

# WELLNESS EXPO



## PROGRAM GUIDE

**SATURDAY & SUNDAY · JANUARY 10 & 11, 2026 · 11AM - 6PM**

GRAPEVINE CONVENTION CENTER · 1209 S MAIN ST, GRAPEVINE, TX 76051

### **VISIT**

90+ exhibit booths with  
products & services  
for body, mind & spirit

### **EXPERIENCE**

intuitive  
consultations  
& bodywork,  
reflexology, Reiki

### **DISCOVER**

how to boost your  
immune system &  
balance your  
emotional state

### **HEAR**

22 holistic medicine,  
personal growth &  
metaphysical talks  
& 2 classes

### **CONFER WITH**

naturopathic & holistic  
doctors, chiropractors &  
acupuncturists

### **SHOP**

jewelry,  
essential oils,  
CBD, crystals,  
metaphysical gifts

# Speaker Program

# Saturday, January 10

— 11:30 AM —

## Navigating Your Life Path from Your Fingerprints

Barbara Gale Bailey

Our fingerprint patterns represent the lessons and personality growth to be learned and mastered during our life journey. Barbara will demonstrate how 3 themes are mapped, and she will also teach tools to see the personality from the elements in the hands for understanding those dear to you. Barbara Gale is a Self-Empowerment Coach blending Fingerprint Analysis with Psychic Guidance. She has read hands for over 14 years, mentors how to live in flow with your gifts and purpose, and teaches scientific palmistry classes and other spiritual practices. Call 512-961-2594.

— 12:00 PM —

## Improve Bone Density without Medication

Deborah McFarland

Learn how to naturally strengthen your bones, improve balance, and reduce fracture risk—without the use of drugs. This session explains how mechanical loading, nutrition, and simple lifestyle changes can stimulate your body's own bone-building process. Discover practical, science-backed strategies you can start right away. Deb McFarland is the owner of OsteoStrong Carrollton. OsteoStrong centers specialize in bone density, strength, and balance improvement through safe, low-impact technology. Passionate about educating others on bone health, Deb helps adults understand how lifestyle and mechanical loading can rebuild strength naturally and support lifelong mobility. Call 469-945-6903 or visit: [www.osteoststrong.me](http://www.osteoststrong.me)

— 12:30 PM —

## Practical Astrology and the Current Transits

Wendy Griffin

Empower and inform yourself on the upcoming planetary transits, and discover how they may impact you. Not only do the planets influence our soul blueprint, but their movement in the sky influences our current life experience. By becoming aware of their energetic impacts, we can act intentionally and navigate through these pivotal astrological times. Wendy is the co-owner of Artio Artisanals and has been a professional astrologer since 2017. She also provides spiritual guidance through tarot, runes, crystal healing, and mindfulness practices. Call 817-703-6141 or visit: [www.artioartisanals.com](http://www.artioartisanals.com)

— 1:00 PM —

## Turning on the Awakened Light

Students of Awakened Zen Master

Thich Dieu Thien

Is it truly possible to become Awakened in this Lifetime? Why not?! Awakened Mind is your original true self with the potential to return to True Home. Come find out the practical and realistic path to returning. Presented by students of Awakened Zen Master Thich Dieu Thien, the nuns of Universal Door Meditation Center in Houston and Dallas. Through an interactive demonstration and guided Awakened Stillness meditation, come and experience who you truly are, and are not. Visit: [www.universaldoormeditationcenter.org](http://www.universaldoormeditationcenter.org) YouTube: @universaldoormeditationcenter

— 1:30 PM —

## From Fear to Freedom

Sophia Russell, M.S.

This session compassionately addresses the fear of "leaving" religion, showing how faith and spiritual awakening can coexist and evolve together on the soul's journey. Sophia offers tools to release fear, reconnect with personal truth, and rediscover true joy. Sophia C. Russell, M.S., is a therapist, founder of The Prosperity House Wellness Center, and the author of "Soul Walk". Her talks blend mental health, energy healing, and spiritual insight to help people heal and align with their own divine knowing. Call 469-526-3896 or visit: <https://prosperityhouse.co/>

— 2:00 PM —

## Creating Space in an Imperfect World

Terri Groom

Come join Terri Groom for an informative and engaging talk on hope and connection. Learn how to replace your day to day struggles with a stronger, more meaningful connection with the spirit world. Your guides are wanting to talk to you! Terri Groom is a Medium as well as a Medical Intuitive, Animal Communicator, Trance Healer and Life Coach. She utilizes clair senses as well as pure channeling. Terri is a published author under the pen name of A. Tacked and has been featured on Netflix. Call 214-564-6349 or email: [vita perceptions@gmail.com](mailto:vita perceptions@gmail.com)

# Speaker Program

— 2:30 PM —

## Feel Better with Body Code

Liza Davis

Would you like to uncover and release the exact root cause of a health issue, emotional distress, or recurring negative life pattern—often with more reasons behind it than you think? In this talk, you'll learn how the Body Code, Emotion Code, and Belief Code work—and watch a live demonstration of releasing a root cause in real time. Liza Davis is a certified Emotion Code, Body Code, Belief Code, and Reiki practitioner, as well as a Health, Mental Fitness, and Life Coach. She is the co-author of *Love and Coaching* with John Gray, author of *Men Are from Mars, Women Are from Venus*. Call 1-646-309-4717 or visit:

[www.CoachingAndTraining.com](http://www.CoachingAndTraining.com).

— 3:00 PM —

## The Energy Within: Reclaiming a Life Lived Fully

Dr. Rachel Ijames, DC

You were designed to thrive not just survive. What if the key to creating more ease, vitality, and connection in your life isn't outside of you, but woven into the intelligence of your own nervous system? Discover how you can awaken a more fulfilled life! Rachel Ijames is a doctor at Self Unbound specializing in NetworkSpinal care, integrative healing, and empowering people to access a more energized, resilient version of themselves. Call 253-380-0767 or visit: [www.selfunbound.com](http://www.selfunbound.com)

— 3:30 PM —

## Shadow Work. What is it & Are you ready?

Stacey Bosley

During this enlightening talk, Stacey will discuss what shadow work is, how to benefit from it, and when you are ready for this transforming work. Stacey Bosley is a Shadow Walker, psychic, and channel. Her passion is to assist others with their healing journey through shadow work, removing negativity, and moving forward on a more peaceful, positive life path. Call: 757-810-7376.

# Saturday, January 10

— 4:00 PM —

## Reset Your Stress, Sleep & Metabolism

Dr. Nicole Syed, MD

Most women struggle with fatigue, weight changes, irritability, and poor sleep—not because they lack discipline, but because their stress, sleep, and metabolic systems are out of sync. In this talk, Dr. Nicole Syed breaks down the hidden physiology behind burnout and teaches simple, science-backed steps you can use to reset your body, even with a busy schedule. Dr. Nicole Syed is a board-certified family medicine physician turned functional medicine coach, who helps women understand and heal the metabolic patterns behind fatigue, cravings, inflammation, and stubborn weight. She specializes in simplifying complex physiology so women finally feel seen, validated, and empowered to take charge of their health. Call 310-508-2878 or visit: [www.nicolesyedmd.com](http://www.nicolesyedmd.com)

— 4:30 PM —

## Truth & Shadow: Embracing Darkness to Find Light

Catherine Baggett, LCSW-S

We often think that healing only comes by confronting our Shadow, but what if healing itself is the Shadow? Through a blend of science, spirit, and the power of self-compassion, this workshop teaches you to dance with your demons, laugh in the dark, and love who comes out on the other side. Catherine Baggett is a Licensed therapist and Founder of Unity Mental Health Services, a Counseling Center providing holistic psychotherapy in Carrollton, Texas. With over a decade of experience, Catherine has witnessed hundreds of individuals navigate the darkness in their lives through understanding that the greatest strengths we have are ones that already reside in each Human heart. Call 469-900-5195 or visit: [www.unitymentalhealthtx.com](http://www.unitymentalhealthtx.com)

— 5:00 PM —

## Walking With Spirit Gallery - \$25

Terri Groom

Come join Terri with Vita Perceptions for an interactive connection with spirit. This gallery will focus on mediumship connections with loved ones, as well as channeled messages from guides, angels and other beautiful energies from the other side. Terri Groom is a Medium as well as a Medical Intuitive, Animal Communicator, Trance Healer and Life Coach. She utilizes clair senses as well as pure channeling. Terri is a published author under the pen name of A. Tacked and has been featured on Netflix. Call 214-564-6349 or email: [vita-perceptions@gmail.com](mailto:vita-perceptions@gmail.com)

# Speaker Program

— 11:30 AM —

## The Healing Power of Holographic Sound Meditation

Dr. Paul Hubbert, PhD

Through Holographic Sound Techniques, crystal bowls and vocal harmonics, activate the body's blueprint for health. Experience healing & balancing of physical, emotional, mental, and energetic bodies guided by higher consciousness. Dr. Paul holds a Ph.D. in Psychology & is a Holographic Sound Master teaching internationally. He leads sacred journeys to Egypt, is an intuitive Channel, Reiki Master & designer of Alchemical Fusion Crystal Singing Bowls. He is also certified in Grief Recovery, Hypnosis, Reconnective Healing & received commendation from the White House for his counseling work with families. Call 512-659-0069 or visit: [www.HolographicSound.com](http://www.HolographicSound.com)

— 12:00 PM —

## Digital Dharma™: Introduction to AI & Spirituality

Erika Horton

Come explore how to harness the power of AI to support your spiritual connection to gain more insight. Erika Horton is a psychic, medium and coach with over 27 years in the Technology industry. She has launched Digital Dharma™ under her business, The Root and Rising™. Call 972-398-2442 or visit: [therootandrising.com](http://therootandrising.com)

— 12:30 PM —

## Numerology: Seeing Life Through the Numbers

Eloy

Join Eloy as he talks about the basics of Numerology and how you can change your perspective by paying attention to the spiritual properties of numbers. Each of us have individual numbers for each year depending on our birthdate. Come find out yours! Eloy has been practicing Numerology as well as various other methods of divination for the past decade. He is a Lenormand, Tarot & Charm reader, as well as a BARS Practitioner & Holy Fire Reiki Master. Find him and all he does at [www.thegreenmsnstudios.com](http://www.thegreenmsnstudios.com)

# Sunday, January 11

— 1:00 PM —

## Higher Self Guidance and Healing through QHHT

Stela Sharp

Join Stela to discover how we can open the Communication Line to this eternal, powerful, all-knowing part of ourselves through Quantum Healing Hypnosis Technique (QHHT), and tap into its infinite intelligence and healing powers for all the answers, guidance, physical or emotional healing we are seeking! Stela Sharp is a Level 2 QHHT® Practitioner of Dolores Cannon's Method of Quantum Healing Hypnosis. After experiencing the miraculous healing power of QHHT upon herself, which freed her of crutches overnight, she embraced her life's calling - to connect each soul to their Higher Self's guidance, for a life in true alignment with their Soul's Plan! Contact: 618-980-9953 or [www.StellarDust.net](http://www.StellarDust.net)

— 1:30 PM —

## Energy Healing & Medicine

Dr. Jennifer Laing

Who and what amplifies your current, fills your current and zaps you? In this talk Dr. Laing will discuss how we are affected by the energy of the people and things around us and how this manifests in our body. She will offer tips on how to optimize our health. Dr. Jennifer Laing, MD, Board Certified Family Physician, Usui & Karuna Reiki Master, integrates complementary medicine on a daily basis into her practice. Call: 903-821-4001 or visit: [www.schoolofmysticalawakening.com](http://www.schoolofmysticalawakening.com)

— 2:00 PM —

## How to Release Energy That Doesn't Belong to You

Dr. Divya Sadaram, MD

Have you ever felt heavy, anxious, or tired for no clear reason? You may be carrying energy that isn't even yours. Learn how to recognize when you've absorbed others' emotions—and practice simple techniques to clear your field and return to your true self. Passion Healings offers holistic healing by Dr. Divya Sadaram MD, an experienced energy healer, psychic & medical intuitive. Her transformative sessions address subconscious emotions, limiting beliefs & root causes affecting physical, mental & emotional issues. Call 540-742-7799 or visit: [passionhealings.com](http://passionhealings.com)

# Speaker Program

— 2:30 PM —

## Spiritual Transcendence

Carolyn Little

Spiritual Transcendence is the experience of feeling a connection to something larger than oneself, going beyond ordinary personal identity and limitations, a shift in focus away from the self and towards a greater sense of unity, purpose or the divine. Carolyn Little is a Clairvoyant Medium and Inner Child Counselor, who became aware of her spiritual gifts and life's purpose after a traumatic life experience. Call 469-867-0676.

— 3:00 PM —

## The Fountain of Youth Within

JoAnn White

Ever wonder what your body would do with whole foods, clean proteins, natural vitamins, minerals, exercise and rest? It would seek to rebuild your fountain of youth. JoAnn White has been formulating herbal supplements for over 40 years. She believes that if we cooperate with the laws of nature that govern the physical body, we can rediscover the fountain of youth within. Call 940-263 5360 or visit: [www.essentialrootsnutrition.com](http://www.essentialrootsnutrition.com)

— 3:30 PM —

## Proton Beam Therapy: Targeting Cancer Precisely

Clifton Robles, MS, BSN, RN & Laurn Lane

Proton beam therapy is an advanced form of radiation treatment that uses protons instead of X-rays to target and destroy cancer cells. This method offers a significant clinical advantage by delivering precise radiation doses to the tumor while minimizing damage to surrounding healthy tissues, thus reducing side effects, and improving patient outcomes. Clifton Robles, MS, BSN, RN is a radiation oncology nurse at the TX Center for Proton Therapy with over 35 years of experience in healthcare, who is dedicated to improving outcomes for individuals undergoing advanced cancer therapies. Laurn Lane is the practice administrator for TX Center for Proton Therapy, where she provides valuable oversight in day-to-day operations, as well as new patient onboarding, community involvement, and practice operations. Call 469-513-5500 or visit: [www.texascenterforprotontherapy.com](http://www.texascenterforprotontherapy.com)

# Sunday, January 11

— 4:00 PM —

## The Power of Multiple-Modality Healing

Chuck Roundtree

In this talk, Chuck Roundtree reveals the power of multiple-modality healing and how to discover the unique "medicine" each person's journey requires. He explores how tracing emotional history can uncover patterns, reframe challenges, and reveal the love hidden within life experiences. Learn how a multimodal approach can support deeper emotional freedom. Chuck Roundtree is the Founder of The Love Affect, a company devoted to helping people uncover their inner strength and cultivate lasting self-love. With a background in transformational coaching and emotional wellness, he empowers individuals to navigate their personal journeys with clarity, insight, and purpose. Call 512.779.5771 or visit: [www.theloveaffect.com](http://www.theloveaffect.com)

— 4:30 PM —

## Breathwork: The Key to Unlocking Health & Performance

Dr. Joshua Robinett, DC

In this talk, we will explore various breathing techniques and their impact on health and wellness. Dr. Robinett will present strategies to regulate the nervous system and lead to a more fulfilling life. Dr. Josh Robinett is the owner of Sage Chiropractic in Grapevine and his office focuses on regulating the nervous system to allow your body to function as it was designed to. This approach allows you to heal from within. Call 817-722-6099 or visit: [www.sagechiropractic.org](http://www.sagechiropractic.org)

— 5:00 PM —

## Angels, Guides, and Shadow Gallery - \$25

Stacey Bosley

Join Stacey for an intimate gathering of communication with spirit. Stacey will deliver channeled messages from the ethereal realm to you. Come discover your messages and how to honor them in the future. Stacey Bosley is a Shadow Walker, psychic, and channel. Her passion is to assist others with their healing journey through shadow work, removing negativity, and moving forward on a more peaceful, positive life path. Call: 757-810-7376.



# Exhibitors

## A Holistic Solution

Debbie Denton .....928-300-8954  
Holistic jewelry.  
www.aholisticsolution.com

## A Touch of Heaven

Steve Caldwell .....580-819-0565  
Elevated energetic faith healing present /  
distance.

## A Wellness Alternative

Edna Craven, DC.....214-769-2209  
Iridology.  
awellnessalternative.com

## Artio Artisanals

Bear & Wendy Griffin  
.....817-703-6141  
Crystals, Herbs, Oils, Candles, &  
Earth Magic.  
www.artioartisanals.com

## Body Code - Emotion Code - Belief Code

Liza Davis.....646-309-4717  
Release emotional baggage, health issues,  
blocks.  
www.coachingandtraining.com

## By Paulmarq

Paulmarq Francois ...817-442-3685  
Custom pens, crowns, and readings by  
Paulmarq.  
ByPaulmarq.com

## Cherish Your Jewel

Sarah Stephenson ...817-320-1802  
Reign Sanitary Napkins.  
www.CherishYourJewel.me

## Claircognizant & Clairvoyant Psychic Reader

Natalie Parise  
.....natalieparise777@gmail.com  
Readings - unlock your highest potential.  
natalieparise.com

## Clairvoyant Medium and Inner Child Counselor

Carolyn Little .....469-867-0676  
Clairvoyant Medium and Inner Child  
Counselor.

## Clairvoyant Psychic Medium/ Professional Artist

Mari Weldon  
.....Weldonmari@gmail.com  
Sketches souls around you, you keep  
sketch.  
PsychicMari.net

## Clinton's Healing Herbs

Kimberly Peirce .....620-899-1785  
Wildcrafted Homeopathic herbs and healing  
team

## Crystal Joy Corp

Mary Hurley .....405-439-5950  
Hand picked high energy crystals.  
www.facebook.com/crystaljoyok

## Dawning Clarity

Randie Lee  
.....randielee@dawningclarity.com  
Tarot and Oracle Card Reading.  
dawningclarity.com

## Divine Insight

Annette McClasky ....817-366-2495  
Intuitive psychic reader, medium and  
Channel.

## DL Naturals

Derrick Silmon .....817-495-3719  
DL Naturals offers herbal tea and herbal  
extracts.  
Dsilmon.com

## Express Flooring

Jennifer Valverde .....855-505-1927  
We offer a wide range of flooring options.  
www.expressflooring.com

## Frequency-Infused Jewelry

Kerrin Kuntzman .....877-499-6067  
A curated selection of frequency-infused  
jewelry.  
www.zenwavecreations.com

## Frequense

Kristin Gentry.....817-988-6636  
Frequency based Nutrition and Wellness  
products.  
frequense.com/kristin

## Global Mineral

Krista Dennis .....503-901-8820  
Stones, Minerals, Crystals, Pendulums.  
www.globalmineral.com

## Guiding Hand – Bhriugu

Nadi Astrology  
Sunitha D. Gullapalli.802-999-2553  
Birth chart reading using Vedic Astrology.  
www.guidinghand.net

## Healer & Medium

Ashley Tadlock .....940-206-9061  
Healer/ Animal Communicator/ Psychic  
Medium.  
www.connectandhealnow.com

## Holographic Sound & Inner Balance

Paul Hubbert .....512-659-0069  
Crystal Bowls, Workshops, Egyptian  
Jewelry, Crystals.  
www.HolographicSound.com

## Honest Honey New Zealand

Ryan Scott .....817-736-5060  
Importing Manuka honey directly from New  
Zealand.  
honesthoneynz.com

## Hoshi Almanac

Susann Halverson ....940-867-2932  
Book promotion.  
HoshiAlmanac.com

## Innately Chiropractic

Dr. Mo Roberts .....817-751-1999  
Family Chiropractic Care in Grapevine.  
www.innatelychiro.com

## Inner Muse Hypnosis

Lisa Chalmers .....972-998-7491  
Hypnotherapy & Past Life Regression  
Healing.  
www.InnerMuseHypnosis.com

## Intuitive Advisor

Stacey Bosley .....757-810-7376  
Psychic Readings, Amaurotic Soul  
Drawings & Channel.

# Exhibitors (continued)

## Intuitive Tarot

Helen Watson ..... 817-684-1146  
Reader, Numerologist, Medium, Healer &  
Feng Shui Consultant.

## Modern Native Trading Co.

Sara Platt ..... 430-373-0926  
Specializes in Burn Paper, Smudging, and  
Journals.  
[www.modernnativetrading.com](http://www.modernnativetrading.com)

## OsteoStrong

Deborah McFarland ..... 469-945-6903  
Bone density & strength wellness clinic,  
[www.osteostrong.me](http://www.osteostrong.me)

## JCaro Health & Nutrition

JoAnn White ..... 940-263 5360  
Herbal supplements (powders & capsules).  
[www.essentialrootsnutrition.com](http://www.essentialrootsnutrition.com)

## Moonchild Intuitive Readings

Lee Bullock ..... 214-868-5941  
Oracle, Tarot and intuitive soul guidance.  
[Moonchildintuitive.com](http://Moonchildintuitive.com)

## Palm Science

Barbara Gale ..... 512-961-2594  
Destiny road map @ your fingerprints.  
Palm reading.

## Juice Plus+ Independent Partner

Michelle Walts ..... 817-721-6800  
Whole-Foods, Plant-Based Nutrition.  
[michellewalts.juiceplus.com](http://michellewalts.juiceplus.com)

## Mountain Magic Health

Sandra Bruni ..... 877-380-0771  
All Natural Topical Pain Relief and Healing.  
[mountainmagichealth.com](http://mountainmagichealth.com)

## Parker University

Dr. Drew Riffe ..... 972-438-6932, 7732  
Parker University is a private university.  
[parker.edu](http://parker.edu)

## Lifewave Stem Cell Activation Technology

Esther Vermillion ..... 817-690-2325  
Stem cell light therapy technology.  
[www.lifewave.com/wellnesstribes](http://www.lifewave.com/wellnesstribes)

## Multi-Dimensional Healing

Neil ..... 945-241-7477  
A blend of Mediumship and Healing  
Modalities.  
[www.miraclesofjoy.org](http://www.miraclesofjoy.org)

## Passion Healings

Dr. Divya Sadaram... 540-742-7799  
Healing solutions to your body, mind  
and soul.  
[passionhealings.com](http://passionhealings.com)

## Lisa Barrow

Lisa Barrow ..... 817-913-8308  
Oracle Card reading.  
[lisabarrow.com](http://lisabarrow.com)

## Native Ceuticals DFW

James Robinson ..... 972-754-3765  
Native Ceuticals DFW Plant-Based  
Wellness.  
[www.nativeceuticals.com/store/61](http://www.nativeceuticals.com/store/61)

## People of the Sun

Lisa McCormick..... 917-658-2726  
Next-Generation Rosemary Skincare for  
Radiant Skin.  
[wildmary.com](http://wildmary.com)

## Lone Star Belle

Leslie Losey ..... 612-382-7725  
Herbal health & beauty apothecary  
products.  
[www.LoneStarBelle.com](http://www.LoneStarBelle.com)

## Nicole Syed, MD

Nicole Syed, MD ..... 310-508-2878  
Functional medicine for stress &  
metabolism.  
[www.nicolesyedmd.com](http://www.nicolesyedmd.com)

## Practical Wisdom

Suzette Doescher..... 903-259-0562  
Spiritual psychic/ medium

## Love and Kindness World

Peggy Sue Skipper .. 832-628-5396  
Support Group/Network Founder, Author.  
[www.LoveAndKindnessWorld.com](http://www.LoveAndKindnessWorld.com)

## NightEye Artistries

Steven T. Groom ..... 214-621-0973  
Wood Crafting w/ Purpose: Wands,  
Pendulums, Dowsing Rods.  
[Nightyeartistries.com](http://Nightyeartistries.com)

## Prime Wellness Spa LLC

Prime Wellness Spa ..... 469-723-8889  
Holistic Wellness Spa.  
[wellnessholisticspa.com](http://wellnessholisticspa.com)

## Love, Lala

Leticia Dilworth ..... 949-433-5069  
A gentle used book that is wrapped with  
clues.

## OKAS Designs

Kristin Quintanilla ..... 512-787-6969  
Altar & Meditation Tables, Crystals, Crowns.  
[www.OKASDesigns.com](http://www.OKASDesigns.com)

## Psychic Card Reader

Kathy Minier ..... 972-406-0080  
Entertainment, groups, parties, & personal  
readings.

## Miracles of Joy Metaphysical Store and Center

Joy Kauf ..... 945-241-7477  
Aura Photos & more.  
[www.miraclesofjoy.org](http://www.miraclesofjoy.org)

## Oracle Reading

Payne Bosley .....  
Readings from the heart.

## Psychic Catherine

Catherine Cates ..... 972-977-6221  
Psychic, Past Lives, Clairvoyant.  
[www.catherinecates.com](http://www.catherinecates.com)

# Exhibitors (continued)

## Purple Rose Psychic

Lezli Hall ..... 817-371-0007  
 Psychic, medium, past lives, pet  
 information.  
[Purplerosepsychic.com](http://Purplerosepsychic.com)

## Self Unbound

Dr. Amy Gunderson-Lewis, DC  
 ..... 972-854-3256  
 Nervous System Health & Network Spinal  
 Chiropractic.  
[www.selfunbound.com](http://www.selfunbound.com)

## Stellar Dust Healing

Stela Sharp ..... 618-980-9953  
 Quantum Healing Hypnosis Therapy  
 (QHHT).  
[StellarDust.net](http://StellarDust.net)

## Radiant Arts and Handicrafts

Anul Shrestha ..... 817-500-8593  
 Nepalese and Tibetan arts and Crafts.

## Shelby The Seer

Shelby Echols ..... 682-554-8545  
 Tarot, Oracle, Charm readings.  
 Psychic mediumship.

## Sunshine Crystals

Kristen Curzan ..... 713-705-4556  
 Natural crystals in various forms.

## Raven Flame Crafts and Wares

Veronica Welcher ..... 214-449-6247  
 We make intention crafts using crystals and  
 Reiki.  
[www.facebook.com/share/1GLfVQM1rw/](http://www.facebook.com/share/1GLfVQM1rw/)

## Shumei America

Francois Kuwata  
 ..... [francois.kuwata@shumei.us](mailto:francois.kuwata@shumei.us)  
 Jyorei spiritual healing through Light.  
[shumei.us](http://shumei.us)

## Tarot Chulis

Anahy Roman ..... 346-329-4061  
 Tarot Readings, Crystals, Tarot Decks.  
[www.Tarotchulis.com](http://www.Tarotchulis.com)

## Readings & Healings

Eloy Machuca .....  
[www.thegreenmanstudios.com](http://www.thegreenmanstudios.com)  
 Tarot, Lenormand and Kipper Card  
 Readings.

## Skypony Gallery

Kiki Winters ..... 214-616-5454  
 Organite Pyramids, Organite Products,  
 Crystals.  
[www.skyponygallery.com](http://www.skyponygallery.com)

## Texas Center for Proton Therapy

Kaley Williams ..... 469-513-5500  
 Delivering targeted radiation treatment for  
 cancer.  
[www.texascenterforprotontherapy.com](http://www.texascenterforprotontherapy.com)

## Regenergy

Ashley Barry ..... 469-494-2950  
 Biofeedback therapy.  
<https://regenergy.biz/>

## So Bead It Designs

Heather Williams ..... 817-703-2285  
 Custom-fit crystal bracelet "bar" with 120  
 choices.  
 Insta: sobeaditdesigns, FB: So Bead It  
 Designs

## The Divinity Hub

Tastee Shines ..... 945-341-5600  
 Intuitive readings and spiritual wellness  
 tools.  
[Thedivinityhub.biz](http://Thedivinityhub.biz)

## Renewal by Andersen

Morgan McMillian ..... 903-749-3878  
 Custom window and door - Free Service.

## SoleSister

Dinah Sherrill ..... 817-270-0350  
 Hand and Foot Reflexology.  
[dinahshe@gmail.com](mailto:dinahshe@gmail.com)

## The GOOD LIFE

Brandon Espinosa ..... 940-843-0127  
 Candles, balms, and aromatherapy.  
<https://tglshops.com/>

## Rude Girl Treats

Ande McNamara ..... 214-695-9971  
 Chocolates.  
[rudegirltreats.com](http://rudegirltreats.com)

## Sosbeads

Marcy Sosbee ..... 469-507-6614  
 Beautiful handmade gemstone jewelry

## The GreenMan Studios

Arthur Graye ..... 214-631-9917  
 One stop spiritual shop for all your magical  
 needs.  
[www.thegreenmanstudios.com](http://www.thegreenmanstudios.com)

## Sage Chiropractic

Joshua Robinett, DC  
 ..... 817-722-6099  
 Chiropractic services.  
[www.sagechiropractic.org](http://www.sagechiropractic.org)

## Southern Fried Psychics

Aswani ..... 972-800-9821  
 Mystic, Channeler, Medium, Shamanic  
 Practitioner.  
[southernfriedpsychics.com](http://southernfriedpsychics.com)

## The Guardian

Anita Nispel  
 ..... 214-930-4700 (Text only)  
 Shaman, Psychic Medium, Tarot,  
 Channeler, Healer.

## School of Mystical Awakening

Jennifer Laing, MD ... 903-821-4001  
 Energy Healing, Mantra Classes & More.  
[www.schoolofmysticalawakening.com](http://www.schoolofmysticalawakening.com)

## Spiritual Artist & Mentor

KA Horne ..... 214-649-5967  
 Channelled sessions w/ art & spiritual life  
 coaching.  
[www.kahorne.com](http://www.kahorne.com)

## The Healing Charm

Shari Moreno ..... 214-793-3531  
 Essential oil diffuser jewelry.  
[www.thehealingcharm.com](http://www.thehealingcharm.com)



# Exhibitors (continued)

## **The Holistic Warrior**

Thomas Nolan, III, Ph.D.  
.....405-923-5433  
Readings, Energy Balancing, Dream  
Interpretation.  
[theholisticwarrior.com](http://theholisticwarrior.com)

## **Wellness Champions**

Mandy Digeni ..... 817-267-0102  
Doctors bringing wellness to your  
workplace.  
[www.wellnesschampions.org](http://www.wellnesschampions.org)

## **The Love Affect**

Chuck Roundtree ..... 512-779-5771  
Coaching, 9D Breathwork, Sound, Emotion  
Code.  
[www.theloveaffect.com](http://www.theloveaffect.com)

## **Yangua Wellness**

Steven Yates ..... 214-912-3932  
Tea, herbs and honey.  
[Yanguawellness.com](http://Yanguawellness.com)

## **The Root and Rising**

Erika Horton ..... 972-398-2442  
Psychic, Medium and Coach.  
[Therootandrising.com](http://Therootandrising.com)

## **Zen Gemz**

Cynthia Gurrola ..... 214-406-7938  
Carved crystals, bracelets and accessories.

## **TPR Tarot**

Tim Pettitt ..... 432-770-0618  
Card readings.

## **Traveling Light**

RosaLee McIntosh ... 832-603-1456  
Psychic, tarot cards, Palmistry, Past life  
readings.

## **Unity Mental Health Services**

Catherine Baggett .... 469-900-5195  
Combining Science & Spirit for Holistic  
Wellbeing [www.unitymentalhealthtx.com](http://www.unitymentalhealthtx.com)

## **Universal Door**

### **Meditation Center**

Pho Nguyen ..... 972-841-1102  
Awakened Meditation sessions, retreats &  
workshops.  
[universaldoomeditationcenter.org](http://universaldoomeditationcenter.org)

## **Violet Flame Healing**

Carla Radenovic..... 936-494-5667  
Live Free & Empowered Lives in  
Unconditional Love.

## **Vita Perceptions**

Terri Groom ..... 214-564-6349  
Life Coaching from the Other Side.  
[vitaperceptions@gmail.com](mailto:vita perceptions@gmail.com)

# Literature Table

## **Are You a High Intuitive?**

Peggy Sue Skipper .. 832-628-5396  
Workshops, intuitive sessions &/or  
Hand Analysis.  
PeggySueSkipper.com

## **Dawning Clarity**

Randie Lee  
.....randielee@dawningclarity.com  
Tarot and Oracle Card Reading.  
dawningclarity.com

## **Inner Muse Hypnosis**

Lisa Chalmers ..... 972-998-7491  
Hypnotherapy & Past Life  
Regression Healing.  
www.InnerMuseHypnosis.com

## **Jade Heart**

Bonnie Jones ..... 469-682-6077  
Sound Baths in DFW. Embody Love to  
Spread Love.  
jade-heart.com

## **JCaro Health & Nutrition**

JoAnn White ..... 940-263 5360  
Herbal supplements (powders & capsules).  
www.essentialrootsnutrition.com

## **Lactation & Development Resources**

Marissa Yahil, MSOT, OTR/L, IBCLC  
..... 214-892-2968  
Offering breastfeeding support & feeding  
therapy.  
www.lactdev.com

## **Love and Kindness World**

Peggy Sue Skipper .. 832-628-5396  
Support Group/Network Founder, Author.  
www.LoveAndKindnessWorld.com

## **Martial Arts Yoga Academy**

Uri Yahil ..... 631-291-5098  
Yoga inspired by martial arts, for anyone.  
yogaformartialarts.com

## **Miracles of Joy**

**Metaphysical Store and Center**  
Joy Kauf ..... 945-241-7477  
Aura Photos & more!  
www.miraclesofjoy.org

## **Passion Healings**

Divya Sadaram ..... 540-742-7799  
Healing solutions to your body,  
mind and soul.  
passionhealings.com

## **The GreenMan Studios**

Arthur Graye ..... 214-631-9917  
One stop spiritual shop for all your  
magical needs.  
www.thegreenmanstudios.com

## **Violet Flame Healing**

Carla Radenovic ..... 936-494-5667  
Live Free & Empowered Lives in  
Unconditional Love.

# WELLNESS EXPO®

MARK YOUR CALENDAR

**Conroe, TX: March 14 & 15, 2026**  
Lone Star Convention & Expo Center

**Grapevine, TX: April 11 & 12, 2026**  
Grapevine Convention Center

**Grapevine, TX: July 18 & 19, 2026**  
Grapevine Convention Center

**Conroe, TX: September 5 & 6, 2026**  
Lone Star Convention & Expo Center

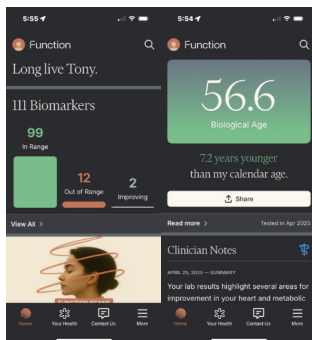
**Grapevine, TX: October 10 & 11, 2026**  
Grapevine Convention Center

# DISCOVER A WORLD OF BIOMARKERS IN YOUR BLOOD

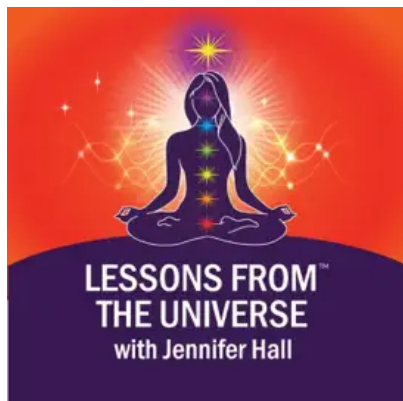
Take your health into your own hands.  
Get all the labs you want, no doctor required.

Over 100 biomarkers. Detailed report provided online.  
Simple, fast, enlightening.  
Only \$499.

Sign up for Function Health at:  
<https://bit.ly/livelongroo>



## LESSONS FROM THE UNIVERSE® WITH JENNIFER HALL



**LESSONS FROM THE UNIVERSE IS YOUR GUIDE ALONG THE SPIRITUAL PATH TO AWARENESS AND AWAKENING.**

**THE LESSONS HERE STRIVE TO DEVELOP INTERCONNECTEDNESS, GRATITUDE, PEACEFULNESS, AND ULTIMATELY THE MANIFESTATION OF A LIFE YOU TRULY WANT TO LIVE AND LOVE.**

**EXPECT INSPIRATION, LAUGHTER, & FOUR LETTER WORDS.**

**[LESSONSFROMTHEUNIVERSE.COM](https://www.LessonsFromTheUniverse.com)**