

WELLNESS EXPO PROGRAM GUIDE

THE LONE STAR CONVENTION & EXPO CENTER · 9055 AIRPORT RD · CONROE, TX

SATURDAY & SUNDAY · AUGUST 30 & 31, 2025 · 11AM - 6PM



THE DAWN OF THE YEAR 13 HOUSE

OPENING CEREMONY BY TONELHUAYO
(TOH-NEL-WA-YOH) - SATURDAY, 10:45AM

Opening Ceremony honoring the dawn of the new Aztec year. In the Aztec calendar tradition, the "Year 13 House" marks the end of a complete round of days within the Aztec calendar, signifying a potential turning point or moment of completion.

Tonelhuayo, meaning "Our Essence, Our Deepest Roots" in the Aztec language, seeks to delve into the roots of various Mesoamerican people in whose stories, tradition, art and cultures we see many aspects of our current journey reflected. It is through this legacy that we can understand the traditions, values and beliefs that have shaped our culture and our way of being. Email: tonelhuayotx@gmail.com

VISIT

80+ exhibit booths with
products & services
for body, mind & spirit

HEAR

22 holistic medicine,
personal growth &
metaphysical talks
& 2 classes

DISCOVER

how to boost your
immune system &
balance your
emotional state

EXPERIENCE

intuitive
consultations,
massage, &
energy healing

SHOP

jewelry, essential
oils, CBD,
remodeling
services,
metaphysical gifts

CONFER WITH

naturopathic & holistic
doctors, chiropractors &
acupuncturists

Speaker Program

Saturday, August 30

— 11:30 AM —

Past Life Healing

Lisa Chalmers

Often times it's the awareness of the past that frees us in the future. Come explore a short past life regression to go back and look at what gifts we can discover. Lisa Chalmers is a Certified Hypnotherapist, Certified Past Life Regression Healer, a Reiki Master, an Intuitive Psychic Medium (she gets pictures in her minds eye) and she is Clairaudient (she hears messages). She owns Inner Muse Hypnosis, where she offers Hypnotherapy and Past Life Regression. Call 972-998-7491 or

Visit: www.InnerMuseHypnosis.com

— 1:00 PM —

Unlocking You

Brian Stovall

Access Bars are 32 points on your head that, when gently touched, effortlessly and easily release the thoughts, ideas, beliefs, emotions, and considerations that stop you from creating a life you love. Join Brian as he demonstrates Access Consciousness® and how the tools can assist you. Brian Stovall, Activate One, is an Access Consciousness® Certified Facilitator, Bars Facilitator, Family Constellation Facilitator, and Life Coach, who empowers individuals, groups, and businesses around the world to transform, and know that they know. Call 713-480-2947 or visit: activateone.com

— 12:00 PM —

EFT- Creating Positive Change One Tap at a Time!

Helen Racz

Emotional Freedom Technique (EFT), is a form of acupressure similar to acupuncture without the use of needles. Come for a joyous journey with tangible effects as you ask questions and experience how to support yourself with this technique. EFT Practitioner, teacher, speaker, retreat leader, life coach and author, Helen's unique tapping style combines energy, humor and compassion to lead people into alignment with their desires, empowering them to live life on purpose with purpose. Call 281-384-0207 or visit: <http://www.HelenRacz.com>

— 1:30 PM —

The Living Buddha

Meet Awakened Zen Master Thich Dieu Thien

Awakened Zen Master Thich Dieu Thien, founder of Universal Door Meditation Center in Sugar Land, TX, and author of the international best seller, "The Power of Awake", is a globally respected enlightened teacher. Since becoming Awakened in 2001, she has been guiding all people toward awakening and liberating the root of suffering. Her step-by-step teachings are practical, transformative, and deeply relevant in today's world. A beacon of Wisdom and Compassion, she opens the wisdom mind of everyone to realize their inherent Buddha Nature and live with true love, peace, and happiness. Visit: www.universaldoormeditationcenter.org YouTube: @universaldoormeditationcenter

— 12:30 PM —

Dr. Paul E. Robbins

Anxiety, Pain & PTSD: Auricular Therapy can help Auricular Therapy is needle free, non-intrusive, has no side effects or addictive attachments, and can be done in multiple ways and has multiple things it can help with. It has high success in helping with Tremors, Chronic Pain, PTSD + more. It is relaxing yet stimulating! Dr. Robbins started his practice in 2010. He has dual Doctorates in Auricular Medicine and Biofeedback Medicine, he has been co-host of a morning health radio show and he has been trained in Cranial Sacral Therapy. In 2024 he moved his practice to The Woodlands. Call 346-600-9355 or visit: nwclinetx.com

— 2:00 PM —

Staying Connected in a Chaotic World

Joy Kauf

Do you sometimes forget you have a spirit team ready to support you daily? It is easy to forget our connection when chaos shows up in our lives. Joy will share some proven tips for connecting with your spirit team, manifesting your dreams, and maintaining your peace. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing and is certified as an Advanced Theta Practitioner, as well as a Reiki Master Teacher. Call 972-221-8080 or visit: www.joykauf.com

Speaker Program

— 2:30 PM —

Release the Root Cause of Disease with Body Code

Liza Davis

Body Code, Emotion Code, and Belief Code are simple, fast-acting, and effective energy healing methods that allow you to find and release the root cause of health issues, emotional problems, and mental blocks to help you feel better physically and emotionally. During this workshop Liza will demonstrate how it works with one of the participants. The workshop is led by Liza Davis, a certified Body Code, Emotion Code, Belief Code, and Reiki practitioner, as well as Health, Mental Fitness, and Love Coach. Liza has also co-authored the book "Love and Coaching" with John Gray, the author of "Men are from Mars, Women are from Venus". Call 1-646-309-4717 or visit: www.CoachingAndTraining.com

— 3:00 PM —

Master the Spiritual Laws of Life

Bud Mayr

The spiritual laws of life give us the resources to make the very best decision at any one moment. To discover them and live in harmony with them is to find freedom, wisdom, and divine love. Bud Mayr is a longtime student of ECKANKAR and an ECK cleric. He has given numerous talks and workshops over the years on the benefits of living the spiritual life through the teachings of ECKANKAR and is ever willing to share his knowledge with others. Call 281-759-1130 or visit: eckankar-texas.org

— 3:30 PM —

Creating Space in an Imperfect World

Terri Groom

Come join Terri Groom for an informative and engaging talk on hope and connection. Learn how to replace your day to day struggles with a stronger, more meaningful connection with the spirit world. Your guides are wanting to talk to you! Terri Groom is a Medium as well as a Medical Intuitive, Animal Communicator, Trance Healer and Life Coach. She utilizes clair senses as well as pure channeling. Terri is a published author under the pen name of A. Tacked and has been featured on Netflix. Call 214-564-6349 or email: vita perceptions@gmail.com

Saturday, August 30

— 4:00 PM —

Bridging Ancestral Wisdom + Modern Healing

Ilse Avila

Discover what Curanderismo is and how Curanderismo bridges ancient Indigenous healing traditions with modern wellness practices to restore balance in mind, body, and spirit. Ilse Avila is a Curandera and holistic practitioner, as well as the founder of Sacred Path Wellness. With strong ties to Mexica traditions and extensive experience in holistic wellness, she merges ancient practices with contemporary healing methods to empower individuals on their journey toward balance and well-being. Call 346-334-7252 or visit:

<https://sacredpathwellness.my.canva.site/>

— 4:30 PM —

Tips & Tricks to Transform Your Life

KA Horne

Guided by spirit, KA will offer gallery-style readings and affirmations that will transform your life and help you manifest your dreams. Ka considers herself to be an Ascension Artist. Her artwork is intended to be used as a tool and catalyst for remembering your "True Self" which is a "powerful Soul having a Human experience". Call 214-649-5967 or visit: Kahorne.com

— 5:00 PM - 7:00PM —

Angelic Connections- \$25

Joy Kauf & KA Horne

Join Joy and Ka for a gallery of channeled messages from the Angelic Realm. We will cover what channeling is? How can you receive your messages from your angels? We will be channeling messages for the group. Joy Kauf and Ka Horne have been channeling for over 30 years. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing and is certified as an Advanced Theta Practitioner, as well as a Reiki Master Teacher. Call 972-221-8080 or visit: www.joykauf.com KA considers herself to be an Ascension Artist. Her artwork is intended to be used as a tool and catalyst for remembering your "True Self" which is a "powerful Soul having a Human experience". Call 214-649-5967 or visit: Kahorne.com

Speaker Program

Sunday, August 31

— 11:30 AM —

The Healing Power of Holographic Sound Meditation

Dr. Paul Hubbert, PhD

Through Holographic Sound Techniques, crystal bowls and vocal harmonics, activate the body's blueprint for health. Experience healing & balancing of physical, emotional, mental, and energetic bodies guided by higher consciousness. Paul holds a Ph.D. in Psychology, he's a Multidimensional Sound Master and teaches internationally. He is certified in Grief Recovery, hypnosis, Reconnective Healing and received recognition from the White House for his family counseling work. He's an intuitive channel, Reiki Master, musician and international recording artist. Call 512-659-0069 or visit: www.HolographicSound.com

— 12:00 PM —

Dissolving Trauma

Johnny 5 (J5)

Discover how to treat trauma and dissolve its impression within the bio field so that functionality can rebound to a healthier state. Johnny 5 will offer live demos for all audience attendees. In 2019 after studying Edgar Cayce and his methods of meditation, J5 had an out of body experience which unlocked something dormant within him. From that day forward he began being trained in his dreams on how to perform metaphysical sessions to treat the epidemic of trauma, specifically sexual abuse, which he has done professionally for the last 4 years all over the country. Call 501-500-4684 or visit: j5psychic.com

— 12:30 PM —

Shadow Work. What is it & Are You Ready?

Stacey Bosley

During this enlightening talk, Stacey will discuss what shadow work is, how to benefit from it, and when you are ready for this transforming work. Stacey Bosley, is a Shadow Walker, psychic and channel. Her passion is to assist others with their healing journey through shadow work, removing negativity, and moving forward on a more peaceful, positive life path. Call 757-810-7376 or visit: www.staceysees.com

— 1:00 PM —

Consciousness of Sound

Kristina Jones

Kristina will be sharing simple concepts about sound, vibration, and energy that influence our daily lives. She has traveled internationally to study with sound healers and gong masters, and is excited to share a small sound healing exercise with attendees. Kristina is an international psychic, medical intuitive, shamanic practitioner, and vibrational sound healer. She provides remote and in-person private sessions and corporate sound bath experiences. Call 830-388-5654 or visit: www.kristinajoneshealer.com

— 1:30 PM —

Decoding The Breath's Language

Remington Steele

Discover how your breath reveals your mind, body, and soul's hidden messages. Learn to listen, decode, and shift your breath for healing, awareness, and self-discovery. Breath is more than life—it's your body's unspoken language. Remington Steele is a breathwork facilitator and founder of Breathe With Rem, helping others heal through the power of breath. She also leads We Are The Village – Teen Moms, supporting young mothers in breaking generational cycles and thriving. Call 214-258-5248.

— 2:00 PM —

Akashic Records in the New Paradigm

Gina Higdon

Gina will explain the Akashic record field of infinity, as well as how she found the Akashic Records. She will then answer questions and deliver a message from the Masters, Teachers and Loved Ones. Gina is an Akashic Record Teacher & Consultant, Theta Healing Practitioner, Claim Your Life Instructor, and Aura Soma Practitioner, who has studied Astrological life cycles. Her passion is to build an Akashic Community by teaching and assisting others in finding their joy and life purpose. Call 713-397-5888 or visit: www.claimyourempoweredlife.com

Speaker Program

— 2:30 PM —

Numerology: Seeing Life Through the Numbers

Eloy Machuca

Join Eloy as he talks about the basics of Numerology and how you can change your perspective by paying attention to the spiritual properties of numbers. Each of us have individual numbers for each year depending on our birthdate. Come find out yours! Eloy has been practicing Numerology as well as various other methods of divination for the past decade. He is a Lenormand, Tarot & Charm reader, as well as a BARS Practitioner & Holy Fire Reiki Master. Find him and all he does at www.thegreenmanstudios.com

— 3:00 PM —

Awaken Your Purpose

Ashley Keller

Are you a multi-passionate soul seeking your purpose? This session will help you follow the "coincidences," synchronicities, and gentle nudges that point toward your soul's fulfillment. You'll leave feeling ready to take the next step in your destiny. Ashley Keller is an Intuitive Guide, mystic, and mentor. She's helping women embrace their most authentic path by connecting within and exploring new avenues.

Call 913-268-5983 or visit: ashleyakeller.com

— 3:30 PM —

A Channeled Session for the Soul

Kathy D. Carter

In this live, unscripted session, Kathy will tune into the energy of the group and channel guidance, insights, or healing tailored to whoever shows up. Come with questions or simply an open heart—you'll receive exactly what your soul is ready for. Kathy Carter is an intuitive energy healer and spiritual guide for over 30 years who channels insight and healing to support deep transformation. Her work helps people reconnect with their soul through clarity, compassion, and energetic realignment. Call 214-245-2293 or visit: <https://www.kathydcarter.com>

Sunday, August 31

— 4:00 PM —

Conquering Stress, Fatigue and Disease

Dr. Amber R. Smith, DC

The spinal nervous system plays a crucial role in maintaining and restoring health. When stress disrupts this communication, it can lead to a range of health issues, including pain, inflammation and compromised immune system. Learn how to conquer the effects of stress today at this lecture. Dr. Amber R Smith, D.C., a dedicated family chiropractor in the Woodlands/Spring area since 2007, is committed to providing comprehensive chiropractic care for all ages. Her passion lies in enhancing the health and wellbeing of individuals and families through personalized treatments and holistic approaches. Call 832-279-4784 or visit: www.c2hwellness.com

— 4:30 PM —

Natural Approaches to Stress Management

Kimberly Kraft, CHT, CSMC

In this lecture you will learn how to maintain your calm, in the midst of stress. Natural stress management focuses on using gentle, non-pharmaceutical methods to calm the mind and restore balance. These approaches support your overall well-being by helping the body and mind manage stress in a healthy, sustainable way. Kimberly Kraft is a Certified Hypnotherapist and Stress Management Consultant, Meditation and Yoga Instructor and Usui Reiki Practitioner. She draws on decades of experience in yoga, meditation, mindfulness, and diverse healing modalities to help others live more stress-free, authentic lives. Call (281) 773-0477 or visit www.LoveYourChakra.com

— 5:00 PM - 7:00PM —

Walking With Spirit Gallery - \$25

Terri Groom

Come join Terri with Vita Perceptions for an interactive connection with spirit. This gallery will focus on mediumship connections with loved ones, as well as channeled messages from guides, angels and other beautiful energies from the other side. Terri Groom is a Medium as well as a Medical Intuitive, Animal Communicator, Trance Healer and Life Coach. She utilizes clair senses as well as pure channeling. Terri is a published author under the pen name of A. Tacked and has been featured on Netflix. Call 214-564-6349 or email: vita perceptions@gmail.com

Exhibitors

1992 Honey Co

Savanah Sockwell.....346-588-3846
Raw Honey that supports Wellness and Health.
www.1992honeyco.com

Aurum Alchemy

Ryan Tierney360-473-6813
We sell holistic healing and aromatherapy products.
aurumalchemy.etsy.com

Chroma Drum

Michael Langdon442-207-9029
Sound healing instruments, Handpans, tongue drums.
www.chromadrum.com

A Holistic Solution

Jackie Denton928-300-8954
Holistic jewelry.
www.aholisticsolution.com

Austinsuntx

Juciene Suniura214-527-6573
Crystals Suncatchers, Rosary's, etc.
www.instagram.com/austinsuntx

Clairvoyant Medium & Inner Child Counselor

Carolyn Little469-867-0676
Clairvoyant Medium, Inner Child Counselor

A Wellness Alternative

Edna Craven, DC214-769-2209
Iridology.
AWellnessAlternative.com

Awareness Art Studios

Tracey Fitzgerald214-728-9531
.....Traceyfitzgerald111.com
Energy Readings w/Sketch: Aura, Angels, Chakras+

Collins.HealthyHome.com

Carolyn Collins806-679-4240
StemActive & Transdermal Hormone Cream.
Collins.HealthyHome.com

Activate One

Brian Stovall713-480-2947
Access Consciousness, Family Constellation.
ActivateOne.com

BEAMING Love & Light

Tanya Hulett281-728-9531
Opus Soundbed and DreamMachine.

Connect 2 Health Chiropractic

Dr. Amber Smith832-279-4784
Family Chiropractic Wellness Center
www.c2hwellness.com

Aligned Insights with Ashley

Ashley Keller913-268-5983
Mystery crystal pouches, Oracle books, Intuition classes.
Ashleyakeller.com

Bio-Energetic Jewelry LLC

Claudia Denham620-481-0209
Programmed functional EMF protection jewelry.
www.bio-energeticjewelry.com

Crystal Joy Corp

Mary Hurley405-439-5950
Hand picked high energy crystals.
www.facebook.com/crystaljoyok

Art Elements 38

Priscilla Openyu Mutangadura1-352-562-9093
Unlock meaning, direction, & purpose through a numerology reading.
artelements38.xyz/home

Breathe With Rem

Remington Steele.....214-258-5248
Empowering you through breath, coaching & healing.

Crystal Moon

Brandi McCulley936-933-3181
Crystals, crystals and more crystals!

Draco's Ethereal Lights

Allison Dragon 832-452-3682
 Crystal geode oil lamps and other pieces of art.
www.DracosEtherealLights.com

Holographic Sound & Inner Balance

Dr. Paul Hubbert, PhD
 512-659-0069
 Crystal Bowls, Workshops, Egyptian Jewelry, Crystals.
www.HolographicSound.com

Lady Marie

Tina Browning 409-594-6296
 Clairvoyant Psychic Medium.

Eat Your Greens! Organic Farm

April Zuniga 940-222-5658
 Nutrient-packed Microgreens Powders & Capsules.
www.EatYourGreensOrganicFarm.com

Inner Muse Hypnosis

Lisa Chalmers 972-998-7491
 Hypnotherapy & Past Life Regression Healing.
www.InnerMuseHypnosis.com

Life Exploration with Gina

Gina Higdon 713-397-5888
 Akashic Records Consultations and Theta Healing.
www.ClaimYourEmpoweredLife.com

ECKANKAR-The Path of Spiritual Freedom

Uwakwe Onwuchekwa
 281-690-3968
 Wellness through divine Light and Sound.
www.eckankar.org

Intuitive Advanced Energy Healer

Sheela Goodrich 512-577-4055
 Personalized Reading with Chakra Balancing.
sheelagoodrich@gmail.com

Lifewave

Ann Sontag 713-705-6819
 Activate your stem cells using your own Light!
Liveyounger.com/LightMakesChange

Emotion Code - Body Code - Belief Code

Liza Davis 1-646-309-4717
 Energy Healing for Body, Emotions, Mental Blocks.
www.CoachingAndTraining.com

Intuitive Advisor

Stacy Bosley 757-810-7376
 Psychic Readings, Amaurotic Soul Drawings & Channel.
www.StaceySees.com

Lisa Barrow

Lisa Barrow 817-913-8308
 Channeled Oracle Card Readings.
lisabarrow.com

Everything By Noel

Destayne Noel 713-854-4407
 I create handmade shamanic tools.
www.DestayneNoel.com

Kathy D Carter - The Soul Finder

Kathy D. Carter 214-245-2293
 Find your relief and recovery with ASEAI!
KathyDCarter.com

Liz Royce Massage Therapy

Liz Royce 562-756-9291
 Deep Tissue Massage for long term pain relief now.
Lizroyce.massagetherapy.com

frequence

Kristin Gentry 817-988-6636
 Frequency based Nutrition and Wellness products.
frequence.com/kristin

Lady Lavender's Garden Apothecary

Stephanie West 325-423-2082
 I harness the healing power of plants.
Ladylavendersgarden.square.site

Love and All That Is Reiki and Rocks

Kelle Bohl & Jean Dudley
 832-998-1593
 Reiki Treatments, Crystals, Pain Oil Moonwater, etc.
Loveandallthatis@gmail.com

Exhibitors (continued)

Love and Kindness World

Peggy Sue Skipper ..832-628-5396
Support Group/Network Founder, Author.
www.LoveAndKindnessWorld.com

Mushyverse

Dominique Pitts925-640-5718
Mushyverse is a Psychedelic supplement
company.
www.mushyverse.co

Purple Rose Psychic

Lezli Hall817-371-0007
Reader and Mediumship.
Purplerosepsychic.com

Love Your Chakra

Kimberly Kraft281-773-0477
Reiki, Chakra items, Yoga, Meditation,
Stress Mgt.
www.LoveYourChakra.com

Natural Wellness Clinic Inc

Dr. Paul E. Robbins, BD, AD
.....346-600-9355
Drug and Needle free option to health care.
nwcliniCTX.com

RachelJane Healing

Rachel Philips.....832-410-6678
Healing through energy work and spiritual
guidance.
www.racheljanehealing.com

Maxliving Miracle City

Dr. Sheridan Bowser, DC
.....818-564-0628
Free spinal analysis, vitamins and
supplements.
maxlivingmiraclecity.com

No Crap In It

Feather Stovall281-543-7840
All natural wellness products made in
TEXAS.
www.nocrapinit.com

Readings & Healings

Eloy Machuca
.....www.thegreenmanstudios.com
Tarot, Lenormand and Kipper Card
Readings.

Mindful Soundworks

Kristina Jones830-388-5654
Psychic, Medical Intuitive, Sound Healer,
Shamanic.
www.kristinajoneshealer.com

Now and Zen Bodyworks

Brenda Austin469-416-3912
Massage therapy, Reiki Master.
www.nowandzenbodyworks.com

Renewal By Andersen of Houston

Cinto Barrientes832-797-9036
Window and patio door replacement
company.
www.rbahouston.com

Miracles of Joy Metaphysical Store and Center

Joy Kauf972-221-8080
Aura Photos & more!
www.miraclesofjoy.org

OKAS Designs

Kristin Quintanilla512-787-6969
Copper jewelry, crowns, and crystals.
www.OKASDesigns.com

Rusk Tea & Spice Co.

Nasyim Segal832-534-2277
Teas to ease cravings, stress &
inflammation.
Rusktea.com

Modern Native Trading Co.

Sara Platt430-373-0926
Bum Paper, Smudge Sticks, Journals, Alter
Tools.
www.modernnativetrading.com

Psychic Card Reader

Kathy Minier972-406-0080
Entertainment, groups, parties, & personal
readings.

Sacred Path Wellness

Ilse Avila346-334-7252
Ancestral wellness through sacred practice.
sacredpathwellness.my.canva.site

Semper Laser

Cristie Johnson 832-778-0779
 #1 rated Laser Hair Removal company in
 the Nation.
www.Semperlaser.com

Tarot by Kirsten

Kirsten Owens 936-900-6066
 Intuitive tarot readings, Mystic. Healer,
 Teacher.

Traveling Light

RosaLee McIntosh ... 832-603-1456
 Psychic, tarot cards, Palmistry, Past life
 readings.

SoLuna Mental Wellness

Fibha Mahmood 832-240-1058
 Locally owned Mental Health Therapy
 Clinic.
www.solunamw.com

Tarot Chulis

Ana Roman 346-329-4061
 Tarot readings.
www.tarotchulis.com

Twisted Twigs

Jackie Caskins 832-818 1559
 Spiritual Tools.

**Southern USA Falun dafa
association**

Grace Dorosz 210-535-5032
 Shen yen performing arts- The Beauty of
 Divine.
www.shenyun.com

The GreenMan Studios

Arthur Graye 214-631-9917
 One stop Shoppe for all your spiritual
 needs.
www.thegreenmanstudios.com

**Universal Door
Meditation Center**

Pho Nguyen 972-841-1102
 Awaken to who you truly are and are not!
universaldoormeditationcenter.org

Spiritual Artist & Mentor

KA Horne 214-649-5967
 Channelled sessions w/ art & spiritual life
 coaching.
www.kahome.com

The Healing Charm

Shari Davis 214-793-3531
 Wire wrapped sterling silver and copper
 jewelry.
www.thehealingcharm.com

Vita Perception

Terri Groom 214-564-6349
 Life Coaching from the Other Side.
vita perceptions@gmail.com

Sunshine Crystals

Kristen Curzan 713-705-4556
 Natural Crystals in various forms.

The Holistic Warrior

Thomas Nolan, III, Ph.D.
 405-360-2250
 Readings, Energy Balancing, Dream
 Interpretation

Wave on Wave Counseling

Jennifer Leal 832-979-6989
 Counseling services.
www.facebook.com/share/16FWpi5UgT/

**Susie Star Psychic &
Tarot Reader**

Susie Star 713-334-9322
 We offer Tarot Readings, Runes Readings
 and Reiki.
Susiestar.com

The Rock Fancier

Kevin Kern 832-707-8072
 We sell crystals, rocks, fossils and minerals.
TheRockFancier.square.site

Wellness Connections

Mimi Pooley 281-433-9574
 Skincare/Makeup/Oils/Superfoods/Personal
 Care.
<https://crunchi.com/?als=mimipooley>

Synergy's Innovation

Camilia Ortiz 786-212-5395
 Brand & sales strategies for wellness
 growth.
www.synergysinnovation.com

The Super Patch Company

Rachael Hendrikz 301-787-3601
 Zero ingredient wellness patches.
Rhendrikz.superpatch.com

Tarot by Julia

Julia Gordon-Bramer
 314-517-0158
 Tarot readings as seen on Gaia, MTV Coast
 to Coast.
www.juliagordonbramer.com

Trauma Healing

Johnny 5 (J5) 501-500-4684
 Author, Psychic, & Sexual Abuse Healing.
j5psychic.com

Literature Table

Aligned Insights with Ashley

Ashley Keller 913-268-5983
Mystery crystal pouches, Oracle books,
Intuition classes.
Ashleyakeller.com

Lactation & Development Resources

..... 346-641-0300
Offering Lactation Consultation, Infant
Feeding Therapy & Occupational Therapy.
www.lactdev.com

Peggy Sue Skipper

www.LoveAndKindnessWorld.com
..... 832-628-5396
Intuitive Sessions and/or Hand Analysis.

Are You a High Intuitive?

Peggy Sue Skipper .. 832-628-5396
Workshops, intuitive sessions &/or Hand
Analysis.
PeggySueSkipper.com

Let's Heal Together

Ariel F. & Charissa J.
..... 936-672-0952
Mental Health & Holistic Coaching &
Product Shop.
letshealtogether.help

Reed Speech Language Communication Therapy & Consulting

Paula Reed..... 972-241-2046
Bemer Microcirculation, Listening Brain
Program.
www.paulareed.bemergroup.com

Inner Muse Hypnosis

Lisa Chalmers 972-998-7491
Hypnotherapy & Past Life Regression
Healing.
www.InnerMuseHypnosis.com

Lifewave

Ann Sontag..... 713-705-6819
Activate your stem cells using your own
Light! Liveyounger.com/LightMakesChange

Semper Laser

Cristie Johnson 832-778-0779
#1 rated Laser Hair Removal company in
the Nation.
www.Semperlaser.com

Kathy D Carter -The Soul Finder

Kathy D. Carter 214-245-2293
Find your relief and recovery with ASEA!
KathyDCarter.com

Miracles of Joy Metaphysical Store and Center

Joy Kauf 972-221-8080
Aura Photos & more!
www.miraclesofjoy.org

Synergy's Innovation

Camilia Ortiz 786-212-5395
Brand & sales strategies for wellness
growth.
www.synergysinnovation.com

WELLNESS EXPO®

MARK YOUR CALENDAR

2025

Grapevine, TX: October 11 & 12, 2025
Grapevine Convention Center

2026

Grapevine, TX: January 10 & 11, 2026
Grapevine Convention Center

Conroe, TX: March 14 & 15, 2026
Lone Star Convention & Expo Center

Grapevine, TX: April 11 & 12, 2026
Grapevine Convention Center

Grapevine, TX: July 18 & 19, 2026
Grapevine Convention Center

Conroe, TX: September 5 & 6, 2026
Lone Star Convention & Expo Center

Grapevine, TX: October 10 & 11, 2026
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