suffering a minor stroke, he began to explore alternative forms of healing. He completed an integrative medicine fellowship and has a special interest in energy medicine and Shamanism. In 2021 he developed a retreat center in Coldspring, Texas called Golden Hill Retreat Center. Call 646-246-3957 or visit: [www.goldenhillretreat.com](http://www.goldenhillretreat.com)

4:30 PM

## The Essence of Shamanism

Christin Romo

Learn how applied practices like Shamanic Retrievals and Journeys are vehicles for profound experiences, wisdom, and transformation. Christin is a Spiritual Teacher, Shaman, Reiki Master Teacher, Yoga Teacher, Intuitive, and host of The Open Gate podcast. She is a creator of systems based on ancient teachings for spiritual growth and wellness. Call 281-262-2210 or visit: [www.opengatewellness.com](http://www.opengatewellness.com)

1:00 PM

## Root Causes of Common Health Problems & How to Treat Them

Dr. Pam O'Connor

Dr. Pam O'Connor will be discussing the common causes for most health problems. She will discuss the role of Functional Medicine and help you learn more about what you can do to optimize your health. Dr. Pam O'Connor is Board Certified in Family Medicine and practices at the Woodlands Institute for Health & Wellness. After completing her fellowship, she practiced non-surgical orthopedics for several years in Kentucky and Texas. In 2011, she began focusing on Primary Care at College Park Medicine before deciding to transition to functional medicine in 2022. Call 281-289-6742 or visit: [www.TWIIHW.com](http://www.TWIIHW.com)

3:00 PM

## Spiritual Wisdom on Health and Healing

Joe Salerno

What is the greatest creative force you can use for healing? This talk will share spiritual exercises and insights that you can use to tap into the source of healing, to heal the past and help yourself now. Joe Salerno is a longtime member of ECKANKAR- The Path of Spiritual Freedom. He worked in video production. He is now retired but still loves to dabble in computers, audio and photography. He is fond of dogs and ice cream. Call 281-759-1130 or visit: [www.eckankar-texas.org](http://www.eckankar-texas.org)

5:15 PM - 7:00 PM

## Sound Bath - \$25

Kristina Jones

Come experience the magic of the vibrational sound, and drop in to a space of healing. During this sound bath various sound healing instruments will be used to complement the soothing vibrations of the gong. Take some time for yourself to help release tension, lighten your mood, and integrate the infinite vibrations of the universe. Kristina is an international psychic, medical intuitive, shamanic practitioner, and vibrational sound healer. She provides remote and in-person private sessions and corporate sound bath experiences. Call 210-385-6620 or visit: [www.kristinajoneshealer.com](http://www.kristinajoneshealer.com)

# Sunday, March 17

11:30 AM

## Chakra Clearing & Cleansing

Deanna Baza

Chakras are the energy centers in your body, which function best by staying open and being balanced. Deanna will do a cleansing of all major and minor chakras with divine energy for the entire audience. Coming from the small island of Guam, Deanna has found her main purpose in life to be that of serving humanity by using Hawaiian healing, Reiki and her intuitive abilities. She also utilizes her craft of creating scented candles that are made with the blessings and energy that her lineage brings with it. Call 817-495-6179 or visit: [www.sacredjourney111.com](http://www.sacredjourney111.com)

12:00 PM

## Energy Healing for Pain

Tina Todaro

Tina will explain and demonstrate how energy affects the body physically, as well as emotionally. She will help various audience members with their pain by working energetically on them and explaining what she sees. Tina Todaro is an intuitive, as well as a Reiki and Hawaiian Healing practitioner, who has dedicated her time to empower people on their path to healing, inner knowledge and spiritual growth. She is also the owner of Sacred Journey, which is a Spiritual Teachings and Wellness Center. Call 405-208-3183 or visit: [www.sacredjourney111.com](http://www.sacredjourney111.com)

12:30 PM

## Dissolving Trauma

Johnny 5 (J5)

Discover how to treat trauma and dissolve its impression within the bio field so that functionality can rebound to a healthier state. Johnny 5 will offer live demos for some audience attendees. In 2019 after studying Edgar Cayce and his methods of meditation, J5 had an out of body experience which unlocked something dormant within him. From that day forward he began being trained in his dreams on how to perform metaphysical sessions to treat the epidemic of trauma, specifically sexual abuse, which he has done professionally for the last 4 years all over the country. Call 501-500-4684 or visit: [j5psychic.com](http://j5psychic.com)

1:00 PM

## Astrology & You

Tracy Darling

What have the celestial alignments got in store for us in 2024? We are living in unprecedented times, so this presentation is filled with cosmic news you can use to harness the power of the stars in navigating your way. Tracy Darling is a consulting astrologer, teacher and consciousness mentor, whose astrological journey began four decades ago in Germany. Her current focus is the 5th Dimensional Planets and how they assist evolving humanity in light activation illumination as we enter the Golden Age. Call 210-725-2060 or visit: [mapmystars.com](http://mapmystars.com)

1:30 PM

## Magic of You

Brian Stovall

Do you know you are magical? What if you could choose to be even more magical every day? What magic do you know is possible right now? Join Brian as he speaks about Access Consciousness® and how the tools can assist you to be more of you. Brian Stovall, Activate One, is an Access Consciousness® Certified Facilitator, Bars Facilitator, Family Constellation Facilitator, and Life Coach, who empowers individuals, groups, and businesses around the world to transform, and know that they know. Call 713-480-2947 or visit: [activateone.com](http://activateone.com)

2:00 PM

## DNA Activations.. Accessing Your Highest Potential

Mary Delano Otis

Join Mary as she shares some insights of DNA Activation benefits and why you should activate yours now. Learn how stepping into the Quantum Realm will allow you to go beyond the possibilities and be the best version of yourself! Mary Delano Otis is an International Trainer, Speaker and Author with over 30 years of experience in Personal Growth, Transformation and Multi-Dimensional Vibrational Healing. Mary's unique immersive style is informative, supportive and inspiring. Call 951-259-7413 or visit: [GoldenLightAndLove.com](http://GoldenLightAndLove.com)

2:30 PM

## Reprogramming Limiting Beliefs

Kelly James

Manifest the life you desire by reprogramming your subconscious mind. Join Kelly as she demonstrates a technique for identifying, dissolving, and reprogramming limiting beliefs that block success and authentic living. Kelly James is an intuitive life coach who believes everyone holds the power within themselves to create their most fulfilling and purpose-driven life. She helps her clients access their own inner wisdom to guide them to their best life, help them solve problems, and achieve their maximum potential. Call 832-573-0473 or visit: [www.KellyMaureenJames.com](http://www.KellyMaureenJames.com)

3:00 PM

## Non-Consumable Supplements are Now a Reality

Sue Whittaker

The discoveries and inventions of early pioneers in the effects and uses of electricity and magnetics in plant and animal health has come a long way. Come and learn about a newest wave of discovery behind the creation of non-consumable supplements. Sue Whittaker has 40 years of experience in alternative medicine and is completing a doctoral degree focused on her invention of non-consumable supplements. Sue integrates subtle forms of reality with advanced technology of bio-energy modulation with quantum physics. Call 503-851-7927 or visit: [DeTOXalot.com](http://DeTOXalot.com)

3:30 PM

## Numerology: Seeing Life Through the Numbers

Eloy Machuca

Join Eloy as he talks about the basics of Numerology and how you can change your perspective by paying attention to the spiritual properties of numbers. Each of us have individual numbers for each year depending on our birthdate. Come find out yours for 2024! Eloy has been practicing Numerology as well as various other methods of divination for the past decade. He is a Lenormand, Tarot & Charm reader, as well as a BARS Practitioner & Holy Fire Reiki Master. Find him and all he does at [www.thegreenmanstudios.com](http://www.thegreenmanstudios.com)

4:00 PM

## The Journey to Your Divine Life Purpose

LaShelle Diane

Learn how life's experiences and challenges are directly related to spiritual ascension, gifts and abilities. LaShelle will be sharing how a very tumultuous path full of twists and turns properly prepared her to walk in her divine life purpose, working with angels and real-life miracles. LaShelle wears a number of hats including medical intuitive, spiritual advisor, and death doula. Her transformative sessions help her clients remove blockages and move past grief, guilt, pain and resentment to find a greater purpose for their lives. Call 702-721-7172 or contact at [lashed@blissful-therapy.com](mailto:lashed@blissful-therapy.com) or visit [calendly.com/blissfultherapy](http://calendly.com/blissfultherapy).

4:30 PM

## Inner Child Healing

Misty Verlinden

An inner child lives within all of us & expresses their wounds through our emotions and reactions. Join us as we discuss how to heal our wounded inner child through play and to embrace the gifts our healed inner child offers. A short inner child meditation will introduce you to this beautiful soul living within the adult. Misty Verlinden is a Certified Reiki Master, Angelic Reiki, Certified Shamanic Reiki Practitioner, and utilizes her Clairsentient gifts to feel her client's emotional energy. Misty is the owner of Lighthouse Reiki & Crystals in Houston, a metaphysical store & energy practice. Call 281-848-9566 or visit: [www.LighthouseReikiHouston.com](http://www.LighthouseReikiHouston.com)

5:00 PM - 7:00 PM

## Hearing Spirit: A Shadow Gallery - \$25

Stacey Bosley

Join Stacey for an intimate gathering of communication with spirit. The intent of this gallery is to deliver channeled messages from the ethereal realm to you. Stacey Bosley, is a Shadow Walker, psychic and channel. Her passion is to assist others with their healing journey through shadow work, removing negativity, and moving forward on a more peaceful, positive life path. Call 757-810-7376 or visit: [www.staceysees.com](http://www.staceysees.com)

# Exhibitors

## 1992 Honey Co

Savanah Sockwell

..... 346-588-3846

Onestop shop for all Local and Artisan Honey Needs.

[www.1992honeyco.com](http://www.1992honeyco.com)

## A Holistic Solution

Nikki Denton ..... 417-559-1402

Holistic jewelry.

[www.Aholisticsolution.com](http://www.Aholisticsolution.com)

## A Wellness Alternative

Edna Craven, DC ..... 214-769-2209

Iridology.

[AWellnessAlternative.com](http://AWellnessAlternative.com)

## Activate One

Brian Stovall ..... 713-480-2947

Coach, Access Consciousness, Family Constellation.

[www.activateone.com](http://www.activateone.com)

## Alchemy for the Heart

Lindsay Cline ..... 361-946-1463

Energy/Prayer Healing.

[www.alchemyfortheheart.com](http://www.alchemyfortheheart.com)

## An Invitation To More

Sara Blumenfeld ..... 512-659-6694

Energy healing (Emotion Code).

[sarablumenfeld.com](http://sarablumenfeld.com)

## ARCpoint Labs of The Woodlands, TX

Shyam Venkataraman

..... 832-674-6700

Drug / toxicology, clinical testing laboratory.

[www.arcpointlabs.com/the-woodlands](http://www.arcpointlabs.com/the-woodlands)

## Astrological Marriage & Relationship FIXER

Rebeca Eigen ..... 281-799-2900

Specializing in Relationships.

[shadowdance.com](http://shadowdance.com)

## Bio-Energetic Jewelry

Claudia Denham ..... 620-481-0209

Programmed functional jewelry.

[www.bio-energeticjewelry.com](http://www.bio-energeticjewelry.com)

## Blissful Therapy

LaShelle Whitmore... 702-721-7172

Healing/Guidance, Ancestral, Medical, Akashic.

[calendly.com/blissfulttherapy](http://calendly.com/blissfulttherapy) [blissful-therapy.com](http://blissful-therapy.com)

## Body & Brain Yoga Tai Chi

Cherie Clark-Moore.. 832-283-2761

Tai Chi, Energy Healing, Yoga.

<https://linktr.ee/bodybrainconroe>

## Callistosong Spirituality

Theresa Renee ..... 940-268-5914

Intuitive Tarot, Oracle, Psychic Empath, Channel.

## CapTel Outreach

Selena Alvarez, Outreach Educator

..... 713-416-5002

Captioned Telephones.

[www.oelius.org](http://www.oelius.org)

## Center For Well Being

Mary Delano Otis ..... 951-259-7413

DNA Activations, Quantum Healing, Aura

Imaging.

[GoldenLightAndLove.com](http://GoldenLightAndLove.com)

## Clairvoyant Medium and Inner Child Counselor

Carolyn P. Little ..... 469-867-0676

Clairvoyant Medium and Inner Child Counselor.

## Colette Summerland

Colette Summerland 346-777-4151

Psychic-Medium, Angel Communicator & Life

Designer.

[ColetteSummerland.com](http://ColetteSummerland.com)

## Crystal Joy Corp

Mary Hurley ..... 405-413-9791

Hand picked high energy crystals.

[www.facebook.com/crystaljoyok](http://www.facebook.com/crystaljoyok)

## Crystal Moon

Brandi McCulley ..... 936-933-3181

Crystals and some metaphysical items.

## Deanna Doralyn Spiritual Healer

Deanna Baza ..... 817-495-6179

Energy worker and card reader, psychic medium.

[sacredjourney111.com](http://sacredjourney111.com)

## Delectious Scrubs and More®, LLC

Dee Jackson ..... 817-863-6509

Holistic and vegan home, bath, and body products.

[Delectiousscrubs.com](http://Delectiousscrubs.com)

## Divine Anointed Healings

Ce Ce ..... 818-749-8346

Energy Healing, Tarot, Mediumship, Psychic.

[CeCeferrari@gmail.com](mailto:CeCeferrari@gmail.com)

## ECKANKAR-The Path of Spiritual Freedom

Uwakwe Onwuchekwa

..... 281-690-3968

Message of the Light and Sound.

## FOV Insurance Brokers

Lisa Wishoun-Day .... 281-389-8110

Health and Life Insurance brokers.

[www.fieldofvisionllc.com](http://www.fieldofvisionllc.com)

## Golden Hill Retreat

Jason Anderson ..... 646-246-3957

Retreat Center.

[www.goldenhillretreat.com](http://www.goldenhillretreat.com)

**Good Wellness USA**

Greg Good.....512-669-9670  
 Crystal Energy (-ion) Products.  
[Getvibranz.com/GregGood](http://Getvibranz.com/GregGood)

**Lifewave- Stem Cell  
Regeneration**

Joseph T. Torres .....503-789-1618  
 Using light to support the body to heal itself.  
[Lifewave.com/refresh](http://Lifewave.com/refresh)

**Movement Mastery Solutions**

Jordan Schrutka .....281-734-5997  
 Physical Therapy, Sports/Ortho Manual Therapy.

**HealthyHelp4u.com**

Beth Carpenter .....512-707-9886  
 Readings, Healings & energetic skincare.

**Light of the Lion**

Lam Chenevert.....979-231-2775  
 Alternative medicine Qi healing aura cleanse.

**Nationally Renowned Psychic**

Kathy Minier .....972-406-0080  
 Entertainment, groups, parties, & personal readings.

**Hydration Mama**

Meredith Dell .....316-779-5050  
 Kangen Water Ionizers.  
[www.hydratationmama.com](http://www.hydratationmama.com)

**Lighthouse Reiki & Crystals**

Misty Verlinden .....281-848-9566  
 Metaphysical Store & Reiki Practitioners.  
[www.LighthouseReikiHouston.com](http://www.LighthouseReikiHouston.com)

**NaturHeally**

Amber Kemper-Charlton, RN, BSN  
 .....402-450-2567  
 Swiss Bionics PEMF Systems.  
[www.NaturHeally.com](http://www.NaturHeally.com)

**Inner Muse Hypnosis**

Lisa Chalmers .....972-998-7491  
 Hypnotherapy & Past Life Regression Healing.  
[www.InnerMuseHypnosis.com](http://www.InnerMuseHypnosis.com)

**Lotus Mandala**

Anul Shrestha.....682-557-8130  
 Sterling silver, singing bowls and cotton clothing.

**Nelson Chiropractic Center**

Dr. Ryan Nelson .....936-494-0053  
 Chiropractic office.

**Intuitive Advanced  
Energy Healer**

Sheela Goodrich .....512-577-4055  
 Personalized Reading with Chakra Balancing.  
[sheelagoodrich@gmail.com](mailto:sheelagoodrich@gmail.com)

**Love and Kindness World**

Peggy Sue Skipper ...832-628-5396  
 Support Group/Network Founder, Author.  
[www.LoveAndKindnessWorld.com](http://www.LoveAndKindnessWorld.com)

**Now and Zen Bodyworks**

Brenda Austin .....469-416-3912  
 Now & Zen Bodyworks is a spiritual massage studio.  
[www.nowandzenbodyworks.com](http://www.nowandzenbodyworks.com)

**Intuitive Advisor**

Stacy Bosley.....757-810-7376  
 Psychic Readings, Amaurotic Soul Drawings & Channel.  
[www.StaceySees.com](http://www.StaceySees.com)

**Madame Tremella**

Shiitake Mama .....405-612-6814  
 Channeling personal Messages from Mushrooms.  
[www.shiitakemama.com](http://www.shiitakemama.com)

**OKAS Designs**

Kristin Quintanilla .....512-787-6969  
 Handmade Jewelry & Sculptures, Crowns, Crystals.  
[www.OKASDesigns.com](http://www.OKASDesigns.com)

**Intuitive Readings and Healing**

Kristina Jones.....210-385-6620  
 Psychic, Medical Intuitive, Sound & Shamanic Healer.  
[www.kristinajoneshealer.com](http://www.kristinajoneshealer.com)

**Map My Stars & Aura Photos**

Tracy Darling .....415-952-7876  
 Astrology sessions, reports, star charms.  
[mapmystars.com](http://mapmystars.com)

**Open Gate Wellness, LLC**

Christin Romo .....832-785-5872  
 Healing by Alternative Therapies.  
[www.opengatewellnesstx.com](http://www.opengatewellnesstx.com)

**Kelly Maureen James**

Kelly James .....832-573-0473  
 Intuitive Life Coach & Sound Healing.  
[www.KellyMaureenJames.com](http://www.KellyMaureenJames.com)

**Mountain Magic Health**

Sandra Bruni .....936-577-4539  
 Natural Topical Lotions & Salves for healing & Pain.  
[mountainmagichealth.com](http://mountainmagichealth.com)

**OsteoStrong The Woodlands**

Ryan Cutchen .....281-323-4418  
 Health & Wellness center focusing on bone Health.  
[centers.osteoststrong.me/the-woodlands-1/](http://centers.osteoststrong.me/the-woodlands-1/)

# Exhibitors (continued)

## **Palm Science**

Barbara Gale ..... 512-961-2594  
Life Purpose Destiny map in your fingerprint.

## **Quality Home Products**

Alex Castro ..... 713-999-8660  
Whole Home Water Treatment.  
qualitytx.com

## **RaqsYogini**

Tatiana Heimburger-Boza  
..... 702-517-9863  
Holistic Therapy Services.  
www.instagram.com/raqs yogini.tatiana

## **Readings & Healings**

Eloy Machuca  
..... www.thegreenmanstudios.com  
Tarot, Lenormand and Kipper Card Readings.

## **Relax Saunas**

Phillip Wilson ..... 626-200-8454  
Far Infrared Saunas and Lamps.  
www.relaxsaunas.com

## **Renewal By Andersen of Houston**

Cinto Barrientes ..... 832-797-9036  
window and patio door replacement.  
www.rbahouston.com

## **RLX Wireless solution**

Maayan Zeevi ..... 707-843-0515  
Phone accessories.  
rlxtec.com

## **Robert Sones, D.C.**

Robert Sones, DC .... 281-772-0689  
Wellness coaching, The mind-body connection.  
drsones.com

## **Rodgers Stein Chiropractic Center**

Stacey Rodgers ..... 936-441-9990  
Chiropractic Care.  
Rodgerssteinchiropractic.com

## **Rooted in Love Holistic Life Coach**

Arieth Salazar ..... 936-286-5128  
Holistic Life Coach- Calling in the One Coach.  
rootedinloveholisticlifecoach.com

## **Sacred Journey Experience LLC**

Tina Todaro ..... 405-208-3183  
Metaphysical Store & Services.  
www.SacredJourney111.com

## **Sevānanda Ayurveda**

Kitti Pham ..... 832-622-1436  
Healing served with immense joy and gratitude.  
www.sevanandaayurveda.com

## **Shelli Sherice Wellness**

Michelle Upshaw ..... 832-810-2818  
CBD wellness company.  
www.shellishericewellness.com

## **Solex/ AO Scan**

Stacy Ellie ..... 314-562-5506  
Frequency technology - AO Scan, PEMF, Foot  
Detox.  
shop.solexnation.com/seahealing

## **Spirit Quest Rock Gem & Unique Boutique**

Justin Pietsch ..... 281-288-7815  
Located in Old Town Spring.  
www.TheSpiritQuestCenter.com

## **SpiritualKick**

Elizabeth Smith ..... 281-250-4176  
Energy Work, Past Life Clearing, Pain Reduction.  
Spiritualkick.com

## **Statewide Remodeling**

Jenn Hunton ..... 682-564-1328  
Texas' most recommended home remodeler.  
www.statewideremodeling.com

## **Tens by May**

Maayan Zeevi ..... 707-843-0515  
Tens unit for pain relief.  
Hidow.com

## **Texas Girl Treasures**

Melinda King ..... 940-368-4805  
Handcrafted gemstone diffuser jewelry.  
www.texasgirltreasures.com

## **The Good Shaman**

Nakeisha Benett ..... 281-673-5673  
Naturopathic Wellness.  
Thegoodshaman.org

## **The GreenMan Studios**

Arthur Graye ..... 214-631-9917  
One stop Shoppe for all your metaphysical  
needs.  
www.thegreenmanstudios.com

## **The Healing Charm**

Shari Davis ..... 214-793-3531  
Wire wrapped sterling silver and copper jewelry.  
www.thehealingcharm.com

## **The Holistic Warrior**

Thomas Nolan, III, Ph.D.  
..... 405-360-2250  
Readings, Energy Balancing, Dream  
Interpretation

## **The Mystic Cottage**

Jamie Battley ..... 281-546-7616  
Metaphysical Gift Store.  
www.themysticcottage.net

## **The Rock Fancier**

Kevin and Rebecca Kern  
..... 281-913-9330  
We sell crystals, rocks, specimens and fossils.  
TheRockFancier.square.site

## **The Woodlands Institute for Health & Wellness**

Kim Beale ..... 281-789-0790  
Functional Medicine Specialists.  
www.twhw.com

## **Trauma Healing**

Johnny 5 (J5) ..... 501-500-4684  
Author, Psychic, & Sexual Abuse Healing.  
j5psychic.com

## **Traveling Light**

RosaLee McIntosh ... 832-603-1456  
Psychic, tarot cards, Palmistry, Past life readings.

## **True North Astrology and Metaphysical Arts**

Diena Wakefield ..... 214-771-2157  
Channeled Oracle/Card sessions, Astrology  
readings.  
www.facebook.com/MyTrueNorthAstrology

## **Universal Door Meditation Center**

Pho Nguyen ..... 972-841-1102  
Wake Up Meditation classes & retreats for  
everyone.  
universaldoormeditationcenter.org



# Exhibitors (continued)

## **Wellsong Energetics**

Sue Whittaker..... 503-851-7927  
Broad Spectrum DeTOX.  
DeTOXalot.com

## **Wynnwood Farms**

Debbie Wynn..... 832-403-7490  
Retail packaged loose leaf teas.  
[www.wynnwoodfarms.com](http://www.wynnwoodfarms.com)

## **ZenTalas**

Stacey Smith ..... 214-502-5673  
Orgonite, Crystal Jewelry, Resin Art ...  
[www.ZenTalas.com](http://www.ZenTalas.com)

# Literature Table

## 1992 Honey Co

Savanah Sockwell.... 346-588-3846  
Onestop shop for all Local and Artisan Honey  
Needs.  
www.1992honeyco.com

## Helen Racz

www.HelenRacz.com 281-384-  
0207  
Coaching, EFT Practitioner, Author, Speaker.

## SpiritualKick

Elizabeth Smith ..... 281-250-4176  
Energy Work, Past Life Clearing, Pain Reduction.  
Spiritualkick.com

## An Invitation To More

Sara Blumenfeld..... 512-659-6694  
Energy healing (Emotion Code).  
sarablumenfeld.com

## Inner Muse Hypnosis

Lisa Chalmers ..... 972-998-7491  
Hypnotherapy & Past Life Regression Healing.  
www.InnerMuseHypnosis.com

## The Conscious Co- Creators Circle

Peggy Sue Skipper .. 832-628-5396  
Support Group/Network Founder, Author.  
www.LoveAndKindnessWorld.com

## Are You a High Intuitive?

Peggy Sue Skipper .. 832-628-5396  
Workshops, intuitive sessions &/or Hand  
Analysis.  
PeggySueSkipper.com

## It's Your Life

Kay Graham ..... 936-499-1089  
Hypnotherapist & Holistic Life Coach.  
www.itsyourlife.llc

## Trinity Holistic Wellness Center

Diane Schmidt..... 281-367-9292  
Best Stem Cells Available; 90% Viable.  
www.trinityhwc.com

## BiomagnetismoHouston.com

Daria Guzman ..... 832-883-2054  
Biomagnetism Courses & Therapies offered  
Remote & Internationally; Spanish & English.  
Seholisticohouston.com

## Kelly Maureen James

Kelly James ..... 832-573-0473  
Intuitive Life Coach & Sound Healing.  
www.KellyMaureenJames.com

## Universal Recovery Studios

Erin Carling..... 936-500-2051  
Non-profit organization that provides individual  
counseling.  
www.universalrecoverystudios.com

## Body & Brain Yoga Tai Chi

Cherie Clark-Moore.. 832-283-2761  
Tai Chi, Energy Healing, Yoga.  
<https://linktr.ee/bodybrainconroe>

## Lighthouse Reiki & Crystals

Misty Verlinden ..... 281-848-9566  
Metaphysical Store & Reiki Practitioners.  
www.LighthouseReikiHouston.com

## Well Being Interiors

Joaidmilis Torres..... 787-530-2263  
Holistic Interior Design.  
www.well-beinginteriors.com

## Divine Anointed Healings

Ce Ce ..... 818-749-8346  
Energy Healing, Tarot, Mediumship, Psychic.  
CeCeferrari@gmail.com

## Nationally Renowned Psychic

Kathy Minier ..... 972-406-0080  
Entertainment, groups, parties, & personal  
readings.

## Wellsong Energetics

Sue Whittaker..... 503-851-7927  
Broad Spectrum DeTOX.  
DeTOXalot.com

## Envision Eve

Evanah Mari ..... 832-219-5761  
Digital Services for businesses seeking clear  
communication.  
www.envisioneve.com

## Solex/ AO Scan

Stacy Ellie..... 314-562-5506  
Frequency technology - AO Scan, PEMF, Foot  
Detox.  
shop.solexnation.com/seahealing

## Functional Balance LLC

Diana Welsh ..... 832-553-9194  
Functional Nutrition Counselor.  
www.fxmbalance.com

## Spirit Quest Rock Gem & Unique Boutique

Justin Pietsch ..... 281-288-7815  
Located in Old Town Spring.  
www.TheSpiritQuestCenter.com



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Grapevine Convention Center

**Grapevine, TX: July 20-21, 2024**  
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**Conroe, TX: August 31-Sept. 1, 2024**  
The Lone Star Convention & Expo Center

**Grapevine, TX: Oct. 12-13, 2024**  
Grapevine Convention Center

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