

THE LONE STAR CONVENTION & EXPO CENTER · 9055 AIRPORT RD · CONROE, TX

SATURDAY & SUNDAY · AUGUST 30 & 31, 2025 · 11AM - 6 PM



THE DAWN OF THE YEAR 13 HOUSE

OPENING CEREMONY BY TONELHUAYO (TOH-NEL-WA-YOH) - SATURDAY, 10:45AM
Opening Ceremony honoring the dawn of the new Aztec year. In

Opening Ceremony honoring the dawn of the new Aztec year. In the Aztec calendar tradition, the "Year 13 House" marks the end of a complete round of days within the Aztec calendar, signifying a potential turning point or moment of completion.

Tonelhuayo, meaning "Our Essence, Our Deepest Roots" in the Aztec language, seeks to delve into the roots of various Mesoamerican people in whose stories, tradition, art and cultures we see many aspects of our current journey reflected. It is through this legacy that we can understand the traditions, values and beliefs that have shaped our culture and our way of being.

Email: tonelhuayotx@gmail.com

VISIT

75+ exhibit booths with products & services for body, mind & spirit

HEAR

22 holistic medicine, personal growth & metaphysical talks & 2 classes

EXPERIENCE

intuitive consultations, massage, & energy healing

DISCOVER

how to boost your immune system & balance your emotional state

CONFER WITH

naturopathic & holistic doctors, chiropractors & acupuncturists

SHOP

jewelry, essential oils, CBD, remodeling services, metaphysical gifts

---- 11:30 AM ----

Past Life Healing

Lisa Chalmers

Often times it's the awareness of the past that frees us in the future. Come explore a short past life regression to go back and look at what gifts we can discover. Lisa Chalmers is a Certified Hypnotherapist, Certified Past Life Regression Healer, a Reiki Master, an Intuitive Psychic Medium (she gets pictures in her minds eye) and she is Clairaudient (she hears messages). She owns Inner Muse Hypnosis, where she offers Hypnotherapy and Past Life Regression. Call 972-998-7491 or

Visit: www.InnerMuseHypnosis.com

Saturday, August 30

----- 1:00 PM ---

Unlocking You

Brian Stovall

Access Bars are 32 points on your head that, when gently touched, effortlessly and easily release the thoughts, ideas, beliefs, emotions, and considerations that stop you from creating a life you love. Join Brian as he demonstrates Access Consciousness© and how the tools can assist you. Brian Stovall, Activate One, is an Access Consciousness© Certified Facilitator, Bars Facilitator, Family Constellation Facilitator, and Life Coach, who empowers individuals, groups, and businesses around the world to transform, and know that they know.

Call 713-480-2947 or visit: activateone.com

- 12:00 PM ---

EFT- Creating Positive Change One Tap at a Time!

Helen Racz

Emotional Freedom Technique (EFT), is a form of acupressure similar to acupuncture without the use of needles. Come for a joyous journey with tangible effects as you ask questions and experience how to support yourself with this technique. EFT Practitioner, teacher, speaker, retreat leader, life coach and author, Helen's unique tapping style combines energy, humor and compassion to lead people into alignment with their desires, empowering them to live life on purpose with purpose. Call 281-384-0207 or visit: http://www.HelenRacz.com

---- 12:30 PM -----

Dr. Paul E. Robbins

Anxiety, Pain & PTSD: Auricular Therapy can help Auricular Therapy is needle free, non-intrusive, has no side effects or addictive attachments, and can be done in multiple ways and has multiple things it can help with. It has high success in helping with Tremors, Chronic Pain, PTSD + more. It is relaxing yet stimulating! Dr. Robbins started his practice in 2010. He has dual Doctorates in Auricular Medicine and Biofeedback Medicine, he has been co-host of a morning health radio show and he has been trained in Cranial Sacral Therapy. In 2024 he moved his practice to The Woodlands. Call 346-600-9355 or visit: nwclinicts.com

- 1:30 PM -

The Living Buddha

Meet Awakened Zen Master Thich Dieu Thien Awakened Zen Master Thich Dieu Thien, founder of Universal Door Meditation Center in Sugar Land, TX, and author of the international best seller, "The Power of Awake", is a globally respected enlightened teacher. Since becoming Awakened in 2001, she has been guiding all people toward awakening and liberating the root of suffering. Her step-by-step teachings are practical, transformative, and deeply relevant in today's world. A beacon of Wisdom and Compassion, she opens the wisdom mind of everyone to realize their inherent Buddha Nature and live with true love, peace, and happiness. Visit: www.universaldoormeditationcenter.org YouTube: @universaldoormeditationcenter

- 2:00 PM -

Staying Connected in a Chaotic World

Joy Kauf

Do you sometimes forget you have a spirit team ready to support you daily? It is easy to forget our connection when chaos shows up in our lives. Joy will share some proven tips for connecting with your spirit team, manifesting your dreams, and maintaining your peace. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing and is certified as an Advanced Theta Practitioner, as well as a Reiki Master Teacher. Call 972-221-8080 or visit: www.joykauf.com

- 2:30 PM -

Release the Root Cause of Disease with Body Code

Liza Davis

Body Code, Emotion Code, and Belief Code are simple, fast-acting, and effective energy healing methods that allow you to find and release the root cause of health issues, emotional problems, and mental blocks to help you feel better physically and emotionally. During this workshop Liza will demonstrate how it works with one of the participants. The workshop is led by Liza Davis, a certified Body Code, Emotion Code, Belief Code, and Reiki practitioner, as well as Health, Mental Fitness, and Love Coach. Liza has also co-authored the book "Love and Coaching" with John Gray, the author of "Men are from Mars, Women are from Venus". Call 1-646-309-4717 or visit: www.CoachingAndTraining.com

----- 3:00 PM -----

Master the Spiritual Laws of Life Bud Mavr

The spiritual laws of life give us the resources to make the very best decision at any one moment. To discover them and live in harmony with them is to find freedom, wisdom, and divine love. Bud Mayr is a longtime student of ECKANKAR and an ECK cleric. He has given numerous talks and workshops over the years on the benefits of living the spiritual life through the teachings of ECKANKAR and is ever willing to share his knowledge with others. Call 281-759-1130 or visit: eckankar-texas.org

- 3:30 PM ----

Creating Space in an Imperfect World

Terri Groom

Come join Terri Groom for an informative and engaging talk on hope and connection. Learn how to replace your day to day struggles with a stronger, more meaningful connection with the spirit world. Your guides are wanting to talk to you! Terri Groom is a Medium as well as a Medical Intuitive, Animal Communicator, Trance Healer and Life Coach. She utilizes clair senses as well as pure channeling. Terri is a published author under the pen name of A. Tacked and has been featured on Netflix. Call 214-564-6349 or email: vitaperceptions@gmail.com

Saturday, August 30

- 4:00 PM ----

Bridging Ancestral Wisdom + Modern Healing

Ilse Avila

Discover what Curanderismo is and how Curanderismo bridges ancient Indigenous healing traditions with modern wellness practices to restore balance in mind, body, and spirit. Ilse Avila is a Curandera and holistic practitioner, as well as the founder of Sacred Path Wellness. With strong ties to Mexica traditions and extensive experience in holistic wellness, she merges ancient practices with contemporary healing methods to empower individuals on their journey toward balance and well-being. Call 346-334-7252 or visit:

https://sacredpathwellness.my.canva.site/

----- 4:30 PM --

Tips & Tricks to Transform Your Life

KA Home

Guided by spirit, KA will offer gallery-style readings and affirmations that will transform your life and help you manifest your dreams. Ka considers herself to be an Ascension Artist. Her artwork is intended to be used as a tool and catalyst for remembering your "True Self" which is a "powerful Soul having a Human experience". Call 214-649-5967 or visit: Kahorne.com

----- 5:00 PM - 7:00PM ---

Angelic Connections-\$25

Joy Kauf & KA Home

Join Joy and Ka for a gallery of channeled messages from the Angelic Realm. We will cover what channeling is? How can you receive your messages from your angels? We will be channeling messages for the group. Joy Kauf and Ka Horne have been channeling for over 30 years. Joy Kauf is the founder of the Miracles of Joy Spiritual Center, a Mecca for healings, readings, and esoteric studies in the Dallas area. Joy is a Master Teacher of Galactic Healing and is certified as an Advanced Theta Practitioner, as well as a Reiki Master Teacher. Call 972-221-8080 or visit: www.joykauf.com KA considers herself to be an Ascension Artist. Her artwork is intended to be used as a tool and catalyst for remembering your "True Self" which is a "powerful Soul having a Human experience". Call 214-649-5967 or visit: Kahorne.com

— 11:30 AM —

The Healing Power of Holographic Sound Meditation

Dr. Paul Hubbert, PhD

Through Holographic Sound Techniques, crystal bowls and vocal harmonics, activate the body's blueprint for health. Experience healing & balancing of physical, emotional, mental, and guided bodies energetic consciousness. Paul holds а Ph.D. Psychology, he's a Multidimensional Sound Master and teaches internationally. He is certified in Grief Recovery, hypnosis, Reconnective Healing and received recognition from the White House for his family counseling work. He's an intuitive channel, Reiki Master, musician and international recording artist. Call 512-659-0069 or visit: www.HolographicSound.com

- 12:00 PIVI ----

Dissolving Trauma

Johnny 5 (J5)

Discover how to treat trauma and dissolve its impression within the bio field so that functionality can rebound to a healthier state. Johnny 5 will offer live demos for all audience attendees. In 2019 after studying Edgar Cayce and his methods of meditation, J5 had an out of body experience which unlocked something dormant within him. From that day forward he began being trained in his dreams on how to perform metaphysical sessions to treat the epidemic of trauma, specifically sexual abuse, which he has done professionally for the last 4 years all over the country. Call 501-500-4684 or visit: i5psychic.com

- 12:30 PM ---

Shadow Work. What is it & Are You Ready?

Stacey Bosley

During this enlightening talk, Stacey will discuss what shadow work is, how to benefit from it, and when you are ready for this transforming work. Stacey Bosley, is a Shadow Walker, psychic and channel. Her passion is to assist others with their healing journey through shadow work, removing negativity, and moving forward on a more peaceful, positive life path. Call 757-810-7376 or visit: www.staceysees.com

Sunday, August 31

---- 1:00 PIVI -----

Consciousness of Sound

Kristina Jones

Kristina will be sharing simple concepts about sound, vibration, and energy that influence our daily lives. She has traveled internationally to study with sound healers and gong masters, and is excited to share a small sound healing exercise with attendees. Kristina is an international psychic, medical intuitive, shamanic practitioner. and vibrational sound healer. She provides remote and in-person private sessions and corporate sound bath experiences. Call 830-388-5654 or visit: www.kristinajoneshealer.com

- 1:30 PM -

Decoding The Breath's Language

Remington Steele

Discover how your breath reveals your mind, body, and soul's hidden messages. Learn to listen, decode, and shift your breath for healing, awareness, and self-discovery. Breath is more than life—it's your body's unspoken language. Remington Steele is a breathwork facilitator and founder of Breathe With Rem, helping others heal through the power of breath. She also leads We Are The Village — Teen Moms, supporting young mothers in breaking generational cycles and thriving. Call 214-258-5248.

----- 2:00 PM ---

Akashic Records in the New Paradigm

Gina Higdon

Gina will explain the Akashic record field of infinity, as well as how she found the Akashic Records. She will then answer questions and deliver a message from the Masters, Teachers and Loved Ones. Gina is an Akashic Record Consultant, Theta Practitioner, Claim Your Life Instructor, and Aura Soma Practitioner, who has studied Astrological life cycles. Her passion is to build an Akashic Community by teaching and assisting others in and finding their joy purpose. Call 713-397-5888 or visit:

www.claimyourempoweredlife.com

__ 2:30 PM __

Numerology: Seeing Life Through the Numbers

Eloy Machuca

Join Eloy as he talks about the basics of Numerology and how you can change your perspective by paying attention to the spiritual properties of numbers. Each of us have individual numbers for each year depending on our birthdate. Come find out yours! Eloy has been practicing Numerology as well as various other methods of divination for the past decade. He is a Lenormand, Tarot & Charm reader, as well as a BARS Practitioner & Holy Fire Reiki Master. Find him and all he does at www.thegreenmanstudios.com

---- 3:00 PM ----

Awaken Your Purpose

Ashley Keller

Are you a multi-passionate soul seeking your purpose? This session will help you follow the "coincidences," synchronicities, and gentle nudges that point toward your soul's fulfillment. You'll leave feeling ready to take the next step in your destiny. Ashley Keller is an Intuitive Guide, mystic, and mentor. She's helping women embrace their most authentic path by connecting within and exploring new avenues.

Call 913-268-5983 or visit: ashleyakeller.com

- 3:30 PM ----

A Channeled Session for the Soul

Kathy D. Carter

In this live, unscripted session, Kathy will tune into the energy of the group and channel guidance, insights, or healing tailored to whoever shows up. Come with questions or simply an open heart—you'll receive exactly what your soul is ready for. Kathy Carter is an intuitive energy healer and spiritual guide for over 30 years who channels insight and healing to support deep transformation. Her work helps people reconnect with their soul through clarity, compassion, and energetic realignment. Call 214-245-2293 or visit: https://www.kathydcarter.com/

Sunday, August 31

-----4:00 PM --

Conquering Stress, Fatigue and Disease

Dr. Amber R. Smith, DC

The spinal nervous system plays a crucial role in maintaining and restoring health. When stress disrupts this communication, it can lead to a range of health issues, including pain, inflammation and compromised immune system. Learn how to conquer the effects of stress today at this lecture. Dr. Amber R Smith, D.C.,a dedicated family chiropractor in the Woodlands/Spring area since 2007. committed to providing comprehensive chiropractic care for all ages. Her passion lies in enhancing the health and wellbeing of individuals and families through personalized treatments and holistic approaches. Call 832-279-4784 or visit: www.c2hwellness.com

----- 4:30 PM -

Natural Approaches to Stress Management

Kimberly Kraft, CHt, CSMC

In this lecture you will learn how to maintain your calm, in the midst of stress. Natural stress management focuses on using gentle, non-pharmaceutical methods to calm the mind and restore balance. These approaches support your overall well-being by helping the body and mind manage stress in a healthy, sustainable way. Kimberly Kraft is a Certified Hypnotherapist and Stress Management Consultant, Meditation and Yoga Instructor and Usui Reiki Practitioner. She draws on decades of experience in yoga, meditation, mindfulness, and diverse healing modalities to help others live more stress-free, authentic lives. Call (281) 773-0477 or visit www.LoveYourChakra.com

--- 5:00 PM - 7:00PM ---

Walking With Spirit Gallery - \$25 Terri Groom

Come join Terri with Vita Perceptions for an interactive connection with spirit. This gallery will focus on mediumship connections with loved ones, as well as channeled messages from guides, angels and other beautiful energies from the other side. Terri Groom is a Medium as well as a Medical Intuitive, Animal Communicator, Trance Healer and Life Coach. She utilizes clair senses as well as pure channeling. Terri is a published author under the pen name of A. Tacked and has been featured on Netflix. Call 214-564-6349 or email:

vitaperceptions@gmail.com

Exhibitors [as of 07/29/25]

1992 Honey Co

Savanah Sockwell....346-588-3846 Juciene Suniura214-527-6573 Mary Hurley405-439-5950 Raw Honey that supports Wellness and Health.

www.1992honeyco.com

Austinsuntx

Crystals Suncatchers, Rosary's, etc. www.instagram.com/austinsuntx

Crystal Joy Corp

Hand picked high energy crystals. www.facebook.com/crystaljoyok

A Holistic Solution

Jackie Denton928-300-8954 Tracey Fitzgerald www.aholisticsolution.com

Awareness Art Studios

Holistic jewelry. Traceyfitzgerald111.com Energy Readings w/Sketch: Aura, Angels, Chakras+

Crystal Moon

Brandi McCulley 936-933-3181 Crystals, crystals and more crystals!

A Wellness Alternative

Iridology. AWellnessAlternative.com

Bio-Energetic Jewelry LLC

Draco's Ethereal Lights

Programmed functional EMF protection Crystal geode oil lamps and other pieces of art. www.bio-energeticiewelry.com www.instagram.com/dracos ethereal lights

Activate One

Brian Stovall713-480-2947 Access Consciousness, Family Constellation. ActivateOne.com

Breathe With Rem

Remington Steele.....214-258-5248 Organic Farm Empowering you through breath, coaching April Zuniga940-222-5658 & healing.

Eat Your Greens!

Nutrient-packed Microgreens Powders & Capsules. www.EatYourGreensOrganicFarm.com

Alianed Insights with Ashlev

Ashley Keller913-268-5983 Inner Child Counselor Mystery crystal pouches, Oracle books, Intuition classes. Ashleyakeller.com

Clairvovant Medium &

Carolyn Little469-867-0676 Uwakwe Onwuchekwa Clairvoyant Medium, Inner Child Counselor

ECKANKAR-The Path of Spiritual Freedom

......281-690-3968 Wellness through divine Light and Sound. www.eckankar.org

Aurum Alchemy

We sell holistic healing and aromatherapy products aurumalchemy.etsy.com/

Connect 2 Health Chiropractic

Ryan Tierney360-473-6813 Dr. Amber Smith832-279-4784 Code - Belief Code

Emotion Code - Body

Family Chiropractic Wellness Center Liza Davis1-646-309-4717 Blocks. www.CoachingAndTraining.com

frequense

Frequency based Nutrition and Wellness products. frequense.com/kristin

Life Exploration with Gina

Kristin Gentry..........817-988-6636 Gina Higdon713-397-5888 Dr. Sheridan Bowser, DC Healing.

Maxliving Miracle City

Akashic Records Consultations and Theta818-564-0628 Free spinal analysis, vitamins and www.ClaimYourEmpoweredLife.com supplements. maxlivingmiraclecity.com

Holographic Sound & Inner Balance

Dr. Paul Hubbert, PhD512-659-0069 Crystal Bowls, Workshops, Egyptian Jewelry, Crystals.

www.HolographicSound.com

Lifewave

Ann Sontag......713-705-6819 Kristina Jones.......830-388-5654 Activate your stem cells using your own Liveyounger.com/LightMakesChange

Mindful Soundworks

Psychic, Medical Intuitive, Sound Healer, Shamanic. www.kristinaioneshealer.com

Inner Muse Hypnosis

Lisa Chalmers972-998-7491 Liz Royce562-756-9291 Metaphysical Store and Hypnotherapy & Past Life Regression Healing. www.InnerMuseHvpnosis.com

Liz Royce Massage Therapy

Deep Tissue Massage for long term pain Center Lizrovce.massagetherapy.com

Miracles of Joy

relief now. Joy Kauf972-221-8080 Aura Photos & more! www.miraclesofiov.org

Intuitive Advanced **Energy Healer**

Sheela Goodrich512-577-4055 Kelle Bohl & Jean Dudley Balancing. sheelagoodrich@gmail.com

Love and All That Is Reiki and Rocks

Personalized Reading with Chakra832-998-1593 Reiki Treatments, Crystals, Pain Oil

> Moonwater, etc. Loveandallthatis@gmail.com

Natural Wellness Clinic Inc.

Dr. Paul E. Robbins, BD. AD346-600-9355

Drug and Needle free option to health care. nwclinictx.com

Intuitive Advisor

Psychic Readings, Amaurotic Soul Drawings & Channel. www.StaceySees.com

Love and Kindness World

Stacy Bosley............757-810-7376 Peggy Sue Skipper ..832-628-5396 Brenda Austin............469-416-3912 Support Group/Network Founder, Author. www.l.oveAndKindnessWorld.com

Now and Zen Bodyworks

Massage therapy, Reiki Master. www.nowandzenbodyworks.com

Kathy D Carter -The Soul Finder

Kathy D. Carter214-245-2293 Find your relief and recovery with ASEA! KathyDCarter.com

Love Your Chakra

Reiki, Chakra items, Yoga, Meditation, Stress Mgt. www.LoveYourChakra.com

Psychic Card Reader

Kimberly Kraft.......281-773-0477 Kathy Minier972-406-0080 Entertainment, groups, parties, & personal readings.

Exhibitors (continued)

Purple Rose Psychic Lezli Hall817-371-0007 association

Purplerosepsychic.com

Southern USA Falun dafa

Reader and Mediumship. Grace Dorosz 210-535-5032 Shen yen performing arts-The Beauty of Divine. www.shenvun.com

Tarot Chulis

Tarot readings. www.tarotchulis.com

RachelJane Healing

Healing through energy work and spiritual guidance. www.racheljanehealing.com

Spiritual Artist & Mentor

coaching. www.kahorne.com

The GreenMan Studios

Rachel Philips........832-410-6678 KA Horne214-649-5967 Arthur Graye214-631-9917 Channelled sessions w/ art & spiritual life One stop Shoppe for all your metaphysical www.thegreenmanstudios.com

Readings & Healings

Eloy Machucawww.thegreenmanstudios.com Tarot, Lenormand and Kipper Card Readings.

Sunshine Crystals

Kristen Curzan 713-705-4556 Shari Davis 214-793-3531 Natural Crystals in various forms.

The Healing Charm

Wire wrapped sterling silver and copper iewelry. www.thehealingcharm.com

Renewal By Andersen of Houston

company. www.rbahouston.com

Susie Star Psychic & Tarot Reader

Window and patio door replacement We offer Tarot Readings, Runes Readings and Reiki. Susiestar.com

The Holistic Warrior Thomas Nolan, III, Ph.D.

Readings, Energy Balancing, Dream Interpretation

Rusk Tea & Spice Co.

Nasyim Segal 832-534-2277 Julia Gordon-Bramer Rusktea.com

Tarot by Julia

inflammation. Tarot readings as seen on Gaia, MTV Coast

www.juliagordonbramer.com

The Rock Fancier

Kevin Kern......832-707-8072 TheRockFancier.square.site

Sacred Path Wellness

Ancestral wellness through sacred practice. sacredpathwellness.mv.canva.site

Tarot by Kirsten

Intuitive tarot readings, Mystic. Healer, Teacher.

Trauma Healing

Author, Psychic, & Sexual Abuse Healing. i5psychic.com

Traveling Light

RosaLee McIntosh ... 832-603-1456 Psychic, tarot cards, Palmistry, Past life readings.

Universal Door Meditation Center

Vita Perception

Wave on Wave Counseling

Jennifer Leal............281-796-3818 Counseling services. https://www.facebook.com/share/ 1FnUSqFQVV/

Wellness Connections

Mimi Pooley............281-433-9574 Skincare/Makeup/Oils/Superfoods/Personal Care. https://crunchi.com/?als=mimipooley

Literature Table

Aligned Insights with Ashley

Ashley Keller 913-268-5983 Resources Intuition classes.

Lactation & Development

Offering Lactation Consultation, Infant Ashleyakeller.com Feeding Therapy & Occupational Therapy. www.lactdev.com

Peggy Sue Skipper

www.LoveAndKindnessWorld.com832-628-5396 Intuitive Sessions and/or Hand Analysis.

Are You a High Intuitive?

Peggy Sue Skipper .. 832-628-5396 Ariel F. & Charissa J. Analysis. PeggySueSkipper.com

Let's Heal Together

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Inner Muse Hypnosis

Hypnotherapy & Past Life Regression Healing. www.InnerMuseHypnosis.com

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Kathy D Carter -The Soul Finder

Find your relief and recovery with ASEA! KathyDCarter.com

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Kathy D. Carter 214-245-2293 Joy Kauf 972-221-8080 Aura Photos & more! www.miraclesofjoy.org

WELLNESS EXPO®

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2025

Grapevine, TX: October 11 & 12, 2025 Grapevine Convention Center

2026

Grapevine, TX: January 10 & 11, 2026 Grapevine Convention Center

Conroe, TX: March 14 & 15, 2026 Lone Star Convention & Expo Center

Grapevine, TX: April 11 & 12, 2026 Grapevine Convention Center

Grapevine, TX: July 18 & 19, 2026 Grapevine Convention Center

Conroe, TX: September 5 & 6, 2026 Lone Star Convention & Expo Center

Grapevine, TX: October 10 & 11, 2026 Grapevine Convention Center