

WELLNESS EXPO PROGRAM GUIDE

THE LONE STAR CONVENTION & EXPO CENTER · 9055 AIRPORT RD · CONROE, TX

SATURDAY & SUNDAY · MARCH 15-16, 2025 · 11AM - 6PM



THE DAWN OF THE YEAR 13 HOUSE

OPENING CEREMONY BY TONELHUAYO
(TOH-NEL-WA-YOH) - SATURDAY, 11AM

Opening Ceremony honoring the dawn of the new Aztec year. In the Aztec calendar tradition, the "Year 13 House" marks the end of a complete round of days within the Aztec calendar, signifying a potential turning point or moment of completion.

Tonelhuayo, meaning "Our Essence, Our Deepest Roots" in the Aztec language, seeks to delve into the roots of various Mesoamerican people in whose stories, tradition, art and cultures we see many aspects of our current journey reflected. It is through this legacy that we can understand the traditions, values and beliefs that have shaped our culture and our way of being. Email: tonelhuayotx@gmail.com

VISIT

70+ exhibit booths with products & services for body, mind & spirit

HEAR

22 holistic medicine, personal growth & metaphysical talks & 2 classes

DISCOVER

how to boost your immune system & balance your emotional state

SHOP

jewelry, essential oils, CBD, remodeling services, metaphysical gifts

EXPERIENCE

intuitive consultations, massage, & energy healing

CONFER WITH

naturopathic & holistic doctors, chiropractors & acupuncturists

Speaker Program

Saturday, March 15

— 11:30 AM —

Past Life Healing

Lisa Chalmers

Often times it's the awareness of the past that frees us in the future. Come explore a short past life regression to go back and look at what gifts we can discover. Lisa Chalmers is a Certified Hypnotherapist, Certified Past Life Regression Healer, a Reiki Master, an Intuitive Psychic Medium (she gets pictures in her minds eye) and she is Clairaudient (she hears messages). She owns Inner Muse Hypnosis, where she offers Hypnotherapy and Past Life Regression. Call 972-998-7491 or Visit: www.InnerMuseHypnosis.com

— 1:00 PM —

Cancer: Early Detection, Complementary Therapies, & Prevention

Dr. Pam O'Connor

Dr. Pam O'Connor will be discussing cancer: early detection with cutting edge testing, combining conventional and complementary therapies and, more importantly, cancer prevention. If you or someone you love has cancer, this talk is for you! Dr. Pam O'Connor is Board Certified in Family Medicine and practices at the Woodlands Institute for Health & Wellness. After completing her fellowship, she practiced non-surgical orthopedics for several years in Kentucky and Texas. In 2011, she began focusing on Primary Care at College Park Medicine before deciding to transition to functional medicine in 2022. Call 281-289-6742 or visit: www.TWIHW.com

— 12:00 PM —

EFT- Creating Positive Change One Tap at a Time!

Helen Racz

Emotional Freedom Technique (EFT), is a form of acupressure similar to acupuncture without the use of needles. Come for a joyous journey with tangible effects as you ask questions and experience how to support yourself with this technique. EFT Practitioner, teacher, speaker, retreat leader, life coach and author, Helen's unique tapping style combines energy, humor and compassion to lead people into alignment with their desires, empowering them to live life on purpose with purpose. Call 281-384-0207 or visit: www.HelenRacz.com

— 1:30 PM —

The Power of Integrative Breath

Mary Oppermann

Learn how Integrative Breath works and how by changing your breath you can change your life. Mary will give a brief demonstration for the audience. Mary has always been passionate about the breath and she has taught yoga since 2002. She brings 14 years of Integrative Breathwork into the other modalities that she offers with the aim of sharing information about the recuperative powers of the breath. Call 832-647-6067 or visit: www.sankalpa.space

— 12:30 PM —

Auricular Therapy & 15 Years of Application

Dr Paul E Robbins

Auricular Therapy is needle free, non-intrusive, has no side effects or addictive attachments, and can be done in multiple ways and has multiple things it can help with. It has high success in helping with Chronic Pain, PTSD + more. Dr. Robbins will demonstrate this technique on an audience member. Dr. Robbins started his practice in 2010. He has dual Doctorates in Auricular Medicine and Biofeedback Medicine, he has been co-host of a morning health radio show and he has been trained in Cranial Sacral Therapy. In 2024 he moved his practice to The Woodlands. Call 346-600-9355 or visit: nwclinictx.com

— 2:00 PM —

Shadow Work. What is it & Are You Ready?

Stacey Bosley

During this enlightening talk, Stacey will discuss what shadow work is, how to benefit from it, and when you are ready for this transforming work. Stacey Bosley, is a Shadow Walker, psychic and channel. Her passion is to assist others with their healing journey through shadow work, removing negativity, and moving forward on a more peaceful, positive life path. Call 757-810-7376 or visit: www.staceysees.com

Speaker Program

Saturday, March 15

— 2:30 PM —

Raising a Thriving Baby Through Holistic Care

Marissa Yahil, MSOT, OTR/L, IBCLC

Learn gentle, holistic strategies to support infant growth and development, focusing on practical tips for feeding, improving sleep routines, and nurturing a thriving connection between parent and baby. Marissa Yahil, is an Occupational Therapist, a Certified Breastfeeding Specialist™, an International Board Certified Lactation Consultant and owner of Lactation & Development Resources. She works with mother-infant breastfeeding dyads prenatally and during the first 6 months postpartum. Marissa offers a holistic and integrated approach to lactation/ breastfeeding support and feeding therapy. Call 214-892-2968 or visit: www.lactdev.com

— 3:00 PM —

Discover the Secrets of Wellness & Inner Harmony

Uwakwe Onwuchekwa

Each individual is a spiritual being, with the responsibility to understand the laws of Spirit or suffer the effects of his ignorance. Through the Spiritual Exercises of ECK one can come into harmony with these laws and achieve inner harmony and wellbeing. Uwakwe Onwuchekwa was born and raised in Nigeria. He studied law at the University of Nigeria, and the University of Houston, Texas. A student of ECKANKAR for 36 years, he's interested in how to work with the secret rhythm of life, the Light and Sound of God. Call 281-690-3968 or visit: www.meetup.com/Eckankar-Houston-TX

— 3:30 PM —

Consciousness of Sound

Kristina Jones

Kristina will be sharing simple concepts about sound, vibration, and energy that influence our daily lives. She has traveled internationally to study with sound healers and gong masters, and is excited to share a small sound healing exercise with attendees. Kristina is an international psychic, medical intuitive, shamanic practitioner, and vibrational sound healer. She provides remote and in-person private sessions and corporate sound bath experiences. Call 830-388-5654 or visit: www.kristinajoneshealer.com

— 4:00 PM —

Bridging Ancient Practices with Modern Wellness

Ilse Avila

Discover the transformative power of Curanderismo, an ancestral healing tradition that harmonizes the mind, body, and spirit. In this talk, Ilse will share how ancient practices—such as limpias, herbal remedies, bodywork, and energy work—can be integrated into modern wellness for a more balanced and holistic approach to healing. Ilse Avila is a Curandera and holistic practitioner, as well as the founder of Sacred Path Wellness. With strong ties to Mexica traditions and extensive experience in holistic wellness, she merges ancient practices with contemporary healing methods to empower individuals on their journey toward balance and well-being. Call 346-334-7252 or visit: sacredpathwellness.booksy.com

— 4:30 PM —

Embracing Your Intuition

Peggy Sue Skipper

While everyone has some degree of intuition there are many of us on the planet today that are High Intuitives and that gift changes the way we experience the world. Join us to find out if you, or someone you love, is a High Intuitive and what that means for you and those around you. Peggy Sue Skipper is the founder of The Consciously Curious and co-facilitator of The Conscious Co-Creators. She has been working and living as a High Intuitive since 1996 and she specializes in helping other High Intuitives understand the challenges and blessings of their gift. Call 832-628-5396 or visit: peggysueskipper.com

— 5:15 PM - 7:00 PM —

Gong Sound Bath - \$25

Kristina Jones

Come experience the magic of the vibrational sound, and drop into a space of healing. During this sound bath various sound healing instruments will be used to complement the soothing vibrations of the gong. Take some time for yourself to help release tension, lighten your mood, and integrate the infinite vibrations of the universe. Kristina is an international psychic, medical intuitive, shamanic practitioner, and vibrational sound healer. She provides remote and in-person private sessions and corporate sound bath experiences. Call 830-388-5654 or visit: www.kristinajoneshealer.com

Speaker Program

Sunday, March 16

— 11:30 AM —

Connect with Your Loved Ones in Spirit

RosaLee McIntosh

RosaLee will be doing open spontaneous readings for some members of the audience. She will be channeling information from Spirit and your loved ones that are on the other side. RosaLee has been doing her passion for 20+ years. She is always learning and growing through the Psychic readings, Medium, Intuitive Tarot cards, Reiki, Egyptian Healing, Clinical Hypnosis, and Past Life regressions that she does. She feels that each experience has been a blessing through doing what she loves. Call: 832-603-1456.

— 12:00 PM —

Dissolving Trauma

Johnny 5 (J5)

Discover how to treat trauma and dissolve its impression within the bio field so that functionality can rebound to a healthier state. Johnny 5 will offer live demos for all audience attendees. In 2019 after studying Edgar Cayce and his methods of meditation, J5 had an out of body experience which unlocked something dormant within him. From that day forward he began being trained in his dreams on how to perform metaphysical sessions to treat the epidemic of trauma, specifically sexual abuse, which he has done professionally for the last 4 years all over the country. Call 501-500-4684 or visit: j5psychic.com

— 12:30 PM —

A New You

Brian Stovall

Access Bars are 32 points on your head that, when gently touched, effortlessly and easily release the thoughts, ideas, beliefs, emotions, and considerations that stop you from creating a life you love. Join Brian as he demonstrates Access Consciousness© and how the tools can assist you. Brian Stovall, Activate One, is an Access Consciousness© Certified Facilitator, Bars Facilitator, Family Constellation Facilitator, and Life Coach, who empowers individuals, groups, and businesses around the world to transform, and know that they know. Call 713-480-2947 or Visit: activateone.com

— 1:00 PM —

Unlocking Optimal Health with Functional Medicine

Michele Prochaska, MSN, APRN, AGACNP-BC
In this talk, we will explore the core principles of functional medicine and how it takes a personalized, root-cause approach to health, unlike conventional medicine, which often focuses on symptom management. We will discuss the benefits of this holistic approach, including improved energy, better digestion, weight management, and overall well-being. Michele has been in the medical field since 1995 spending 12 years as a registered nurse and the past seven years as a nurse practitioner. Doing this work she discovered her passion for functional medicine, a patient-centered, science-based approach that prioritizes true healing over symptom management. Her goal is to help individuals restore balance, improve their overall well-being, and achieve lasting health. Call 936-251-6515 or visit: www.embracingfunctionalwellness.com

— 1:30 PM —

Genetic Freedom & Low-Tox Living

Jillian Warren

This talk breaks down epigenetics and low-tox living, helping you cut through the wellness noise and create a health plan that actually works for you. You'll learn how your genetic blueprint shapes your health, and how using this foundation can help you make simple, effective choices without the overwhelm. Jillian is the founder of five dimensional wellness & a multidimensional coach, utilizing multiple modalities, like epigenetics, 7D energy healing and movement, to help my clients feel good in their body, empowered in their healing journey, heal and find balance in their day to day life. Call 832-853-5523 or visit: www.fivedimensionalwellness.com

— 2:00 PM —

Using Frequency to Manifest Faster

Sara Blumenfeld

Learn 9 ways to use frequency to bring enhanced energy to your desires so they show up in your reality faster than ever before! Sara Blumenfeld is a healing arts practitioner who helps people identify and release what is holding them back from the life they would like to have. She believes everyone has amazing gifts to share, and removing blocks can help them shine. Call 512-659-6694 or visit: sarablumenfeld.com

Speaker Program

Sunday, March 16

— 2:30 PM —

The Hoshi (Star) Almanac of your Life's Potential

Susann Halverson

Instead of an annual Farmer's Almanac for planting or fishing, this reference book, Hoshi Almanac, maps your energy pattern at birth and compares it to past, present and future year's energy pattern. This lets you know when and which direction best helps guide your choices in life from now to 2039. Sue Sato and her 5 siblings were always guided by her Japanese mother using an ancient Japanese 9-year cycle of stars also known as the Lo Shu 3x3 magic square with the compass directions. In 2023 she self-published what she was taught not only for her family and friends, but also for the potential for others. Call 940-867-2932 or visit: HoshiAlmanac.com

— 3:00 PM —

View from the Other Side

John Cappello

Join John Cappello, Psychic Medium, as he presents a view from the other side. This is a special time when amazing information comes to us from the Spirit World. John is an internationally known psychic medium and award-winning author of metaphysical self-help books. He is regarded as exceptional in world competition, was voted the number one male psychic and number two male medium in the United States. Call 214-549-4705 or visit: www.JohnCappello.com for more information.

— 3:30 PM —

Human Design: The Personality Test Without the Test

Meghan Lambert

Forget boring personality quizzes—Human Design already has your answers! In this talk, we'll dive into how your chart reveals the generational conditioning you came here to break, with a special focus on your Unconscious Mars (aka your spicy, transformative life lessons). Meghan Lambert is a deconditioning coach who uses Human Design and Gene Keys to support people ditch outdated conditioning and reclaim their true selves. With a mix of humor, real talk, and deep insight, she makes self-discovery feel less like homework and more like an adventure. Call 409-728-6999 or visit: www.meghan-lambert.com

— 4:00 PM —

Unlocking the Gift Hidden in Your Greatest Challenge

Ashley Keller

What if your greatest struggles were actually a map to your highest potential? Enjoy an interactive introduction to Gene Keys as we explore the Evolution Sphere and its role in self-discovery. Ashley Keller, an Integrated Spiritual Wellness Coach, helps women uncover who they truly are and create a life that feels aligned and fulfilling. Through spiritual tools like Gene Keys and intuitive coaching, she empowers women to embrace their most authentic path. Call 913-268-5983 or visit: ashleykeller.com

— 4:30 PM —

Conquering Stress, Fatigue and Disease

Dr. Amber R. Smith, DC

The spinal nervous system plays a crucial role in maintaining and restoring health. When stress disrupts this communication, it can lead to a range of health issues, including pain, inflammation and compromised immune system. Learn how to conquer the effects of stress today at this lecture. Dr. Amber R Smith, D.C., a dedicated family chiropractor in the Woodlands/Spring area since 2007, is committed to providing comprehensive chiropractic care for all ages. Her passion lies in enhancing the health and wellbeing of individuals and families through personalized treatments and holistic approaches. Call 832-279-4784 or visit: www.c2hwellness.com

— 5:00 PM - 7:00 PM —

Dipping Your Toes in the Shadows Gallery - \$25

Stacey Bosley

What is Shadow Work? Shadow work is taking a deeper look at yourself and changing those negative events that repeat themselves in your life. Join Stacey for this enlightening gallery to introduce your shadow and give you some practical tools for real change. Stacey Bosley, is a Shadow Walker, psychic and channel. Her passion is to assist others with their healing journey through shadow work, removing negativity, and moving forward on a more peaceful, positive life path. Call: 757-810-7376 or visit: www.staceysees.com

Exhibitors

1992 Honey Co

Savanah & Adam Sockwell
..... 346-588-3846
Artisan Honey for Overall Health and
Wellness.
www.1992honeyco.com

An Invitation to More

Sara Blumenfeld..... 512-659-6694
Advanced technology for overall health
improvement.
sarablumenfeld.com

Center For Well Being

Mary Delano Otis 951-259-7413
DNAActivations, Aura Imaging, Balancing
Products.
GoldenLightAndLove.com

5 Dimensional Wellness

Jillian Warren..... 832-853-5523
Bridging the gap of physical & spiritual
healing.
www.fivedimensionalwellness.com

Apheenix

Seyon Makuannen ... 206-741-6163
Creates handmade crystal jewelry, clothing,
shoes.
apheenix.com

Chroma Drum

Michael Langdon..... 442-207-9029
Sound Healing instruments, Handpans
Tongue Drums.
www.chromadrum.com

A Holistic Solution

Nikki Green..... 417-559-1402
Frequency-Infused Jewelry for Pain Relief.
www.aholisticsolution.com

Aurum Alchemy

Ryan Tierney 360-473-6813
Aromatherapy, jewelry, and shirts.
aurumalchemy.etsy.com

Clairvoyant Medium & Inner Child Counselor

Carolyn Little 469-867-0676
Clairvoyant Medium, Inner Child Counselor

A Wellness Alternative

Edna Craven, DC..... 214-769-2209
Iridology.
AWellnessAlternative.com

BEAMING Love & Light

Tanya Hulett 281-728-9531
Align the Mind Body and Soul, Wellness
Center.
<https://secure.smore.com/n/14dy8>

Connect 2 Health Wellness Centers, LLC

Amber Smith 832-279-4784
We are a Family Chiropractic office.
www.c2hwellness.com

Activate One

Brian Stovall 713-480-2947
Coach, Access Consciousness, Family
Constellation.
www.activateone.com

Bio-Energetic Jewelry LLC

Claudia Denham 620-481-0209
Programmed functional EMF protection
jewelry.
www.bio-energeticjewelry.com

Crystal Joy Corp

Mary Hurley 405-413-9791
Hand picked high energy crystals.
www.facebook.com/crystaljoyok

Aligned Insights with Ashley

Ashley Keller 913-268-5983
Gene Key readings & tools for deep
personal growth.
ashleyakeller.com

Buddah Society

Cj Catchillar 713-530-4240
CBD Wellness Products.
www.buddahsociety.com

Crystal Moon

Brandi McCulley 936-933-3181
Crystals, Egyptian oils, drums and rattles.

**ECKANKAR-The Path of
Spiritual Freedom**

Uwakwe Onwuchekwa
..... 281-690-3968
ECKANKAR-The Path of Spiritual
Freedom.
eckankar-texas.org

Gensnuze

Phinesia Johnson.....773-592-0432
CBD- + CBN-infused Shots for Rest +
Relaxation.
www.gensnuze.com

Inner Muse Hypnosis

Lisa Chalmers 972-998-7491
Hypnotherapy & Past Life Regression
Healing.
www.InnerMuseHypnosis.com

Ellie Mental Health of Conroe

Andrea Shiflet..... 832-762-4730
Mental health group practice.
elliementalhealth.com/locations/conroe-tx

Global Mineral

Krista Dennis 503-901-8820
Crystals, Minerals and more! Retail and
Wholesale.
www.globalmineral.com

**Intuitive Advanced
Energy Healer**

Sheela Goodrich 512-577-4055
Personalized Reading with Chakra
Balancing.
sheelagoodrich@gmail.com

**Embracing Functional
Wellness PLLC**

Michele Prochaska... 936-251-6515
Hormones, Thyroid, Weight Loss,
Functional Medicine.
www.embracingfunctionalwellness.com

Hector Perez Massage

Hector Perez 346-332-8812
Mobile table and chair massage.
www.facebook.com/hector.perez.526

Intuitive Advisor

Stacy Bosley..... 757-810-7376
Psychic Readings, Amaurotic Soul
Drawings & Channel.
www.StaceySees.com

Everything By Noel

Destayne Noel..... 713-854-4407
Handmade shamanic tools.
www.destaynenoel.com

**Holographic Sound &
Inner Balance**

Dr. Paul Hubbert, PhD
..... 512-659-0069
Crystal Bowls, Workshops, Egyptian
Jewelry, Crystals.
www.HolographicSound.com

Intuitive Readings and Healing

Kristina Jones..... 830-388-5654
Psychic.
Medical Intuitive Shamanic & Sound.
www.kristinajoneshealer.com

Fequense

Kristin Gentry..... 817-988-6636
Frequency based Health and Wellness
Company.
fequense.com/kristin

Hoshi Almanac

Sue Sato..... 940-867-2932
Hoshi Almanac Book Promotion.
HoshiAlmanac.com

**Lactation & Development
Resources**

Marissa Yahil, MSOT, OTR/L,
IBCLC..... 214-892-2968
Offering breastfeeding support & feeding
therapy.
www.lactdev.com

**FYZICAL Therapy &
Balance Center**

Ryan Mann 713-294-9766
Physical Therapy (Ortho,
Dizziness, Pediatric).
www.fyzical.com/woodlands-north-tx

I AM Everything

Meghan Lambert..... 409-728-6999
Discover and gain insight through
Human Design.
meghan-lambert.com

LeafFilter Gutter Protection

Julie Crew..... 800-726-7703
LeafFilter Gutter Protection.
www.leaffilter.com

Exhibitors (continued)

Life Exploration with Gina

Gina Higdon 713-397-5888
Akashic Record Consultations, Theta
Healing.
www.ClaimYourEmpoweredLife.com

Mountain Magic Health

Sandra Bruni 936-577-4539
All Natural Topical Products for pain &
healing.
MountainMagicHealth.com

Old Rugged Cross Healthcare

Christina Kern 832-373-9453
Wellness & Regenerative Medicine.
Oldruggedcrosshealthcare.com

Lifewave

Ann Sontag 713-705-6819
A technology based network marketing
company.
www.lifewave.com/LightMakesChange

Nationally Renowned Psychic

Kathy Minier 972-406-0080
Entertainment, groups, parties, & personal
readings.

Perfect Scents Team

Dr. Tom & Evangeline Reed
& Julie Westhoff 832-381-6207
The purest essential oils and health
education!
www.perfectscents.org

Liz Royce Massage Therapy

Liz Royce 562-756-9291
Massage Therapy - extended relief from
discomfort.
Lizroyce.massagetherapy.com

Natural Wellness Clinic Inc

Dr. Paul E. Robbins.. 346-600-9355
NWC a drug and needle free option for
health care.
nwclinictx.com

Renewal By Andersen of Houston

Cinto Barrientes 832-797-9036
Full-service window and patio door
replacement.
www.rbahouston.com

Love and All That Is

Kelle Bohl & Jean Dudley
..... 832-998-1593
Crystals, Pain Oil, Reiki, Jewelry, Moon
Water.
Loveandallthat@gmail.com

Night Times, LLC dba Tarot by Julia

Julia Gordon-Bramer
..... 314-517-0158
Intuitive Tarot Card Readings & guidance.
www.juliagordonbramer.com

Sankalpa

Mary Oppermann 832-647-6067
Sharing Breathwork, Reiki & Life Upgrade
Coaching.
www.sankalpa.space

Love and Kindness World

Peggy Sue Skipper .. 832-628-5396
Support Group/Network Founder, Author.
www.LoveAndKindnessWorld.com

Now and Zen Bodyworks

Brenda Austin 469-416-3912
Massage therapy, Reiki Master.
www.nowandzenbodyworks.com

Semper Laser

Lacey Hutson 281-524-3831
Laser Hair Removal Clinic. www.
semperlaser.com

Maxliving Miracle City

Dr. Sheridan Bowser, DC
..... 936-202-2436
Chiropractic care and holistic health &
wellness.
maxlivingmiraclecity.com

OKAS Designs

Kristin Quintanilla 512-787-6969
Handmade Jewelry, Crowns, & Crystals.
www.OKASDesigns.com

Smart Ash Holders

Doug or Marina Swenson
..... 972-351-1952
We build incense holders, crystal grid
plates, etc.
www.smartashholder.com

The Healing Charm

Shari Davis 214-793-3531
 Wire wrapped sterling silver and copper
 jewelry.
www.thehealingcharm.com

**Universal Door
Meditation Center**

Pho 682-274-2245
 Transformative process to Awakening and
 liberation.
universaldoormeditationcenter.org

Sunshine Crystals

Kristen Curzan 713-705-4556
 Natural crystals in various forms.

The Holistic Warrior

Thomas Nolan, III, Ph.D.
 405-360-2250
 Readings, Energy Balancing, Dream
 Interpretation

Visionary Workshop, LLC

John Cappello 214-549-4705
 Aura/Chakra Photos, Readings, Books.
www.JohnCappello.com

**Susie Star Psychic Tarot
Runes Readings**

Susan Nguyen 281-513-3175
 Psychic, tarot, Runes readings, reiki
 healing.
Susiestar.com

The Rock Fancier

Kevin Kern 832-707-8072
 We sell crystals, rocks, fossils.
TheRockFancier.square.site

**weMed Clinic's & Holistic
Aesthetics**

Tracey McLaughlan.. 713-478-7990
 Eastern & Western
 Integrative Medicine Clinic.
www.wemedhealth.com

Tarot By Kirsten

Kirsten Owens 936-900-6066
 Tarot Reading, lifestyle remedies,
 enchantment.
tarotbykirsten.com

**The Woodlands Institute
for Health and Wellness**

Kim Beale 281-789-0790
 Functional Medicine Clinic.
www.twihw.com

Tarot Chulis

Ana Roman 346-372-4544
 Tarot readings.

Trauma Healing

Johnny 5 (J5) 501-500-4684
 Author, Psychic, & Sexual Abuse Healing.
j5psychic.com

Tears of Airmid

Victoria Bosquez
 737-80Tears (83277)
 doTERRA wellness advocate &
 aromatherapy supplies.
TearsofAirmid.com

Traveling Light

RosaLee McIntosh ... 832-603-1456
 Psychic, tarot cards, Palmistry, Past life
 readings.

Literature Table

1992 Honey Co

Savanah & Adam Sockwell
..... 346-588-3846
Artisan Honey for Overall Health and
Wellness.
www.1992honeyco.com

Helen Racz

www.HelenRacz.com
..... 281-384-0207
Coaching, EFT Practitioner, Author,
Speaker.

Nationally Renowned Psychic

Kathy Minier 972-406-0080
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Are You a High Intuitive?

Peggy Sue Skipper .. 832-628-5396
Workshops, intuitive sessions &/or Hand
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PeggySueSkipper.com

Inner Muse Hypnosis

Lisa Chalmers 972-998-7491
Hypnotherapy & Past Life Regression
Healing.
www.InnerMuseHypnosis.com

Peggy Sue Skipper

www.LoveAndKindnessWorld.com
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Intuitive Sessions and/or Hand Analysis.

Connect 2 Health Wellness Centers, LLC

Amber Smith 832-279-4784
We are a Family Chiropractic office.
www.c2hwellness.com

Lactation & Development Resources

Marissa Yahil, MSOT, OTR/L,
IBCLC..... 214-892-2968
Offering breastfeeding support & feeding
therapy.
www.lactdev.com

ReNu Infusion

Leslie Martin 936-494-8344
Mobile IV therapy infusions.
www.renuinfusions.com/iv-therapy-services

Creature Commons Counseling

Lish Montesa 936-292-3199
Local Therapist for Teens & Young Adults.
www.creaturecommonscounseling.com

Lifewave

Ann Sontag..... 713-705-6819
A technology based network marketing
company.
www.lifewave.com/LightMakesChange

Spirit Quest Rock Gem & Unique Boutique

Justin Pietsch 281-288-7815
Located in Old Town Spring.
www.TheSpiritQuestCenter.com

WELLNESS EXPO®

MARK YOUR CALENDAR

April 12-13, 2025

Grapevine Convention Center
Grapevine, Texas

July 19-20, 2025

Grapevine Convention Center
Grapevine, Texas

August 30-31, 2025

The Lone Star Convention & Expo Center
Conroe, Texas

October 11-12, 2025

Grapevine Convention Center
Grapevine, Texas