

WELLNESS EXPO PROGRAM GUIDE

THE LONE STAR CONVENTION & EXPO CENTER · 9055 AIRPORT RD · CONROE, TX

SATURDAY & SUNDAY · MARCH 14-15, 2026 · 11AM - 6PM



THE DAWN OF THE YEAR 13 HOUSE

OPENING CEREMONY BY TONELHUAYO
(TOH-NEL-WA-YOH) - SATURDAY, 10:45AM

Opening Ceremony honoring the dawn of the new Aztec year. In the Aztec calendar tradition, the "Year 13 House" marks the end of a complete round of days within the Aztec calendar, signifying a potential turning point or moment of completion.

Tonelhuayo, meaning "Our Essence, Our Deepest Roots" in the Aztec language, seeks to delve into the roots of various Mesoamerican people in whose stories, tradition, art and cultures we see many aspects of our current journey reflected. It is through this legacy that we can understand the traditions, values and beliefs that have shaped our culture and our way of being. Email: tonelhuayotx@gmail.com

VISIT

70+ exhibit booths with products & services for body, mind & spirit

HEAR

22 holistic medicine, personal growth & metaphysical talks & 2 classes

DISCOVER

how to boost your immune system & balance your emotional state

SHOP

jewelry, essential oils, CBD, remodeling services, metaphysical gifts

EXPERIENCE

intuitive consultations, massage, & energy healing

CONFER WITH

naturopathic & holistic doctors, chiropractors & acupuncturists

— 11:30 AM —

Ease Out of Stress & Into Calm

Rebecca Kern, LPC

Our nervous system is always taking in information and deciding whether we feel safe, settled, alert, or overwhelmed. Rebecca will teach a gentle exercise that is designed to help your body shift out of stress and into a calmer, more grounded state. Rebecca is a Licensed Professional Counselor of 16 years who works with individuals from all walks of life. Her approach with individuals is rooted in compassion, clinical insight, and a deep understanding of how we function as human beings, which allows her to tailor person-centered, mindfulness based, and holistic interventions that help individuals understand and manage their emotions, thoughts, and feelings. Call 281-913-9330 or visit: www.rebeccakerncounselingservices.com

— 12:00 PM —

EFT- Creating Positive Change One Tap at a Time!

Helen Racz

Emotional Freedom Technique (EFT), is a form of acupressure similar to acupuncture without the use of needles. Come for a joyous journey with tangible effects as you ask questions and experience how to support yourself with this technique. EFT Practitioner, teacher, speaker, retreat leader, life coach and author, Helen's unique tapping style combines energy, humor and compassion to lead people into alignment with their desires, empowering them to live life on purpose with purpose. Call 281-384-0207 or visit: <http://www.HelenRacz.com>

— 12:30 PM —

Cranial Sacral Therapy for Whole Body Health

Dr. Paul E. Robbins

Cranial Sacral Therapy is a complementary treatment that releases tensions deep in the body to help reduce pain, relieve dysfunction, and improve whole-body health and performance. CST is gentle and extremely relaxing. Learn the basics about CST from Dr. Robbins as he shares examples from his 12 years hands-on experiences. Dr. Robbins started his practice in 2010. He has dual Doctorates in Auricular Medicine and Biofeedback Medicine, he has been co-host of a morning health radio show and he has been trained in Cranial Sacral Therapy. In 2024 he moved his practice to The Woodlands. Call 346-600-9355 or visit: nwclinictx.com

— 1:00 PM —

Becoming Sovereign

Kristi Lyn Farmer

Discover how to RISE above Fear & reclaim your Stellar Birthright as a Sovereign Cosmic Citizen during Humanity's SHIFT to 5D+ Consciousness. Marconics Master Teacher Kristi Farmer was trained by, and maintains close ongoing mentorship, with the originator and custodian of Marconics, Alison David Bird, C.Ht. She is passionate about serving the Ascension Mission because she knows firsthand the profound and lasting shifts this Intelligent Energy Healing System can bring about in people's lives, as well as the potential it has to create more peace, re-connection, and expansive healing on a global level. Call 512-573-6494 or visit: Marconics.com

— 1:30 PM —

The Mirror of Relationship: the Astrological 7th House

Rebeca Eigen

Rebeca Eigen explores how projection shapes our romantic and relational lives- and how withdrawing those projections becomes a path to conscious love. Drawing from Jungian psychology and 7th house astrology, this talk invites participants into a deeper, more authentic way of meeting the Other. Rebeca Eigen has over 25 years of experience helping people transform repeating relationship patterns into the gift of self-awareness. Rebeca is an Astrologer, workshop leader, and shadow work coach who blends Jungian psychological insight with practical tools for creating heart-centered, conscious, and soulful relationships. Call 281.799.2900 or viist: shadowdance.com

— 2:00 PM —

Shadow Work. What is it & Are You Ready?

Stacey Bosley

During this enlightening talk, Stacey will discuss what shadow work is, how to benefit from it, and when you are ready for this transforming work. Stacey Bosley, is a Shadow Walker, psychic and channel. Her passion is to assist others with their healing journey through shadow work, removing negativity, and moving forward on a more peaceful, positive life path. Call 757-810-7376.

Speaker Program

— 2:30 PM —

Meet Awakened Zen Master Thich Dieu Thien

The Living Buddha

Awakened Zen Master Thich Dieu Thien, founder of Universal Door Meditation Center in Sugar Land, TX, and author of the international best seller, "The Power of Awake", is a globally respected enlightened teacher. Since becoming Awakened in 2001, she has been guiding all people toward awakening and liberating the root of suffering. Her step-by-step teachings are practical, transformative, and deeply relevant in today's world. A beacon of Wisdom and Compassion, she opens the wisdom mind of everyone to realize their inherent Buddha Nature and live with true love, peace, and happiness. Visit: www.universaldoormeditationcenter.org, YouTube: @universaldoormeditationcenter

— 3:00 PM —

Discover the Greatest Force for Healing

Rafiu Ajao

How do miracles occur? Where does healing come from? How can you heal the past to help yourself now? This talk will help you see yourself from a higher perspective and show you spiritual techniques you can use to begin your journey of spiritual healing. Rafiu Ajao is a retired medical practitioner, and a long-time student of ECKANKAR. Ever a servant of life he works quietly at the background to help anyone who seeks him out. Call 281-759-1130 or visit: Eckankar-Texas.org

— 3:30 PM —

Channeling Beyond the Grave

Lezli Miller Hall & Ashwani

The talented women behind Southern Fried Psychics (Ashwani) and Purple Rose Psychic (Lezli) partner up for elevated spirit messages from departed loved ones, beloved animals, spirit guides, celestial beings, and bridge the in-between. These mystic mavens partner to provide an engaging demonstration to a lucky audience participant for a taste of the magic beyond the veil. Lezli Hall, the Purple Rose Psychic, draws on her dreams, intuition, and channeling abilities, providing support for important life decisions for over 40 years. Call 817-371-0007 or visit: Purplerosepsychic.com Ashwani is a Channeler, Medium, Shamanic Practitioner, Tarot & Oracle Reader, Reiki Master, and founder of Southern Fried Psychics®. Call 972-800-9821 or visit: southernfriedpsychics.com

Saturday, March 14

— 4:00 PM —

A Mystic's Path of Self-Healing

Dr. Ryan Tierney, DM, CEO

Ryan will discuss his journey overcoming multiple neurological misdiagnoses by combining spiritual practices, psychology, energy work, and Chinese medicine. This experience helped Ryan find his passion for helping others heal more holistically. This talk will also focus on trauma trigger identification, inflammation reduction techniques, and formulas for anxiety management. Dr. Ryan Tierney, DM, CEO and Founder of Aurum Alchemy, is a visionary mystic, a University Research Fellow in leadership psychology, and is certified in multiple forms of Reiki, energy work, aromatherapy, and holistic medicine. He also holds memberships with both the Natl. Assoc. for Holistic Aromatherapy and the Intl. Natural Healers Assoc., integrating ancient wisdom with modern science and spirituality. Call 360-473-6813 or visit: aurumalchemy.etsy.com

— 4:30 PM —

What is a #FOREVERFRIEND?

Katrina Cooper

All I need is one photo of your fur baby or loved one—that's all it takes to connect to the other side. I simply become the telephone, delivering the messages they're ready to share. I will be demonstrating these connections and performing as many readings as time allows, so please bring a photo of your loved one or pet. Katrina Cooper is a gifted spiritual medium dedicated to helping clients find clarity, healing, and connection through compassionate and intuitive guidance. With a grounded, heart-centered approach, she bridges the physical and spiritual realms to deliver meaningful messages that inspire peace, purpose, and empowerment. Call 281-235-3803.

— 5:00 PM- 7:00 PM —

Angels, Guides, and Shadow Gallery - \$25

Stacey Bosley

Join Stacey for an intimate gathering of communication with spirit. Stacey will deliver channeled messages from the ethereal realm to you. Come discover your messages and how to honor them in the future. Stacey Bosley is a Shadow Walker, psychic, and channel. Her passion is to assist others with their healing journey through shadow work, removing negativity, and moving forward on a more peaceful, positive life path. Call: 757-810-7376.

Speaker Program

Sunday, March 15

— 11:30 AM —

The Healing Power of Holographic Sound Meditation

Dr. Paul Hubbert, PhD

Through Holographic Sound Techniques, crystal bowls and vocal harmonics, activate the body's blueprint for health. Experience healing & balancing of physical, emotional, mental, and energetic bodies guided by higher consciousness. Paul holds a Ph.D. in Psychology, he's a Multidimensional Sound Master and teaches internationally. He is certified in Grief Recovery, hypnosis, Reconnective Healing and received recognition from the White House for his family counseling work. He's an intuitive channel, Reiki Master, musician and international recording artist. Call 512-659-0069 or visit: www.HolographicSound.com

— 12:00 PM —

Connect with Your Loved Ones in Spirit

RosaLee McIntosh

RosaLee will be doing open spontaneous readings for some members of the audience. She will be channeling information from Spirit and your loved ones that are on the other side. RosaLee has been doing her passion for 20+ years. She is always learning and growing through the Psychic readings, Medium, Intuitive Tarot cards, Reiki, Egyptian Healing, Clinical Hypnosis, and Past Life regressions that she does. She feels that each experience has been a blessing through doing what she loves. Call: 832-603-1456.

— 12:30 PM —

Rethinking Lab Results for Real Healing

Jamie Zielinski

Many people are told their labs are "normal" while they continue to struggle with fatigue, weight gain, brain fog, and hormone imbalances. This talk breaks down why standard lab ranges miss early dysfunction—and how a functional, root-cause approach creates personalized healing protocols instead of symptom-management. Jamie is a functional nutritionist, mindset coach, and lab specialist who helps clients heal when they've been told everything looks "normal." She specializes in advanced lab interpretation, personalized nutrition protocols, and root-cause healing strategies that bridge the gap between symptoms and true wellness. Email: labs@thevitalslab.com or visit: www.thevitalslab.com

— 1:00 PM —

Radiant You

Brian Stovall

Access Bars are 32 points on your head that, when gently touched, effortlessly and easily release the thoughts, ideas, beliefs, emotions, and considerations that stop you from creating a life you love. Join Brian as he demonstrates Access Consciousness© and how the tools can assist you. Brian Stovall, Activate One, is an Access Consciousness© Certified Facilitator, Bars Facilitator, Family Constellation Facilitator, and Life Coach, who empowers individuals, groups, and businesses around the world to transform, and know that they know. Call 713-480-2947 or visit: activateone.com

— 1:30 PM —

What Can Our Eyes Tell Us?

Dr. Edna Craven, DC

Join Dr. Edna Craven to learn about Iridology, which is the study of the iris, or colored part of the eye. Its overall appearance, plus specific fiber arrangement and pigment details reveal an incredible amount of information about you in a non-invasive manner. Dr. Edna Craven is a doctor of chiropractic, nutritional consultant, and a practicing Iridologist, who has been successfully reading irises for over 40 years. Dr. Craven uses a holistic approach to health and with the doctor's guidance, all patients are encouraged to take an active part in the maintenance of their health and in the treatment of their illnesses. Call 214-769-2209 or visit: awellnessalternative.com

— 2:00 PM —

Bridging Ancestral Wisdom + Modern Healing

Ilse Avila

Discover what Curanderismo is and how Curanderismo bridges ancient Indigenous healing traditions with modern wellness practices to restore balance in mind, body, and spirit. Ilse Avila is a Curandera and holistic practitioner, as well as the founder of Sacred Path Wellness. With strong ties to Mexica traditions and extensive experience in holistic wellness, she merges ancient practices with contemporary healing methods to empower individuals on their journey toward balance and well-being. Call 346-334-7252 or visit: <https://sacredpathwellness.my.canva.site/>

— 2:30 PM —

Increase & Balance Your Energy

Dr. Thomas Nolan, III, PhD

Are you feeling tired and drained? Join Thomas in this uplifting talk to learn tools to regain your energy and become your best self. Dr. Nolan has a unique educational background including Theoretical Chemistry, Psychology, and forty-five years of studying a wide range of spiritual and metaphysical topics. Through these experiences, he developed a system, "The Path of the Holistic Warrior". Call 405-360-2250 or visit: www.theholisticwarrior.com

— 3:00 PM —

Training for Life, Health, & Longevity

Robert Stephens, NASM, UESCA

This talk explores how functional fitness trains the body to move the way it was designed to move for sustainable everyday living to improve strength, mobility, balance. Attendees will learn how building practical, sustainable movement patterns supports long-term health for bones and muscles, prevents injury, and enhances overall vitality and longevity. Robert Stephens is a NASM Certified Personal Trainer and UESCA Certified Running Coach. His gym, Grounding Fitness, focuses specifically on 1:1 personalized functional fitness--training clients for mobility, balance, and strength. In addition, he is an avid runner having completed 4 marathons and several half marathons. Call 346-645-0288 or visit: www.groundingfitness.com

— 3:30 PM —

Spilling the Tea with Spirit

Ashwani & Lezli Miller Hall

The talented women behind Southern Fried Psychics (Ashwani) and Purple Rose Psychic (Lezli) partner up for elevated spirit messages from departed loved ones, beloved animals, spirit guides, celestial beings, and bridge the in-between. These mystic mavens partner to provide an engaging demonstration to a lucky audience participant for a taste of the magic beyond the veil. Ashwani is a Channeler, Medium, Shamanic Practitioner, Tarot & Oracle Reader, Reiki Master, and founder of Southern Fried Psychics®. Call 972-800-9821 or visit: southernfriedpsychics.com Lezli Hall, the Purple Rose Psychic, draws on her dreams, intuition, and channeling abilities, providing support for important life decisions for over 40 years. Call 817-371-0007 or visit: Purplerosepsychic.com

— 4:00 PM —

Text Neck: A Global Epidemic

Dr. Amber R. Smith, DC

The spinal nervous system plays a crucial role in maintaining and restoring health. When stress disrupts this communication, it can lead to a range of health issues, including pain, inflammation and compromised immune system. Learn how to conquer the effects of stress today at this lecture. Dr. Amber R Smith, D.C., a dedicated family chiropractor in the Woodlands/Spring area since 2007, is committed to providing comprehensive chiropractic care for all ages. Her passion lies in enhancing the health and wellbeing of individuals and families through personalized treatments and holistic approaches. Call 832-279-4784 or visit: www.c2hwellness.com

— 4:30 PM —

Embracing Your Intuition

Peggy Sue Skipper

While everyone has some degree of intuition there are many of us on the planet today that are High Intuitives and that gift changes the way we experience the world. Join us to find out if you, or someone you love, is a High Intuitive and what that means for you and those around you. Peggy Sue Skipper is the founder of The Consciously Curious and co-facilitator of The Conscious Co-Creators. She has been working and living as a High Intuitive since 1996 and she specializes in helping other High Intuitives understand the challenges and blessings of their gift. Call 832-628-5396 or visit: peggysueskipper.com

— 5:00 PM- 7:00 PM —

Beyond the Veil with Southern Fried Psychics® - \$25

Ashwani and Lezli Hall

Southern Fried Psychics® founder Ashwani partners with Lezli Hall by offering a team style panel delivering psychic gallery readings. Ashwani and Lezli will be a unified bridge to spirit for messages from loved ones that have passed, deliver intuitive messages, Light Language Transmissions for individual empowerment, and raise the collective vibrations. Ashwani is a Channeler, Medium, Shamanic Practitioner, Tarot & Oracle Reader, Reiki Master, and founder of Southern Fried Psychics®. Call 972-800-9821 or visit: southernfriedpsychics.com Lezli Hall, the Purple Rose Psychic, draws on her dreams, intuition, and channeling abilities, providing support for important life decisions for over 40 years. Call 817-371-0007 or visit: Purplerosepsychic.com

Exhibitors

1992 Honey Co

Savanah Sockwell..... 346-588-3846
Raw Honey that Focuses on Health and
Wellness.
www.1992honeyco.com

Bio-Energetic Jewelry LLC

Claudia Denham 620-481-0209
Programmed functional EMF protection
jewelry.
www.bio-energeticjewelry.com

Elite vibrations

Mariana 214-730-4318
Life coach and reader.

A Holistic Solution

Debbie Denton 928-301-3412
Frequency Jewelry to aid with pain relief.
www.aholisticsolution.com

Connect 2 Health Centers LLC

Dr. Amber Smith, DC
..... 832-279-4784
We are a family based Chiropractic Center.
www.c2hwellness.com

Eminent and Elevated

Cj Catchillar 713-530-4240
Wellness / CBD Brand.
www.eandeflower.com

A Wellness Alternative

Edna Craven, DC 214-769-2209
Iridology.
AWellnessAlternative.com

Crystal Joy Corp

Mary Hurley 405-439-5950
Hand picked high energy crystals.
www.facebook.com/crystaljoyok

#FOREVERFRIENDS by Katrina

Katrina Cooper 281-235-3803
Katrina is a Spiritual medium, Spirit
interpreter.

Activate One

Brian Stovall 713-480-2947
Access Consciousness, Family
Constellation.
ActivateOne.com

Crystal Moon

Brandi McCulley 936-933-3181
Readings and Healings.

frequence

Kristin Gentry 817-988-6636
Frequency based nutrition and wellness
products.
frequence.com/kristin

Aura Healthy Living

Anastasia Sitkof 213-695-6045
Wellness supplements & lifestyle health
products.
aurahealthyliving.com

Dawning Clarity

Randie Lee
..... randielee@dawningclarity.com
Tarot and Oracle Card Reading.
dawningclarity.com

Gaia Connect Jewelry

Niyati Kataria 814-482-0520
Fashionable handmade gemstone and
crystal jewelry

Aurum Alchemy

Ryan Tierney 360-473-6813
We sell holistic products and pendulums.
aurumalchemy.etsy.com

ECKANKAR-The Path of Spiritual Freedom

Uwakwe Onwuchekwa
..... 281-690-3968
Alignment with your true purpose and
highest good.
www.Eckankar-Texas.org

Grounding Fitness

Carola Stephens 346-645-0288
Massage Therapy, Yoga, &
Functional Fitness.
www.groundingfitness.com

Hikma Integrative Healthcare
Monica Quintero.....936-242-1589
Internal Medicine Clinic.
hikmahealthclinic.com

Liz Royce Massage Therapy
Liz Royce.....562-756-9291
Deep Tissue Massage for long term pain relief now.
Lizroyce.massagetherapy.com

Now and Zen Bodyworks
Brenda L. Austin.....469-416-3912
Wellness studio, soaps, candles and bath salts.
www.nowandzenbodyworks.com

Holographic Sound & Inner Balance
Paul Hubbert512-659-0069
Crystal Bowls, Workshops, Egyptian Jewelry, Crystals.
www.HolographicSound.com

Love and Kindness World
Peggy Sue Skipper ..832-628-5396
Support Group/Network Founder, Author.
www.LoveAndKindnessWorld.com

Patio Enclosures
Sha'Nautica Sales ...888-468-0700
Sunrooms, Screen Rooms, Porch, and Patio Enclosure.

Intuitive Advanced Energy Healer
Sheela Goodrich512-577-4055
Personalized Reading with Chakra Balancing.
sheelagoodrich@gmail.com

Marconics
Kristi Farmer.....512-573-6494
Marconics: The Evolution of Energy Healing.
Marconics.com

Purium
Jill Good.....281-793-9206
Organic super food company.
<https://ishoppurium.com/Ultifestyle?giftcard=Wellness24>

Intuitive Advisor
Stacey Bosley757-810-7376
Psychic Readings, Amaurotic Soul Drawings & Channel.

Miracles of Joy Metaphysical Store and Center
Joy Kauf945-241-7477
Aura Photos & more!
www.miraclesofjoy.org

Purple Rose Psychic
Lezli Hall817-371-0007
Reader and Mediumship.
PurpleRosePsychic.com

LeafFilter Gutter Protection
LeafFilter Gutter Protection800-290-6106
Gutters / Gutter Protection.
www.leaffilter.com

Modern Native Trading Co.
Sara Platt.....404-421-4553
Burn Paper, Smudge Sticks, Journals, Alter Tools.
www.modernnativetrading.com

Rebeca Eigen
Rebeca Eigen.....281-799-2900
Astrological Marriage & Relationship FIXER.
shadowdance.com

Lifewave
Ann Sontag.....713-705-6819
Helping people build their health through Light!
www.liveyounger.com/LightMakesChange

Natural Wellness Clinic Inc
Dr. Paul E. Robbins, BD, AD346-600-9355
Drug and Needle free option to health care.
nwclinictx.com

Rebecca Kern, MS, LPC-S, NCC, ASDCS, CDP
Rebecca Kern281-913-9330
I provide counseling services.
www.rebeccakerncounselingservices.com

Exhibitors (continued)

Sacred Path Wellness

Ilse Avila 346-334-7252
Ancestral wellness through sacred practice.
<https://sacredpathwellness.my.canva.site/>

Tarot Chulis

Anahy Roman 346-329-4061
Intuitive Tarot Readings.
HABLO ESPAÑOL.
www.Tarotchulis.com

Traveling Light

RosaLee McIntosh ... 832-603-1456
Psychic, tarot cards, Palmistry,
Past life readings.

So Bead It Designs

Heather Williams 817-703-2285
120+ crystals- "bracelet bar" and energy
matching.
Instagram: [sobeaditdesigns](https://www.instagram.com/sobeaditdesigns); Facebook: So
Bead It Designs

Techinnovation

Julie Bader 605-277-0654
Our company provides top of the line
LED devices.
elevareskin.com

Universal Door Meditation Center

Suco Pho Nguyen 972-841-1102
Awakened Meditation classes, retreats,
and more!
universaldoormeditationcenter.org

Southern Fried Psychics

Ashwani 972-800-9821
Channeler, Medium, Shamanic Practitioner,
Intuitive Tarot.
southernfriedpsychics.com

The Healing Charm

Shari Moreno 214-793-3531
Wire wrapped sterling silver and copper
jewelry.
www.thehealingcharm.com

Vita Perceptions

Terri Groom 214-564-6349
Life Coaching from the Other Side.
vita perceptions@gmail.com

Sunshine Crystals

Kristen Davis Curzan 713-705-4556
Natural Crystals in various forms.

The Holistic Warrior

Thomas Nolan, III, Ph.D.
..... 405-360-2250
Readings, Energy Balancing, Dream
Interpretation

Vital Health

Jenita Rayford 979-412-0236
Affiliate of Vital Health Global- wellness
supplement company.
linktr.ee/VH/jrayford

Super Patch -Ada

Ada 409-291-1038
We offer drug and chemical free patches.
Ada.superpatch.com

The Rock Fancier

Kevin Kern 832-707-8072
We sell crystals, rocks, minerals and fossils.
TheRockFancier.square.site

Wagoner Homestead

Dennise Wagoner 936-443-5131
Organic home and beauty products from
goat milk.
Thewagonerhomestead.com

Tarot by Kirsten

Kirsten Owens 936-900-6066
Intuitive tarot reader, mystic, teacher, healer.

The Vitals Lab

Jamie Zielinski
..... labs@thevitalslab.com
Functional nutrition, peptides, gut
health, labs.
www.thevitalslab.com

Yangua Wellness

Steven Yates 214-912-3932
Tea, Herbs and honey apothecary
for wellness.
www.yanguawellness.com

Literature Table

Are You a High Intuitive?

Peggy Sue Skipper .. 832-628-5396
Workshops, intuitive sessions &/or Hand
Analysis.
PeggySueSkipper.com

JCaro Health and Nutrition

JoAnn C. White 940-263 5360
Herbal supplements, pure ingredients
nothing else.
www.essentialrootsnutrition.com

Wonderful Structures

Tony Cecala..... 972-824-8044
Realize your off-grid dreams with space-age
materials.

Dawning Clarity

Randie Lee
.....randielee@dawningclarity.com
Tarot and Oracle Card Reading.
dawningclarity.com

Lifewave

Ann Sontag..... 713-705-6819
Helping people build their health through
Light!
www.liveyounger.com/LightMakesChange

Helen Racz

www.HelenRacz.com
..... 281-384-0207
Coaching, EFT Practitioner, Author,
Speaker.

Love and Kindness World

Peggy Sue Skipper .. 832-628-5396
Support Group/Network Founder, Author.
www.LoveAndKindnessWorld.com

Hikma Integrative Healthcare

Monica Quintero 936-242-1589
Internal Medicine Clinic.
hikmahealthclinic.com

Miracles of Joy

Metaphysical Store and Center
Joy Kauf 945-241-7477
Aura Photos & more!
www.miraclesofjoy.org

WELLNESS EXPO®

MARK YOUR CALENDAR

CONROE

Conroe, TX: March 14 & 15, 2026
Lone Star Convention & Expo Center

Conroe, TX: September 5 & 6, 2026
Lone Star Convention & Expo Center

GRAPEVINE

Grapevine, TX: April 11 & 12, 2026
Grapevine Convention Center

Grapevine, TX: July 18 & 19, 2026
Grapevine Convention Center

Grapevine, TX: October 10 & 11, 2026
Grapevine Convention Center